

UNIVERSITY OF LONDON

**A HIGH-RESOLUTION RECORD OF MID-  
HOLOCENE CLIMATE CHANGE  
FROM DISS MERE, UK.**

by

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**Thesis submitted in fulfilment of the requirements for the degree of  
Doctor of Philosophy**

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**March 2005**

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## Abstract

Given that recent anomalous positive values in the North Atlantic Oscillation (NAO) may be related to anthropogenic forcing, the need exists to document more fully NAO evolution in palaeoclimate records. To this end, this thesis investigates whether NAO-type variability can be identified in biochemical varves of mid- to late-Holocene age from a lake sediment sequence in Diss Mere, UK.

The varved record was examined using a number of cutting-edge technologies, with an emphasis placed on the time-series analysis approach to determine spectral properties of high-resolution palaeo-environmental time-series constructed from laminae-thickness measurements (a palaeoproductivity indicator) and XRF core-scanning for inter-annual records, principally, of elemental Ca-abundance, a proxy for summer temperature. For comparison, a low-resolution record of organic carbon burial was taken to record change in winter temperature. The in-situ chemical, biological and clastic constituents of individual varves were also examined using SEM-BSEI to investigate the annual cycle of sedimentation and variety of varve-fabric types.

The results indicate that varve deposition is characterised by statistically significant interannual and bidecadal cycles that correspond to periodicities found in instrumental and other proxy records of the NAO. A shift from interannual to bidecadal cycles after 4000 Cal. BP is coincident with a rapid transition at Diss towards decreased seasonality during the late-Holocene that is also reflected in a distinct change in varve character and phytoplankton dynamics. This appears comparable, if not analogous, to the evolution of the modern NAO where a dominance of decadal variability since the 1950s is coincident with a tendency towards an NAO positive. It is hypothesised that change at 4000 Cal. BP and seasonality cycles thereafter have implications for the degree of longer-term predictability that may exist in the mean state of the NAO due to forcing by solar activity and orbital precession.

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## Acknowledgements

I would like to acknowledge the following: Sylvia Peglar and Steve Boreham for provision of a lot of the core material used in this study. To Steve, again, for allowing me use of the Godwin Laboratory's coring equipment and for discussions concerning the origin of Diss Mere. Thanks are due to the Environmental Change Research Group at University College London, especially Ric Batterbee and Ewan Shilland, for the lending of boats, coring platform, Livingstone corer and guidance in field sampling techniques. I would like to thank the following people for their generosity in what were sometimes very cold East Anglian field-trips: Steve Boreham, Ewan Shilland, Heather Cheshire, Rupert Green, Michael Green, Alexandra Nederbragt, Juergen Thurow and Luke Wooller. Luke provided expertise in global positioning satellite techniques; GPS equipment was loaned from the Vulcanology Group at the Open University.

I am grateful to Alan Kemp at Southampton Oceanography Centre for the use of their SEM and I am indebted to Richard Pearce for his expertise regarding SEM Backscatter Electron Imaging. I also thank Sandra Nederbragt for her help with spectral analysis and Ian Wood for running samples for XRD analysis.

Thanks are offered to Frank Lamy and Ursula Röhl and all those at the IODP Bremen core repository for their technical guidance in the use of the XRF Corescanner. My stay in Bremen was financed by a Palaeostudies grant, Contract No.: HPRI-CT-2001-0124. Also, special thanks are reserved for my supervisor Juergen Thurow. Finally, I would like to thank Heather, Rupert and Adrian for listening to my countless stories, ideas and 'interesting facts' concerning Diss Mere. Without your friendship, knowledge and driving skills, I wouldn't have got very far.

This PhD was supported by NERC studentship NER/S/A/2000/03967.



# **A high-resolution record of Mid-Holocene climate change from Diss Mere, UK.**

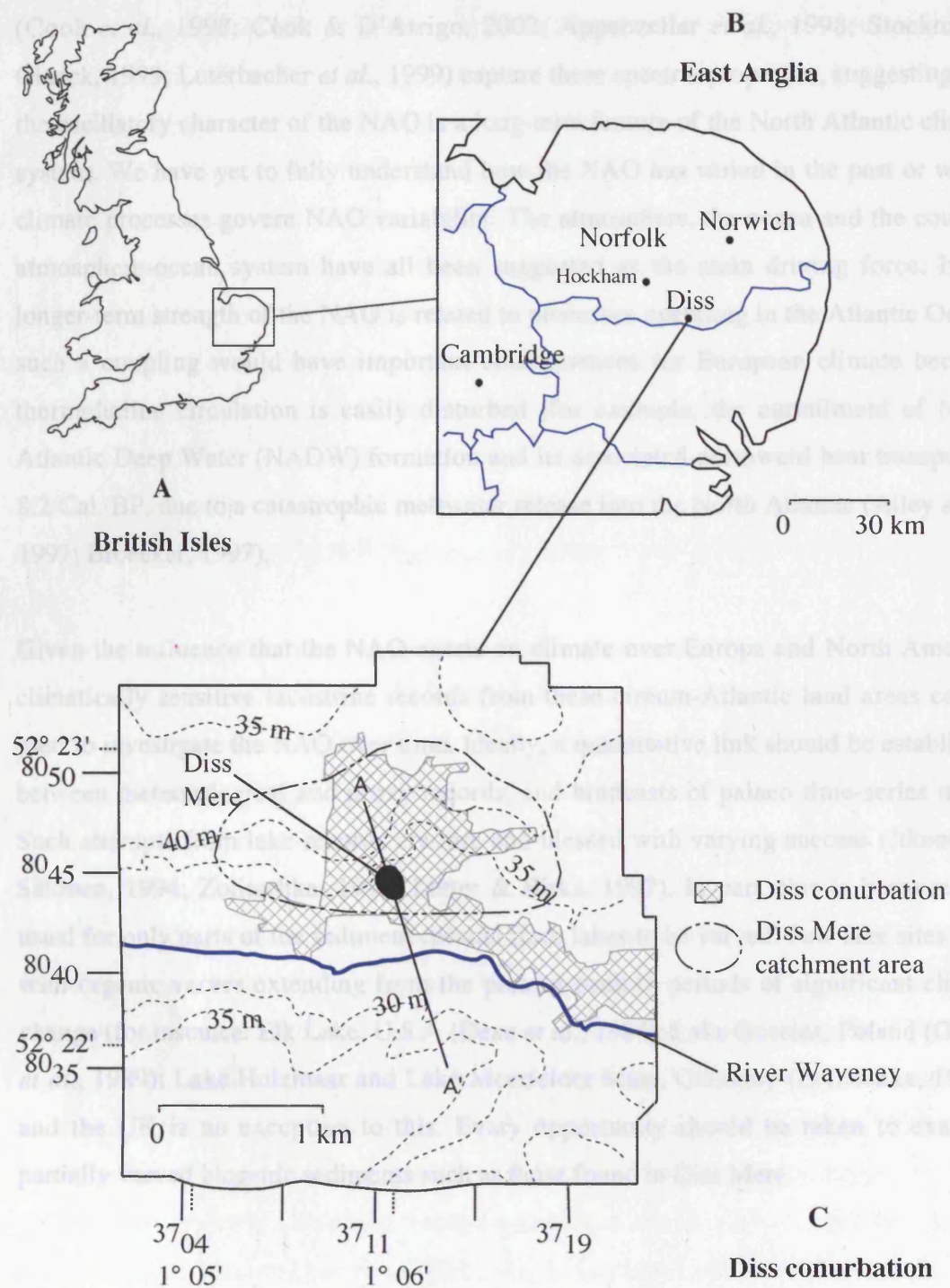
## **1. Introduction**

This chapter presents the rationale and objectives for this study, and a summary of relevant previous work.

### **1.1. Rationale**

This thesis considers the potential for palaeoclimate studies of biogenic (organic) varved sediment of mid-Holocene age (2500 to 5000 Cal. BP) from Diss Mere, a hardwater lake located in central East Anglia, UK (Fig. 1.1). Studies of lacustrine varves are important as they contain highest-resolution records of regional climate change that are useful to address natural climate variability at a spatial- and temporal-scale that is relevant to human societies. It should be a major aim to elaborate such information along transects throughout Europe, cf. the European Lake Drilling Programme (Zolitschka & Negendank, 1999). Improvements in the overall database, especially in northern Europe, are crucial for understanding the regional impacts of the North Atlantic climate system, for example, the North Atlantic Oscillation (NAO).

The NAO is the dominant mode of winter climate variability in the North Atlantic region, controlling, for example, regional trends in surface winds, temperature and precipitation over Europe and North America (Wallace & Gutzler, 1981; Moses *et al.*, 1987; Deser & Blackmon, 1993; Hurrell, 1995; Rogers, 1990; Ulbrich & Christof, 1999; Perry, 2000). It has far reaching socio-economic impacts (Koslowski & Loewe, 1994, 1999; Fromentin & Planquem, 1996; Kettlewell *et al.*, 1999). Records of the NAO, kept since 1874, are characterised by increased spectral power around periods of 20 and 7-8 years (Rogers, 1984; Hurrell & van Loon, 1997; Benner, 1999) and reconstructions of the NAO based on palaeoenvironmental data (such as, tree-ring chronologies, ice accumulation in Greenland and documentary data) as far back as 1400 A.D.



**Fig. 1.1:** Maps showing (A) location of East Anglia on the eastern side of Britain where the landmass crossed by the prevailing westerlies is broadest making its climate more continental than the rest of the British Isles; (B) location of Diss Mere within central East Anglia; (C) Diss Mere in the town of Diss and its likely catchment area.

(Cook *et al.*, 1998; Cook & D'Arrigo, 2002; Appenzeller *et al.*, 1998; Stockton & Glueck, 1999; Luterbacher *et al.*, 1999) capture these spectral properties, suggesting that the oscillatory character of the NAO is a long-term feature of the North Atlantic climate system. We have yet to fully understand how the NAO has varied in the past or which climate processes govern NAO variability. The atmosphere, the ocean and the coupled atmosphere-ocean system have all been suggested as the main driving force. If the longer-term strength of the NAO is related to processes operating in the Atlantic Ocean, such a coupling would have important consequences for European climate because thermohaline circulation is easily disturbed (for example, the curtailment of North Atlantic Deep Water (NADW) formation and its associated northward heat transport at 8.2 Cal. BP, due to a catastrophic meltwater release into the North Atlantic (Alley *et al.*, 1997; Broecker, 1997).

Given the influence that the NAO exerts on climate over Europe and North America, climatically sensitive lacustrine records from these circum-Atlantic land areas can be used to investigate the NAO over time. Ideally, a quantitative link should be established between meteorological and proxy records, and hindcasts of palaeo time-series made. Such attempts from lake records are rare and blessed with varying success (Itkonen & Salonen, 1994; Zolitschka, 1996; Lotter & Birks, 1997). In part, this is because it is usual for only parts of the sediment column from lakes to be varved. Few lake sites exist with organic varves extending from the present back to periods of significant climate change (for instance: Elk Lake, U.S.A (Dean *et al.*, 1984); Lake Gosciarz, Poland (Goslar *et al.*, 1989); Lake Holzmaar and Lake Meerfelder Maar, Germany (Zolitschka, 1998)) and the UK is no exception to this. Every opportunity should be taken to examine partially varved biogenic sediments such as those found in Diss Mere.

## **1.2. Previous work**

Changes in varve composition, that is, in calcite and organic matter burial, offer a potentially valuable, high-resolution sedimentary record of environmental and climatic change (Kelts & Talbot, 1990). The potential of Diss Mere's laminated sediment to

preserve a high-resolution proxy climate record has been highlighted by a number of palaeolimnological studies, and basic data on sediment lithology, geochemistry, palynology (Peglar *et al.*, 1984; Peglar *et al.*, 1989; Peglar, 1993a, 1993b) and diatom content (Fritz, 1989) are available. Approximately 17 m of profundal sediment has been described, containing two intervals of calcareous organic-rich muds typical of Holocene sediment found in other hard-water lakes (Lotter 1989; Dean, 2002). Approximately 3 m of these muds are biochemically laminated consisting of regular couplets of a basal dark organic-rich and overlying pale carbonate lamina. Analysis of the individual lamina for their basic chemistry and biological (fossil pollen and chrysophyte) content demonstrates their seasonal nature, and that the couplets are varves (Peglar *et al.*, 1984). The contained pollen shows that the varves span approximately 3,000 years, covering the period 2500 to 5500 Cal. BP (Peglar *et al.*, 1989).

A literature search focusing on biogenic varves reveals that laminae similar to those found in Diss Mere have been described in Holocene sediments from a number of northern hemisphere lakes (O'Sullivan, 1983; Anderson *et al.*, 1985; Anderson & Dean, 1988; Zolitschka, 1996). These studies are mostly from North America, principal examples being carbonate-gyttja varves from Elk Lake, Minnesota (Bradbury *et al.*, 1993) and those from Fayetteville Green Lake, Cayuga Lake and Seneca Lake in New York State (Ludlam, 1967, 1969; Brunskill & Ludlam, 1969). Increasing numbers, however, have been discovered and investigated in Europe, for instance, Lake Baldeggersee, Lake Soppensee and Lake Zürich in Switzerland (Kelts & Hsü, 1978; Wehrli *et al.*, 1997; Lotter *et al.*, 1997a; Lotter *et al.*, 1997b; Lotter, 1989; Livingstone & Hadas, 2001); the German volcanic lake, Lake Holzmaar (Zolitschka, 1992; 1996; 1998) and Mediterranean lakes, Lago Grande Di Monticchio, Southern Italy (Zolitschka & Negendank, 1996). Relatively few examples have been described from the UK, *e.g.* those from the glaciated region of East Anglia, Lopham Little Fen, Quidenham Mere (Tallentire, 1953; Horne, 1999) and Hockham Mere (Bennett, 1986).

A number of the investigations cited above have identified climate relevant periodicities using high-resolution time-series of lamina thickness (Renberg *et al.*, 1984; Anderson,

1992, 1993; Zolitschka 1992, 1996, 1998; Zolitschka *et al.*, 2000; Vos *et al.*, 1997; Livingstone & Hadjas, 2001, Dean *et al.*, 2002b), geochemistry and mineralogy (Dean, 2002), and microfossils such as diatoms (Bradbury *et al.*, 2002). Results indicate that solar radiation is an important control on biogenic lacustrine sedimentation. A limited number of palaeoclimate studies report climate cycles similar to those described from modern indices of the NAO (Rogers, 1984; Hurrell & van Loon, 1997), *e.g.* Pliocene varves in Villarroya Basin, Spain (Muñoz *et al.*, 2002), late Pleistocene varves in Lake Albano, central Italy (Chondrogianni *et al.*, 1996) and recent varves in Loch Ness, Scotland (Cooper *et al.*, 2000). An increasing number of studies have shown that extreme events in the NAO may be linked to solar phenomena. These include, for instance, energetic solar eruptions, eruptive phases in the 11-yr sunspot cycle, and zero phases and extremes in the solar motion cycles (Landscheidt, 1990; Svensmark & Friis-Christensen, 1997; Svensmark, 1998; Bucha & Bucha, 1998; Marsh & Svensmark, 2000; Boberg & Lundstedt, 2002; Koder, 2002, Thejll *et al.*, 2003). Traditionally, the NAO has been considered as a free internal oscillation of the climate system that is not subject to external forcing. These studies however, highlight the possibility that both the NAO and solar forcing are in some way linked.

### **1.3. Objectives of this study.**

The main objective of this study was to determine whether NAO-type climate variability and its temporal evolution can be identified in biochemically varved lake sediment from the mid-Holocene. Variation in lamina thickness, for instance, reflects variation in seasonal primary productivity. Because productivity can vary with climate, time-series analysis may reveal the impact of the NAO on Diss Mere at interannual to interdecadal timescales. Varve counting provides a significant improvement to the tentative chronology provided by Peglar *et al.* (1989) for the period under study. An annually derived chronology for the mid-Holocene in East Anglia has important implications for the timing of regional palynological events, *e.g.* the *Tilia* decline in Britain. Study of the sediment fabric using scanning electron microscopy, principally, backscattered electron imagery (BSEI) will identify seasonal sediment fluxes and diatom seasonal succession

can provide independent confirmation of the annual nature of Diss Mere's laminae (as first described by Peglar *et al.*, 1984). The ecology of the diatoms in different lamina types also provides information about lake surface water processes and these diatom data, together with the detailed laminae analyses, provide an improved understanding of seasonal depositional processes operating in a northern hemisphere mid-latitude lake.

## **2. Physical setting**

This chapter provides the physical background for the remainder of the thesis. First, the location and origin of Diss Mere are discussed. A summary is given of the lake basin hydrogeology and hydrography, and the climate of East Anglia is described.

### **2.1 Study site**

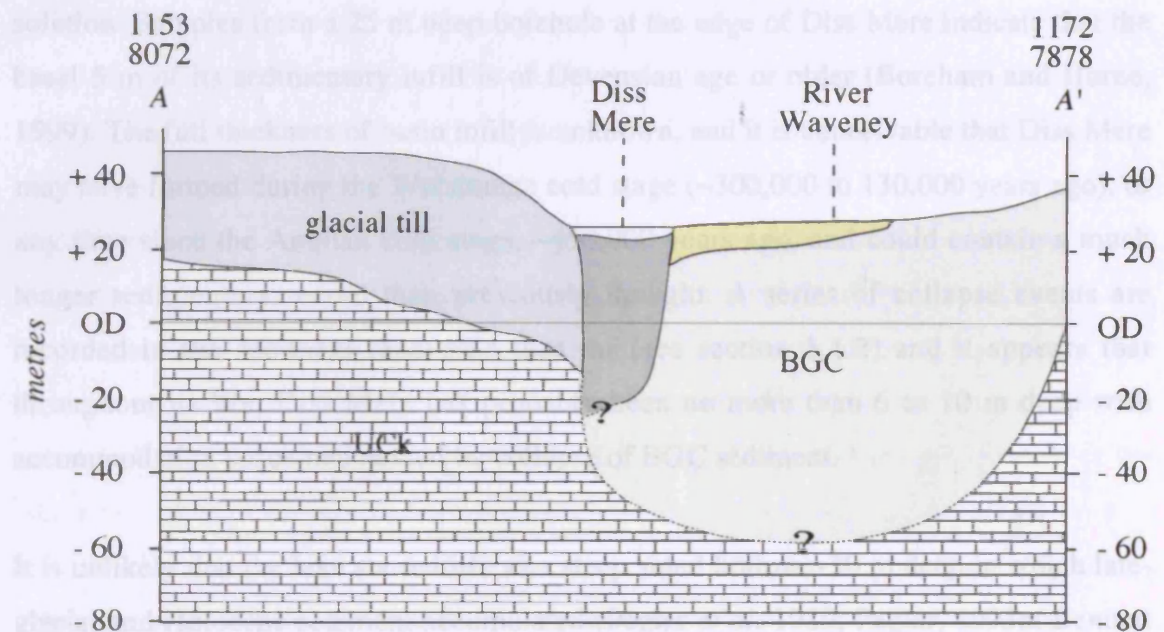
Diss Mere is situated in the town of Diss in the heart of East Anglia (31 N 37116 80450; Fig 1.1). Diss is surrounded by rich farmland and has been established as an active market town and agricultural centre since Anglo-Saxon times (~500 AD). The lake has a surface area of 0.032 km<sup>2</sup>, with a roughly oval outline and a maximum water depth of about 6 m. The lake is closely bordered by land rising to the west, north and east and has only a small catchment (~1.5 km<sup>2</sup>). It has virtually no surface inflow or outflow.

### **2.2 Origin of Diss Mere**

The lake sits in the northern margin of the Waveney Valley, an east-west trending buried glacial channel (BGC) that follows the course of former glacial meltwaters (Woodland, 1970), carved out of Upper Chalk during the Anglian glaciation (~450,000 yrs ago). It contains some of the most substantial developments of outwash silty clays and subordinate sand and gravel (~50 m at its thickest) deposited during the Lowestoft phase of glaciation. The geology in which the lake sits is complicated. The Lowestoft Till, which is responsible for the subdued and broad plateau landscape characteristic of the region, forms the slope to the north and the remainder of the depression is encircled by alluvium and peat deposits associated with the meandering River Waveney. Construction of a stratigraphic cross-section, trending north-south through Diss Mere and the Waveney Valley (using British Geological Survey 1:50 000 map (Sheet 175, 1986) and borehole data (Environment Agency, UK 2001) shows that at depth, lake sediment is in contact with the BGC sediment and Chalk (Fig. 2.1).



The geological and geomorphological setting described is consistent with the collapse of BGC + infill into Chalk solution cavities along the base of the steeply dipping contact between the channel infill and Chalk bedrock (Borcham & Horne, 1999). The formation of the majority of hollows and embayments in East Anglia and Fensland has been attributed to the main recent period of 'backwasting' and other thermokarst processes in the late Devensian (last cold stage) (West, 1991). The late Devensian is cited as a time of high water level in East Anglia (West, 1991; Borcham & Horne, 1999) and the combination of a cold climate and a high water table makes for enhanced Chalk bedrock solution.



**Fig. 2.1:** Cartoon of stratigraphic cross-section N-S through Diss Mere and the Waveney Buried Glacial Channel (BGC). UCh = Upper Chalk. Horizontal scale 1 : 20,000. Vertical scale x 15.

Sparks (1974) suggests that the dense jointing pattern and low physical properties of the chalk bedrock at cavities are more stable in that they grow to a greater size before collapsing (Thomas, 1954). However, it is unlikely that the relatively young and unconsolidated BGC sands and gravels would be capable of forming a roof stable enough to allow extensive cavity development beneath the BGC (cf. Thomas, 1954). Indeed, borehole collapse is a serious problem for engineers sinking water-wells into BGCs in East Anglia, because the infill can be fine-grained, uncemented and runs freely; in addition, it is probable that any deep hole exposed to such-facing slope of the Waveney Valley during the Devensian Late Glacial would have been subject to intense



The geological and geomorphological setting described is consistent with the collapse of BGC sediment into Chalk solution cavities along the base of the steeply dipping contact between the channel infill and Chalk bedrock (Boreham & Horne, 1999). The formation of the majority of hollows and embayments in East Anglia and Fenland has been attributed to the most recent period of backwearing and other thermokarst processes in the late Devensian (last cold stage) (West, 1991). The late Devensian is cited as a time of high water-level in East Anglia (West, 1991; Boreham & Horne, 1999) and the combination of a cold-climate and a high water-table makes for enhanced Chalk bedrock solution. Samples from a 25 m deep borehole at the edge of Diss Mere indicate that the basal 5 m of its sedimentary infill is of Devensian age or older (Boreham and Horne, 1999). The full thickness of basin infill is unknown, and it is conceivable that Diss Mere may have formed during the Wolstonian cold stage (~300,000 to 130,000 years ago), or any time since the Anglian cold stage, ~450,000 years ago, and could contain a much longer sedimentary record than previously thought. A series of collapse events are recorded in the sediment recovered thus far (see section 5.1.2) and it appears that throughout its life, Diss Mere has probably been no more than 6 to 10 m deep with accommodation space maintained by collapse of BGC sediment.

It is unlikely that the lake started life as a steep sided hollow ~30 m deep in which late-glacial and Holocene sediment accumulated (Peglar *et al.* 1989; Peglar, 1993a; Bennett *et al.*, 1990). Sparks (1971) suggests that the dense jointing patterns and low physical strength of Chalk bedrock would limit the size of solution-collapse hollows. Sperling *et al.* (1977) and Edmonds (1983) note that solution hollows usually occur where thin deposits overlie Chalk bedrock, as caverns are more stable in that they grow to a greater size before collapsing (Thomas, 1954). However, it is unlikely that the relatively young and unconsolidated BGC sands and gravels would be capable of forming a roof stable enough to allow extensive cavern development beneath the BGC (cf. Thomas, 1954). Indeed, borehole collapse is a serious problem for engineers sinking water-wells into BGCs in East Anglia, because the infill can be fine-grained, uncemented and runs freely. In addition, it is probable that any deep hole situated in south-facing slope of the Waveney Valley during the Devensian Late Glacial would have been subject to intense

periglacial processes and infilled rapidly. The only other large-scale Chalk solution hollow described in the UK is from Slade Oak Lane, Buckinghamshire (Gibbard *et al.*, 1986). Here a 500 m wide and ~35 m deep hollow has apparently developed because a thin cover of Palaeogene sediments of sufficient induration provided a stable roof for the development of a large cavern in chalk bedrock during the Anglian. In contrast to Diss Mere's sediments, the majority of its thick infill was the product of solifluction processes and accumulated under cold climate conditions (during the late Anglian and early Wolstonian). Several other features in the Waveney Valley, Lopham Fen [TM 055 800], Royden Fen [TM 100 797] and Bressingham Fen [TM 065 803], may also have evolved out of subsidence and Chalk dissolution. A resistivity survey of Lopham Fen implies that it forms part of a large depression (Simon Wood, *pers. comm.*). Sediment cores from Little Lopham Fen (Tallantire, 1953) [TM 0425 7940] bear a striking resemblance to the profundal stratigraphy of Diss Mere described here (section 5.1.2) and provide evidence of a series of collapse events throughout the Late Glacial and Holocene (West, *pers. comm.*). No studies have directly attempted to explain why intermittent solution is focused at these locations, although this may be connected to the complex interaction of the hydrology of the Waveney Valley and change in strike of the Chalk bedrock.

A zone of high transmissivity exists along the base of the BGC in the Waveney Valley (Simon Wood, *pers. comm.*). Woodland (1946) and Ineson (1962) suggest that this might be connected to preferential solution along secondary fissures in the Chalk during longer-term natural circulation of groundwater. High permeability has also been shown in the region to be concentrated in the Chalk where it sits above -10 m OD (Foster & Robertson, 1977). The fact that boreholes on the edge of the BGC yield poor drawdown characteristics suggests that this zone of enhanced Chalk permeability has been eroded during BGC formation (Foster & Robertson, 1977). By implication, it has been suggested that the development of high permeability along the base of the BGC must in part pre-date BGC formation. Rhoades & Sinacori (1941) have demonstrated that permeability enhancement tends to occur via solution in both confined and unconfined Chalk aquifers due to topography, for example, along river valleys. Evidence that the

secondary solution fissures are usually concentrated at the water table or within the zone of seasonal water-table fluctuation is also provided by Foster & Milton (1974) and Owen & Robinson (1978). The distribution of outwash deposits in the Waveney Valley suggests that its drainage system was an important pathway for meltwaters at the close of the Anglian stage. It is plausible that a zone of high permeability may have first developed in the proto-Waveney Valley along the line of sub-glacial melt waters before the confining strata of the BGC were laid down, a theory similar to that postulated by Morel (1980) for the Chalk aquifer in the Upper Thames Valley. Rhoades & Sinacori (1941) assume that prior to fissure development Chalk behaves as a perfectly homogeneous and isotropic medium. In reality, fissure connectivity in chalk is highly anisotropic, due to both structural and lithological circumstances and the change in strike of the Upper Chalk in this area may have aided preferential solution of Chalk.

## **2.3 The Modern Basin**

### **2.3.1 Basin hydrogeology**

No studies have been undertaken on the hydrology of Diss Mere. However, we can state that Diss Mere is a freshwater, temperate, hardwater lake. It sits at an elevation of 69 m, and is located 7 km east of a major drainage divide (source of both the River Waveney and Little Ouse). Diss Mere's location is somewhat anomalous as the topographic contours do not reveal it to be part of any obvious surface water system and it is unclear how much modern surface drainage enters the lake. The water level in the lake correlates well with the semi-confined potentiometric head in the Chalk (*pers. comm.* Simon Wood) and the contribution from groundwater is probably large. However, it is not certain whether the lake's hydraulic continuity is principally with the BGC lithologies, or if it is fed by the Chalk. If hydraulic continuity is principally with granular sand and gravel lithologies the hydraulic response is likely to be well dampened. From pumping test data (Feather Factory Bore, 1978 [TM 1148 7955]), there seems to be very little evidence of direct connection between the lake and drift aquifer, and the Chalk. The cone of influence for the Feather Factory Bore extends strongly east-west on all the tests

and the shallow monitoring bores nearby respond to recharge signals but nothing else (Simon Wood, *pers. comm.*). The lake water chemistry is characterised by high conductivity ( $582 \mu\text{S cm}^{-1}$ ), high alkalinity ( $3.86 \text{ meq l}^{-1}$ ) and high concentration of nutrients (total phosphorus,  $300\text{-}\mu\text{g l}^{-1}$ ). The chemical composition of groundwater from the Chalk at Moore Nursery borehole, Bressingham (1978) (Table 2.1), which is about 3 km west of Diss, is characteristic of ground water in the region. The salinity (conductivity) of the lake water is about nine-tenths that of ground water from this locality, which suggests that, on average, about only one tenth of the lake's water results from direct precipitation and runoff from soils, sources that are more dilute than groundwater. Given the composition of the local bedrock and groundwater analyses from the Moore Nursery borehole, the water of Diss Mere is likely to be a dilute solution of calcium bicarbonate. Calcium appears to be the dominant cation, and alkalinity will be almost entirely bicarbonate. Measurable traces of iron and manganese were probably taken up by water infiltrating the drift.

**Table 2.1:** Typical analyses of groundwater from the Chalk in the Diss region (from Environment Agency, Ipswich Office, Suffolk, 1978)

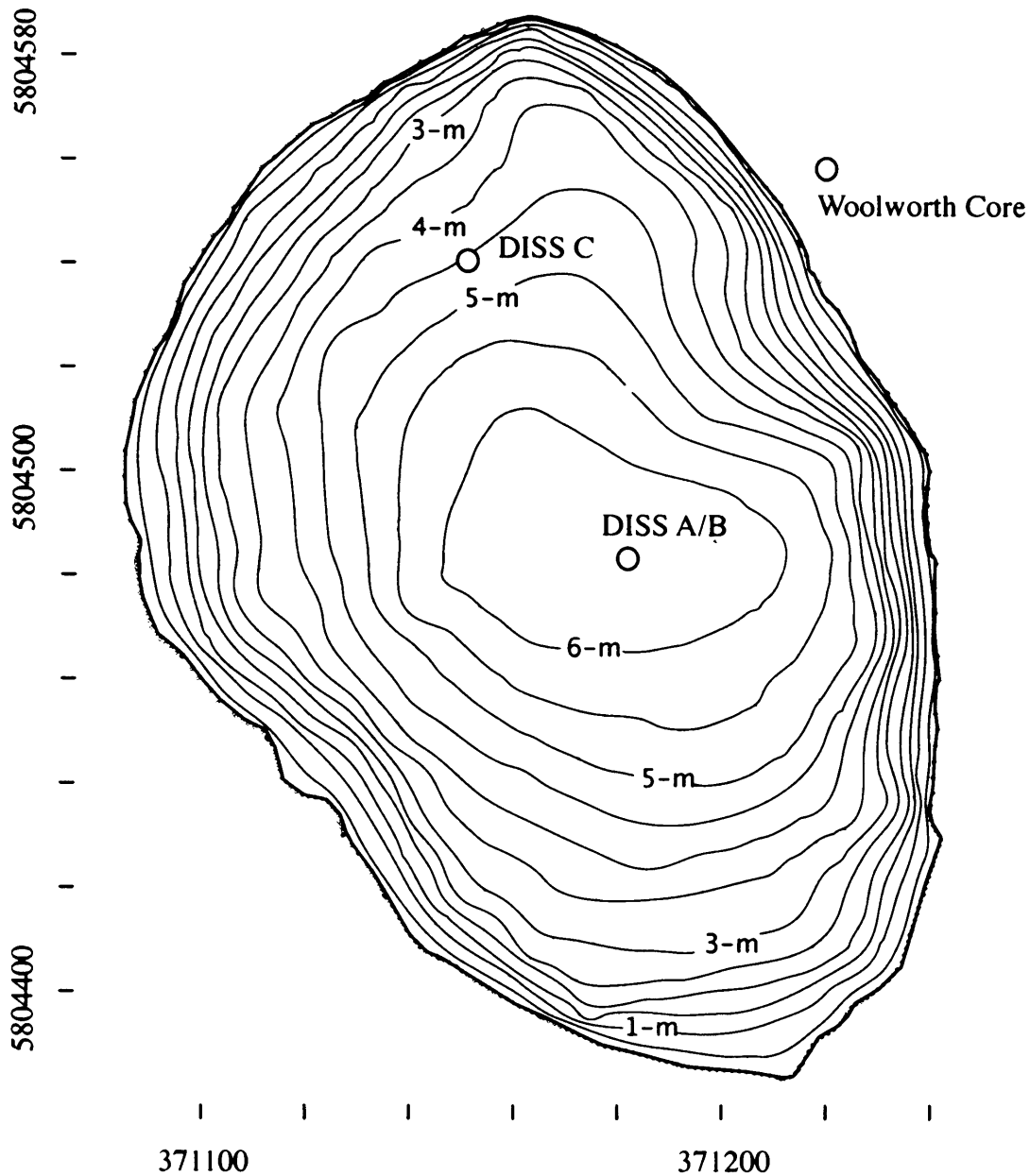
<i>Site</i>	Moore nursery, Bressingham [TM 0650 8080]
Electrical conductivity ( $\mu\text{S cm}^{-1}$ )	621
Alkalinity as $\text{CaCO}_3$ (mg/l)	310
Potassium (mg/l)	3.7
Sodium (mg/l)	21
Dissolved P (mg/l)	0.2
Chloride (mg/l)	24
Total Iron (mg/l)	1.39
Total Manganese (mg/l)	0.1

### 2.3.2 Basin hydrography

Fig. 2.2 shows the bathymetry of the lake and Table 2.2 lists characteristic hydrographical parameters. The results of the bathymetric survey show that the lake has a maximum depth of 6.05 m, and a volume of 0.0016 km<sup>3</sup>. The effective catchment area for surface drainage to the lake is 1.5 km<sup>2</sup>, which is small relative to the lake surface area (0.032 km<sup>2</sup>). Today, just under half the catchment is covered by urban development, the remainder is used for agriculture. The large volume of Diss Mere in relation to its relatively small watershed means that water-column mixing (that is, light and nutrient availability) is the dominant control on limnology, and not catchment processes such as terrestrial runoff. Today, the lake is meromictic - that is, it is permanently stratified - and rarely experiences complete water-column overturn. Meromictic lakes are best described as two lakes, the one overlying the other, but kept apart by a strong density gradient. Circulation occurs in the upper lake, the mixolimnion, down to its false bottom at the level of the density gradient at the chemocline. The underlying stagnant lake is called the monimolimnion. It has no contact with the overlying mixolimnion or atmospheric oxygen. A special feature of meromictic lakes is that, usually, stratified communities of blue-green bacteria are permanently associated with the chemocline.

**Table 2.2:** Characteristic hydrological parameters for Diss Mere, 2004 (this study)

<i>Lake parameters</i>	
Elevation	69 m above sea level
Average depth	3.9 m
Maximum depth	6.05 m
Lake volume	0.0016 km <sup>3</sup>
Lake surface ( <i>L</i> )	0.032 km <sup>2</sup>
Catchment area ( <i>C</i> )	1.5 km <sup>2</sup>
Ratio <i>z</i> ( <i>L/C</i> )	0.021
Estimated residence time	100 to 200-years

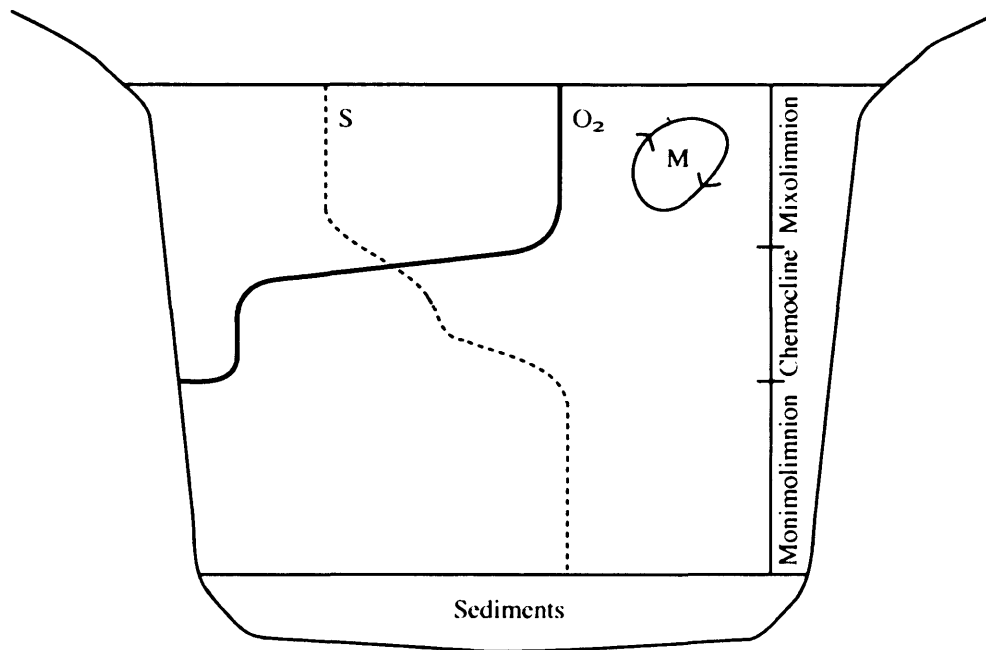


**Fig. 2.2:** Bathymetric map of Diss Mere with coring sites. The bathymetry was constructed from over 270 depth measurements taken using a weighted piece of rope at regular 5 m intervals over several traverses of the lake. The location of each measurement was evaluated using Global Positioning Satellite (GPS) values, processed relative to simultaneously collected data from the Ordnance Survey's UK network (<http://www.gps.gov.uk/>), which gave a precision for the individual XY GPS points in the centimetre range. Using the software package Surfer, the dataset was gridded using a standard krigging method. Grid references are in UTM coordinates, zone 31 north. The green diamonds are the lake edge (dense where measured, sparse where inferred), red crosses are bathymetric measurements.

Fig. 2.3 shows some of the features of meromixis. Meromixis is most likely to occur in lakes that are small, unusually deep and/or protected from the wind. Walker and Likens (1975) used relative depth as an index for the potential of such morphometric meromixis. Relative depth is the maximum lake depth expressed as a percentage of the mean diameter. They found that the relative depth typically is between 2 and 10% in lakes that are meromictic due to morphometric factors. Currently, Diss Mere is afforded some protection from the wind by the surrounding topography. With a relative depth of 3.5%, Diss Mere is favourable for meromixis. Density stratification has most likely been strengthened by the historical discharge of salts into the lake since the founding of the town of Diss. Given the lake's evident stratification and its depth, the residence time of its water is estimated to be 100-200 years (Simon Wood, *pers. comm.*).

#### **2.4. Carbon cycle**

Hard waters, like those in Diss Mere, precipitate calcium carbonate, mostly as low magnesium carbonate ( $\text{CaCO}_3$ ) during summer. The solubility of calcite crystals in water can be influenced by changes in pH, temperature and the concentrations of various inorganic and organic substances. Calcite precipitation occurs in response to lowered solubility of  $\text{CaCO}_3$ . This is caused by increased activity of  $\text{CO}_3^{2-}$  resulting from decreased concentration of dissolved  $\text{CO}_2$  primarily due to phytoplankton uptake during photosynthesis and/or seasonal temperature increase, for instance, as evidenced in seasonal studies of hard-water lakes in America (Megard, 1968; Brunskill, 1969; Dean & Megard, 1993), and Switzerland (Stabel 1986; Gruber *et al.* 2000). Kelts & Hsü (1978) provide a summary of these conditions. These studies have shown that, although surface waters tend to be relatively supersaturated with respect to calcite all year round, carbonate saturation increases as much as fourfold from spring through summer with maxima commonly in June and July (*e.g.* Megard, 1968; Brunskill, 1969; Dean & Megard, 1993; Gruber *et al.*, 2000; Dittrich & Koschel, 2002). One to three periods of calcite precipitation occur (Dittrich & Koschel, 2002). This pattern often results in slow



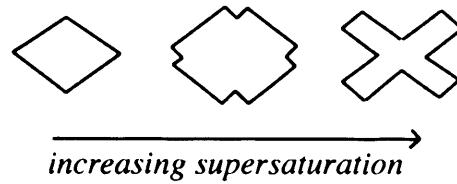
**Fig 2.3:** The main features of meromictic lakes. O<sub>2</sub> = dissolved oxygen; S = salinity; M = wind driven mixing. Mixolimnion, Chemocline and Monolimnion are equivalent terms to epilimnion, metalimnion (thermocline) and hypolimnion of holomictic lakes (those that mix at least once a year).



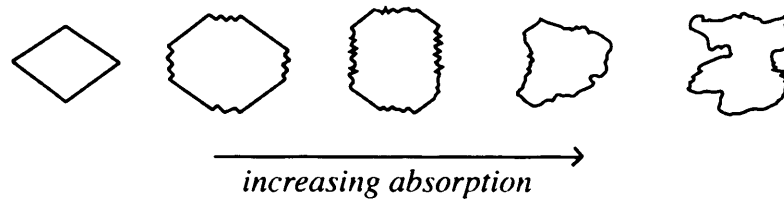
and regular growth of calcite during spring-overturn when diatom populations dominate, and rapid crystallisation of many uniformly small (micritic) crystals in mid-summer when thermal stratification, and consequently algal stratification, result in increased cyanobacteria (blue-green algae) activity (cf. Folk, 1974). A mid-summer peak in supersaturation is mediated by the high photosynthetic activity of green and blue-green algae because they create a high pH microenvironment around their cells and act as numerous nuclei for rapid precipitation of calcite (Hartley *et al.*, 1995; Mullins, 1998; Yates & Robbins, 1998; Bradbury, 2002; Dean, 2002; Dittrich *et al.*, 2004). Higher  $\text{CaCO}_3$  concentrations in sediments is therefore interpreted to be a result of warmer summers, which induce earlier seasonal stratification, decrease the solubility of calcite and lengthen the time of photosynthetic activity (Silliman *et al.*, 1996; Anderson *et al.*, 1997; Mullins, 1998; Meyers 2002).

A model advanced by Koschel (1997) predicts a variety of grain-morphologies under different conditions of chemical saturation, but also highlights the importance of impurity absorption on calcite production (Fig. 2.4). For example, an increase in nutrient concentration and lake trophic status does not necessarily result in increased calcite deposition. Koschel (1997) states that although increased calcite deposition is recorded from oligotrophic through slightly eutrophic stratified lakes, further increase in lake eutrophication retards calcite burial. High eutrophic level, and hence high concentration of dissolved nutrients, *e.g.* phosphorus, is therefore often characterised by low calcite precipitation (Stabel, 1986; Dittrich & Koschel, 2002). This supports the argument that dissolved phosphorus is able to inhibit calcite precipitation (House, 1987) resulting in a 'run-away eutrophication' effect. Another possible interaction between phosphorus and calcite is its co-precipitation with calcite. This process is considered by many to be an important natural impairer of eutrophication in lakes due to phosphorus reduction and increase in the sedimentation rates (House, 1990; Hartley *et al.*, 1995). Co-maxima for calcite and phosphorus in lake sediments have been observed in a number of lakes

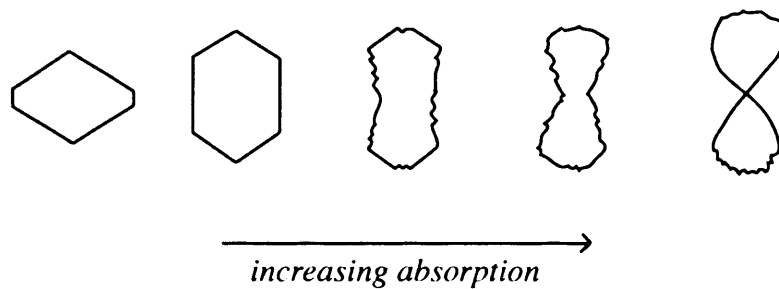
*a) Dendritic growth - under very high supersaturation, especially in mesotrophic and slightly eutrophic lakes*



*b) Growth with non-preferred adsorption - in eutrophic lakes / or slow-growth in meso/eutrophic lakes*



*c) Growth with preferred adsorption - in slightly eutrophic lakes*



**Fig. 2.4:** Morphological dependence of CaCO on supersaturation and adsorption of impurities (Koschel, 1997).

(Groleau *et al.*, 1999; Elk Lake, Dittrich & Koschel, 2002). It is likely, though, that the majority of co-precipitated phosphorus will not remain buried as it is common for calcite to be dissolved in anoxic CO<sub>2</sub> rich bottom waters.

Finally, the amount of calcite ultimately buried in lake sediments is not solely dependent on surface production. For example, Dean (1999) demonstrates that in seasonally stratified lakes eutrophication can result in decreased calcite burial. Hardwater lakes in Minnesota show that CO<sub>2</sub> produced by decomposition of high organic carbon flux (approximately greater than ~12%) lowers the pH of anoxic pore waters. Apparently if more than ~12% organic carbon is buried, most of the calcite that reaches the sediment-water interface is dissolved. Hence, despite an increase in surface water calcite production, the higher rain of organic carbon to the lake bottom waters results in decreased carbonate burial. The importance of dissolution in both the water column and sediments themselves is highlighted by Ramisch *et al.* (1999) and Müller *et al.* (2003). Dissolution of calcite crystals is thought to depend on surface area and residence time in the water column. In addition, the oxygenation state of the bottom waters and sediment pore-waters is considered important. Anaerobic decomposition of organic carbon, for example, creates alkalinity and inhibits dissolution.

## **2.5 Climate**

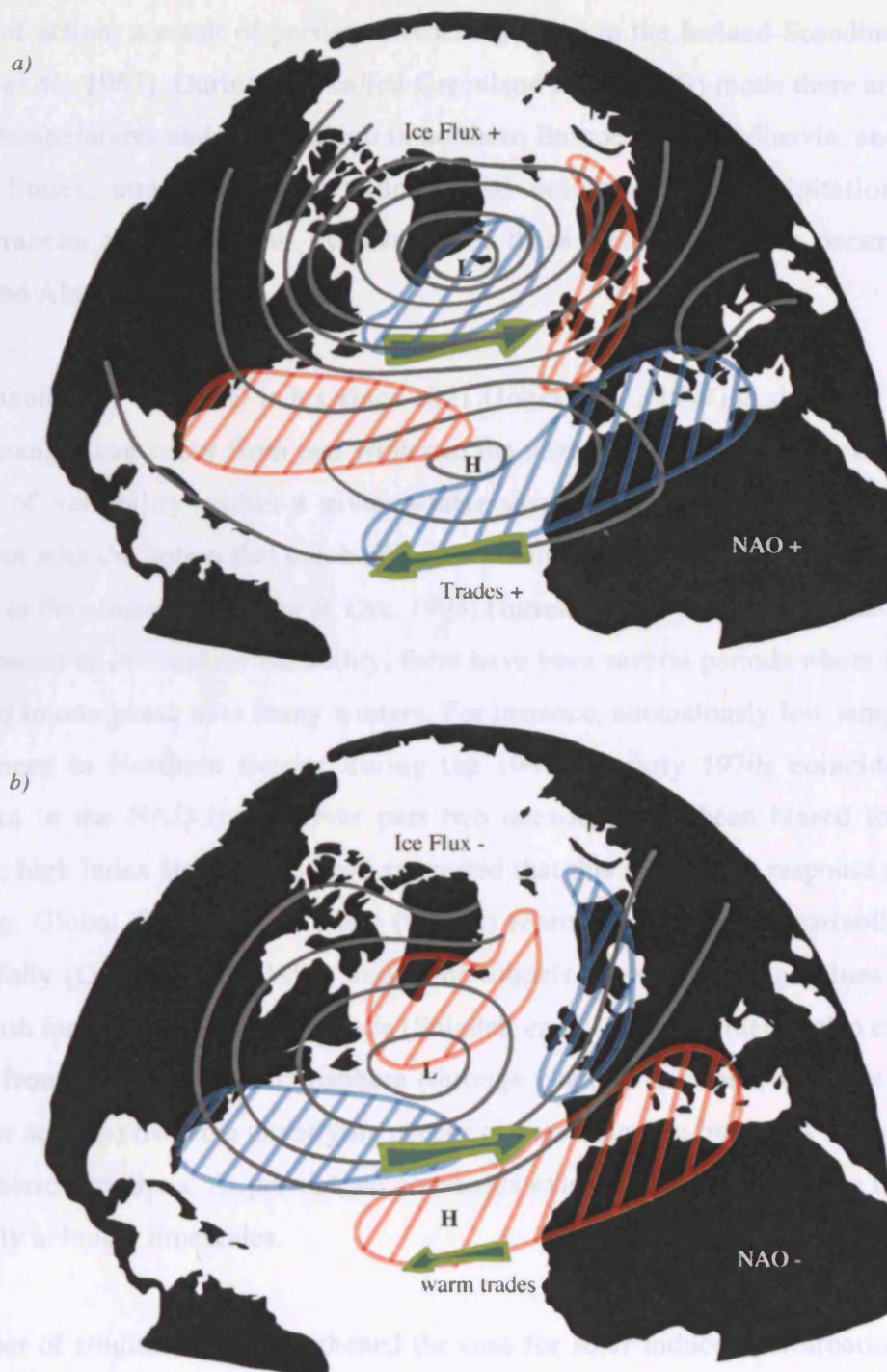
### **2.5.1. East Anglian climate**

The position of Diss, on the leeward side of the British Isles, inland and furthest away from the maritime influence of the Atlantic Ocean, means that it experiences larger temperature extremes and lower rainfall and therefore a more 'continental' climate than the surrounding coastal and western regions of Great Britain. According to the 'continentality' index of Conrad (1946), a scale from 1 to 100 based on the annual range of average temperature and the latitude of the site in question, East Anglia is one of the most continental regions in the British Isles (index rating of 11-13). For example, the annual range of monthly mean temperature reaches 15 °C in East Anglia, compared to

9°C in the extreme oceanicity of areas exposed to the Atlantic Ocean, for example, the Hebrides and Orkneys. Coldest winter spells are usually the result of northerly or easterly airflow, making mild winters a product of westerlies. Cool summers tend to be produced by westerly or northerly airflows whilst southerly or easterly airflow results in warm summer episodes. The average rainfall over East Anglia is relatively low, with 600-700 mm per year. Rainfall occurs on about 150-180 days of the year (Lamb, 1987). There is no strong seasonality to the annual cycle of rainfall, although its maximum is during summer and autumn. A significant proportion of this rainfall is associated with convective thunderstorms. On average 20 days a year are witness to such events - amongst the highest number of thunderstorms in the UK - and they tend to occur between May and August.

### **2.5.2. The North Atlantic Oscillation**

The patterns of heat and precipitation described above are largely controlled by the North Atlantic Oscillation. The NAO refers to a large-scale north-south oscillation in atmospheric mass between the North Atlantic subtropical high at the Azores and subpolar low centred around Iceland. Although the NAO is evident throughout the year (cf. Rogers, 1990), it is most pronounced during winter and indices of the NAO are defined as the difference between normalized mean winter (December-March) sea-level pressure (SLP) anomalies at, *e.g.*, Stykkisholmur, Iceland and Ponta Delgada in the Azores (*e.g.* Rogers 1984). The SLP record at Ponta Delgada begins in 1894, but more recently Hurrell (1995) and then Jones *et al.* (1997) used alternative weather station measurements for seasonal SLP's (south-west Iceland and Gibraltar, respectively) to extended the record back to 1821. It is one of the longest meteorological records available. During periods of enhanced pressure-difference the NAO is said to be in a positive phase (see Fig. 2.5). Because air flows counter clockwise around low pressure and clockwise around high pressure in the northern hemisphere, during a positive phase, stronger than average westerly winds deliver increased heat and precipitation across the mid-latitudes to northern Europe with a decrease in activity to the south. Extreme NAO conditions occur when there is a reversal of the pressure gradient between the two



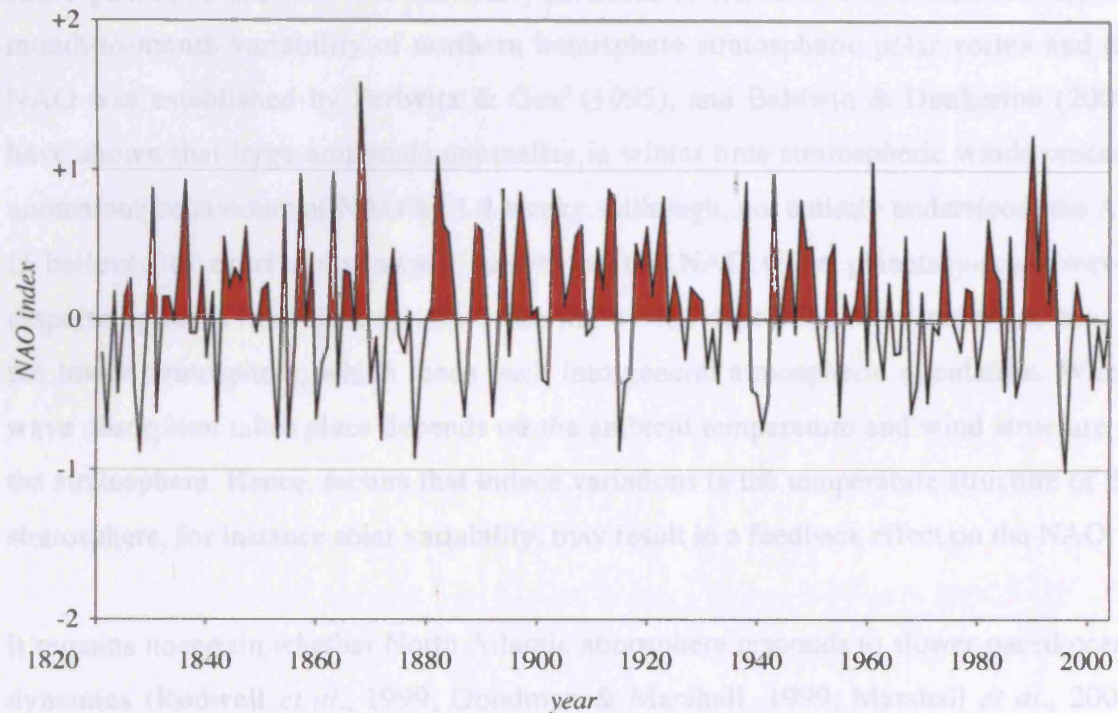
**Figure 2.5:** Cartoon illustrating NAO extremes. a) 'NAO +ive' where high surface pressure in the subtropical Azores and low surface-pressure in region of Iceland results in above normal temperatures and precipitation (red hatched areas) in north Europe and Scandinavia. b) at times of 'NAO -ive' a reversal in surface-pressure conditions results in anomalous coldness and below-normal precipitation (blue hatched areas) in the same regions.

centres of action; a result of persistent blocking highs in the Iceland-Scandinavia area (Moses *et al.*, 1987). During a so-called Greenland Below (GB) mode there are above-normal temperatures and precipitation in northern Europe and Scandinavia, and eastern United States, and anomalous coldness and below-normal precipitation in the Mediterranean and Greenland. A reversal of these weather patterns occurs during Greenland Above (GA) mode.

The variability of the NAO index since 1821 (Jones *et al.*, 1997) is shown in Fig. 2.6. Large changes can occur from one winter to the next, and there is also a considerable amount of variability within a given winter season (Hurrell *et al.*, 2003). This is consistent with the notion that much of the variability in the NAO arises from processes internal to the atmosphere (Ting & Lau, 1993; Hurrell, 2000). However, in addition to a large amount of interannual variability, there have been several periods where the NAO persisted in one phase over many winters. For instance, anomalously low temperatures experienced in Northern Europe during the 1940s to early 1970s coincide with a downturn in the NAO index. Over past two decades NAO been biased toward its positive, high index state; it has been suggested that this might be a response to global warming. Global Circulation Models (GCMs) reproduce NAO-type variability quite successfully (Osborn *et al.*, 1999) and some models show increasing values of NAO index with increasing greenhouse gases (Shindell *et al.*, 1999). Evidence also exists that forcing from the overlying stratosphere (through changes in ozone, volcanic aerosols and solar activity) from the underlying oceans can result in low frequency dampening of tropospheric variations. At present, no consensus exists on the relative roles they play, especially at longer timescales.

A number of studies have strengthened the case for solar-induced perturbations being propagated downward from the stratosphere to the troposphere. NAO extremes have been linked to geomagnetic activity (Bucha & Bucha, 1998), cosmic rays and Earth's cloud cover (Svensmark & Friis-Christensen, 1997; Svensmark, 1998; Marsh & Svensmark, 2000; Carlow *et al.* 2002). Links have been established between the geomagnetic index and sea-level pressures, and between geomagnetic activity and





**Figure 2.6:** The North Atlantic oscillation index, AD 1821-2004, derived from pressure differences between Reykjavik, SW Iceland and Gibraltar, Azores. Area infilled red above values of zero denotes positive phase of NAO. Data for this index were taken from Jones et al. (1997).

stratospheric geopotential heights (surfaces of constant gravitational potential) (Hartley *et al.*, 1998; van Loon & Labitzke, 2000; Carlow *et al.*, 2002; Thejll *et al.*, 2003). Changes in geopotential height modulate the strength of winter polar vortex, the stratospheric winds. Changes in polar vortex are characterised by a seesaw in mass between the Arctic and the mid-latitudes. Termed the Arctic Oscillation (AO), its winter signature is similar in appearance to NAO anomalies and time-series of both stratosphere AO and the NAO are nearly identical. A statistical connection between the month-to-month variability of northern hemisphere stratospheric polar vortex and the NAO was established by Perlwitz & Graf (1995), and Baldwin & Dunkerton (2001) have shown that large amplitude anomalies in winter time stratospheric winds precede anomalous behaviours of NAO by 1-2 weeks. Although, not entirely understood, the AO is believed to exert a downward control on the NAO when planetary-scale waves disperse upwards from the troposphere during winter, depositing momentum and heat in the lower stratosphere, which feeds back into general atmospheric circulation. Where wave absorption takes place depends on the ambient temperature and wind structure of the stratosphere. Hence, factors that induce variations in the temperature structure of the stratosphere, for instance solar variability, may result in a feedback effect on the NAO.

It remains uncertain whether North Atlantic atmosphere responds to slower paced ocean dynamics (Rodwell *et al.*, 1999; Goodman & Marshall, 1999; Marshall *et al.*, 2001; Ferreira, 2001) such as anomalies in sea-surface temperature (SST), deep-water formation, Gulf Stream strength, and sea ice. The key question is the sensitivity of mid-latitude atmosphere, away from surface, to changes in ocean parameters. Theoretical studies suggest that NAO can interact with heat advection in the North Atlantic to produce anomalies that propagate north and east with longer time scales. It has been observed, for example, that winter SST anomalies from the western subtropical gyre, spread eastward along the path of the gulf stream with a transit time of a decade (Sutton & Allen, 1997). When forced by both Atlantic Basin and globally varying SST anomalies, Global Atmospheric Climate models (AGCM) reproduce realistic NAO variability including over half of the observed strong upward trend over past 30 years. (Visbeck *et al.*, 2002; Rodwell *et al.*, 1999). The relative importance of extratropical and



tropical SST anomalies on NAO variability is still unresolved (Venzke *et al.*, 1999; Sutton *et al.*, 2001; Peng *et al.*, 2002). The possibility of remote forcing of the NAO from tropical oceans is discussed by Xie & Tanimoto (1998), Venzke *et al.* (1999), and Sutton *et al.* (2001) who argue that changes in the meridional SST gradient across the equator affects tropical Atlantic rainfall and potentially influences North Atlantic mid-latitude circulation. Tropical Indian Ocean forcing of the NAO on long (multidecadal) timescales has been modelled by Hoerling *et al.* (2001) and Sutton & Hodson (2003). It is not clear, however, from such studies if tropical forcing at such timescales is secondary to extratropical north Atlantic forcing itself. The impact of ENSO on the NAO is uncertain, although most evidence suggests the effects are small. Studies which highlight ENSO forcing presumably require an indirect link through the direct impact of ENSO on tropical north Atlantic SSTs (Saravanan & Chang, 2000; Chiang *et al.*, 2000).

### **3. Methods**

#### **3.1 Introduction**

This chapter describes the techniques used in both the recovery and analysis of Diss Mere's laminated sediment for palaeoclimate records. First, it describes the procedures used to core Diss Mere. Then, it covers a variety of invasive and non-invasive sampling techniques used to construct highest-resolution climate-proxy time-series from lamina geochemical and physical properties. Finally, it describes the time-series analysis methodology used to discern climate-relevant periodicities in the palaeoclimate data.

#### **3.2 Livingstone Piston Coring**

A modified Livingstone piston corer (described in detail by Wright, 1967) was used to recover the sediment used for this study. This coring technique is hand-operated and samples the sediment as several consecutive one-metre cores; it is in contrast to those techniques that are driven into the sediment by weights and momentum or operated pneumatically, sampling sediment as a monolith (*e.g.* Kullenberg, 1947; Mackereth, 1958). The latter were deemed unsuitable for the recovery of Diss Mere's Holocene infill owing to its unusual thickness of ~17 m (Peglar *et al.*, 1989). Initially, coring efforts were carried out in the northern reaches of the Mere in the summer of 2001 (Fig. 2.2). From a raft constructed from two inflatable boats fastened together with a wooden platform, a 5.3-m water column was cased from the water surface to several metres into the sediment. This formed a moon pool through which coring took place. Depths were measured with the coring extension rods and relative to the water surface. Sediment from 5.3-15.3 m was recovered, Further penetration was found to be impossible though, given the purchase available from the coring platform used. Immediately following extrusion, the cores were wrapped in thin plastic, aluminium foil, and thick plastic sheets and stored in dark cold storage at 5°C. In addition, an overlapping sequence, cored from the central region of Diss Mere by Sylvia Peglar in 1980, was provided by the Department of Geography, University of Cambridge. Cores from this site span depths of 10-24 m. They were cored using the same technique described above through a 6.5-m

water column, but with a more stable platform. Throughout the remainder of this thesis stratigraphic depths refer to composite depths in metres below the lake-water surface (unless otherwise stated, *e.g.* as cored depth in metres below the lake water surface [mblw]). To compare composite depths to coring depths see Appendix I.

### **3.3 Techniques for the study of Diss Mere's laminated sediment**

A wide range of laboratory techniques have been employed to facilitate environmental reconstructions. These techniques include a number of relatively new and progressive methods, such as SEM Back Scatter Electron Imaging (SEM-BSEI, see Dean *et al.*, 1999) and geochemical X-ray Fluorescence core scanning (CoreScanner Texel, see Jansen *et al.*, 1998) as well as more traditional analyses, *e.g.* X-ray diffraction (XRD) and carbon content determinations, *e.g.* LECO carbon-analyser.

As a substantial part of the sediment record at Diss Mere is varved, not only does it preserve a seasonal record of sedimentation, but perhaps more importantly, it provides annual time calibration of rates and timing of environmental change. It has been possible, therefore, not only to use measurements of consecutive varve thickness as an annual record of autochthonous primary productivity, but also varve counting to calibrate high resolution XRF elemental concentrations, *e.g.*, elemental Ca counts per second (cps) every 2-mm, here a proxy for summer temperature to elucidate the changing nature of interannual and longer timescale environmental variability in the North Atlantic region, *e.g.* the NAO.

The most continuously varved and well-preserved sediment in Diss Mere was retrieved between 15.09 and 16.74 m composite depth (see section 5.1.1.). This interval records the East Anglian decline in *Tilia* pollen and its top corresponds to the base of pollen zone DMP 7a (Peglar *et al.*, 1989) where a decline in tree pollen percentages can be correlated to a regional-scale land clearance that is radiocarbon dated at Hockham Mere (Bennett, 1983; see section 3.3.3). This interval therefore offers the best opportunity to place a record of highest-resolution North Atlantic climate change within the calendrical

timeframe of the Holocene epoch. Although varved sediment was also recovered below 16.74 m composite depth (below 16.99 m coring depth), uncertainties in the nature of the composite stratigraphy, the independent chronology and also coring artefacts below this depth, have made its use as a highest-resolution record of climate change problematic (see section 5.1.1.). Consequently, this study focused on constructing time-series of varve thickness and XRF core scanning for 2-mm resolution records of elemental abundance within the interval 15.09-16.74 m. In addition, discrete samples were collected every 3 cm from the entire varved interval (15.09-17.79 m) to assess the evolution of carbon burial dynamics (organic carbon vs. inorganic carbon burial) and to determine sediment mineralogy via X-ray diffraction. SEM-Back Scatter Electron Imaging (BSEI) of the in-situ varve fabric from the interval 15.53-16.20 m was carried out to prove the annual nature of Diss Mere's varves and to evaluate change in seasonal water column processes. This interval was considered to be of most value as it covers a significant change in carbon burial dynamics recorded at 16 m depth (see section 5.2.). Table 3.1 summarises the laboratory analyses performed and core intervals and sampling resolution used.

### **3.3.1 Scanning Electron Microscopy (SEM)**

SEM Backscatter Electron Imaging (BSEI) is used here to a) place laminae deposition in the context of seasonal water-column processes, ultimately leading to an understanding of how their physical attributes may be used to extract seasonal climate proxies, and b) confirm the varved nature of biogenic laminated sediment. These aims were achieved specifically by looking at the sediment microstructure and its phytoplankton remains. For lakes where most of the sedimentary components are autochthonous - that is, produced in the lake - the annual pattern can be determined from seasonal faunal succession. In the past, this has been achieved through, for instance, comparison of sediment core to modern sediment-trap data (Brunskill, 1969; Ludlam 1969; Kelts & Hsü, 1978; Nuhfer *et al.*, 1993; Alefs & Müller, 1999), and light microscope study of tape-peels and thin sections (Simola, 1977; 1979; 1984; Lotter, 1989; Card, 1997). SEM-based sediment fabric studies are used here because they are capable of resolving

individual laminae less than 100- $\mu$ m thick (*e.g.* Kemp *et al.*, 1999; Dean *et al.*, 1999; 2001).

**Table 3.1:** Summary of laboratory analyses used in this study.

Laboratory analysis	Core interval (in m, composite depth)	Sampling resolution	Rationale
XRF CoreScanner (elemental Ca, Fe, Sr)	15.09-16.74 m	every 2 mm	interannual-resolution climate proxies recorded in elemental abundances.
	All cores, 10-18.5 m coring depth	every 1 cm	to aid stratigraphic correlation
SEM BSEI	15.53-16.20 m	Overlapping 15 x 1 x 2 cm sediment slabs.	confirm varved nature of Diss Mere's varves.  evaluate deposition in terms of seasonal water column processes across significant change in carbon burial dynamics at 16 m depth.
LECO carbon analysis	15.09-17.79 m	every 3 cm	to assess carbon burial dynamics during varve deposition (organic carbon vs. carbonate carbon burial).
X-ray diffraction	15.03-17.79 m	8 samples	to determine varve mineralogy.

Although the majority of phytoplankton that contribute to primary productivity are not preserved in the sedimentary record, seasonal cycles can still be discerned in laminated sediment by analysis of, for instance, the remains of diatoms and green algae. In many temperate lakes, laminae are composed of diatom frustules deposited during periods of spring and autumn water-column mixing (Reynolds, 1980; 1984) and micrite carbonate, biogenically precipitated during the period of summer biological production, dominated largely by green algae and cyanobacteria populations (Brunskill, 1969; Padisák *et al.*, 1998). Consequently, the diatom fraction of the total phytoplankton biomass varies

seasonally and is lowest in mid-summer whilst the remains of green algae are confined to carbonate layers (Shapiro & Pfannkuch 1973; Kelts & Hsü, 1978; Klemer & Barko 1991; Padisák, 1998, 2003). Taxonomic identification is notoriously difficult (Birks, 1994). However, relatively few species of dominant phytoplankton occur in a given lake (Kilham *et al.*, 1996) and ecological preferences are increasingly better constrained (Berglund, 1986). It is beyond the scope of this study to provide detailed taxonomic recognition of all phytoplankton preserved in Diss Mere's sediments. The low-resolution diatom and fossil pigment stratigraphy for Diss Mere constructed by Fritz (1989; see Fig. 4.1) has been used here and only patterns of the phytoplankton components preserved in the majority of laminae were considered.

### **3.3.1.1 Backscatter electron imagery (BSEI)**

Backscattered electrons are the result of collisions between beam electrons and atoms within the specimen (Goldstein *et al.*, 1981). The atomic number of the target determines the number of backscattered electrons generated. The detector reconstructs this information on a photograph as image brightness. It is not necessary to use standards to check for drift in machine readings as image brightness is not used in this study to measure a change in parameter with time, for instance, as used in the construction of greyscale time-series, but to highlight differences in lithology within any given varve year. Grains such as carbonate and quartz tend to have the highest high atomic numbers in lake sediment, and produce brighter images than organic matter and the carbon-based resin, which have low atomic numbers. Laminae containing phytoplankton, typically diatoms in lake sediments, have high porosity and appear dark on photographs as their frustules are filled by the resin.

### **3.3.1.2 Preparation of thin-sections for SEM analysis**

Thin-sections were prepared for SEM analysis by Dr. Richard Pearce, of Southampton Oceanography Centre from sediment sampled using a sediment slab-cutter at University College London (for method see Schimmelmann *et al.*, 1990). Sediment was cut in 15

cm long slabs each with several centimetres overlap. Sediment blocks were cut from these slabs using a scalpel. Unlike with indurated rocks, it was not so straightforward to prepare thin-sections from Diss Mere's wet, unconsolidated sediments. In order to preserve the sediment fabric, pore-fluids needed to be removed before the sample was resin-impregnated. This was achieved by passive fluid displacement (chemical dehydration) and resin embedding using a method described by Kemp *et al.* (1998). The method is outlined in Appendix I. Chemical dehydration has been demonstrated by Pike & Kemp (1996) to be a superior technique to vacuum drying and resin-impregnation methods as it stops the sediment fabric drying out and cracking. Preparation of thin sections from the resultant resin blocks was undertaken using a standard method (as used for saw-cut rock samples, for instance) but with an oil-based lubricant. The thin sections were highly polished using a range of grits down to 1  $\mu\text{m}$ . Finally, the thin sections were carbon-coated before being analysed in the SEM.

Twenty-three thin sections were prepared from core DISS A-6 from 15.66-16.37 mblw, the equivalent of 15.53-16.20 m in the composite stratigraphy (see Appendix III for guidance to polished thin section codes and coring depth). The varved sediment that documents the change in carbon burial dynamics at 16 m is considerably better preserved in core DISS A-6 than the cored material used in the composite stratigraphy (*i.e.* core DISS B-6; see section 5.1.1.). Core DISS A-6, however, was not made available to this project before geochemical analyses were performed and consequently, it could not be included in the spliced record. Low resolution BSEI was used to provide base maps for more detailed imagery of lamina composition. Subsamples of sediment were prepared for standard SEM and smear slide analysis to facilitate identification of microfossil components. Phytoplankton identification was carried out in collaboration with Professor Sheri Fritz, University of Nebraska, and Dr. Carl Sayer, Environmental Change Research Centre at University College London. All significant taxa were identified to at least generic level.

### **3.3.2 Climate proxy records**

Due to the poor analogy that modern biogeochemical processes acting in Diss Mere provide to past (prehistoric) conditions (see section 2.3.2) the results of SEM-BSEI analysis (see section 5.3) and underlying assumptions about biogeochemical cycling in hard-water lacustrine settings (see sections 2.4 and 4.3), has been used to validate the climate and palaeoproductivity proxies generated in this study. For example, the thickness of comparable biogenic varve segments from successive years, which SEM-BSEI analysis demonstrates to contain siliceous cells of diatoms, are taken to be related to diatom productivity. Also, the SEM study has shown that the thickness of carbonate varve segments are related to productivity changes in late-spring through summer when the water column is oversaturated with respect to calcite and precipitates carbonate, due to removal of CO<sub>2</sub> in response to seasonal warming of surface waters, lake stratification and phytoplankton photosynthesis. By extension high-resolution records of elemental Ca, which records variation in calcium carbonate, are taken as a proxy for summer temperature. OM burial is used here as a proxy for changes in winter temperature. Sediment trap studies in analogous varved hardwater lakes show that most of the OM that is preserved in sediments comes from populations of diatoms that settle rapidly and escape oxidation in the epilimnion (Dean, 1999). Owing to strong correlation that exists between winter air temperature and the relative abundance of diatoms that make up the spring phytoplankton peak, increased OM burial is hypothesised to reflect a milder winters at Diss (see section 4.3). Finally, Elemental Fe, which shows a close association with sulphur and is therefore primarily incorporated into pyrite, is taken to record changes in the degree of water column anoxia and is therefore also related to changes in productivity.

#### **3.3.2.1 X-ray Fluorescence (XRF) Core Scanning**

The XRF Corescanner (Jansen *et al.*, 1998; Röhl & Abrams, 2000) at the University of Bremen was used to determine the chemical element composition of the split core segments. The XRF Corescanner can measure elemental concentrations from 100% down to ppm levels on wet, freshly split cores. Although a freshly split core is not an



ideal sample for XRF analysis, which certainly makes the resultant data semi-quantitative at best, this system has important advantages. First, a very high resolution can be achieved rapidly, so that nearly continuous records can be produced in a short time. Secondly, the system is non-destructive, protecting the sediment fabric for further investigation. Finally, it provides data about the actual composition of the sediment, in contrast to tools such as natural gamma-ray and colour-loggers that produce data depending on a combination of sediment properties. The general method and calibration procedures for the XRF system are discussed comprehensively by Jansen *et al.* (1998). In summary, the whole system is computer-operated, allowing for precise positioning of measurements. The core is moved by a stepper motor relative to the measurement unit (X-ray source, and detector) which is lowered onto a core surface covered by a foil during analysis. The analyses are performed at predetermined positions and counting times. The acquired XRF spectrum for each measurement was processed by the KEVEX™ software Toolbox<sup>®</sup>. Environmental background subtraction, sum-peak and escape-peak correction (to remove sum [pile-up] peaks and account for detector escape), deconvolution (necessary for determining net intensities if two spectral lines of characteristic X-rays overlap), and peak integration (to quantify elemental abundances) are applied. The resultant data are essentially element intensities in counts per second (cps). The system allows the analysis of the elements K, Ca, Ti, Mn, Fe, Cu, and Sr. Statistically significant counts for elemental Ca, Fe and Sr were collected from the Diss Mere cores at 1 cm intervals over a 1 cm<sup>2</sup> area from cores collected at 10-18.5 m coring depth and for selected laminated cores at 2 mm intervals over a 2 mm<sup>2</sup> area. Although K, Ti, Mn and Cu measurements were also obtained, counts at the selected counting time were too low to be interpreted.

### **3.3.2.2 Carbon LECO analyser and X-ray diffraction.**

Samples of laminated sediment were collected every 3 cm for analyses of geochemistry and mineralogy. Each sample was dried and homogenised for analysis of total and inorganic-carbon. Eight of the sediment samples were used to characterise bulk mineralogy from conventional X-ray diffraction (XRD) using Ni-filtered, Co-K $\alpha$

radiation using a standard method. Owing to equipment failure, two samples had to be run using Cu-K $\alpha$  radiation. This change in X-ray wavelength resulted in a shift of characteristic peaks for the minerals identified for several samples. Oriented glass slides were prepared from the same samples in an attempt to identify the overall contribution of clay minerals to sediment composition. No attempt was made to separate the <2  $\mu$ m sediment fraction. To demonstrate that low percentages of clay minerals were still detectable using this method, one sample was re-run after being spiked with 2% kaolin (English China Clay standard). XRD analysis was performed by Dr. Ian Wood from the Department of Earth Sciences, University College London, whereas slide preparation and interpretation of the results were carried out by myself.

Total carbon (TC) was determined with a LECO carbon analyser housed at the Wolfson Laboratory, University College London. Total organic carbon (TOC) was determined in the same manner after an aliquot of the sample was acidified to remove carbonate minerals. TOC was multiplied by 2.13 to estimate organic matter (OM) content (Dean, 1974). Carbonate carbon (CC) was taken as the difference between TC and TOC. This was multiplied by 8.33 to obtain an estimate of CaCO<sub>3</sub> carbon content (the ratio of the molar mass of CaCO<sub>3</sub> to CC in calcium carbonate; Dean, 1974).

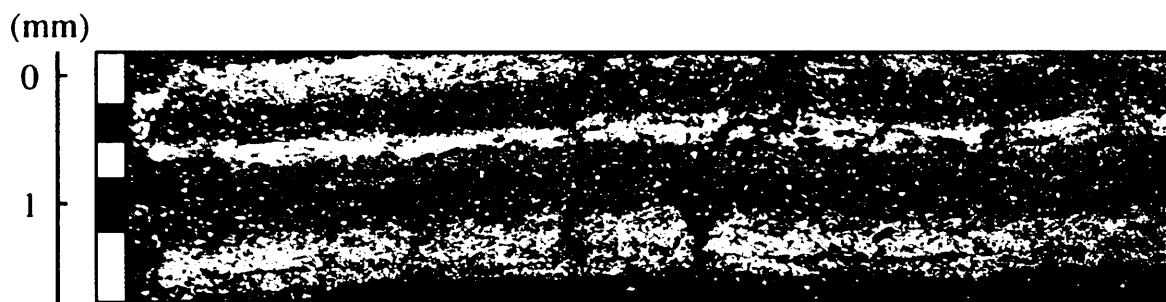
As the laminated sediment contains very little terrigenous material, it was possible to make an estimate of the biogenic silica content. This was made by assuming that the sediment is made up by three main components: OM, CaCO<sub>3</sub> and silica. An estimate of silica content was therefore made using the measured percentages of OM and CaCO<sub>3</sub> using the following formula.

$$\text{Biogenic silica\%} = 100 - (\text{OM wt. \%} + \text{CaCO}_3 \text{ wt.\%}) \quad (3.1)$$

### **3.3.2.3 Varve-segment thickness measurements**

Varve-segment thicknesses were measured on low magnitude BSEI images (see section 3.3.1.1). Because of the large number of pixels per millimetre (191), these images

allowed for an accurate constraint of segment thickness. Boundaries between segments were judged by eye and perpendicular distances between them measured and recorded using Object Image 2.10, a Macintosh public domain image program (an extended version of the image processing program 'NIH Image', <http://simon.bio.uva.nl/object-image.html>). Total varve thickness and carbonate varve segment thickness were determined (Fig. 3.1). The final value was taken as the average of five measurements per layer undertaken (from the thickest and thinnest portion of each segment, plus at three other equally spaced positions) by the same operator. Biogenic varve segment thickness was taken as the difference between the two average measurements from each varve. By careful measurement of the initial core sample, and comparison with the length of the polished thin sections, the effects of vertical distortion due to resin embedding was quantified. Thickness measurements were corrected by multiplying values by the ratio between thin section and equivalent sediment core length.



**Fig. 3.1:** Total varve thickness (red dashed line) and carbonate varve segment thickness (green dashed line, also white filled boxes). Biogenic varve segment thickness (black filled boxes) was taken as the difference between the two average measurements from each varve. Short horizontal black lines denote visually determined varve segment boundaries.

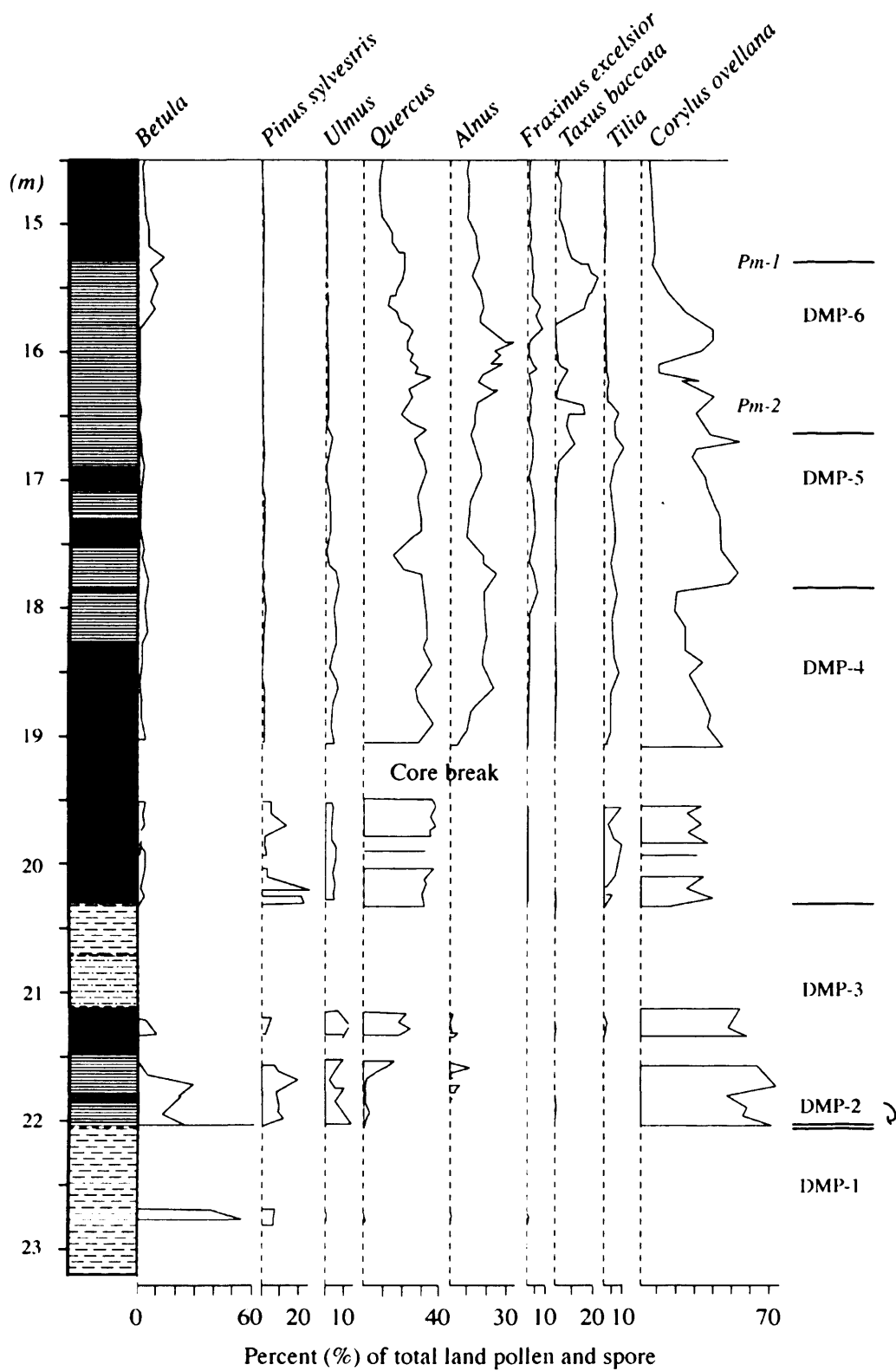
### 3.3.3 Chronology

A chronology for this study has been provided by varve counts calibrated to the calendrical timescale (Calendar years BP; hereafter referred to as Cal. BP) through correlation of Diss Mere's pollen stratigraphy to other radiocarbon dated regional pollen

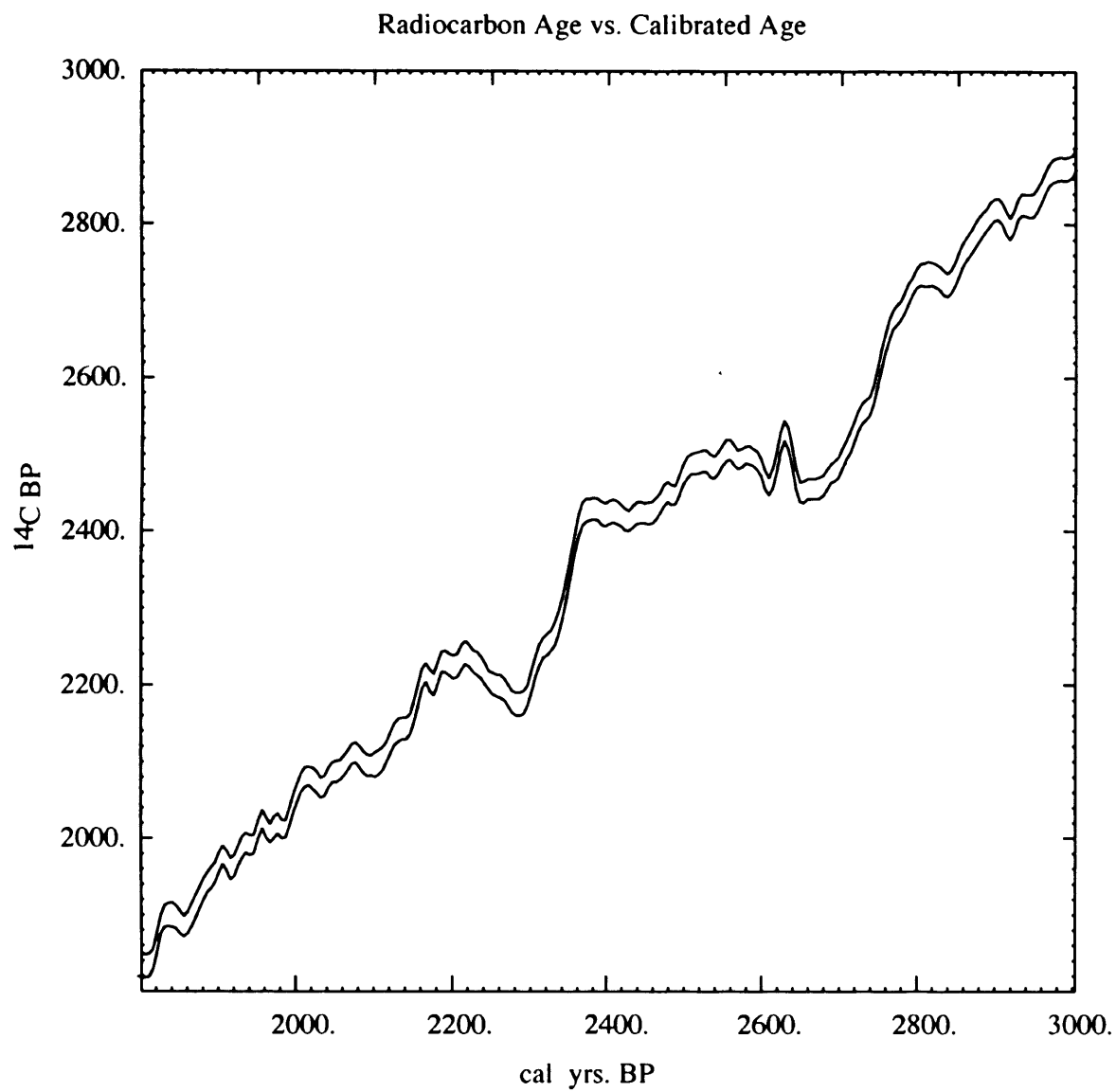
stratigraphies. Obtaining radiocarbon dates for Diss Mere itself is fraught with difficulties. For example, the calcareous nature of the sediment renders it unsuitable for radiocarbon dating. The probable large incorporation of 'old carbon' from the surrounding till sediments, principally from ground-water sources, would result in dates that are too old. The dating of terrestrial plant macrofossils, which fix carbon from the atmosphere, would negate this problem. Unfortunately, none suitable could be recovered from the cores. In order to build up an age model, it was therefore necessary to use dates derived from an age model based on the East Anglia regional pollen stratigraphy.

The correlation of pollen sequences for chronological purposes is underlain by the assumption that biostratigraphic boundaries, such as pollen marker horizons are time-parallel, and can therefore be regarded as isochronous. The tendency for pollen zones to be time-transgressive however, is problematic. Whether due to diachronous anthropogenic or climatic influences, such homotaxial errors are accentuated over increasingly larger geographical separations. At Diss, the transition from laminated to homogeneous sediment at 15.09 m contains pollen that records widespread and extensive forest clearance and conversion of cleared land to grassland (*Pm-1*, see Fig. 3.2 [Peglar *et al.*, 1989]). This trend is found in a variety of pollen records from East Anglia and it is fortunate that its timing can be determined from two close-bounding radiocarbon dates at Hockham Mere, a lake only <20-km due north-west of Diss ( $1980 \pm 50$  and  $2660 \pm 50$   $^{14}\text{C}$  yrs. BP at  $2\sigma$  [Bennett, 1983]). Considering the close proximity of Hockham to Diss (see Fig. 1) the timing of this region-wide land clearance is hypothesized here to be synchronous at least on the timescale of several human generations and most likely to have occurred at both sites within the error associated with calibrating Hockham Mere's radiocarbon dates to the calendrical timescale over the time-period concerned (at  $2\sigma$ , the range on the bounding calendar ages is several hundred years; see, section 5.2.1).

Figure 3.3 illustrates how the  $^{14}\text{C}$  timescale varies against a chronology of calendar years in the time period concerned. Fortunately, the radiocarbon dates that bound late-Holocene land clearance at Hockham Mere do not correspond to the plateaux in  $^{14}\text{C}$



**Fig. 3.2:** Diss Mere summary pollen diagram. Adapted from Peglar *et al.* (1989). *Pm-1* & *Pm-2* refer to pollen markers used for correlation with pollen record of Hockham Mere; see text for details.



**Fig. 3.3:** IntCal04 calibration curve with 1-standard deviation envelope for period 1800-3000 14C BP.

atmospheric production between *ca.* 2350 to 2700 Cal. yrs. BP. Hence, calibrated radiocarbon dates at 1980 and  $2660 \pm 50$   $^{14}\text{C}$  yrs BP, when the  $2\sigma$  confidence limit is taken into account, result in calendrical ages with significantly less range. In this study, Hockham Mere's radiocarbon dates were calibrated to the calendar timescale with the IntCal04 calibration curve (Reimer *et al.* 2004) using the age calibration software package, CALIB 5.0.1. The timing of land-clearance at Diss was then determined through sedimentation-rate extrapolation across *Pm-1* using the age range between the bounding calibrated radiocarbon dates.

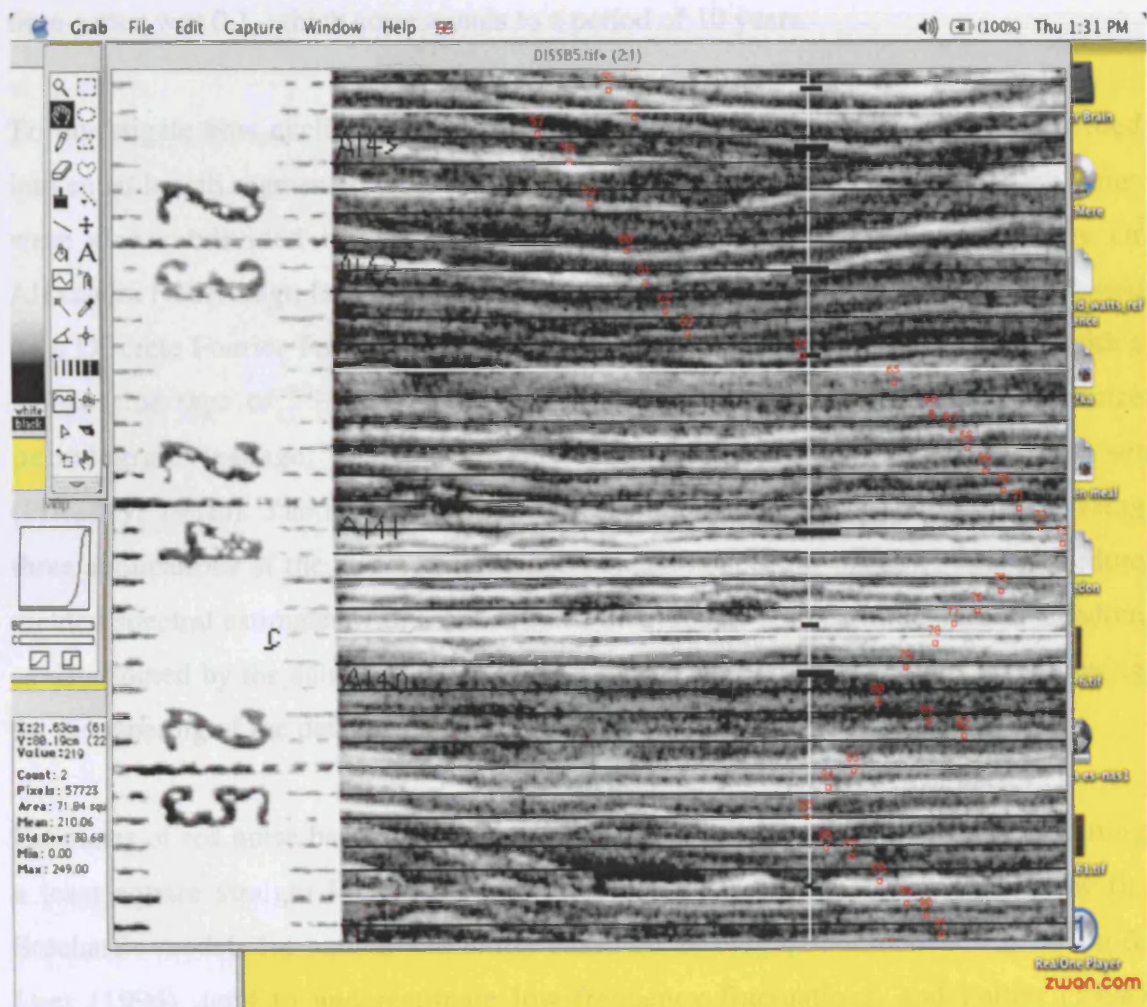
Varve counts were used to calibrate geochemical depth-series (15.09-16.74 m) in the time-domain. Varves were counted in a similar fashion to Sprowl (1993) and Anderson (1993). The main varved interval was divided into 22 counting zones, the boundaries of which occurring at the most prominent sedimentary horizons used in correlation between overlapping cores. Counts were carried out by eye on enlarged digital images of the varved sediment using Object Image 2.10. Object Image allows the user to place 'graphical objects' on a transparent layer, superimposed on the original images. Such objects can be used as counting markers forming a digital record of the location and number of laminae in a core photographic-archive. Three counts were made from each counting zone and the overlapping cores provided two-fold redundancy for most zones. Counts were not performed on images of DISS C varved cores. This was due to the lack of composite stratigraphy and the more disturbed nature of, and therefore lack of continuity in, the varved fabric in sediment cores from this hole. The benefit of multiple counts being carried out by the same analyst, as opposed to replicate counts by different analysts (known as independent multiple counting), is that the varve concept remains the same, *i.e.* what groupings of laminae constitute one year of sedimentation. The highest count from each counting zone was used to determine the number of varves present. It is considered here that counting too few varves is more likely than counting too many, and errors are expected to be biased on the low side. For example, identification of subannual sets of laminae is problematic when assessing the thinnest carbonate laminae which can be left obscured or undistinguished sedimentologically or 'smeared out' on the split core surface by the cleaning process prior to core digitisation. In addition,

redundancy in the varve counting permits an evaluation of the precision of the varve counts. The variance among the multiple counts from common intervals in different cores is taken as a measure of the counting precision. Thus, two standard deviations from the mean estimates the limits of 95% confidence on the precision of the counts. Intervals with less than two-fold redundancy are assigned the highest variance from a bordering interval. Sedimentation-rates (in mm/yr) were calculated for the composite stratigraphy at a continuous 2 mm scale between 15.09-16.55 m, the sediment for which high-resolution (2 mm) XRF geochemical data was available. This was achieved by dividing each 2 mm segment by the number of varves contained within it (Fig. 3.4). This data was used to interpolate sedimentation-rates for counting gaps. Such gaps represent missing material or varved material which was thoroughly obscured or ambiguously defined.

#### **3.3.4 Analysis of climate time series**

Fourier analysis was used to test for the presence of regular cycles in both time-series of varve thickness and XRF elemental abundance. It follows the premise that any time-series, regardless of its data values, can be fully approximated by a sum of a suite of sine and cosine waves of different wavelengths. In its most basic form, the method tests how well a series of cosine waves with variable frequencies can be fitted to the data. High variance is found for a particular frequency if a cycle with that wavelength is strongly present in the data. For each frequency, a measure of the strength of the oscillation at that frequency is obtained by looking at the variance or power (amplitude squared,  $s^2$ ) of the appropriate sinusoid. A plot of power against frequency up to the Nyquist frequency is called a periodogram. The statistical property of such power spectra is very well understood (Jenkyns & Watts, 1968) allowing for tests of significance. The highest frequency that can be sampled is half the number of observations in the time-series, known as the Nyquist frequency. For example, the maximum frequency resolvable in a time-series with annual resolution, *e.g.* varve thickness, is 0.5, which has a period of 2 years (period =  $1/f$ ). In other words, the shortest cycle in the data that can be detected has one cycle every two data points, the minimum number of observations needed to





**Fig. 3.4:** Varve counting using Object Image 2.10 a Macintosh public domain image program. Red numbers are 'graphical objects', superimposed on the original core image. Such objects can be used as counting markers forming a digital record of the location and number of laminae in a core photographic-archive.

define a waveform. In the time-domain, XRF data were not sampled evenly. It was necessary to resample such time-series at 5-year intervals using linear integration so that data points were equally spaced. Consequently, the highest frequency resolvable in these time-series was 0.1, which corresponds to a period of 10 years.

To investigate how cyclicity changed with time, varve thickness data were subdivided into equal length segments, ~100-year time-series with 50 year overlap. XRF time-series were also subdivided into three segments. Power spectra were calculated by Dr Alexandra Nederbragt, Department of Earth Sciences, University College London, based on a Discrete Fourier Transform (DFT; Davies, 1986) of linearly detrended data with a split-cosine taper of 5% applied to both ends of the record (designed to minimize periodogram leakage, *i.e.* spectral side lobes caused by the ends of the data set (Priestley, 1981)). The spectral estimates were obtained from the periodogram using three applications of the discrete, three-point Hanning spectral window. This procedure yielded spectral estimates with a chi-squared distribution with eight degrees of freedom as determined by the sum of squares of the final spectral window weights and allowing for the tapering of the data.

Estimates of red noise background spectrum from the periodograms are made by fitting a least square straight line to log-log plots of power spectra, *i.e.* a power law fit. Stochastic models for natural variability based on autoregressive models, *e.g.* Mann & Lees (1996), tend to underestimate low-frequency fluctuations, and Peltier (1998) demonstrates that natural variability in climate can be better modelled using a power law model. Using the calculated background noise as the null hypothesis, peaks in the spectrum were tested against the background distribution to see if they qualified as significantly different at the 95% level.

## **4. Phytoplankton stratigraphy and ecology of Diss Mere's varves**

### **4.1. Introduction**

This chapter presents a summary of Diss Mere's known diatom and fossil pigment stratigraphies. Published ecological preferences of the major taxa preserved from comparable hardwater lakes are also discussed. This information is used to interpret both the changes in phytoplankton succession from SEM data and to help validate climate proxy records generated in this study.

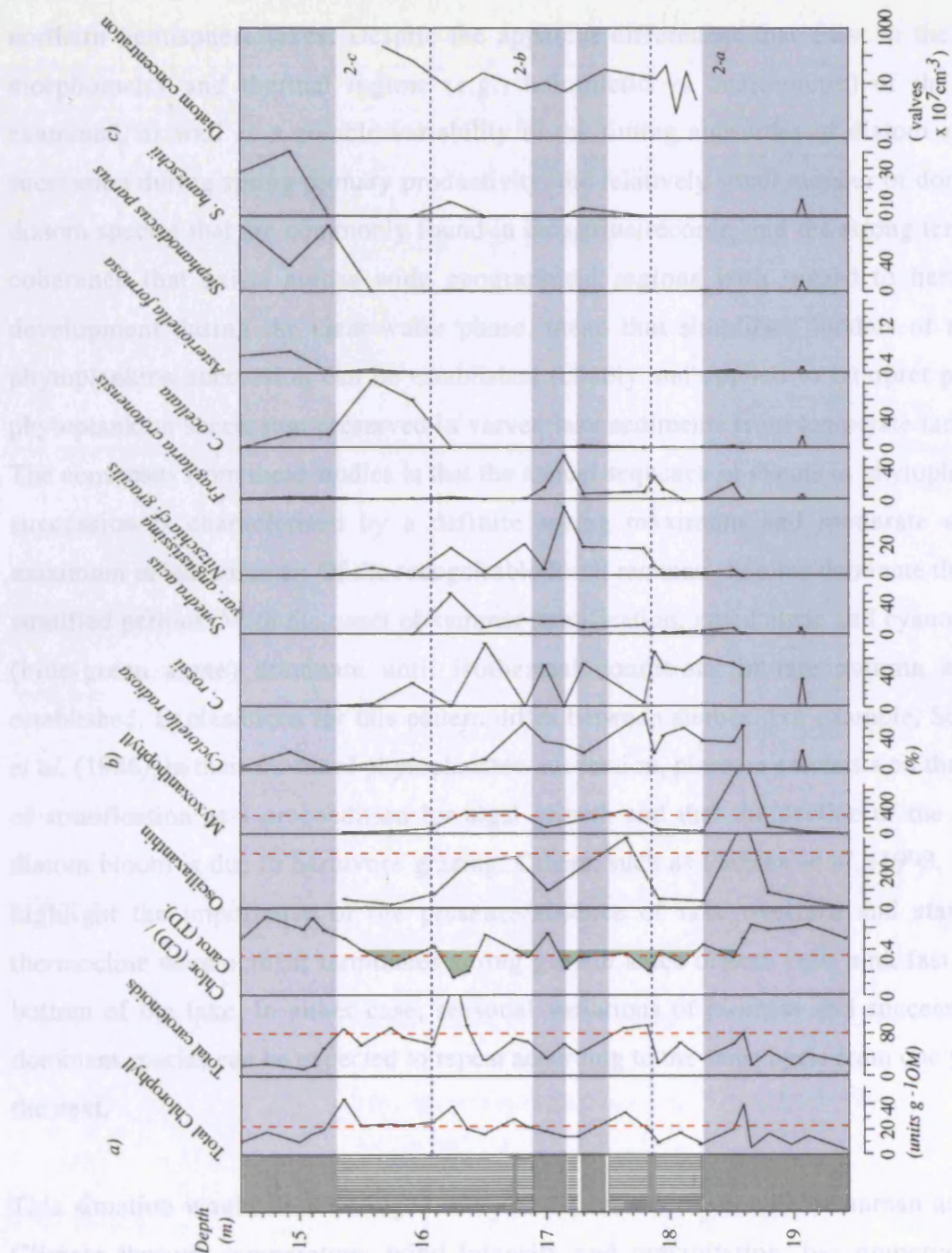
### **4.2. Diatom and fossil pigment content of Diss Mere's varved sediment**

The published diatom and fossil pigment stratigraphies for Diss Mere's varves (Fritz *et al.* 1989) are shown in Fig. 4.1. They reveal that below 16.24 m moderate to high fossil pigment concentrations of the carotenoids, oscillaxanthin and myxoxanthophyll, indicate that a mixed assemblage flora of blue-green cyanobacteria dominated the phytoplankton community at this time and restricted the growth of diatom populations to *Cyclotella* species. Given the moderate to high concentrations of blue-green pigments, and the varved sediments, lake trophic status is inferred to be mesotrophic, a lake with moderate nutrient concentrations, which are primarily utilised by cyanobacteria that out-compete diatoms. Above 16.24 m, a marked reduction in fossilised carotenoid concentrations suggests that cyanobacteria became less important as primary producers. A rapid increase in the cell numbers of the diatom species *Cyclotella ocellata* and *Stephanodiscus* spp. indicates that the lake became more eutrophic.

### **4.3. Phytoplankton ecology**

No modern studies of seasonal phytoplankton succession in Diss Mere's water-column exist, and given a discernable human influence on the lake, processes acting today should be considered a poor analogy to past (prehistoric) conditions. The ecological information about the taxa was provided by the publications listed in Table 4.1. These are based on studies of modern phytoplankton succession in comparable temperate





**Fig. 4.1:** Plots of a) fossil sedimentary pigments as absorbance units per gram organic matter b) relative abundance of major diatom taxa and c) diatom valve concentration against stratigraphic depth in the varved and associated homogeneous intervals of Diss Mere. Short-dashed horizontal lines delimit diatom zones as according to Fritz (1989). Short-dashed vertical lines denote the average values for the various fossil pigments. The grey filled regions on CD/TC plot delimits ratios indicative of sedimenting organic pigments in an anoxic environment. Data is reproduced with the kind permission of Fritz (1989).

northern hemisphere lakes. Despite the apparent differences that exist in the basin morphometry and thermal regime (*e.g.*, holomictic vs. meromictic) of the lakes examined, as well as a notable variability in the timing and order of diatom species succession during spring primary productivity, the relatively small number of dominant diatom species that are commonly found in lacustrine records, and the strong temporal coherence that exists across wide geographical regions with regard to herbivore development during the clear-water phase, mean that simplified models of annual phytoplankton succession can be established reliably and applied to interpret palaeo-phytoplankton succession preserved in varved lake sediments from temperate latitudes. The consensus from these studies is that the annual sequence of events in phytoplankton succession is characterised by a definite spring maximum and moderate second maximum in late summer. Of the recognisable fossil remains, diatoms dominate the non-stratified periods. With the onset of summer stratification, green algae and cyanophytes (blue-green algae) dominate until isothermal conditions in late autumn are re-established. Explanations for this pattern differ between studies. For example, Sommer *et al.* (1986), in their model of phytoplankton succession, place an emphasis on the onset of stratification as a precondition for algal growth and that the decline of the spring diatom bloom is due to herbivore grazing. Others, such as Padisák *et al.* (1998, 2003), highlight the importance of the presence/absence of lake overturn and state that thermocline development terminates spring growth since diatom cells sink fast to the bottom of the lake. In either case, seasonal variations of biomass and succession of dominant species can be expected to repeat according to the same cycle from one year to the next.

This situation would be unchanged without the effects of climate or human activity. Climate through temperature, wind intensity and precipitation, has numerous and complex indirect effects on lakes. It influences nutrient concentration, via the catchment through changes in vegetation, surface run-off and ground water flow, or the timing and duration of both thermal stratification and water column overturn. At timescales most pertinent to humans, catchments like Diss Mere's - that is, relatively small and fed predominantly by groundwater seepage - play only a limited role in lake water

**Table 4.1:** Studies with information on phytoplankton ecology/seasonal succession

Survey type	Region	Study
Seasonal plankton hauls	Lakes of Yellowstone and Grand Teton National Park, Wyoming USA	Kilham <i>et al.</i> , 1996 Interlandi <i>et al.</i> , 1999
Sediments / plankton hauls	Laurentian Great Lakes, USA. <i>e.g.</i> Lake Michigan, Lake Huron, Lake Superior, Lake Erie, Lake Ontario	Stoermer <i>et al.</i> , 1993; Stoermer <i>et al.</i> , 1996 Stoermer, 1978; Stoermer & Yang 1970; Stoermer & Ladewski, 1976; Tilman, 1981.
Sediments/ sediment traps	Elk Lake, Minnesota, USA	Bradbury, 1988; Bradbury <i>et al.</i> , 2002. Nuhfer <i>et al.</i> , 1993.
Sediments	Upper Klamath Lake, Oregon	Bradbury <i>et al.</i> , 2004.
Seasonal plankton hauls	Eau Galle Reservoir, Spring Valley, Wisconsin	Klemer & Barko, 1991.
Sediments	Lake Holzmaar, West Eifel region, Germany	Baier <i>et al.</i> , 2004; Bruchmann and Negendank, 2004.
Seasonal plankton hauls	Lake Stechlin, Germany	Padisák <i>et al.</i> , 1998; Padisák <i>et al.</i> 2003.
Seasonal plankton hauls	Baltic Lake District, northeastern Germany (60 lakes)	Schlegel <i>et al.</i> , 1998.
Seasonal plankton hauls	Massif Central, France (25 lakes)	Rioual, 2000; Rioual <i>et al.</i> , 2001.
Sediments	Lake Soppensee & Baldeggersee, Switzerland	Lotter, 1989; 1998.
Plankton hauls	Wide range of freshwater bodies in Netherlands	van Dam <i>et al.</i> , 1994
Seasonal plankton hauls	Lake Peipsi, Estonia Lake Yaskhan, Turkmenia	Nõges, 1997
Plankton hauls	Cross Mere, UK	Reynolds, 1973; 1976.
Plankton hauls	S.E. England ponds, UK.	Bennion, 1994.

chemistry. Instead, the relative interplay of thermal stratification and water column overturn is more important. For example, increased wind energy promotes increased mixing and the delivery of hypolimnetic nutrient-rich water to the surface. Development of spring blooms is typically during late February to March but can range from as early as January, to as late as May (cf. Padisák *et al.*, 2003). Spring blooms are also influenced by the presence, absence and duration of winter ice-cover (Padisák *et al.*, 2003). If prolonged ice-cover exists, inverse stratification will develop and may result in pronounced winter diatom productivity as well (Kilham, 1990). Summer stratification also is enhanced with increased summer temperature. This inhibits water column mixing, the 'clear-water phase', reducing the number of spring diatom blooms. To avoid overexposure to light, the main location of primary production may shift from the surface to the thermocline, thus influencing species composition (Anderson, 1995), *e.g.* populations of *Cyclotella* sink to a deeper zone with more equitable light and nutrient conditions. A number of studies have shown that delayed or early breakdown of stratification results in marked variation in species composition (Reynolds & Bellinger, 1992). Amongst the many effects of climate on lakes, significant summer cooling might be expected to result in a shift from lakes characterized by permanent stratification (*i.e.*, meromictic lakes) to those characterized by periods of water-column overturn (*i.e.*, holomictic lakes) (Porter *et al.*, 1996).

A growing number of studies have demonstrated that in circum-Atlantic regions meteorological conditions during winter, *e.g.*, due to the NAO, play a significant role in phytoplankton dynamics; Ottersen *et al.* (2002) reviews many of these efforts. Whilst the link between the NAO and winds is only strong during winter, the link between the NAO and the thermal structure of lakes however, may carry over through to the spring and summer. This is because warming of lake waters during winter is shown to influence the intensity of spring mixing intensity and the degree by which nutrients, that accumulate in the hypolimnion and sediments during the productive season, are recycled back to the surface waters (Straile *et al.*, 2003) and the spring plankton population dynamics of herbivores (Straile, 2000; Anneville *et al.*, 2002). In large and deep temperate lakes mild winters are shown to restrict winter mixing and nutrient

replenishment (Straile *et al.*, 2003). Straile & Adrian (2000) note that during and after mild winters spring water temperatures and late-winter/spring biovolumes at Müggelsee, a small, shallow lake in north-eastern Germany, increase more rapidly than at Lake Constance, a large, deep lake in Switzerland. The response of phytoplankton to the NAO therefore, in part, appears to depend on lake depth. They attributed large biovolumes in shallower lakes to a restriction in, or a lack of, ice development during warmer winters, observing the most pronounced diatom blooms during years with no ice cover when increased turbulence favoured diatom growth. Similar conclusions were drawn by Gertin & Adrian (2000) who show that at Lake Müggelsee during the warm winter period 1988-1998, phytoplankton developed about one month earlier than in the preceding cool period 1979-1987, with a higher phytoplankton biomass recorded in early spring. Diss Mere, with an average depth of 3.9 m is probably more comparable to Lake Müggelsee than a deep lake such as Lake Constance and during the mid- to late-Holocene when a seasonal ice-cover was likely a prominent feature of Diss Mere, milder winters probably also resulted in increased spring diatom primary productivity and subsequent OM burial owing to an early break up or absence of ice-cover.

At Lake Erken in Sweden, Weyhenmeyer *et al.* (1999) linked an earlier timing of the spring phytoplankton peak (resulting in an extension of the phytoplankton growing season) and increased relative abundance of diatoms during this period to an earlier timing of ice break-up and increased values of the NAO index over the last 45 years. Whilst they found that the timing of ice-break up was best correlated to the whole winter period (December through March), species composition was better correlated with the 'seasonal NAO index' (December through February). This indicates, apparently, that species composition at time of the spring peak in April to May is already determined during the period December through February. Weyhenmeyer *et al.* (1999) suggest this may occur because spring phytoplankton develop slowly in cold waters with productivity intensifying as soon as light and sufficient warmth are available.



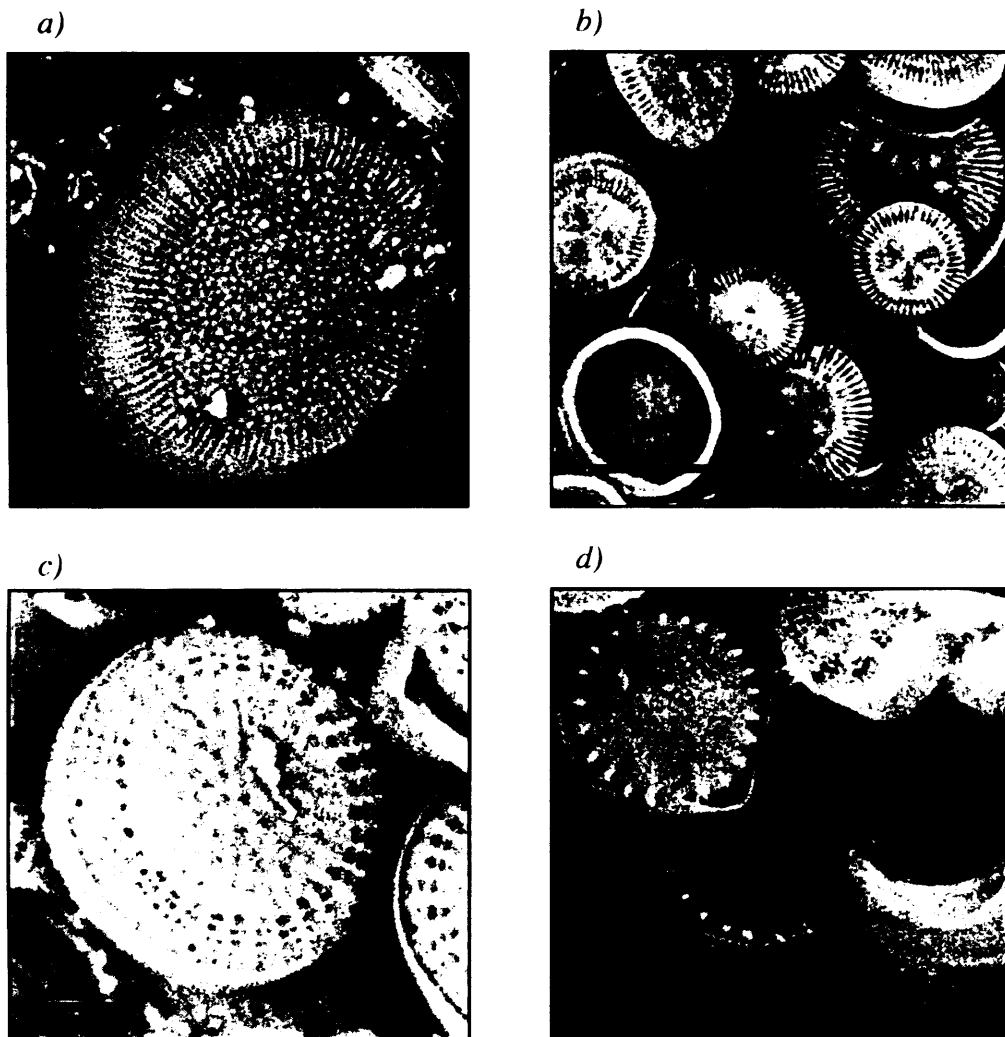
#### 4.3.1. Ecology and seasonal succession of major phytoplankton

The following section provides a summary of studies (Tab. 4.1) with information on the ecology and seasonal succession of those phytoplankton found in Diss Mere's varved sediment

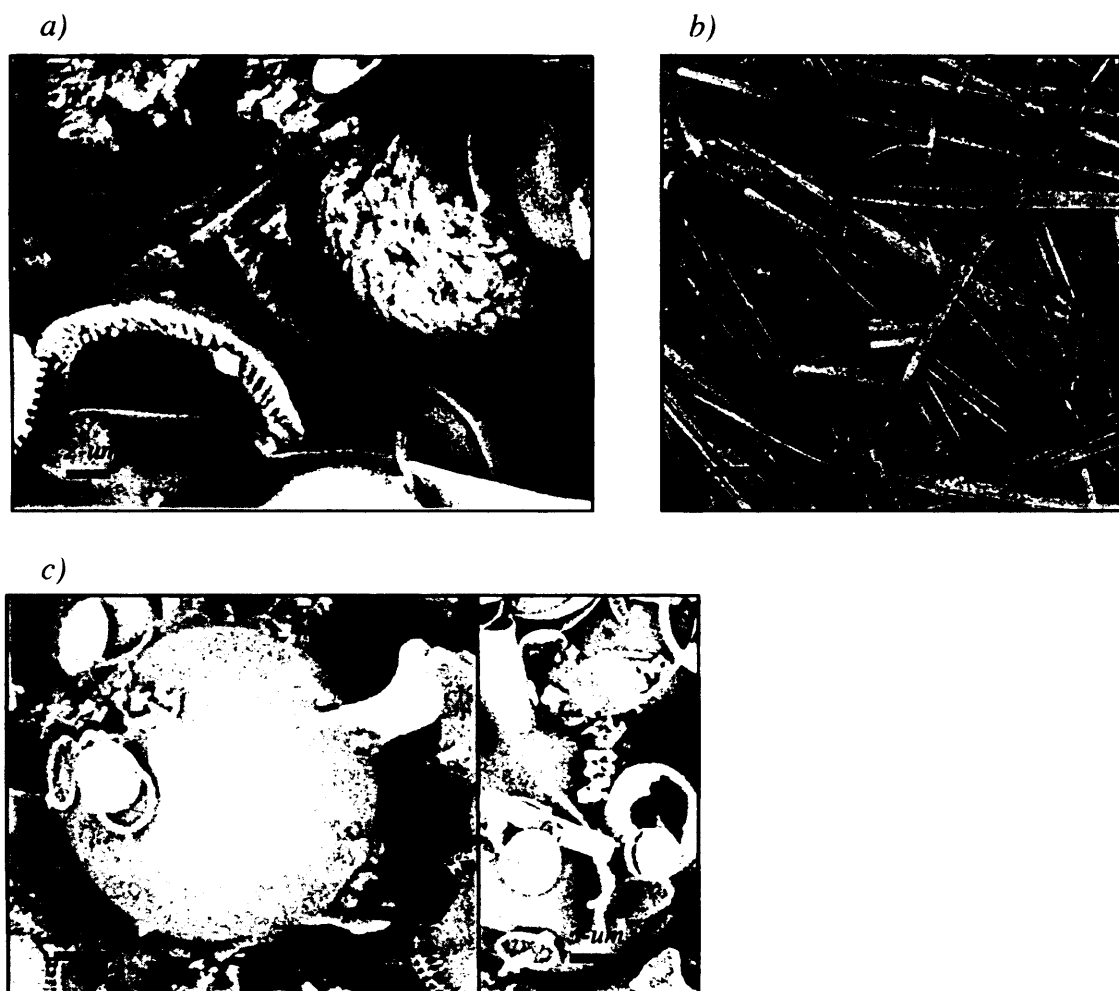
*Cyclotella radiosa* (Fig. 4.2, a) has been shown to bloom from early to late summer in Lake Holzmaar, Germany (Baier *et al.*, 2004). This is in agreement with Stoermer & Yang (1970) and Stoermer (1978). *Cyclotella radiosa* is found to be a dominant component of the summer phytoplankton assemblage in Lakes Superior and Huron (Stoermer *et al.*, 1993). *C. radiosa* is associated with decreased nutrient supply, but according to van Dam *et al.* (1994) it blooms under higher nutrient concentrations. It may therefore reflect a range of trophic conditions from oligotrophic to mesotrophic. Stoermer & Ladewski (1976) suggest that high concentrations of *C. radiosa* coincide with a warmer climate.

*Cyclotella ocellata* (Fig. 4.2, b) has an ambiguous ecology, occurring in oligotrophic to eutrophic conditions (Wunsam *et al.*, 1995; Lotter *et al.*, 1998; Rioual, 2000; Brückmann & Negendank, 2004). It is the dominant component in the stratified waters from late spring to summer in a number of lakes, *e.g.* Lake Erie, Lewis Lake Upper Kalmath Lake, Oregon and the Great Lakes, USA (Yellowstone region; Kilham *et al.*, 1996; Bradbury, 2004). It has also been found in weakly stratified, eutrophic lakes (Wunsam, *et al.*, 1995; Lotter *et al.*, 1998). Lake Balaton, in Hungary, from which the type material of *C. ocellata* comes, is typical of such an environment.

*Cyclotella rossii* (Fig. 4.2, c) is little referred to in the literature. It forms part of the *rossii*–*tripartita*–*comensis* complex. Like many other small *Cyclotella* species, *C. comensis*, for example, is regarded by many as a typical summer stratifying diatom (Crumpton & Wetzel, 1982) and has been used to reconstruct past summer temperature from Alpine lakes (Hausmann & Lotter, 2001).



**Fig. 4.2:** SEM topographic images of major phytoplankton in varved sediments of Diss Mere. a) *Cyclotella radiosa*. b) *Cylotella ocellata* c) *Cyclotella rossii*. d) *Stephanodiscus parvus*.



**Fig. 4.3:** SEM topographic images of major phytoplankton in varved sediments of Diss Mere. a) *Phacotus lenticularis*. b) *Synedra acus* var. *angustissima* and *Synedra nanna*. c) Chrysophyte cysts.

*Stephanodiscus parvus* (Fig. 4.2, *d*) shows a significant response to nitrate and silica and is the dominant species when water temperature is just a few degrees above freezing (Rioul, 2000). This is consistent with known ecology that these species are low light and spring blooming (Foy & Gibson, 1993). It has been found in nutrient-rich waters (Bennion 1994; Wunsam & Schmidt, 1995). Rioul (2000) shows that *S. parvus* is optimum in oligo-mesotrophic or mesotrophic conditions in lakes of the Massif Central, France. Similar results were also obtained in North America by Hall & Smol (1992) and Reavie *et al.* (1995).

*Synedra acus* var. *angustissima* and *S. nana* (Fig. 4.3. *b*) show ecological preference for meso-eutrophic waters (Rioul, 2000; Nöges, 1997 Lake, Yaskhan). Both have maximum development in spring overturn in a number of Swiss, German and American lakes (Lotter 1989). Of all diatoms studied, *S. acus* is the best competitor for phosphorus (Tilman 1981; Kilham 1984) and a poor competitor for silica; it therefore grows best when Si is not limiting and is a high Si:P species, *i.e.* it occurs during spring overturn.

Chrysophytes (golden brown algae) (Fig. 4.3, *c*) represent a predominantly planktonic group of algae found in oligotrophic lakes. The systematics, ecology, and physiology of the Chrysophyceae have been reviewed by a number of authors (the most principal being, Smol, 1988). They are identified in lake sediments by the production of a siliceous resting stage known as a stratospore and the shedding of scales from their vegetative cells. Peglar *et al.* (1984) find that chrysophyte cysts occur in Diss Mere with higher frequency in organic-rich laminae. They are likely to be formed after the peak of the Chrysophyceae crop and although the timing of this is species-dependent (Simola, 1977), they are mostly deposited at the start of autumn (Tippett 1964, Batterbee, 1981; Starmach, 1985).

*Phacotus lenticularis* (Fig. 4.3, *a*) development normally starts in early summer, immediately after the clear-water phase, and ends at the beginning of autumn. Mass abundances are typically recorded in July and August. It is capable of producing high cell concentrations in eutrophic to polytrophic conditions, but shows its highest densities

in eutrophic waters. *Phacotus* spp. are found in all waters of the lake, including the anoxic hypolimnion. The records of *Phacotus* spp. appear increasingly regular in the plankton lists of waters whose trophic degree begins to increase from a mesotrophic to a slightly eutrophic state. Lake Zurich and Lake Constance at the end of the 19<sup>th</sup> century and the beginning of the 20<sup>th</sup> century showed no evidence of *Phacotus* spp.. However, its subsequent appearance can to be linked to eutrophication of these lakes. Concentration of phosphorus does not appear to have any real limiting effect on the growth of *Phacotus* as populations appear to use micro-habitats of excrements of zooplankton (Bergquist & Carpenter, 1986). *Phacotus* could also obtain nutrients by passing through the digestive tract of zooplankters (Porter, 1973). It is thought that ingested cells leave the intestine of grazers intact because of their calcite lorica. Their resistance to summer grazers may, in part, explain their summer abundance.

## **5. Results and interpretation**

In this chapter, sedimentary logs of the piston cores are presented and macro-scale primary and secondary sedimentary features are described. The mineralogy and geochemistry of the varved sediments are also reported. Next varve microtexture and phytoplankton succession are examined and their depositional significance discussed. Finally, constructed palaeoclimate and palaeoproductivity proxies are examined for dominant periodicities.

### **5.1. Core description and correlation**

The reader is referred to Appendix IV for detailed descriptions of sediment cores from holes DISS A, B & C. Simplified logs of these cores and correlations between them are shown in Fig. 5.1 (see Fig. 5.2 for key to logs).

#### **5.1.1. Core disturbance**

The piston cores are mostly undisturbed, although, the top few centimetres of some cores were disrupted (e.g. water-logged sediment in DISS A-6, at 16.50-16.54 mblw; upbowed laminae in DISS A-6, at 16.54-16.60 mblw, DISS B-7, at 17.09-17.14 dblw, Fig. 5.3), or composed of sediment 'chippings' that sit in erosive contact with sediment core below (DISS A-8b, at 0 to 10-cm Fig. 5.4). In addition, disturbance to sediment fabric made correlations of laminated core difficult between 16.99-18.50 mblw, as for example, DISS A-8a, where physical jarring of the core barrel during sediment drives caused a loss of fine structure blurring layer contacts and DISS A-8b, where sediment between 17.64-18.01 mblw has been considerably thickened by micro-folding (Fig. 5.5), e.g., contorted, upbowed and occasionally overturned. McCoy (1985) and Ruddiman *et al.* (1987) attribute such features seen in DSDP cores to anomalously accelerated upward motion of the piston-head during drives, stretching and upbowing sediment in the process and/or the piston being pulled to the top of the core barrel during retrieval, following only a partial stroke of the core barrel.

## 5. Results and interpretation

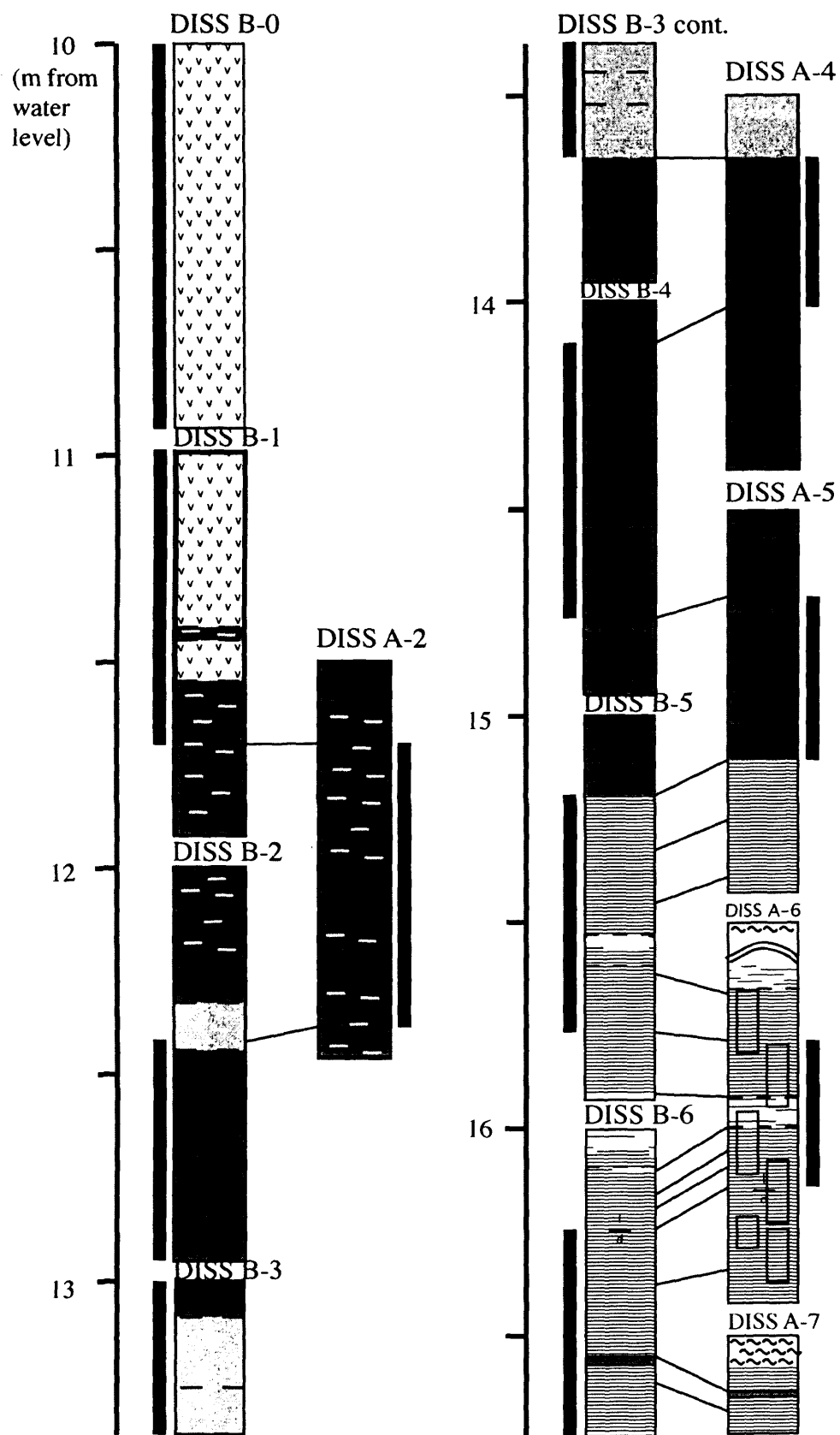
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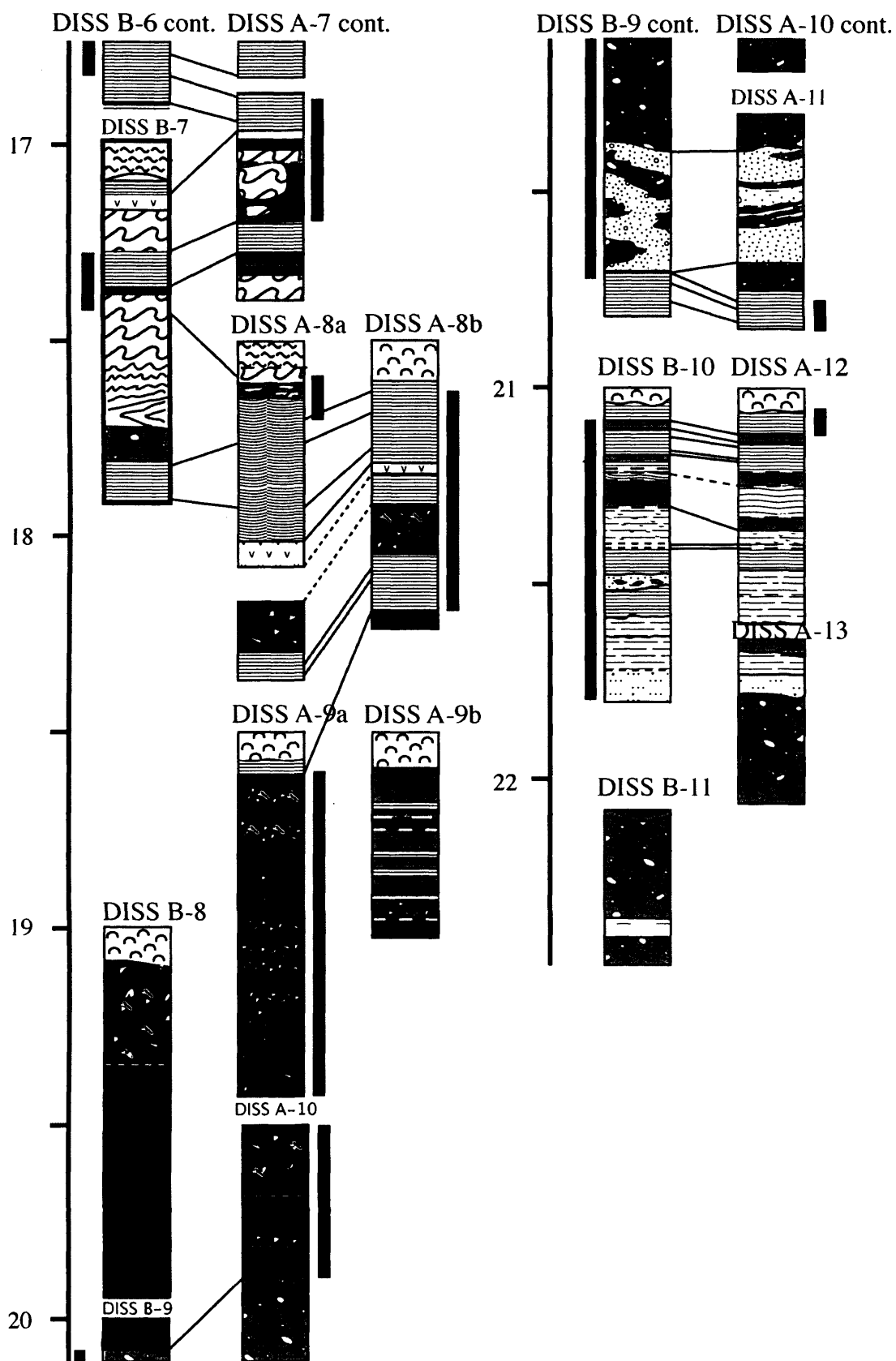
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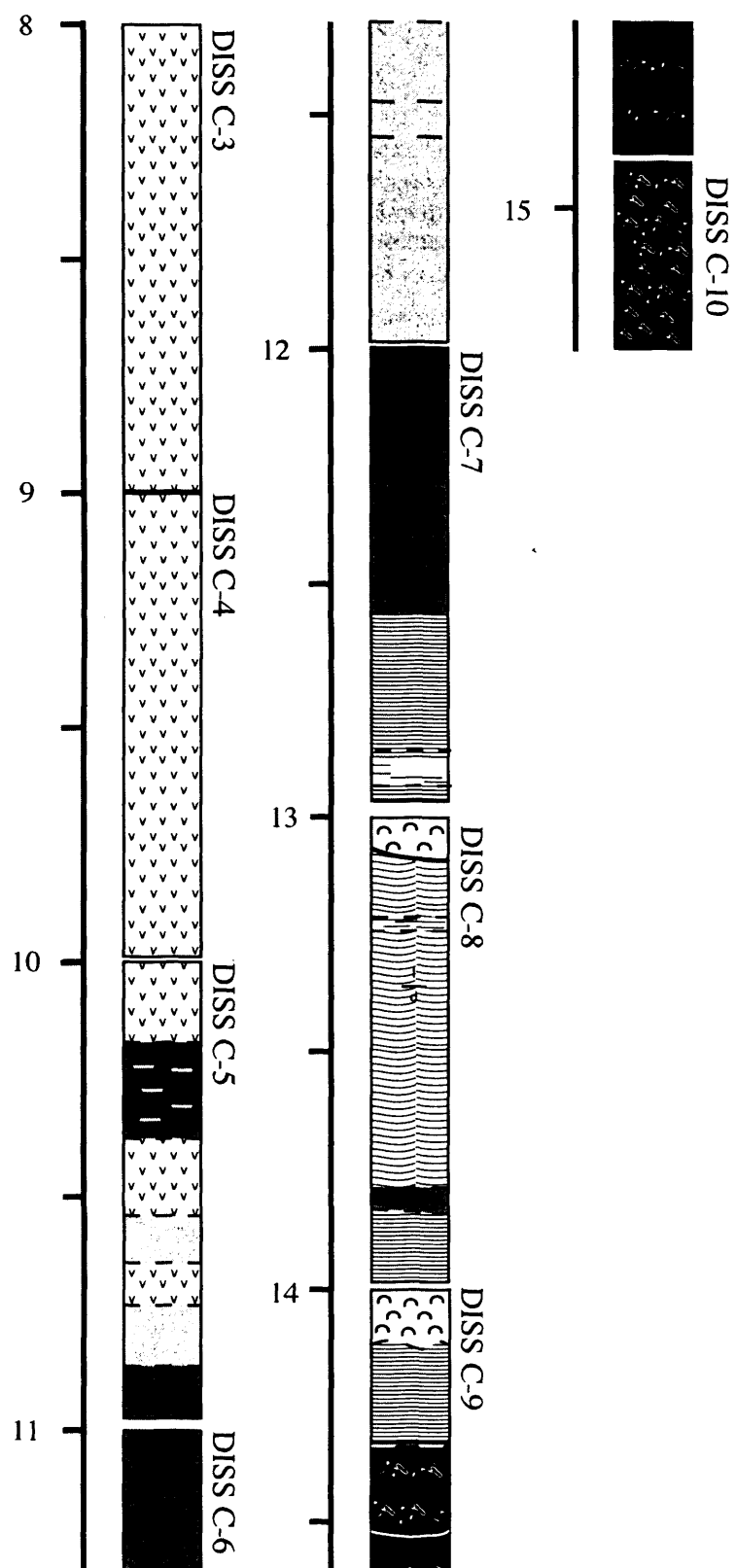


**Fig. 5.1:** Stratigraphic logs of piston cores.



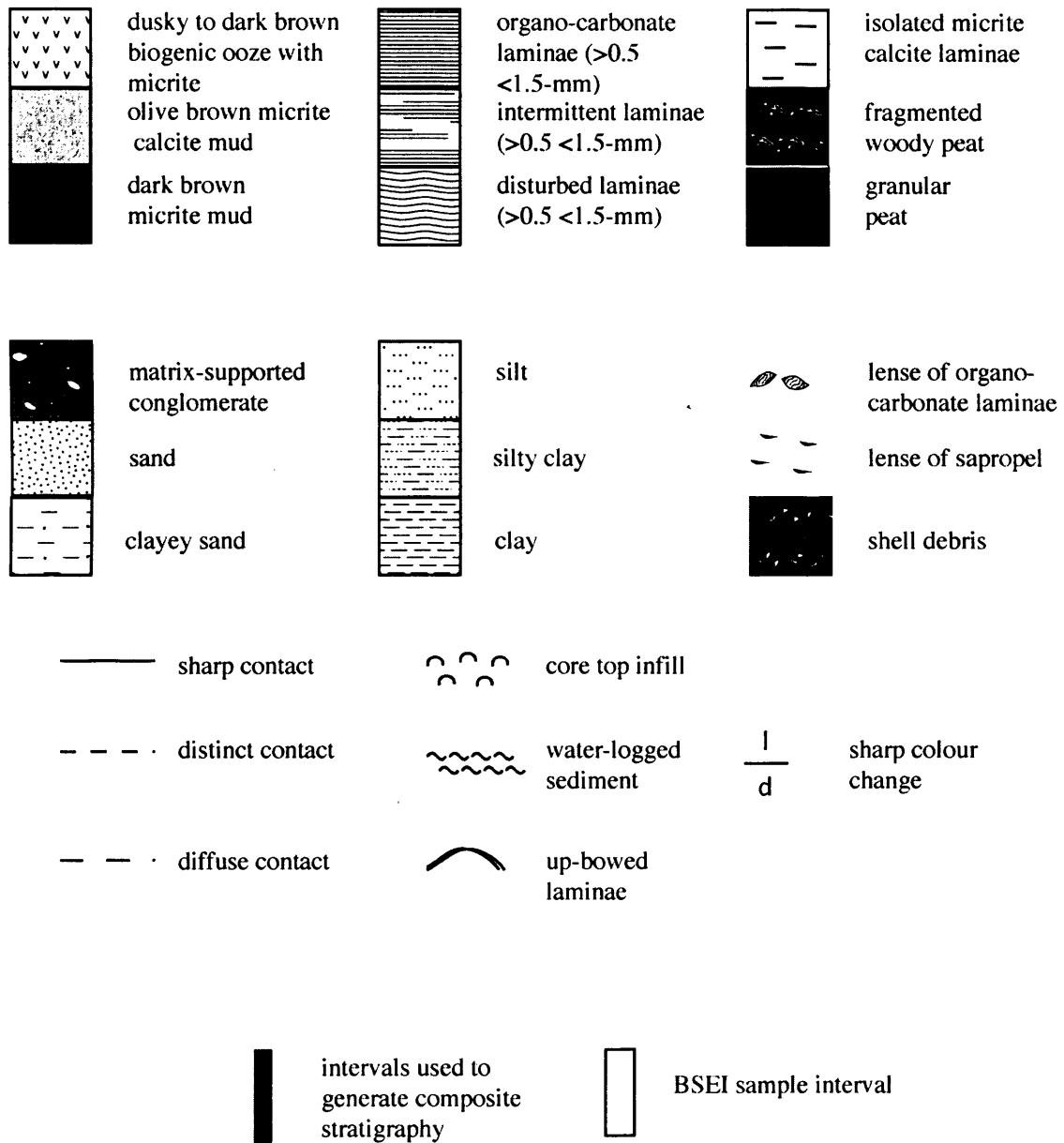


**Fig. 5.1 (cont.):** Stratigraphic logs of piston cores.



**Fig. 5.1 (cont.):** Stratigraphic logs of piston cores.

## Livingstone piston cores, Diss Mere.



**Fig. 5.2:** Key to stratigraphic logs.

a)



b)



**Fig. 5.3:** a) Destruction of sediment fabric due to water logging in DISS A-6 between 0 to 4-cm. Upbowed laminae at 4 to 9.5-cm. b) Upbowed laminae in DISSB-7 at 9.5 to 14-cm.





**Fig. 5.4:** Sediment chippings sit in erosive contact with sediment core below in DISS A-8b.

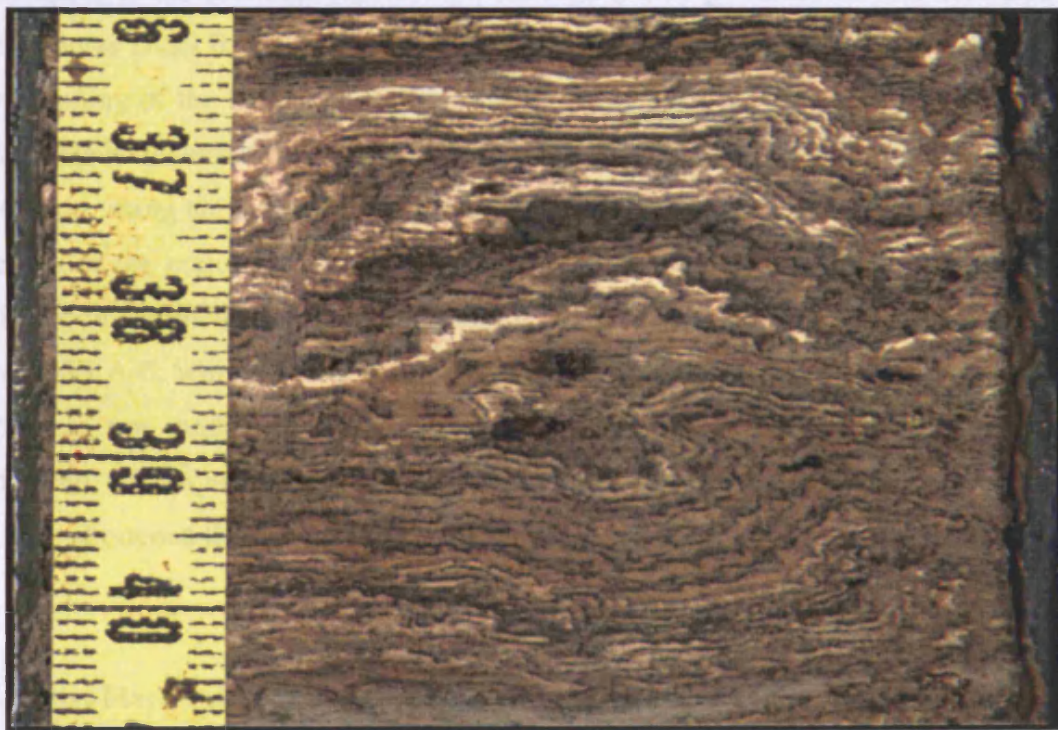
Fig. 5.4: Low of fine structure to laminated fabric in DISS A-8a due to physical mixing of core sample. / /  
 by Manipulating of laminated fabric thickness interval in DISS A-8b.



a)



b)

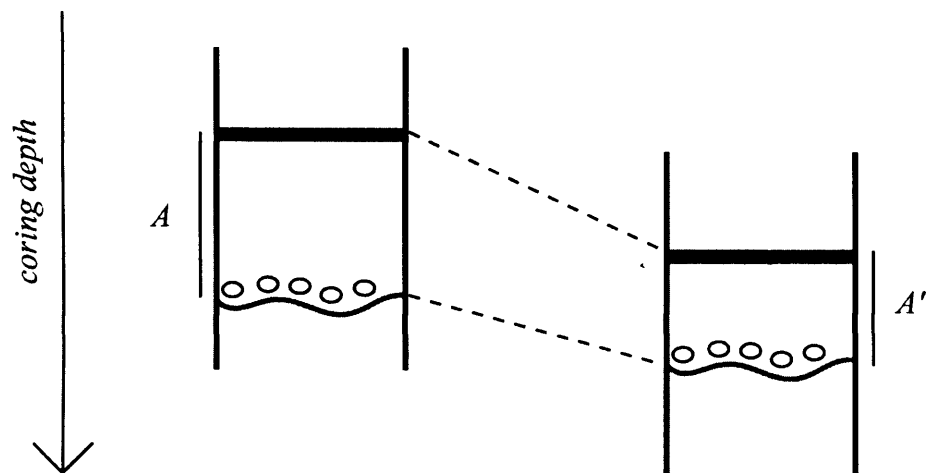


**Fig. 5.5:** a) Loss of fine structure to laminated fabric in DISS A-8a due to physical jarring of core barrel.  
b) Micro-folding of laminated fabric thickens interval in DISS A-8b.

The presence of millimetre-scale laminations affords an opportunity to assess the degree of coring-related disturbance. Following the procedure of Lotter *et al.* (1997a),  $Q$ -values were calculated to assess discrepancies in thickness between individual marker horizons in correlated cores between 15-17 mblw. This was done by dividing the distance between two adjacent markers in a DISS-A core by the distance between the same markers in a DISS-B core (see Fig. 5.6). The results are shown in Fig. 5.7. Here, values  $<1$  indicate more sediment between the same markers in DISS B cores, whereas values  $>1$  imply a longer distance between markers in DISS A cores. From a total of 94 correlated markers, 54  $Q$ -values (57.5%) have values  $<1$ , *i.e.* suggesting that the majority of distances are longer between markers in hole DISS B. 33  $Q$ -values (35%) are  $>1$  and only in 7 cases (7.5%) are the distances between markers identical in both cores, *i.e.*  $Q = 1$ . Despite the absence of constant  $Q$ -values, the majority of  $Q$ -values are close to 1, and no real difference exists between the majority of correlated thicknesses. The only major discrepancies in  $Q$ -values occur where there is noticeable coring-related disturbance to the sediment fabric, *e.g.*, the high ( $>1.5$ )  $Q$ -values for markers D55 to D59 in cores DISS B-6 and DISS A-6 are a coring artefact that can be attributed to mid-core thinning of the laminated fabric in DISS B-6. Given the lack of significant visual coring-related disturbance, and that the cores were recovered with only  $\sim 10$  m horizontal separation, using an identical set-up, the slight differences in vertical distance between markers in the majority of these cores are of primary origin, that is, due to spatial variation in sedimentation-rate, and generally are not coring artefacts. Unfortunately, core DISS A-6, which represents undeformed sediment fabric between markers D55-D59, was not made available to this project before geochemical analyses were performed. Consequently, it was not used in the generation of a composite stratigraphy. This has shortened the composite stratigraphy by  $\sim 7$  cm.

### 5.1.2. Diss Mere's stratigraphy

The spliced core of Diss Mere's profundal infill is shown in Fig. 5.8. It contains eleven metres of sediment, here, divided into seven Lithozones (A-G), comparable to the



$$Q \text{ value} = \frac{A}{A'}$$

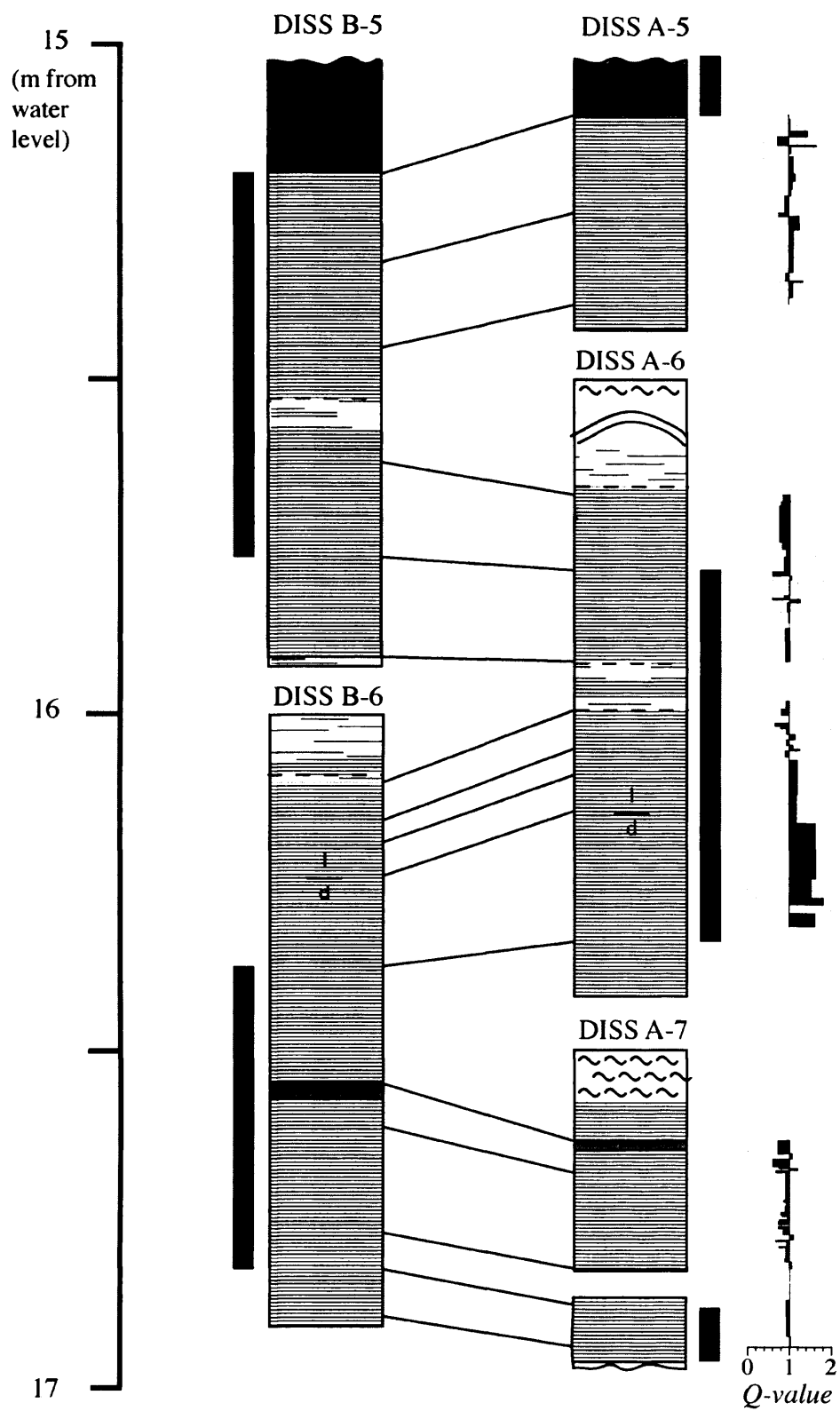
when .....  $A' < A$ ,  $Q = > 1$

.....  $A' > A$ ,  $Q = < 1$

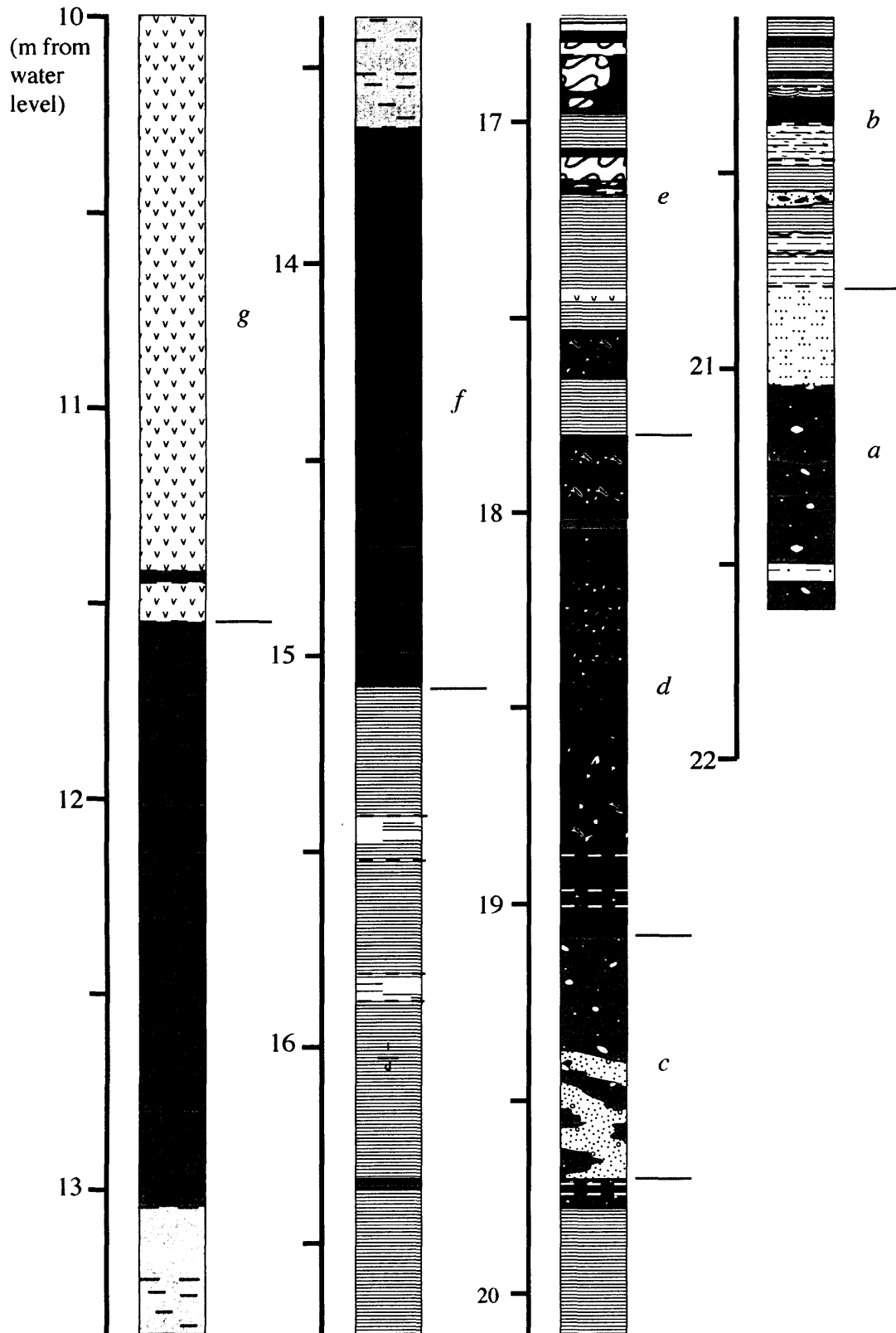
.....  $A' = A$ ,  $Q = 1$

**Fig. 5.6:** Cartoon illustrating how Q-values given in Fig. 5.7 are calculated as the ratio of the vertical separation between two adjacent markers horizons from correlated cores.





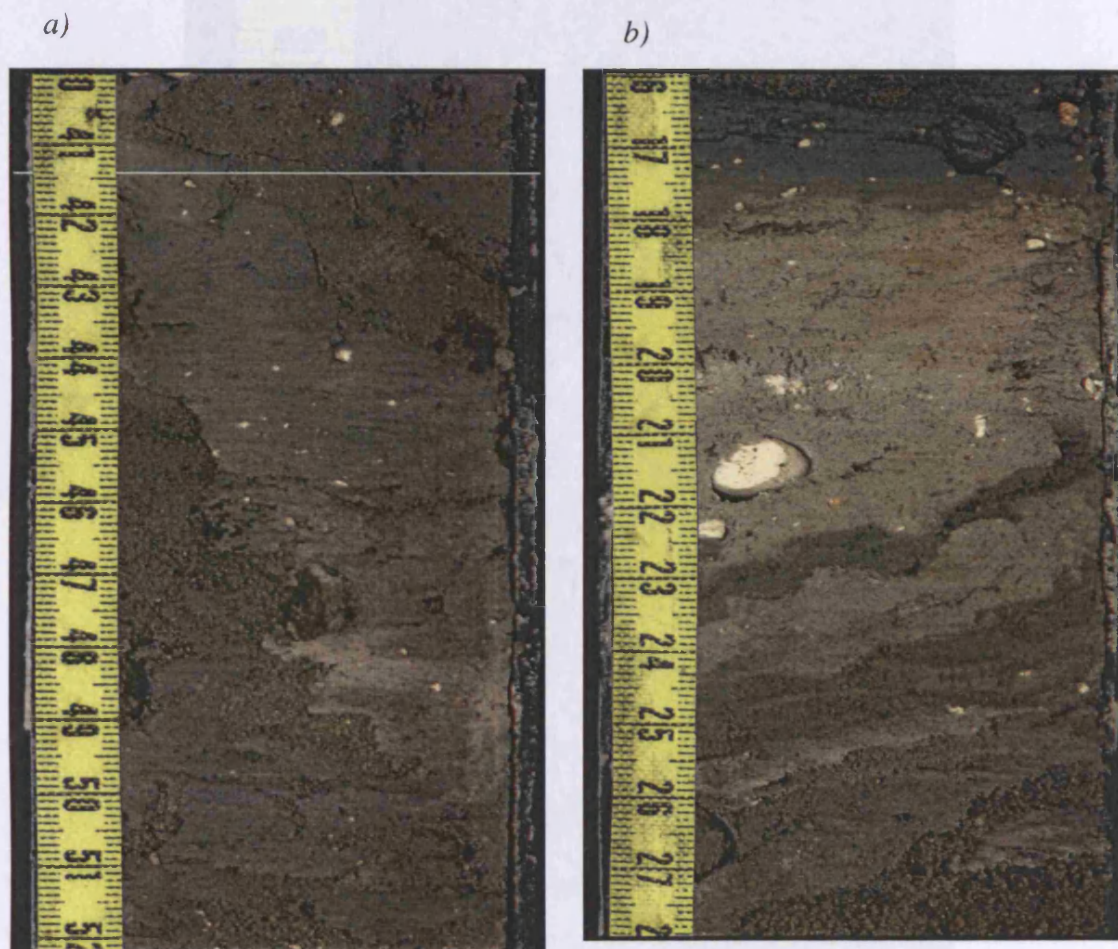
**Fig. 5.7:** Q-values representing relative difference between two stratigraphic makers in adjacent cores (for details see text).



**Fig. 5.8:** Composite stratigraphy for DISS A/B. Key to lithostratigraphy given in Fig. 5.2.

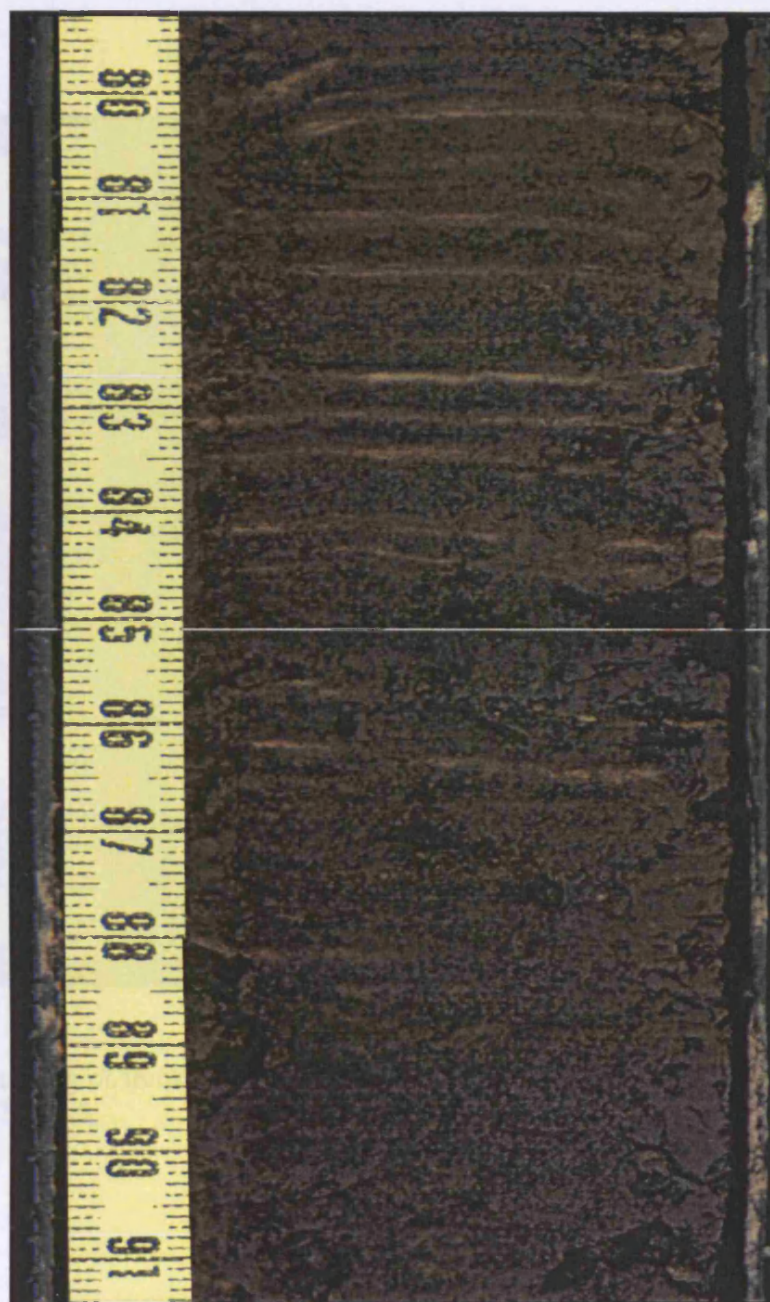
stratigraphy reported by Peglar *et al.* (1989). The sequence is characterised by two minerogenic/organic sediment cycles (Lithozones A/B and C/D-G). Minerogenic sediment (Lithozones A and C) is composed of plastically folded matrix-supported conglomerates and quartzo-calcareous clays and sands, similar in character to the Fenland 'Crowland Bed' (Fig. 5.9; Booth, 1982; Gozzard, 1982). In each case, the upper transition to organic-rich sediment is sharp; both contacts are probably depositional hiatus. The lower minerogenic series (Lithozone A) passes directly into laminated organic muds (lithozone B, 19.78-20.82 m). The upper minerogenic series (Lithozone C) is succeeded by a thick interval of fragmented granular to woody peat (1.27 m) containing abundant horizons of the gastropods *Valvata cristata* and *Bithynia tentaculata*. This in turn, lies in sharp contact with a second series of varved muds (Lithozone E, cf. 15.09-17.78 m). The remainder of the sequence (Lithozones F & G) is composed of structurally homogeneous very organic-rich muds (>20% amorphous organic matter, *i.e.* lake-gyttja), with occasional parallel micrite carbonate laminae horizons (*e.g.*, Fig. 5.10). Their structure and composition are a product of hyper-eutrophication of the lake's waters from the Iron Age (~ 2500 Cal. BP), a direct result of a series of changes in land-use and agricultural practices culminating in the founding of the town of Diss (cf. Wiseman *et al.*, 1798; Peglar *et al.*, 1989).

Varved sediments (Lithozones B and E) are composed of sub-millimetre and millimetre-scale alternations between light micrite calcite-rich muds and dark diatomaceous organic-rich muds. Alternate bundling of thicker and thinner laminae is manifested in centimetre-scale colour banding (*e.g.* Fig 5.11). The laminated sediment fabric is discussed in detail in Section 5.3. The continuity of laminae is disrupted by dark centimetre-scale slump deposits composed of calcareous mud (*e.g.*, 16.34-16.36 m, Fig. 5.12), centimetre- to decimetre-scale fragmented, granular peats, and bioturbation (*e.g.*, intermittently laminated horizons, cf. 15.44-15.50 m, Fig. 5.13). The continuity of the varved sediment of Lithozone B is also disrupted by centimetre- to decimetre-scale horizons of quartzo-calcareous silty-sands and silty-clays, containing semi-indurated, millimetre-scale 'rip-up' clasts of varved sediment (Fig. 5.14), as well as marked



**Fig. 5.9:** ‘Crowland Bed’ deposit in a) DISS B-9 b) DISS A-11.



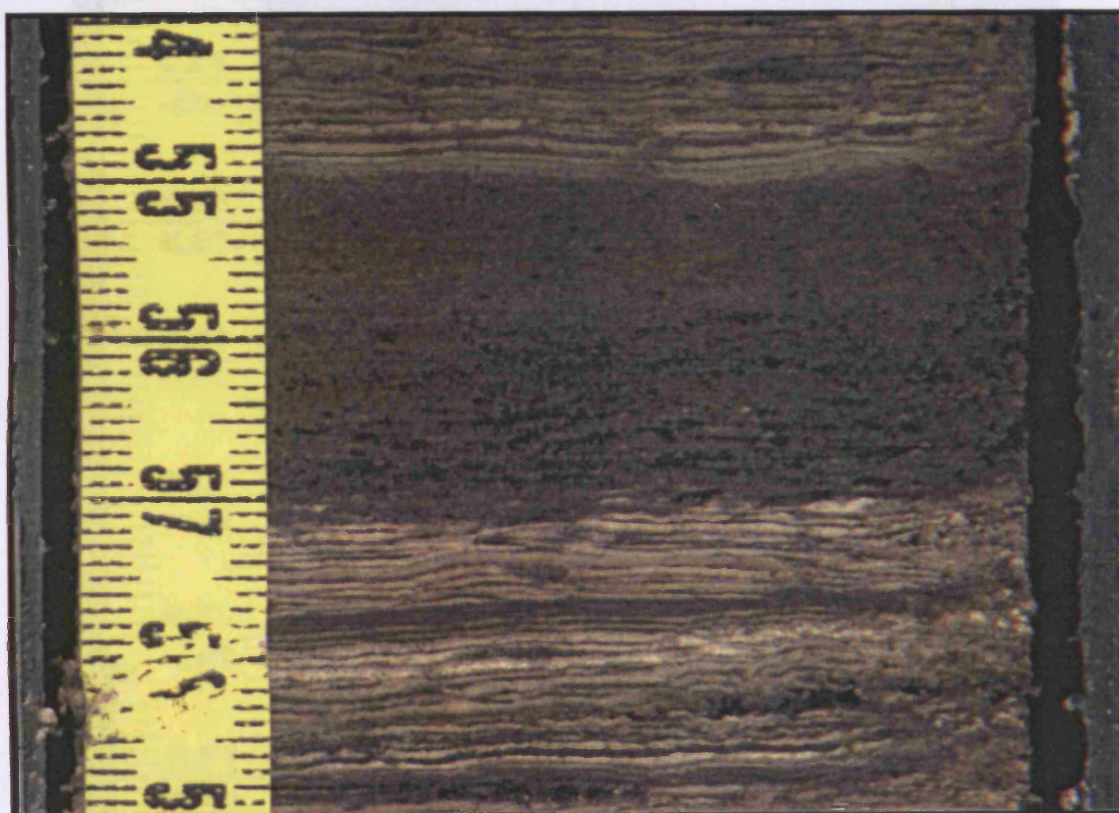


**Fig. 5.10:** Interval with parallel micrite carbonate laminae, core DISS B-1.



**Fig. 5.11:** Bundling of thicker and thinner varves manifested as centimetre-scale colour banding in DISS B-5.





**Fig. 5.12:** Slump deposit disrupting continuity of laminated fabric in DISS B-6.

**Fig. 5.13:** Disrupted laminated sediment in DISS B-5.



**Fig. 5.13: Bioturbated laminated sediment in DISS B-5.**

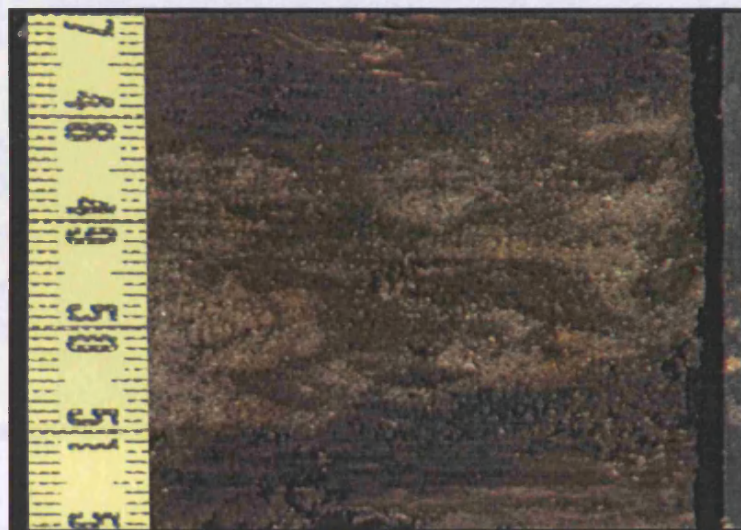
Fig. 5.14: DISS B-10. a) Gray clay-clay containing dark sapropel lenses. b) Olive brown silty-sand containing lenses of laminated micrite calcite mud.



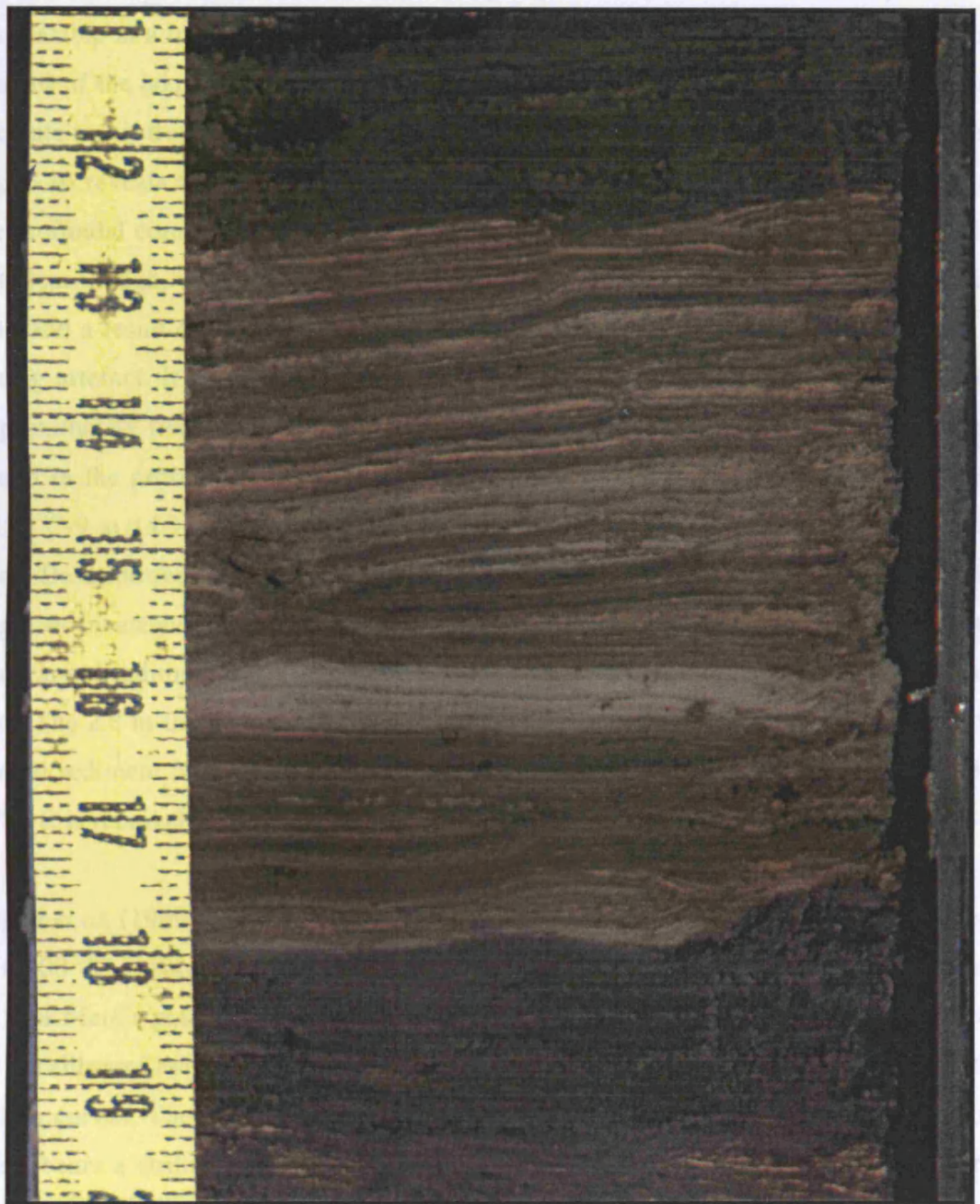
a)



b)



**Fig. 5.14:** DISS B-10 a) Gray silty-clay containing dark sapropel lenses. b) Olive brown silty-sand containing lenses of laminated micrite calcite mud.

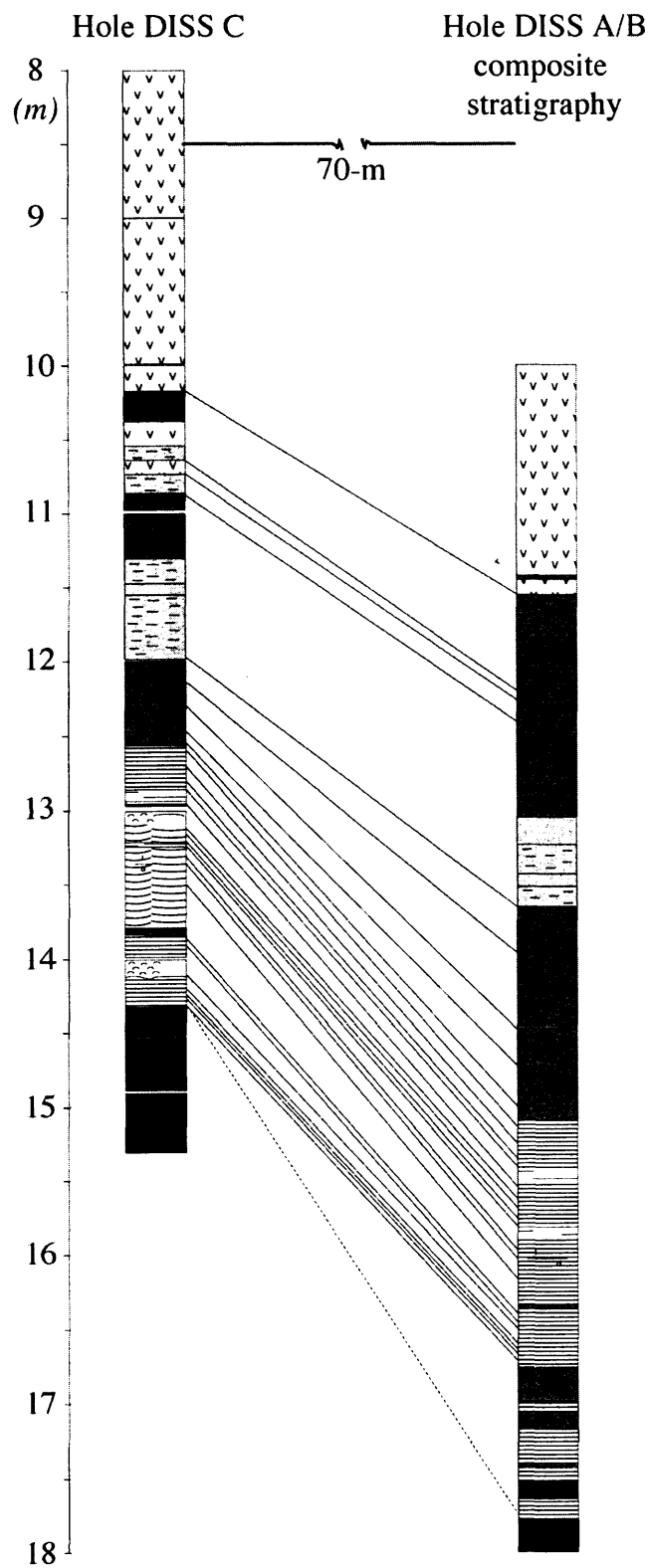


**Fig. 5.15:** Laminated fabric of DISS B-10 bound sharply above and below by organic slump deposits. Marked truncation at 18-cm and within laminated horizon.

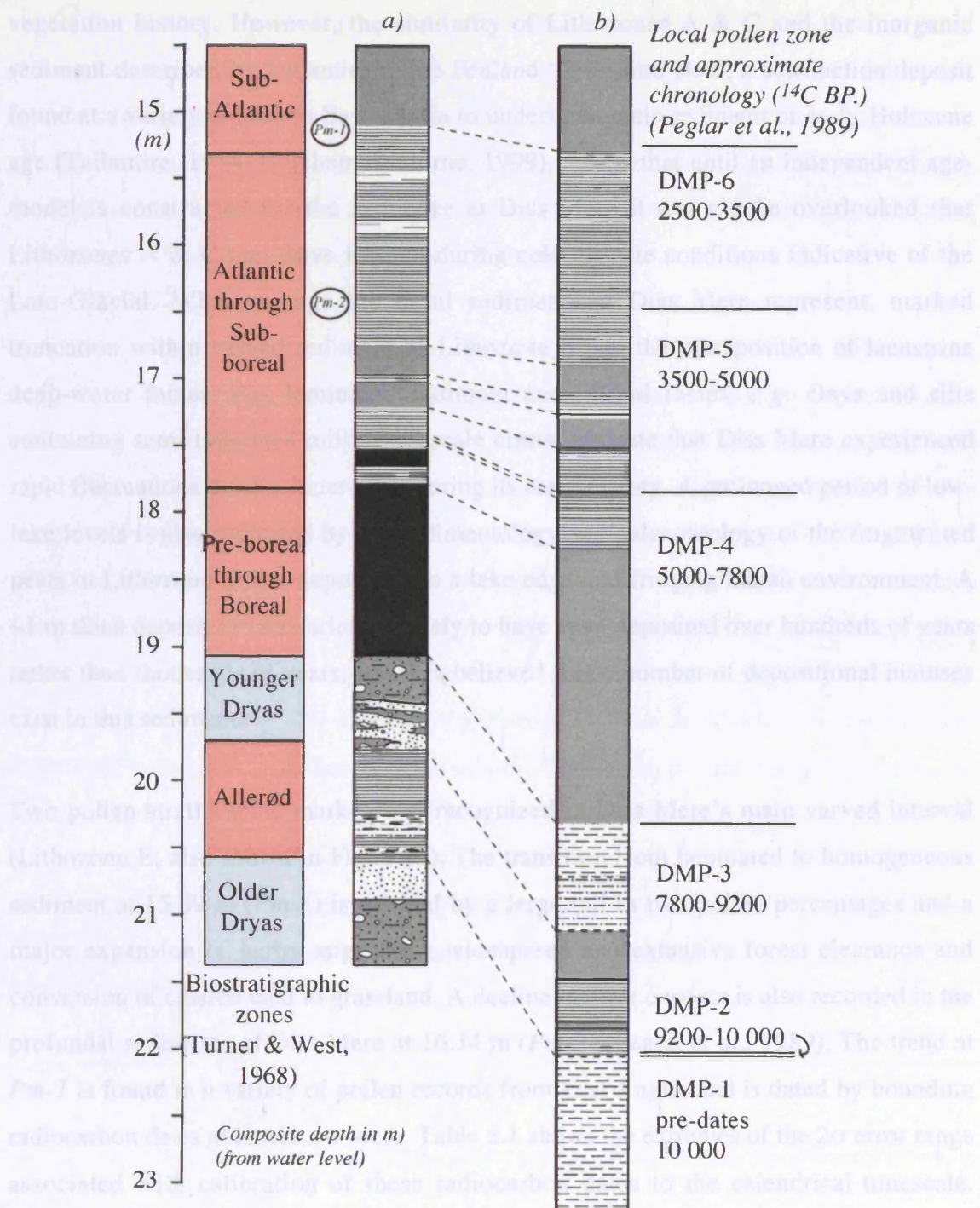


truncation (Fig. 5.15). A visual comparison of the profundal stratigraphy to sediment cores from hole DISS C reveal that the majority of the profundal sediment profile is correlatable at a millimetre- to centimetre-scale across more than 70 m to the northern reaches of the lake (Fig. 5.16). The loss of overlapping cores from this hole restricts an accurate reconstruction of stratigraphic thickness at this location. However, inspection of Fig. 5.16 reveals that the vertical distance between the majority of marker horizons in the profundal core are noticeably larger than their equivalents in the northern core. It is not clear though, whether an apparent reduced sedimentation in the north of the lake is real, and a result of sediment focusing (Lehman, 1975; Davis *et al.*, 1984) or simply a coring artefact. It is noteworthy that the main laminated interval in hole DISS C sits approximately two and a half metres higher in the stratigraphy than the same interval found in the profundal core (Fig. 5.7). In addition, a significant hiatus exists in core DISS C-9 at 14.3 mblw, represented by over one metre of sediment in the profundal core. Descriptions of sediment samples recovered from the Woolworth Core (private engineer investigation, not shown here) on the north-eastern flank of the lake confirms that varved sediment also occurs at a depth of 13 m in the north-eastern margin of the lake. The 2.8 m-thick laminated interval found here is more comparable to the 2.7 m of varved sediment found in the profundal core, implying that the hiatus found in the hole DISS C is relatively localised.

Peglar *et al.* (1989) propose that the base of Diss Mere's 11 metre record was deposited >10,000  $^{14}\text{C}$  yrs. ago (see Fig. 5.17, b); this chronology was established by comparison of Diss Mere's pollen stratigraphy to East Anglia's regional pollen curve, age-calibrated by uncalibrated radiocarbon dates of non-calcareous sediments from other lake sites with pollen curves. The succession at Lopham Little Fen, a small fossil lake 8 km west of Diss, bears a striking resemblance to the stratigraphy found in Diss Mere. Tallantire (1953) describes two series of silts and sands containing flint clasts similar in character to the minerogenic sediment of Lithozones A & C, each overlain by 'organic lake' muds. On stratigraphic and fossil pollen grounds, he attributed the base of the sequence to the Older Dryas-Allerød-Younger Dryas climate oscillation. At Diss, a Late-Glacial age for pollen zones DMP 2 and 3 seems improbable on the basis of the known regional



**Fig. 5.16:** 70-m correlation across lake between holes DISS C and DISS A/B. Key to lithostratigraphy given in Fig. 5.2.



**Fig. 5.17:** Correlation of two profundal cores from Diss Mere. a) Stratigraphy from this study with reinterpretation of age-model mainly on stratigraphic grounds b) stratigraphy of Peglar et al. (1989) with age-model based on correlation of Local Pollen record with other radiometrically dated East Anglian pollen records. Circled codes, Pm-1 & Pm-2 refer to the stratigraphic location of two pollen markers (see text for explanation). Key to lithostratigraphy given in Fig. 5.2.

vegetation history. However, the similarity of Lithozones A & C and the inorganic sediment described by Tallantire to the Fenland 'Crowland Bed', a solifluction deposit found at a variety of sites in East Anglia to underlie organic sediment of early-Holocene age (Tallantire, 1954; Boreham & Horne, 1999), means that until an independent age-model is constructed for the sequence at Diss Mere it can not be overlooked that Lithozones A & C may have formed during cold climate conditions indicative of the Late-Glacial. Whatever age the basal sediments at Diss Mere represent, marked truncation within varved sediment of Lithozone B and the juxtaposition of lacustrine deep-water facies, *e.g.* laminated sediment and littoral facies, *e.g.* clays and silts containing semi-indurated millimetre-scale clasts, indicate that Diss Mere experienced rapid fluctuations in lake-water level during its early-history. A prolonged period of low-lake levels is also indicated by the sedimentology and palaeontology of the fragmented peats in Lithozone D, *i.e.* deposition in a lake edge and fringing marsh environment. A ~1 m thick deposit of this variety is likely to have been deposited over hundreds of years rather than thousands of years, and it is believed that a number of depositional hiatuses exist in this sediment.

Two pollen stratigraphic markers are recognized in Diss Mere's main varved interval (Lithozone E; also shown in Fig. 5.17). The transition from laminated to homogeneous sediment at 15.09 m (*Pm-1*) is marked by a large fall in tree pollen percentages and a major expansion of herbs, suggesting widespread and extensive forest clearance and conversion of cleared land to grassland. A decline in *Tilia cordata* is also recorded in the profundal sediments of Diss Mere at 16.34 m (*Pm-2*) (Peglar *et al.*, 1989). The trend at *Pm-1* is found in a variety of pollen records from East Anglia and is dated by bounding radiocarbon dates at Hockham Mere. Table 5.1 shows the extremes of the 2 $\sigma$  error range associated with calibration of these radiocarbon dates to the calendrical timescale. Sedimentation-rate extrapolation using the age range between the bounding calibrated dates suggests that region-wide land clearance is first detected in the sediments of Hockham Mere from the Iron Age at 2480 Cal. B.P. The error range associated with the bounding calendar dates is *ca.* 200 years (at 2 $\sigma$ ). Considering the close proximity of Hockham to Diss (~20-km due north-west), the timing of this major region-wide land

clearance is likely to be well within the error associated with the conversion of radiocarbon dates to the calendrical timescale over the time-period concerned. Although, the above dates are considered as open to revision by, *e.g.* by direct radiocarbon dating of suitable material from Diss Mere, the strong correlation of elemental Ca concentration from this interval to the residual  $^{14}\text{C}$  record (Stuiver *et al.*, 1998) indicates that the chronology is broadly correct (see Section 5.4).

*Tilia* spp. pollen frequencies decline in East Anglia from about 5000 Cal. BP onwards, consistent with cooling climate after the mid-postglacial thermal optimum. Human influence was probably a more important factor than climate and Turner (1962) has shown that the *Tilia* spp. decline was not a synchronous event, but rather occurred at different times at different sites. Hockham Mere dates the *Tilia* spp. decline at 3640-3900 Cal. BP ( $2\sigma$  [Bennett, 1983]). Age extrapolation down-sequence with varve counts from Lithozone E indicates a significantly earlier timing of 4495 Cal. BP for the decline in *Tilia* spp. pollen in Diss Mere's catchment area. If both dates are taken as reasonable indicators of the timing *Tilia* decline at different localities in East Anglia, they further demonstrate the potential diachronous nature of regional pollen stratigraphies due to human activity.

**Table 5.1.** Radiocarbon dates bounding region-wide land clearance, *Pm-1*, at Hockham Mere and their equivalent calendrical ages.

Sample	Depth (cm)	$^{14}\text{C}$ age yr. BP ( $1\sigma$ )	95.4% ( $2\sigma$ ) Cal. age ranges BP	Relative area under distribution
Q-2224	257.5-262.5	1980 $\pm$ 50	1820-2060	1.0
Q-2223	289.5-262.5	2660 $\pm$ 50	2720-2870	1.0

nb. depth at which Hockham Mere pollen stratigraphy first records region-wide land clearance (*Pm-1*) is 280 cm.

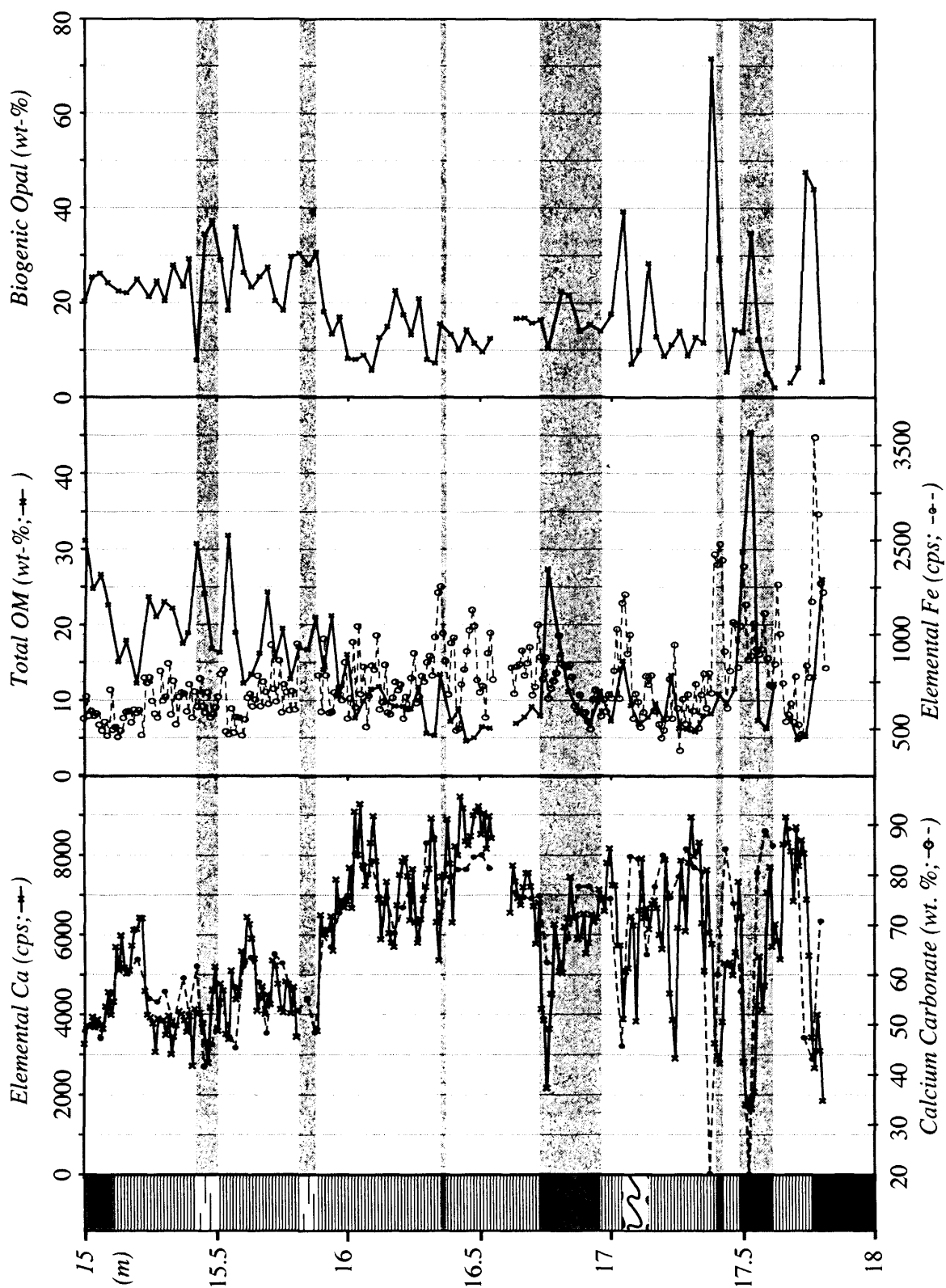
## 5.2. Geochemistry and mineralogy of laminated sediments of Lithozone E.

The geochemical profile of the laminated muds (Figs. 5.18 & 5.19) is dominated by elemental Ca; for the given count-time, the X-ray detector received five and a half times

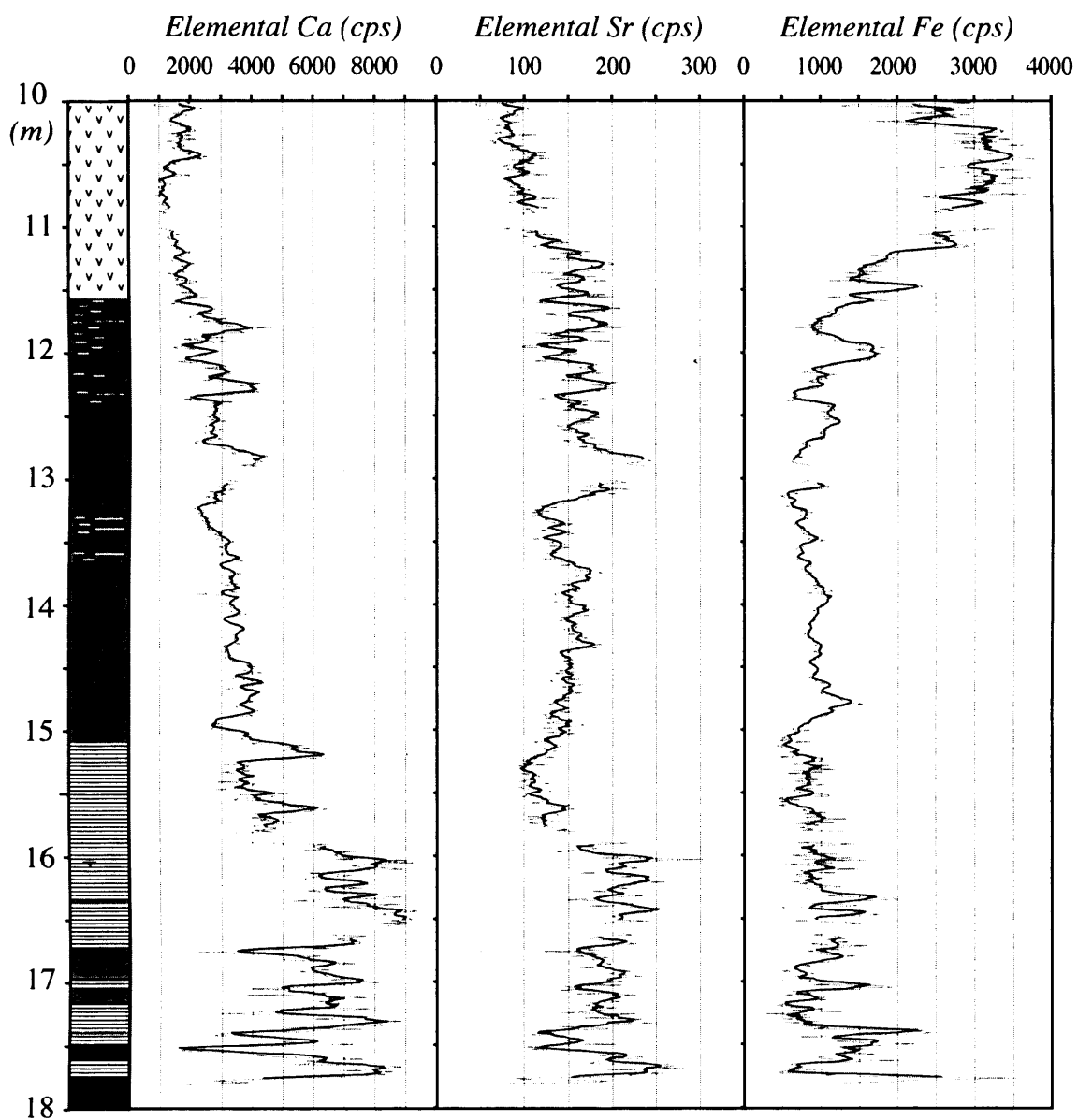
more fluorescent radiation characteristic of elemental Ca than the next most abundant element, Fe. Elemental Ca and Sr show a highly significant positive correlation ( $r$ , 0.807,  $n$  = 255; cf. C, in Fig. 5.20), whereas elemental Ca (plus Sr) and the redox sensitive element Fe, show no significant covariance ( $r$ , -0.095; -0.108 for Sr and Fe-counts,  $n$ =255; cf. D, in Fig. 5.20). Identifying the mineral residences of Ca and Sr from the XRD analysis was relatively straightforward. The majority of both have been incorporated into low Mg-calcite (the dominant peak in X-ray diffractograms, see Figs. 5.21 through 5.23). This is, by far, the most common carbonate mineral in hardwater lakes (Dean & Megard, 1993). The presence of significant peaks for pyrite below 16 m in X-ray diffractograms and the close correlation of elemental Fe and OM below 16 m suggests that most Fe is incorporated into iron-sulphides (FeS & FeS<sub>2</sub>) and is associated with organic matter, probably as organic complexes. Peglar *et al.* (1984), who report a close association between Fe and S in Diss Mere's laminae, support this conclusion. Scanning electron micrographs show no evidence for laminae of oxyhydroxide gels (see Section 5.3). Although iron oxyhydroxides cannot be detected by XRD, the persistent observation of pyrite in organic-rich laminae in such images throughout Lithozone E suggests that most iron oxide would have been reduced to pyrite by hydrogen sulphide. The relatively high concentration of pyrite would also preclude iron phosphate oxides as a potential mineral residence for elemental Fe (Holmer & Storkholm, 2001). Above 16 m, the decline in elemental Fe-cps probably indicates a decrease in sulphate reduction. For comparison, the rich black colour of the sediments at the top of Lithozone G and throughout lithozone H is probably due to significant deposition of iron sulphides. This is reflected by high counts for elemental Fe (see figure 5.18) and is most likely an artefact of wastewater run-off, rich in sulphate, from the town of Diss (see Wiseman *et al.*, 1798).

Results of measurements of calcium carbonate (CaCO<sub>3</sub>) and organic matter (OM) confirm that the laminated sediments are carbonate-rich, with up to 89 wt% CaCO<sub>3</sub> (mean content of 69.2%). Mean content of organic matter is 12.6 wt%. Carbonate carbon content shows a strong correlation with the Ca-counts ( $r$ , +0.68,  $n$  = 85), demonstrating

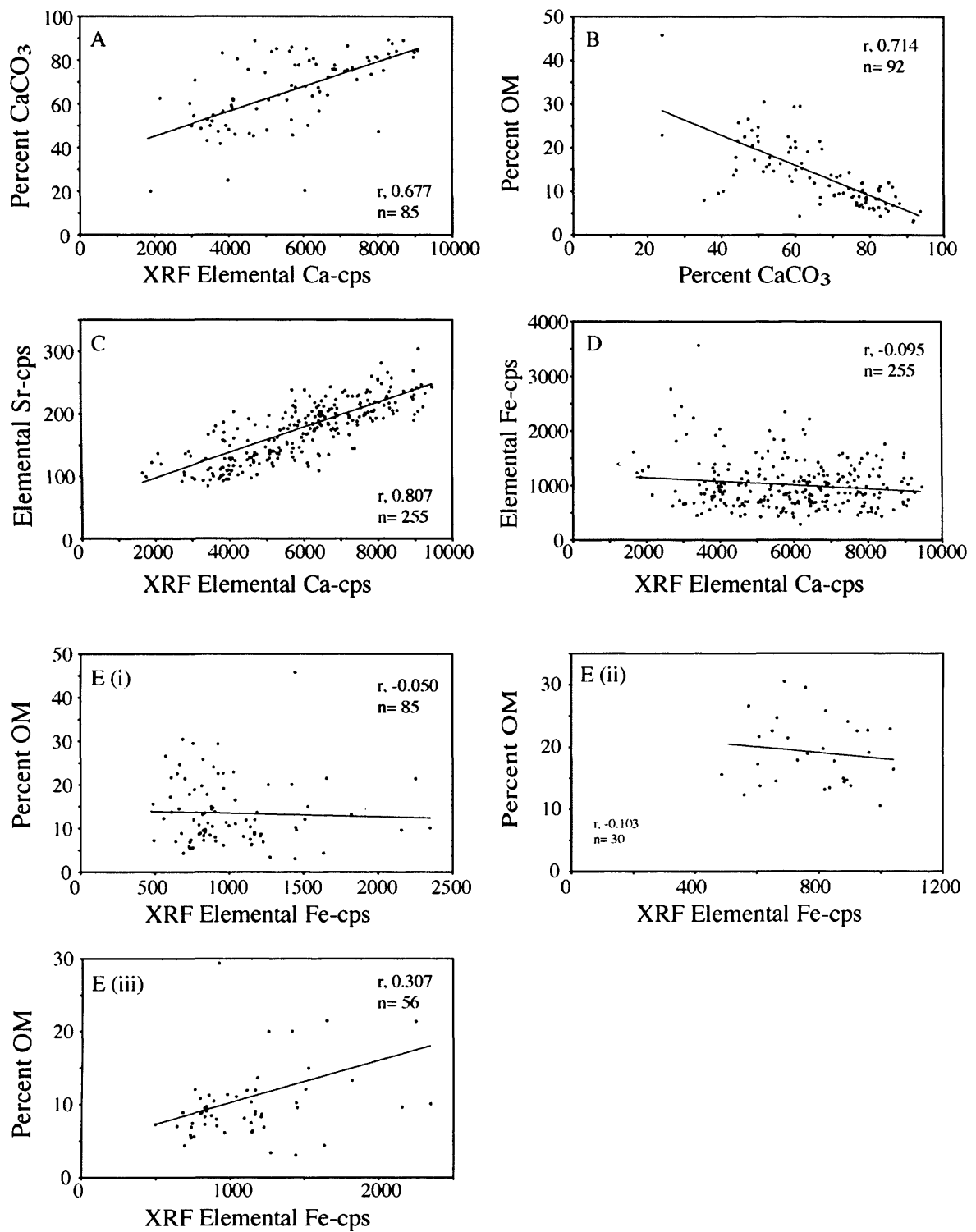




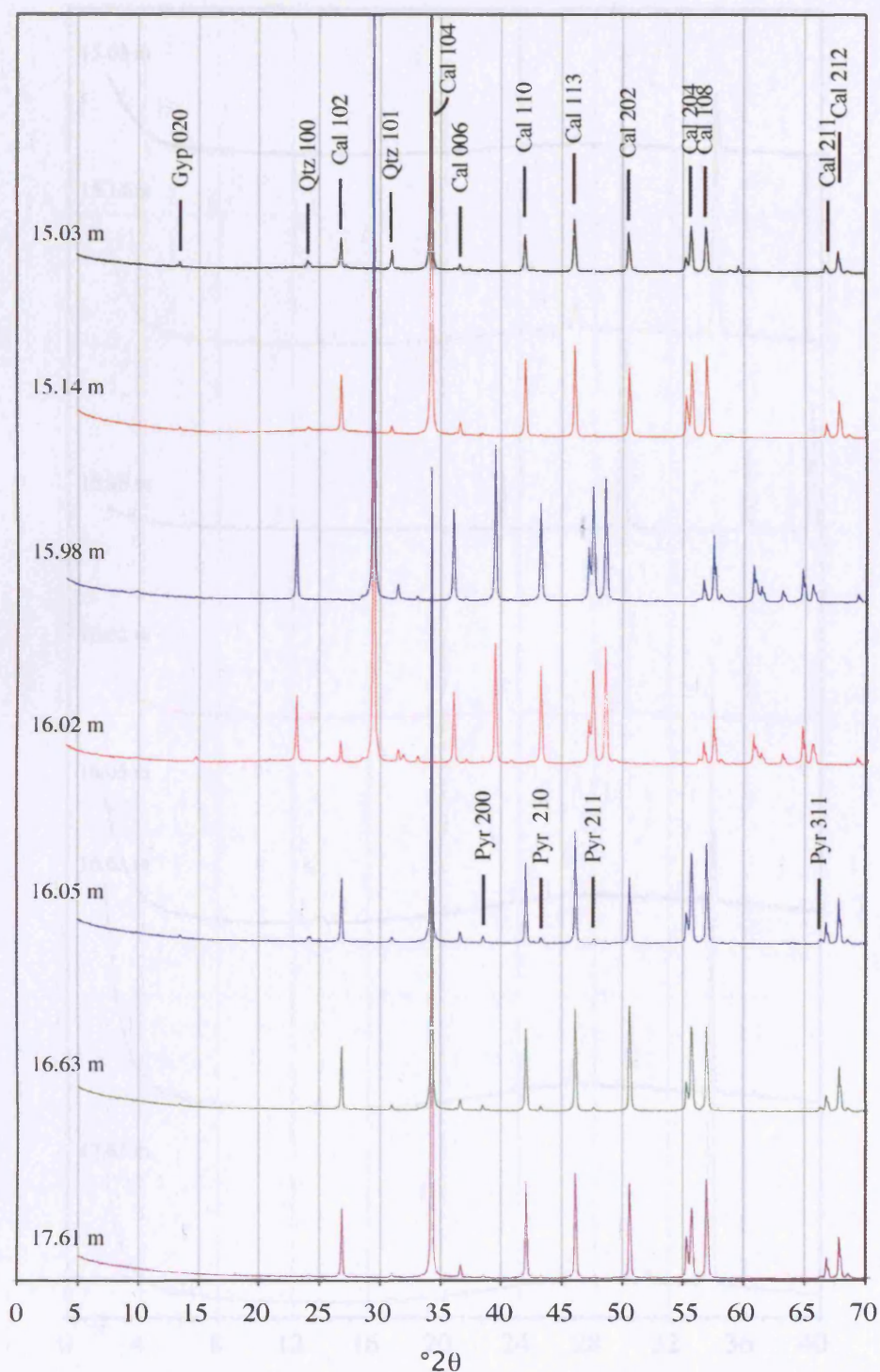
**Fig. 5.18:** Plots of XRF determined elemental abundance for Ca, Fe together with weight percent CC, OC and Opal. Key to lithostratigraphy given in Fig. 5.2.



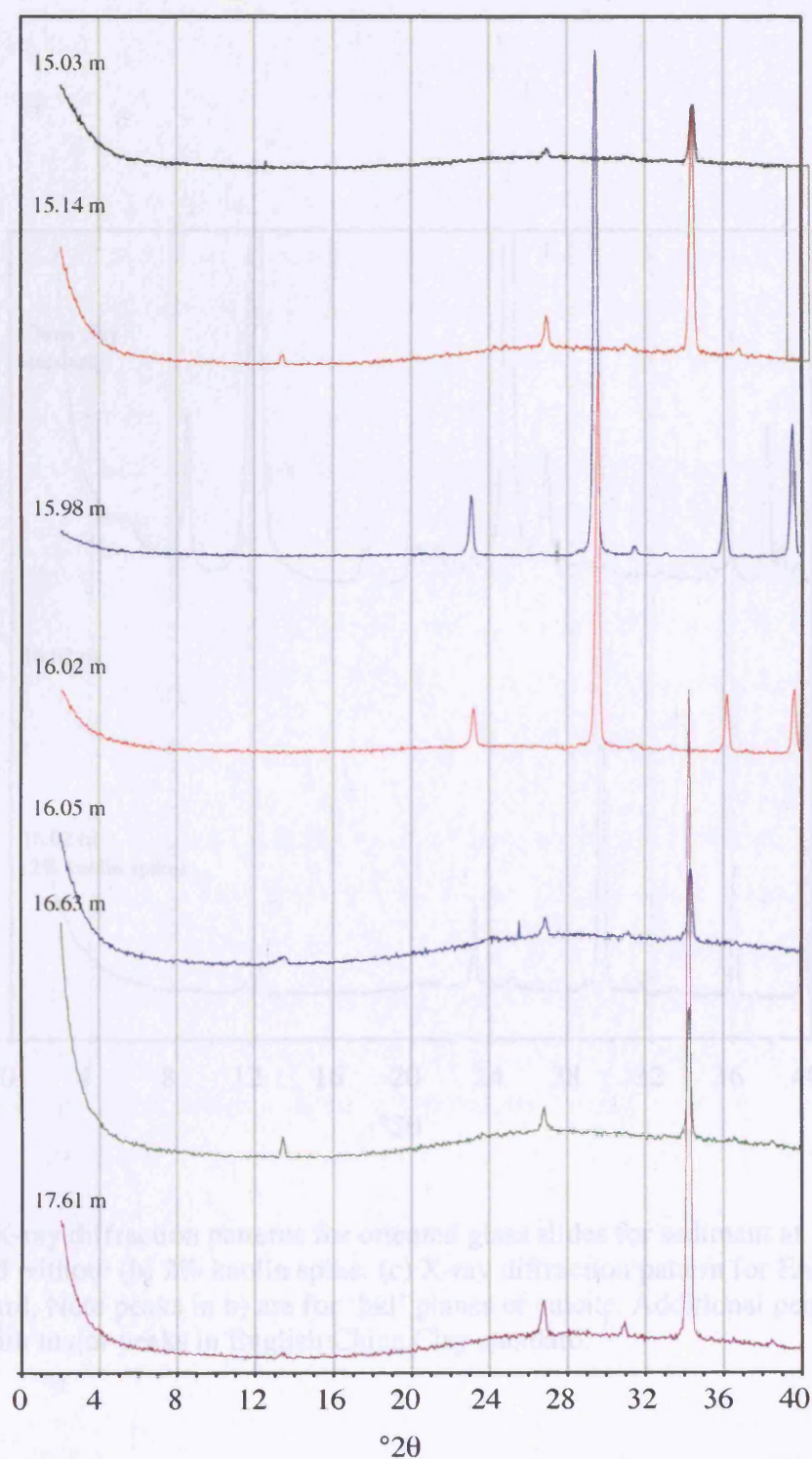
**Fig. 5.19:** XRF elemental concentration for Ca, Sr and Fe for Lithozones E through G. Key to lithostratigraphy given in Fig. 5.2.



**Fig. 5.20:** A through E cross plots showing geochemical relationships.

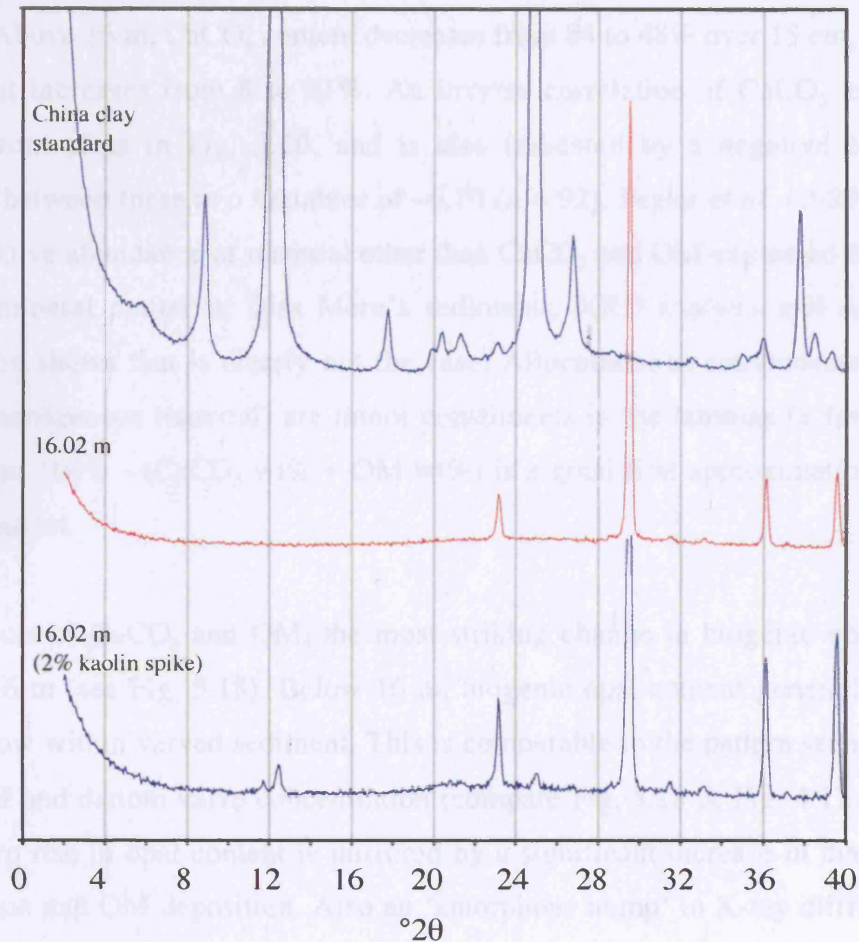


**Fig. 5.21:** X-ray diffraction patterns for the top, intermediate and bottom of the sediment. Depths are from composite stratigraphy. Identified peaks are for the 'hkl' planes of calcite (Cal), quartz (Qtz), and pyrite (Pyr). No substantial variation in mineralogy has been evidenced by XRD down core. Note shift in peaks for major mineralogy in samples, 15.98 m and 16.02 m due to use of different X-ray source (see methodology, Section 3.3.2.2).



**Fig. 5.22:** X-ray diffraction patterns for oriented glass slides for sediment from top, intermediate and bottom of the stratigraphy. Note shift in peaks for major mineralogy in samples, 15.98 m and 16.02 m due to use of different X-ray source (see methodology, Section 3.3.2.2). All major peaks result from Bragg diffraction on calcite 'hkl' planes. Small peaks around  $13^\circ 2\theta$  are due to post depositional gypsum.





**Fig. 5.23:** X-ray diffraction patterns for oriented glass slides for sediment at 16.02 m, with (a) and without (b) 2% kaolin spike. (c) X-ray diffraction pattern for English China Clay standard. Note peaks in b) are for 'hkl' planes of calcite. Additional peaks in a) correlate with major peaks in English China Clay standard.

that Ca-counts are a useful approximation of high-resolution variation in carbonate concentration down-core. The most striking feature of the plots in Fig. 5.18 is the abrupt decrease in  $\text{CaCO}_3$  burial and a concomitant increase in OM burial at 16 m. Laminated sediment deposited below 16 m has a mean  $\text{CaCO}_3$  content of 76.7 wt% and less than 10 wt% OM. Above 16 m,  $\text{CaCO}_3$  content decreases from 84 to 48% over 15 cm, whilst the OM content increases from 8 to 21%. An inverse correlation of  $\text{CaCO}_3$  and OM is apparent from plots in Fig. 5.20, and is also indicated by a negative correlation coefficient between these two variables of  $-0.70$  ( $n = 92$ ). Peglar *et al.* (1989) assumed that the relative abundance of material other than  $\text{CaCO}_3$  and OM expressed the amount of clastic mineral matter in Diss Mere's sediments. XRD analysis and smear-slide investigation shows that is clearly not the case. Allochthonous components (sand- to clay-sized terrigenous material) are minor constituents in the laminae (a few percent) and the sum,  $100\% - (\text{CaCO}_3 \text{ wt}\% + \text{OM wt}\%)$  is a good first approximation for opal (diatom) content.

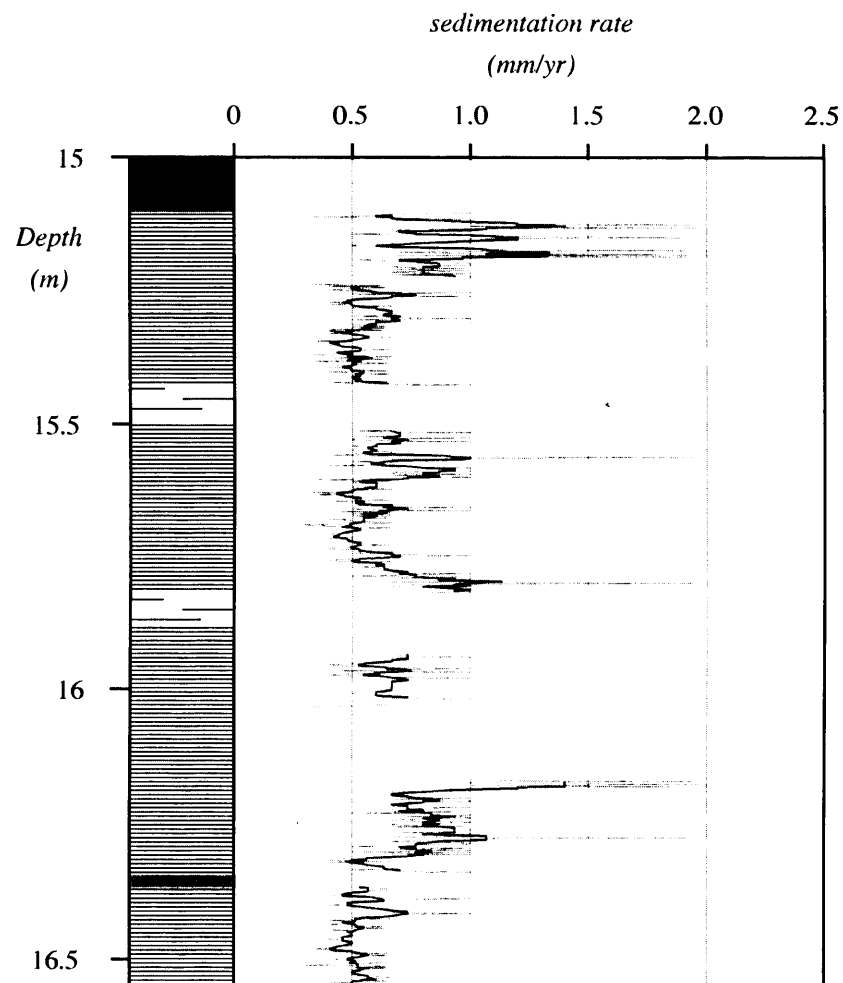
As with plots of  $\text{CaCO}_3$  and OM, the most striking change in biogenic opal content occurs at 16 m (see Fig. 5.18). Below 16 m, biogenic opal content generally remains relatively low within varved sediment. This is comparable to the pattern seen in weight percent OM and diatom valve concentration (compare Fig. 5.18 & Fig. 4.1). Above 16 m, the sharp rise in opal content is mirrored by a significant increase in diatom valve concentration and OM deposition. Also an 'amorphous hump' in X-ray diffractograms centred around  $20$  to  $30^\circ 2\theta$  records the presence of biogenic silica. This 'hump' is more prominent above 16 m. Finally, the change at 16 m is also reflected in the sediment by a sharp change in colour from reddish brown to cream brown varves (Fig. 5.8). Variation in weight percent is not solely a product of variable dilution of one component by another (that is, a consequence of the closed sum nature of percentage data). OM contents range from 4.7-31.7%,  $\text{CaCO}_3$  contents range from 41.7-89.3% and opal contents range from 3.1-47.4%. The difference in OM is 27%, whereas the difference in  $\text{CaCO}_3$  and opal is 47.3% and 44.3% respectively, so the inverse relation cannot be one of simple dilution of one or more components by another. Despite precise varve calibration, a lack of measured bulk densities for the sediment meant it was not possible

to calculate mass accumulation rates for each component. However, sedimentation rates determined from varve counting for the interval 15.09-16.55 m (Fig. 5.24) show little change in central tendency, for the most part varying between 0.4-1.0 mm/yr with two periods of increased sedimentation centred on 15.14 m and 16.16 m depth. Given a normal profile of increasing dry bulk density with depth (*i.e.*, due to compaction), the trend in sedimentation rates across 16 m suggests that the change in carbon accumulation at 16 m is absolute.

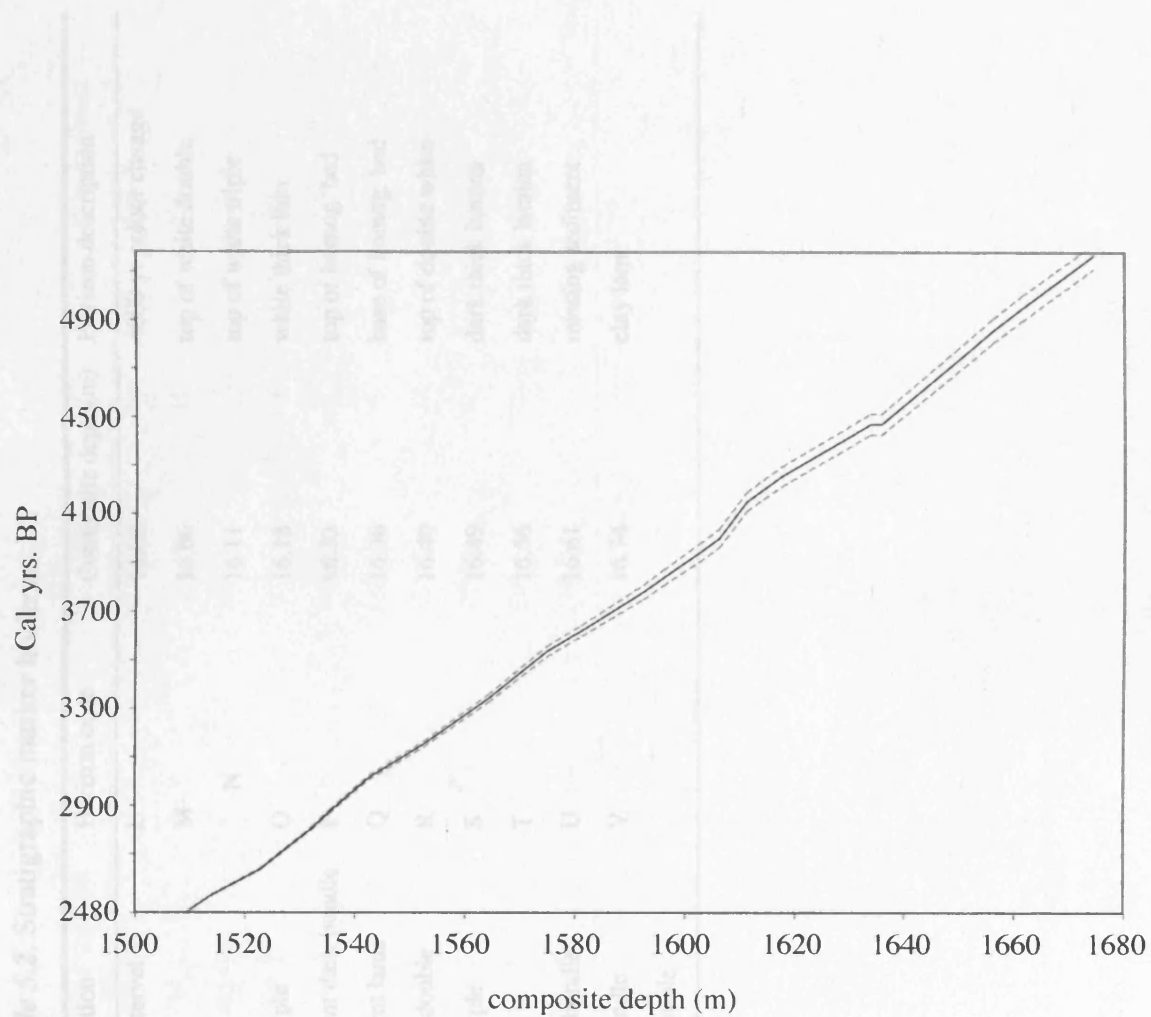
Calibration of varve counts to the calendrical timescale by regional pollen zones indicates that the significant change in carbon-burial occurred at ~4000 Cal. yrs BP and over a period of 220 years. Table 5.4 uses the codes given in Tables 5.2 and 5.3 to detail results of varve counts from each of the counting zones in the varved section from 15.09-16.74 m composite depth. Figure 5.25 shows an age-depth model for the interval concerned. Five counting gaps and their estimated counts are: between markers B & C, 6.5 mm, 10 yrs; between E & F, 75 mm, 110 yrs; between I & J, 111 mm, 159 yrs; between K & L for DISS A-6, 14 mm, 20 yrs, and for core DISS B-6 11 mm, 14 yrs; between T & U, 51 mm, 91 yrs. The total number of uncounted years in the chronology is thus 390, 14.3% of the varve chronology. The overall uncertainty in the varve counts as assessed from the variance among counts from common intervals is about 2% at the 95% confidence level. This is used as a conservative estimate of counting precision.

Sedimentation-rate shows variable covariance with elemental Ca (Table 5.5). Below 16 m, it exhibits a significant negative correlation at the 5% level ( $r$ , -0.770) and a significant positive correlation above this depth ( $r$ , +0.361). On the other hand, elemental Fe displays a consistent small, but significant antithetic relation throughout. The relatively few data for OM and biogenic opal wt% covering this interval makes any statistical correlation with sedimentation-rate meaningless. However, a visual inspection between the two sets of depth-series reveals a strong apparent degree of covariance below 16 m. Above this depth increased biogenic opal wt% correlates with decreased sedimentation. No apparent relationship, however, exists between sedimentation-rate and OM wt% burial above 16 m (Figs. 5.26 & 5.27).





**Fig. 5.24:** 2 mm sedimentation rate (grey line) for 15.09-16.55 m composite depth. Black line shows 5-point moving average. Gap in data between ~16-16.2 m exists because the deformed nature of core DISS B-6, used to generate this portion of the composite splice, made it impossible to determine sedimentation rates at a 2 mm resolution (see text for details).



**Fig. 5.25:** Age-depth model for varved sediment between 15.09-16.74 m. Dashed lines delimit 95% confidence envelope for varve count precision.

**Table 5.2.** Stratigraphic marker horizons

Horizon code	Composite depth (m)	Horizon description	Horizon code	Composite depth(m)	Horizon description
TOP	15.09	top of varved interval	L	16.02	4000 yr colour change
A	15.14	top of 7 white	M	16.06	top of white double
B	15.23	single white	N	16.11	top of white triple
C	15.32	base of white triple	O	16.18	white thick lam
D	15.35	base of prominent dark bundle	P	16.33	top of homog. bed
E	15.46	top of intermittent lams	Q	16.36	base of homog. bed
F	15.56	prominent dark double	R	16.40	top of double white
G	15.64	base of white triple	S	16.49	dark thick lamina
H	15.75	base of 7 white	T	16.56	dark thick lamina
I	15.81	base of 5 white bundle	U	16.61	missing sediment
J	15.92	top of dark 3 bundle	V	16.74	clay lam
K	15.96	base of white double			

**Table 5.3** Core segment identification codes

Code	Core segment	Code	Core segment	Code	core segment	Code	Core segment
a	DC-0	k	DC-10	u	DA-8b	ee	DB-3
b	DC-1	l	DA-0	v	DA-9a	ff	DB-4
c	DC-2	m	DA-1	w	DA-9b	gg	DB-5
d	DC-3	n	DA-2	x	DA-10	hh	DB-6
e	DC-4	o	DA-3	y	DA-11	ii	DB-7
f	DC-5	p	DA-4	z	DA-12	jj	DB-8
g	DC-6	q	DA-5	aa	DA-13	kk	DB-9
h	DC-7	r	DA-6	bb	DB-0	ll	DB-10
i	DC-8	s	DA-7	cc	DB-1	mm	DB-11
j	DC-9	t	DA-8a	dd	DB-2		

**Table 5.4.** Varve counts.

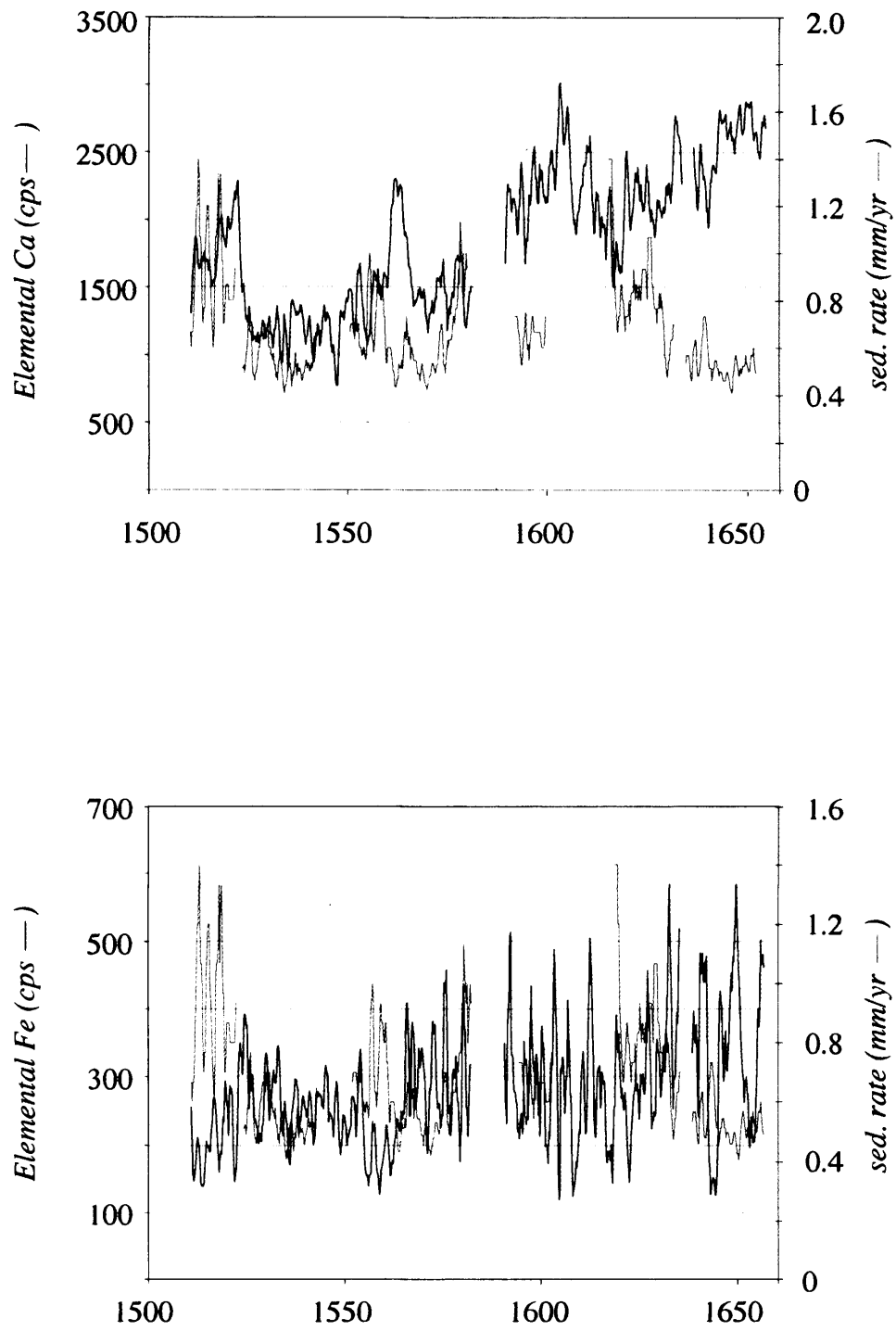
Varve Horizons	Composite Depth (cm)	C1	C2	C3	C4	C5	C6	Average counts	Max counts	n	Cumm max	Std dev.	% dev.	+ at 95%	Cumm 95%
A	1513.9	72a	69a	73a	73d	70d	71d	71.3	73	6	73	1.63	2.29	3.27	3
B	1522.7	106a	107a	107a	107d	107d	107d	106.8	107	6	180	0.41	0.38	0.82	4
C	1532.2	169d@10	167d@10	168d@10				168.0	169	3	349	1.00	0.60	2.00	6
D	1535.4	68d	67d	66d				67.0	68	3	417	1.00	1.49	2.00	8
E	1542.6	141d	142d	141d				141.3	142	3	559	0.58	0.41	1.15	9
F	1552.6	137d@110	137d@110	139d@110				137.7	139	3	698	1.15	0.84	2.31	12
G	1564.2	183d	187d	183d	186b	187b	188b	185.7	188	6	886	2.16	1.16	4.32	16
H	1574.9	191d	191d	186d	192b	193b	192b	190.8	193	6	1079	2.48	1.30	4.97	21
I	1581.2	85d	86d	86d	85b	84b	86b	85.3	86	6	1165	0.82	0.96	1.63	22
J	1592.5	159b@	159b@	159b@				159.0	159	3	1324	0.00	0.00	0.00	22
K	1596.1	54b	55b	54b	57e	55e	54e	54.8	57	6	1381	1.17	2.13	2.34	25
L	1602.6	98b@20	98b@20	96b@20	103@14	100@14	100@14	99.2	103	6	1484	2.40	2.42	4.80	30
M	1606.2	57b	58b	59b				58.0	59	3	1543	1.00	1.72	2.00	32
N	1611.2	152b	152b	151b				151.7	152	3	1695	0.58	0.38	1.15	33
O	1617.7	104b	105b	104b				104.3	105	3	1800	0.58	0.55	1.15	34
P	1633.8	213e	213e	215e				213.7	215	3	2015	1.15	0.54	2.31	36
Q	1635.8	Event bed									2015				36
R	1640.3	84e	84e	83e				83.7	84	3	2099	0.58	0.69	1.15	37
S	1649.3	170e	172e	170e	168c	168c	168c	169.3	172	6	2271	1.63	0.96	3.27	41
T	1656.2	131e	128e	127e	129c	130c	129c	129.0	131	6	2402	1.41	1.10	2.83	43
U	1661.3	@91	@91	@91				91.0	91	6	2493		0.81	1.47	45
V	1674.2	216c	216c	213c				215.0	216	3	2709	1.73	0.81	3.46	48

@ = number of varves interpolated through a gap in the core/intermittently laminated sediment/disturbed fabric.

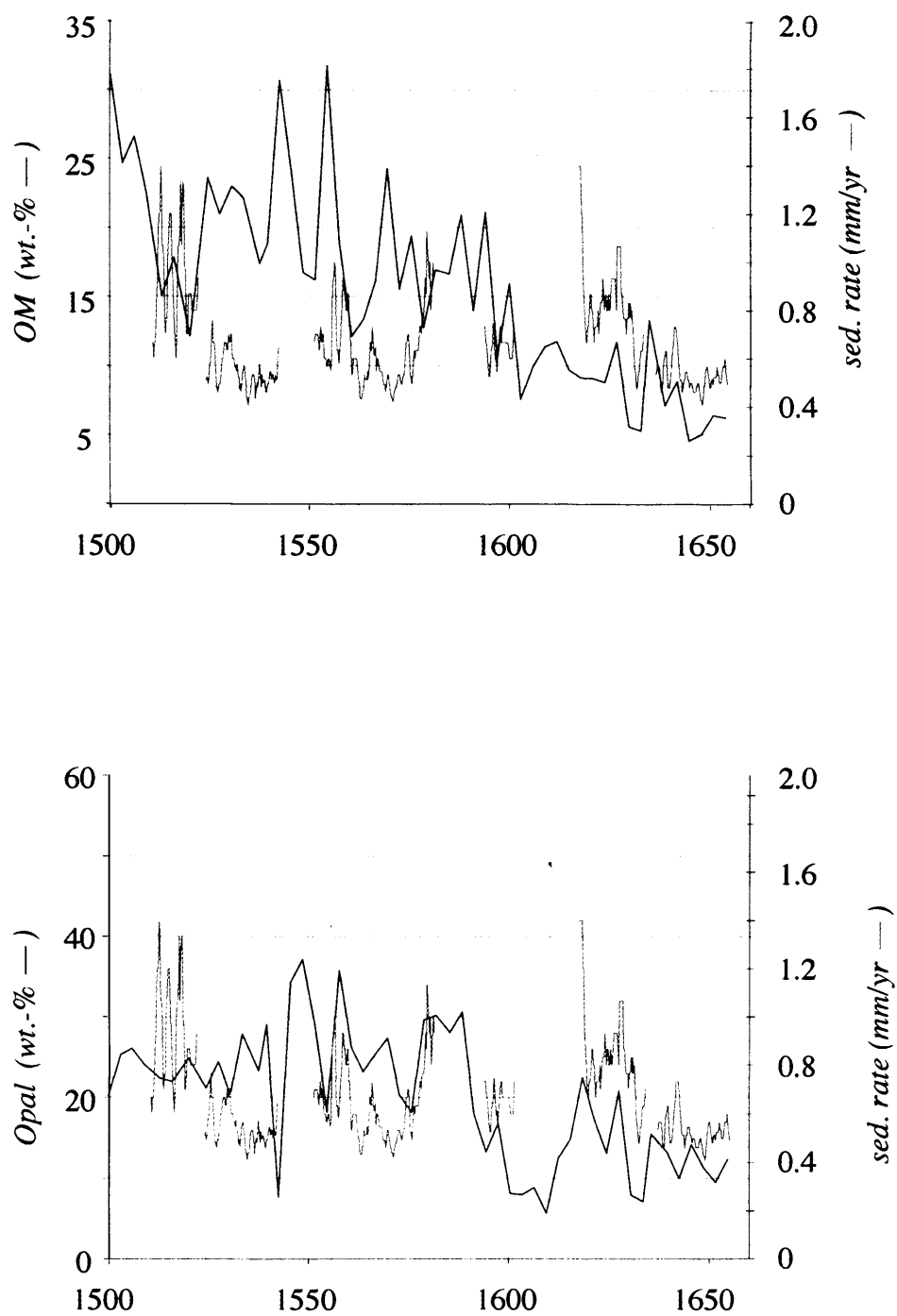
**Table 5.5.** Correlation coefficients between the elemental Ca and Fe profiles and sedimentation-rates for varved interval 15.09 to 16.74 m, lithozone *E*

	15.09- 16.74 m: n = 118	15.09- 16.03 m: n = 71	16.03- 16.74 m: n = 47
	sed. rate	sed. rate	sed. rate
Elemental Ca	-0.034*	0.261	-0.770
Elemental Fe	-0.197	-0.243	-0.231

All correlations significant at the 5% level, except\*



**Fig. 5.26:** Correlation plots of Elemental Ca and Fe against sedimentation rate.



**Fig. 5.27:** Correlation plots of weight percent OM and Opal against sedimentation rate.



### 5.3. SEM Backscatter Electron Imaging

BSEI investigation of Diss Mere's varves has identified two lithologies: biogenic mud, deposited primarily during late winter and spring, and authigenic calcite mud, deposited during late spring through autumn. Each of these lithologies contains a range of lamina-types, comprising a variety of components and structures. This section reviews these laminae to construct changes in seasonal flux. Throughout this section, the reader is referred to Appendix XI for low-resolution BSEI base-maps of the petrographic thin sections (PTS) from core DISS A-6.

#### 5.3.1. Low magnification SEMs

Figure 5.28 shows the location of PTS intervals investigated in core DISS A-6 (Figs. 5.29 through 5.32, hereinafter referred to as intervals *A* through *D*). The paler tones represent laminae with a relatively high average atomic number and, therefore, high backscatter coefficient; here typical of calcite grains, but also of quartz and pyrite. The darker tones represent a lower average atomic number, which here is the carbon-based epoxy resin filling the voids within porous diatom ooze or unstructured organic-matter. The varve cycle is clearly visible. The biogenic varve-segment comprises either darker, diatom ooze laminae or unstructured organic fine detritus laminae both ranging in thickness from 30 to 500  $\mu\text{m}$ . The calcite varve segment (for the most part) is the relatively thicker layer which follows diatom ooze with a sharp lower contact. The boundary between the calcite varve segment and the following biogenic varve segment is also usually sharp, suggesting a distinct start to spring biological production. Measured thicknesses for the biogenic and calcite-diatom varve segments, as well as total varve thickness are shown in Fig. 5.33. Thickness of biogenic- and calcite-diatom varve segments shows low correlation between themselves. ( $r = 0.185$  for PTS64-70,  $n = 322$ ;  $0.286$  for PTS 72-86,  $n = 516$ ). Below 16 m (varves 350 to 864), calcite-diatom varve segments are considerably thicker than biogenic varve segments. Above 16 m, calcite segments show a reduction in average thickness, and above varve 322, biogenic varve segments are noticeably thicker than their calcite-diatom counterparts.

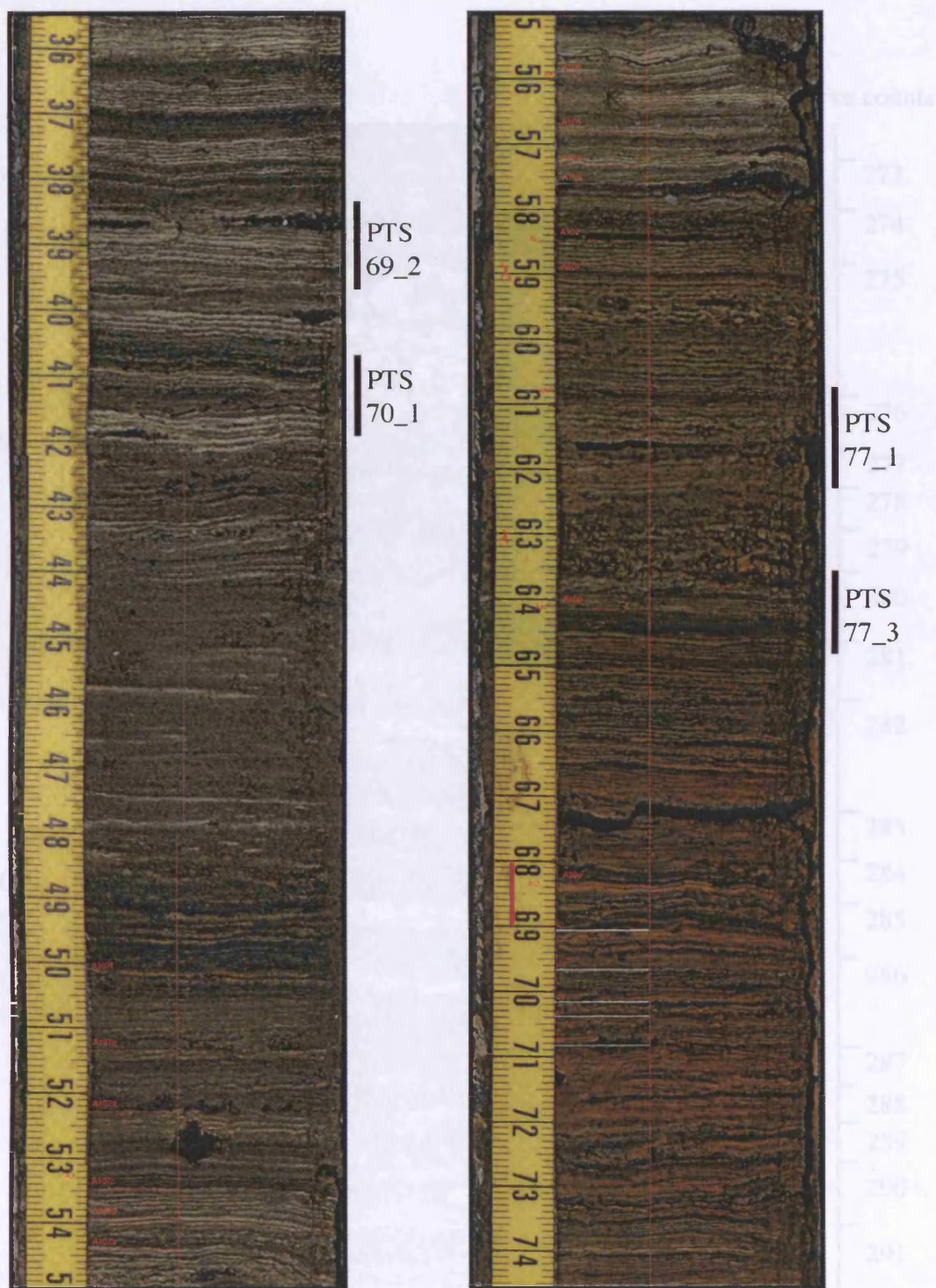


Fig. 5.28: PTS position for SEM-BSEI investigation in core DISS A-6.



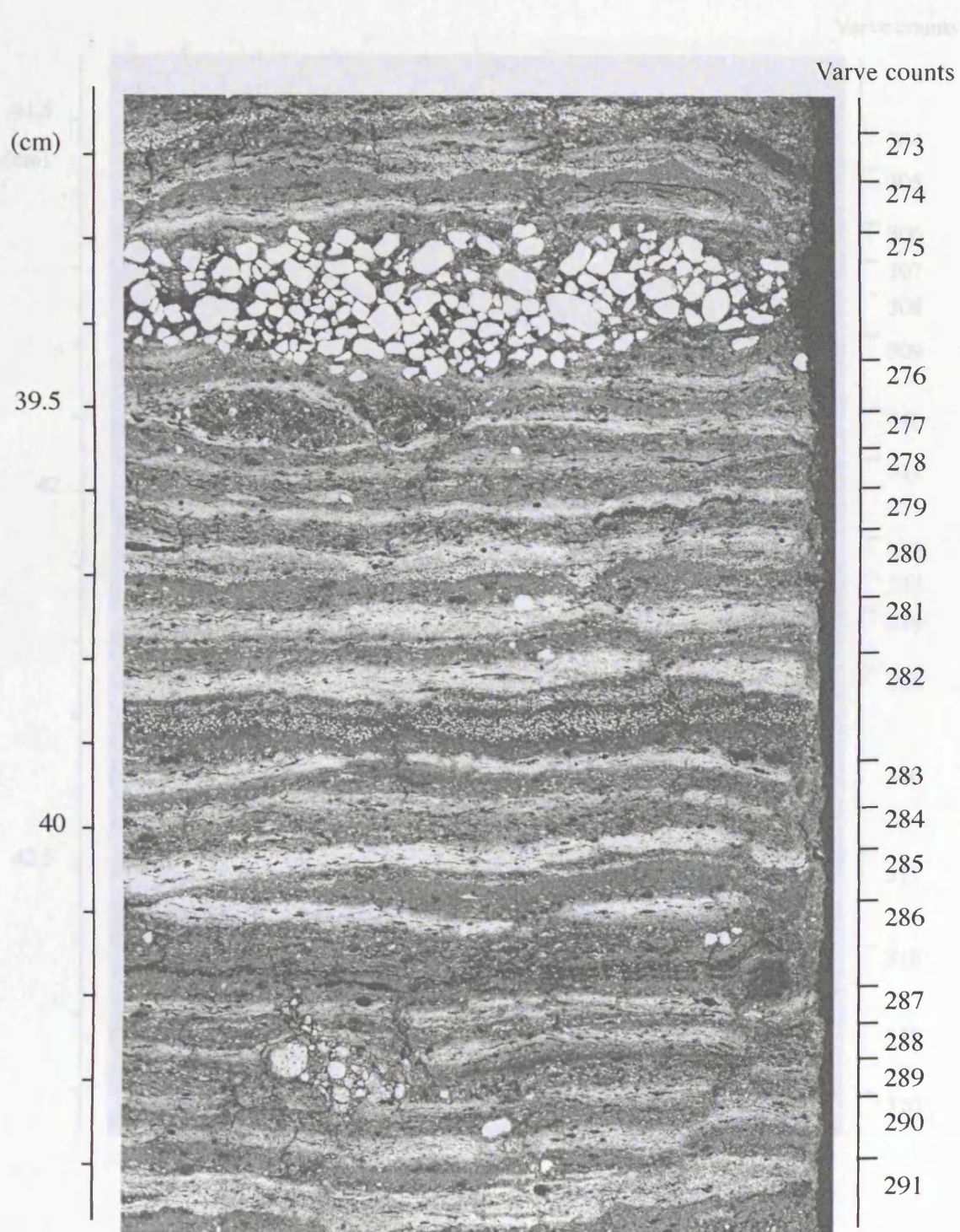
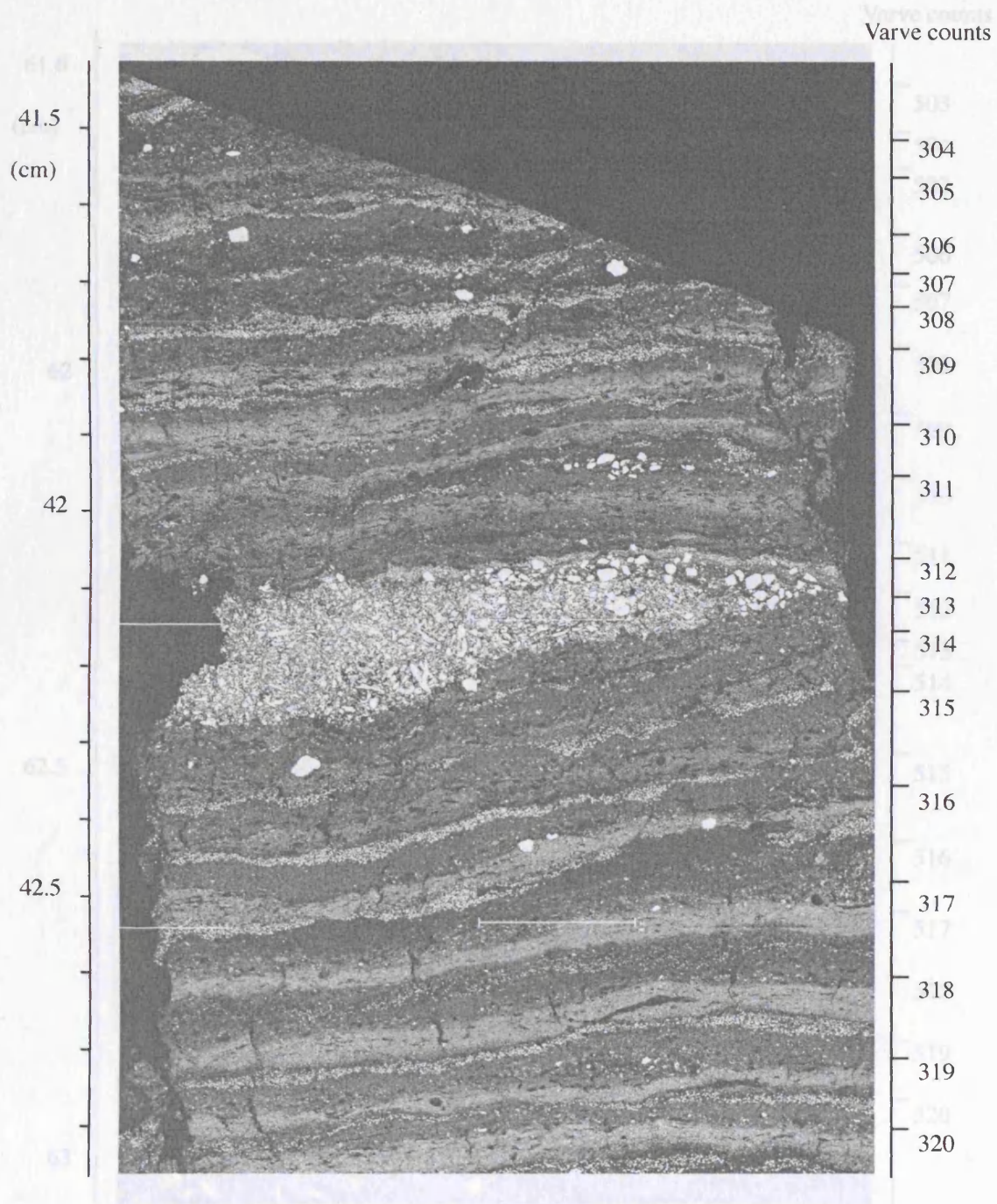
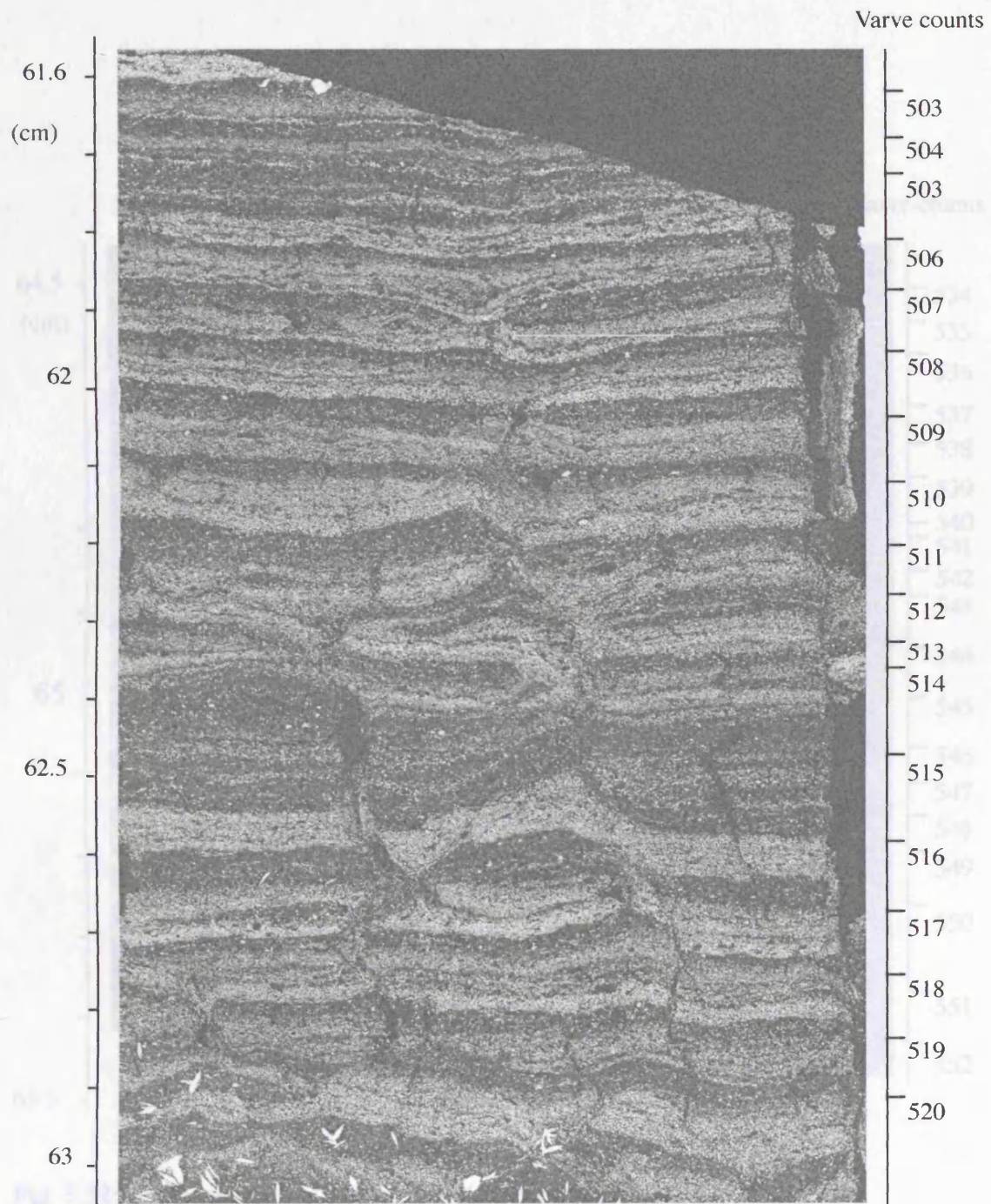


Fig. 5.29: Photo-mosaic for PTS69\_2 with varve counts.

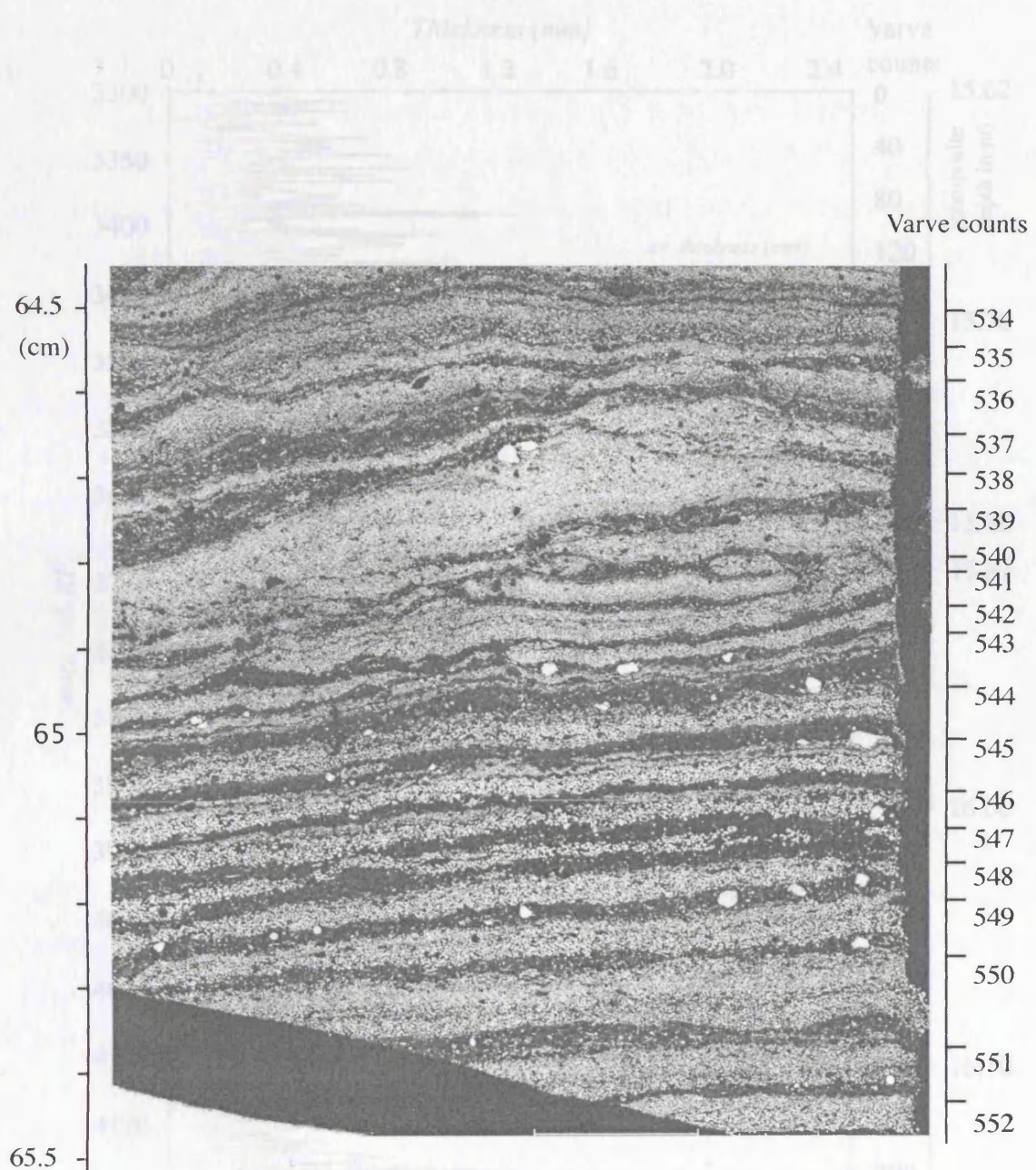


**Fig. 5.30:** Photo-mosaic for PTS70\_1 with varve counts





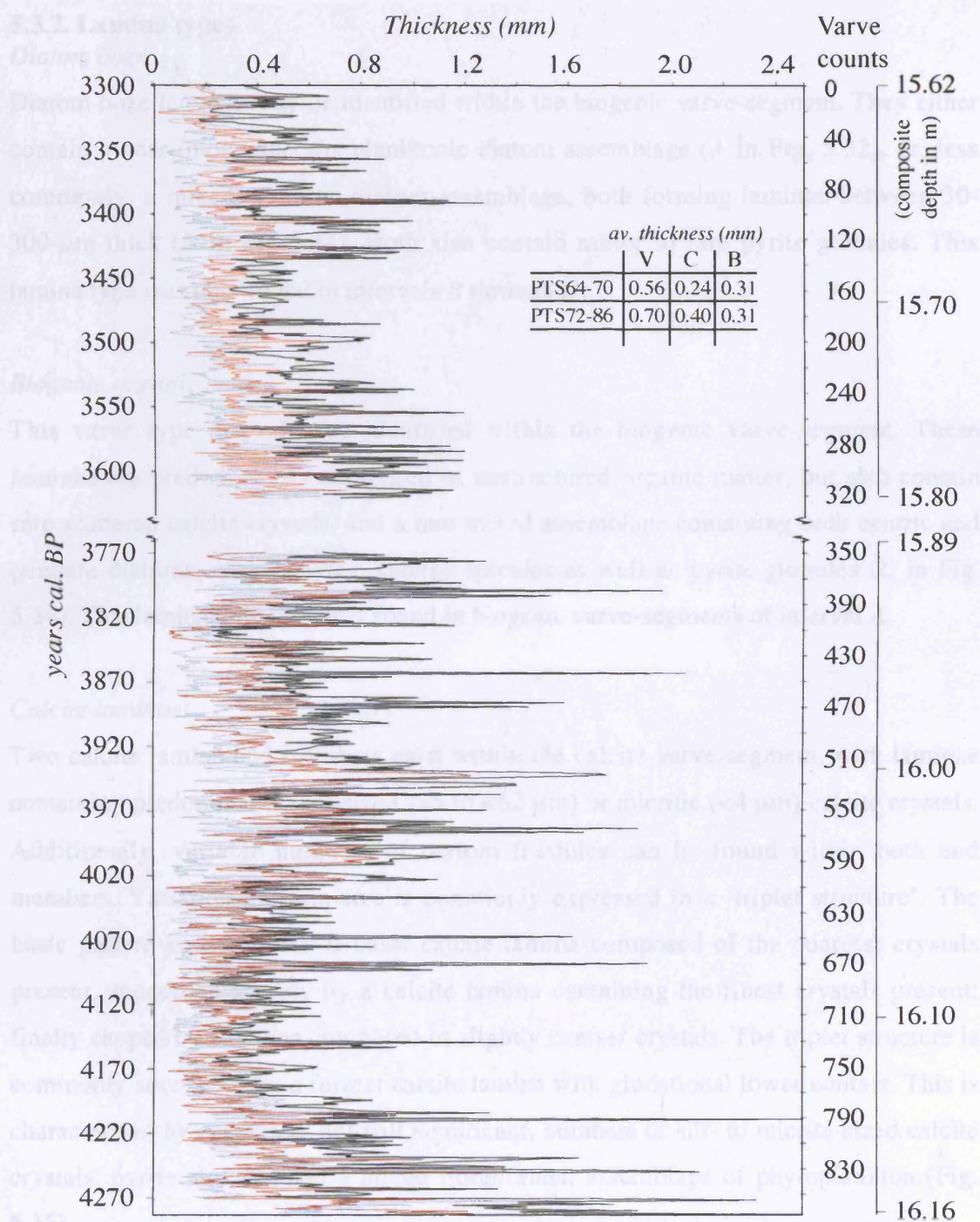
**Fig. 5.31:** Photo-mosaic for PTS77\_1 with varve counts.



**Fig. 5.32:** Photo-mosaic for PTS77\_3 with varve counts

Fig. 5.33: Plot of biogenic and calcite-diatom varve segment thickness as well as overall varve thickness in DISA A-6. Table inset details average thickness for varve (V), calcite-diatom (C), and biogenic (B) varve segments.





**Fig 5.33:** Plot of biogenic and calcite-diatom varve segment thickness as well as overall varve thickness in DISS A-6. Table insert details average thickness for varve (V), calcite-diatom (C), and biogenic (B) varve segments.



### 5.3.2. Lamina types

#### *Diatom ooze*

Diatom ooze laminae may be identified within the biogenic varve-segment. They either contain a near-/mono-specific planktonic diatom assemblage (*A* in Fig. 5.32), or, less commonly, a mixed plankton-diatom assemblage, both forming laminae between 30-300- $\mu\text{m}$  thick (*B* in Fig 5.34). Both also contain minor to rare pyrite globules. This lamina type was only found in intervals *B* through *D*.

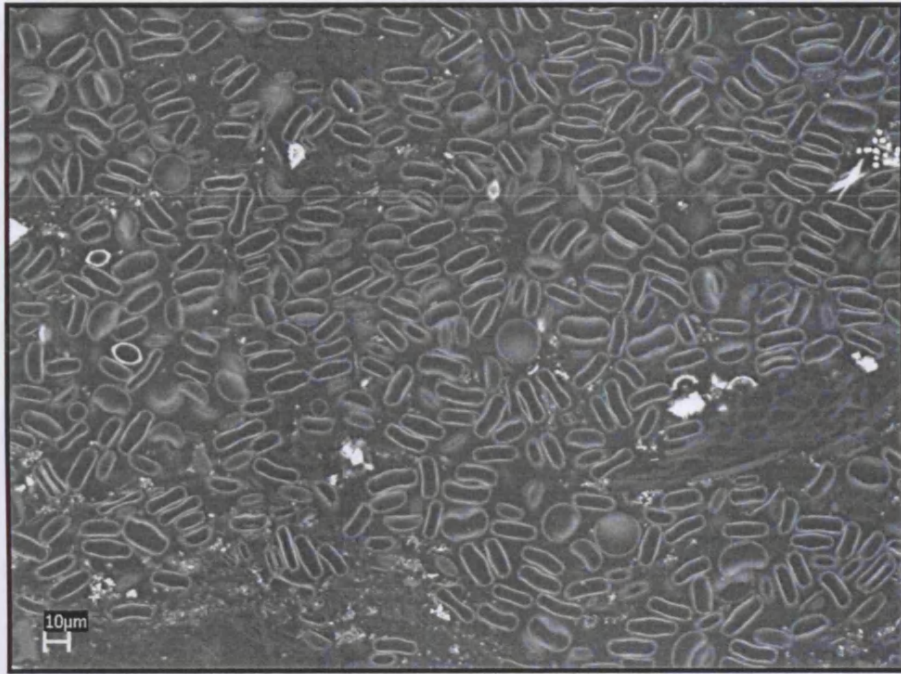
#### *Biogenic organic mud*

This varve type may also be identified within the biogenic varve-segment. These laminae are predominantly composed of unstructured organic matter, but also contain rare scattered calcite crystals, and a rare mixed assemblage containing both centric and pennate diatoms, chrysophytes, sponge spicules as well as pyrite-globules (*C* in Fig. 5.34). This lamina type was only found in biogenic varve-segments of interval *A*.

#### *Calcite laminae*

Two calcite lamina end members exist within the calcite varve-segment, with laminae containing predominantly silt-sized ( $>5$  to  $<62\ \mu\text{m}$ ) or micritic ( $<4\ \mu\text{m}$ ) calcite crystals. Additionally, variable numbers of diatom frustules can be found within both end members. Variation in grain-size is commonly expressed in a 'triplet structure'. The basic pattern is as follows: a basal calcite lamina composed of the coarsest crystals present, succeeded sharply by a calcite lamina containing the finest crystals present; finally capped by a lamina composed of slightly coarser crystals. The triplet structure is commonly succeeded by a further calcite lamina with gradational lower contact. This is characterised by decreased, but still significant, numbers of silt- to micrite-sized calcite crystals, pyrite globules and a mixed floral/faunal assemblage of phytoplankton (Fig. 5.35).

Of the intervals investigated, calcite laminae were coarsest and always at least silt-sized in interval *A*. (Fig. 5.35). The largest calcite crystals were found in varve 544 (*i.e.* fine

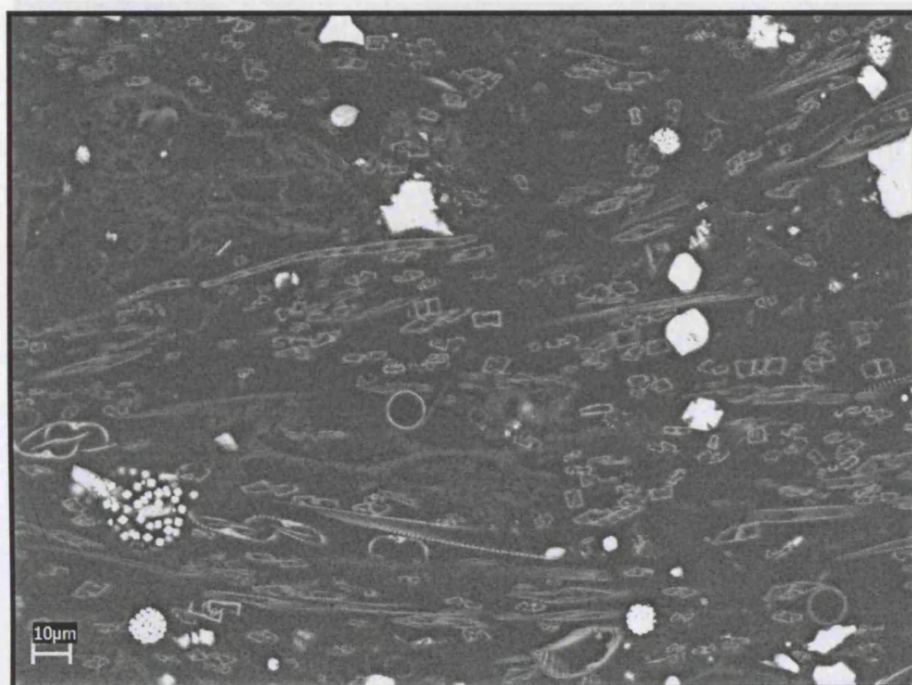


A) SEM-BSEI



A') SEM-topographic

**Fig. 5.34: A: *Cyclotella radios/ocellata* diatom ooze**



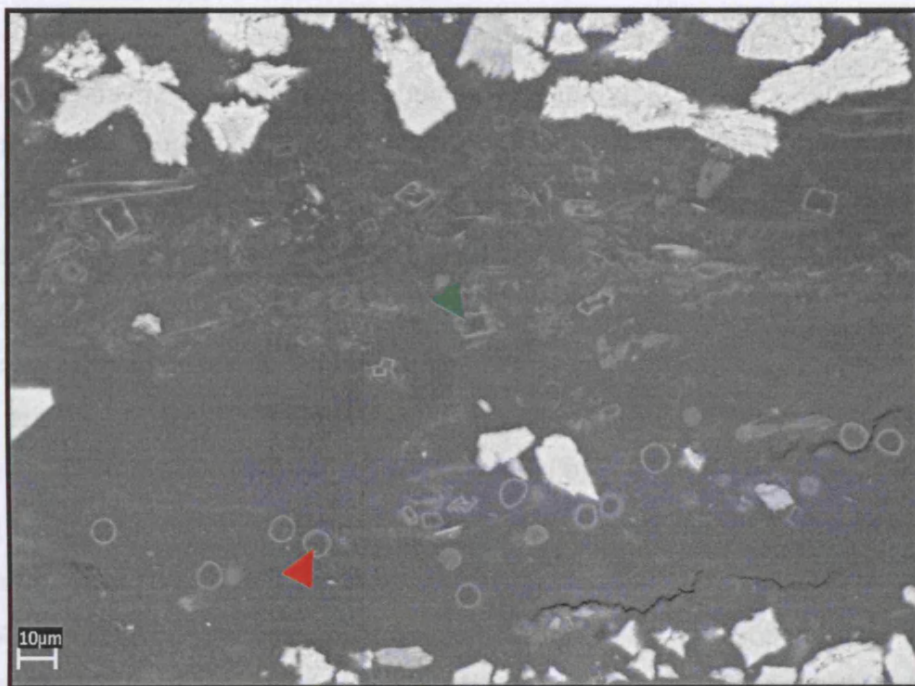
*B) SEM-BSEI*



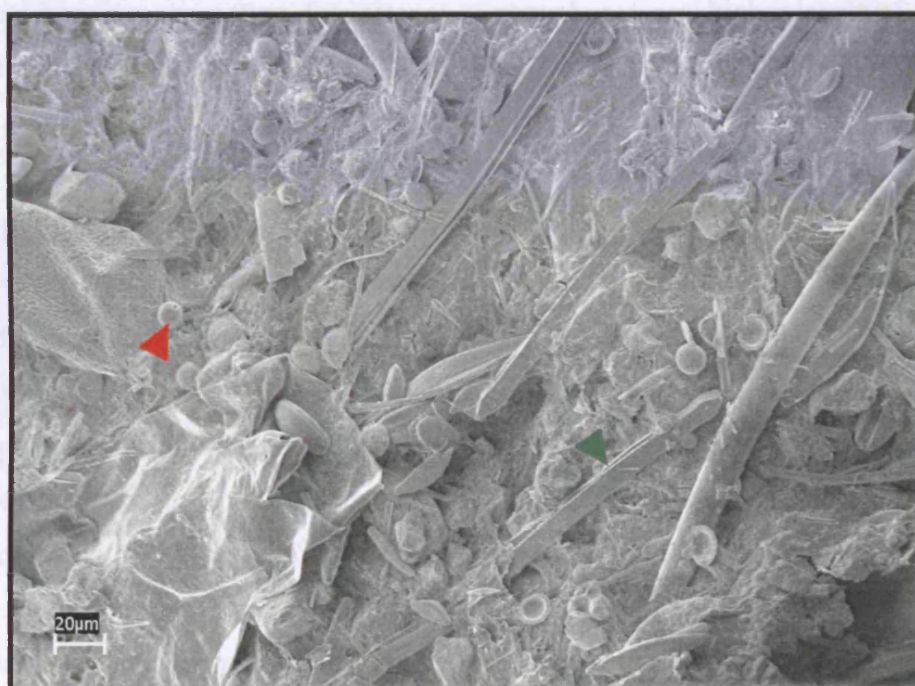
*B') SEM-topographic*

**Fig. 5.34(cont.): B: *Synedra* spp. diatom ooze**





C) SEM-BSEI



C') SEM-topographic

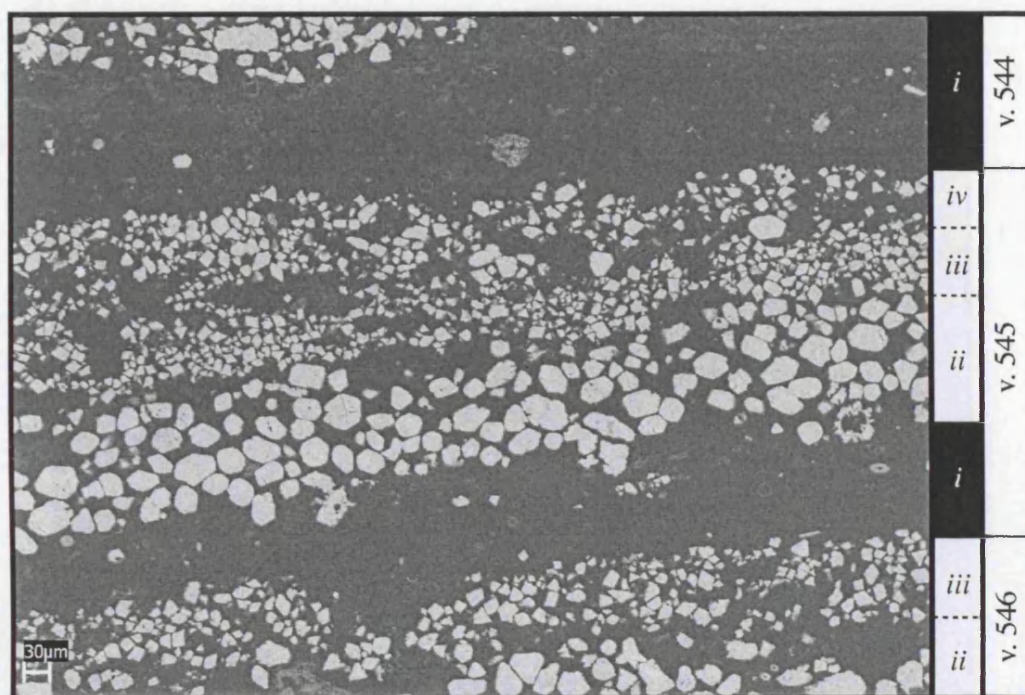
**Fig. 5.34(cont.):** C: Biogenic organic lamina of varve 544.

sand-sized polyhedral calcite grains  $\sim 90\ \mu\text{m}$  in diameter, cf. *C* in Fig. 5.34). A sharp reduction in grain-size was recorded in intervals *B* through *D*. Initially, this change is sharp (cf. Fig 5.32) and coincident with the abrupt change in carbon-burial dynamics and shift in sediment colour from reddish-brown to cream-brown at 16 m depth (see Section 5.2). Calcite crystals in interval *B* are still silt-sized, but much finer than those recorded in interval *A*. Subsequent change in grain-size is gradual. The end product of the decrease is recorded in calcite laminae in intervals *C* and *D*. Here, the basal calcite laminae are still silt-sized, but the succeeding calcite laminae are micritic in nature, separated occasionally from the basal calcite lamina by a thin,  $\sim 30\ \mu\text{m}$  diatom ooze lamina (*b*, varve 314, *iii*, Fig. 5.35). The change in grain-size is mirrored by a significant change in grain morphology. For example, below varve 546 calcite grains are more rhombohedral (Fig 5.36) whereas calcite grains in varves above this point possess more complex polyhedral and dendritic morphologies (Fig. 5.37). According to the models advanced by Folk (1974) and Koschel (1997), this morphological change indicates increasing impurity absorption, for instance of phosphorus, and higher levels of supersaturation in the waters from which they precipitated.

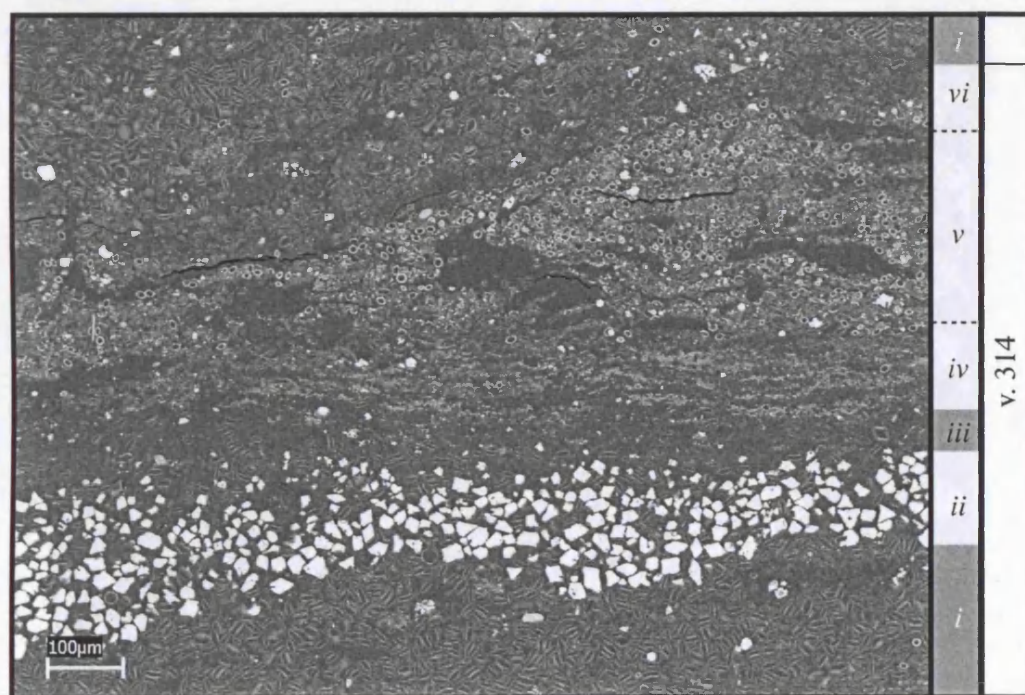
### 5.3.3. Phytoplankton succession within the varve

Below varve 543 there was no diatom ooze lamina. Instead, an organic mud lamina forms the biogenic varve-segment. This contains low to rare numbers of the centric diatoms *C. radiosa* and other unidentified large pennate diatoms, as well as Chrysophyceae cysts. The lattermost are usually, but not exclusively, found near its lower contact. Above varve 543 distinct diatom ooze laminae are preserved. The varve cycle begins with frustules of *S. acus* var. *angustissima* and *S. nana*. (as in interval *B* and *D*), or predominantly *C. ocellata* but also some *C. radiosa* (as in interval *C* and *D*) or *S. parvus* (as in interval *D*). This may be followed by a bloom of *S. parvus* associated with the onset of calcite precipitation (as in interval *B* and *C*) or a continuation of decreasing numbers of the previous diatom bloom (as in interval *D*).





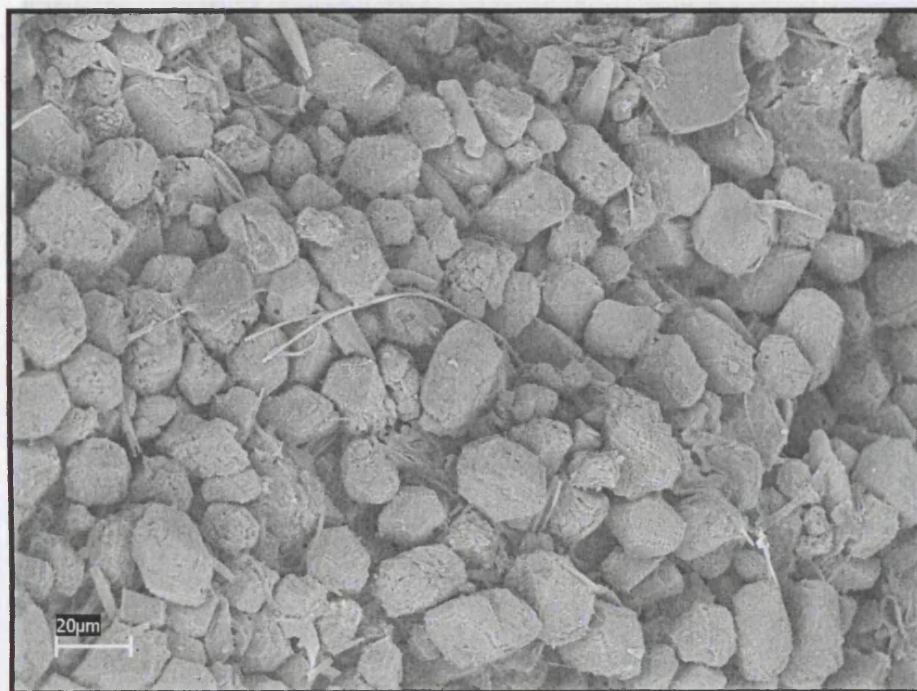
a)



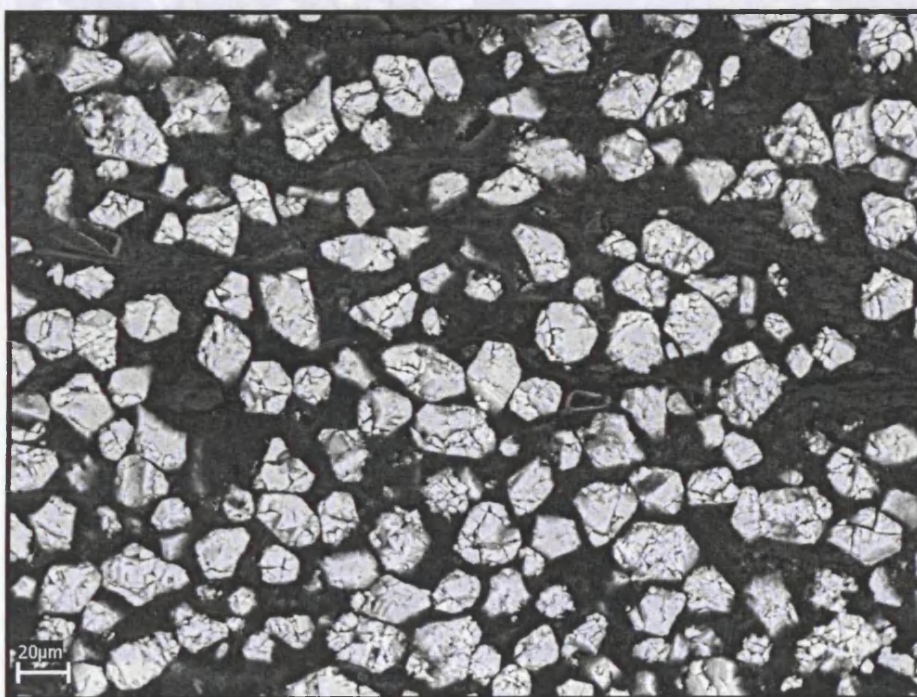
b)

**Fig. 5.35:** Calcite-diatom laminae (white filled boxes) in a) varve 545 of PTS77\_3 and b) varve 314 in PTS70\_1. Roman numerals indicate laminae number per varve. Black filled boxes donate biogenic organic mud lamina and grey filled boxes donate biogenic diatom ooze lamina.





a)

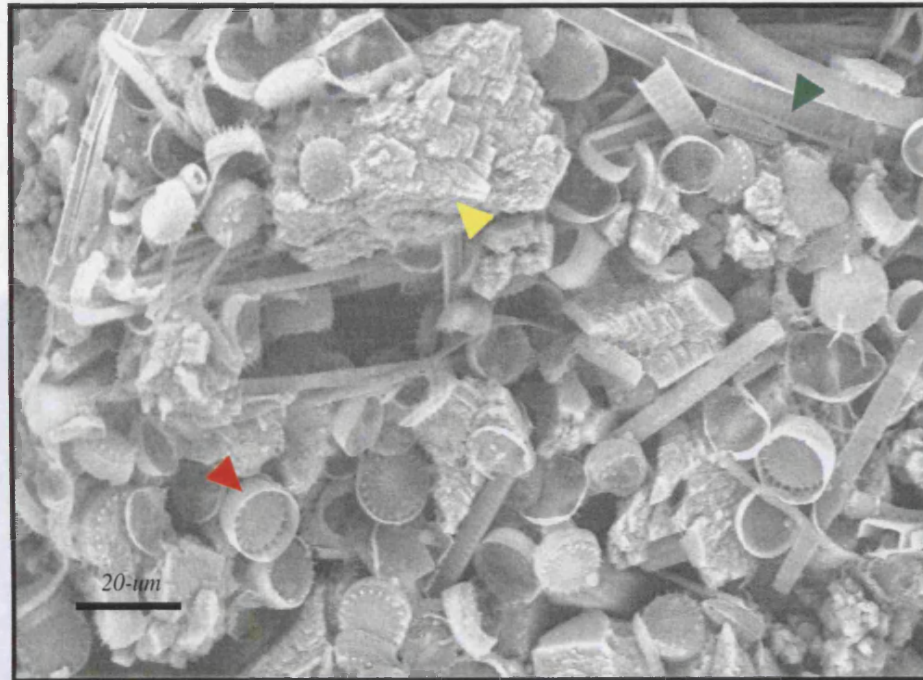


b)

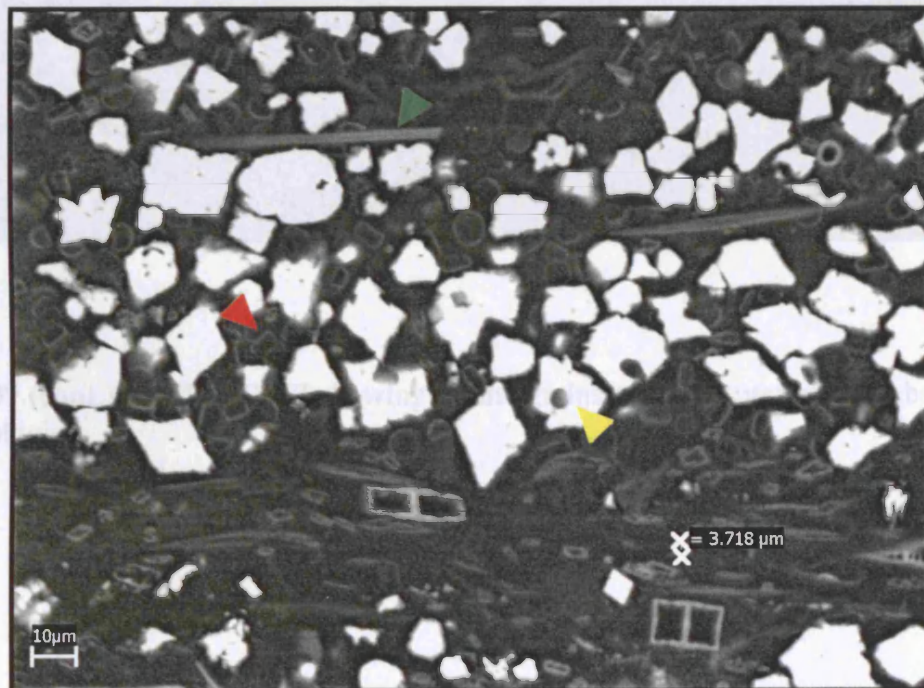
**Fig. 5.36:** Calcite grain morphologies preserved below 4000 Cal. BP.

a) SEM topographic. b) SEM BSEI.



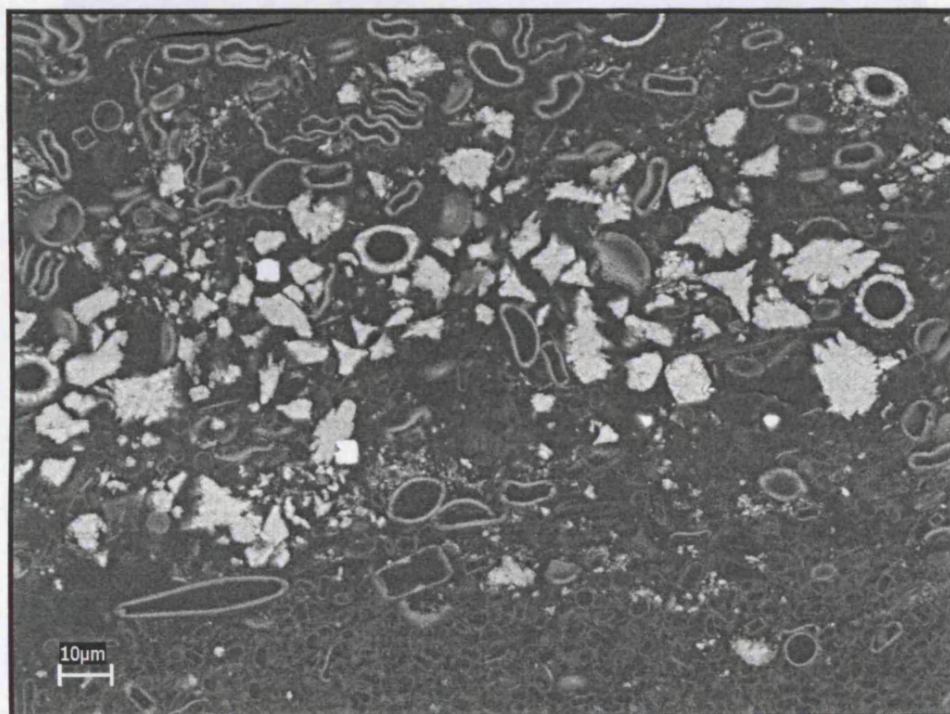


a)



b)

**Fig. 5.37:** Calcite grain morphologies preserved above 4000 yrs BP. The green triangle picks out *Synedra* spp. frustule; red triangle shows *S. parvus* frustule and yellow triangle shows polymorphic calcite grain in a) SEM topographic and b) SEM-BSEI of spring calcite-diatom lamina.

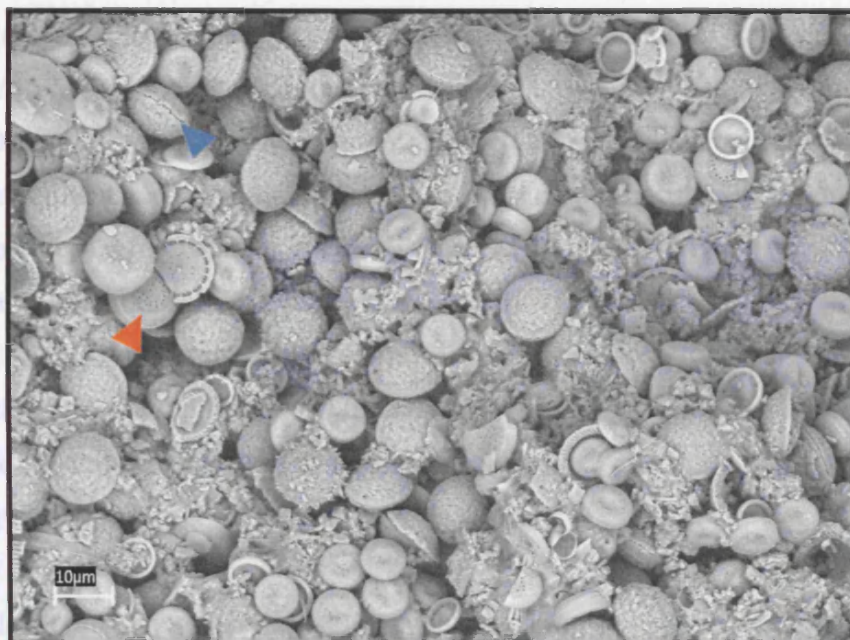


c)

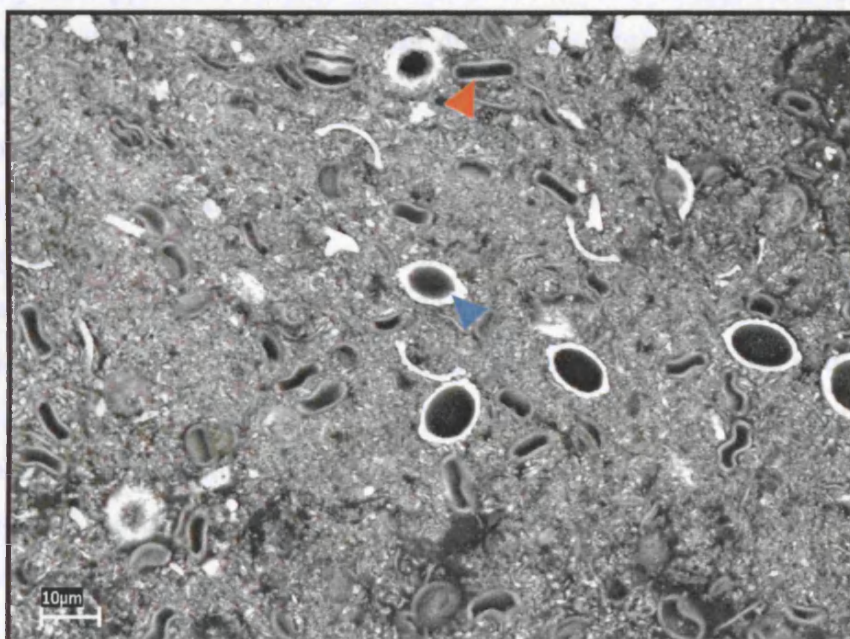
**Fig. 5.37 (cont.):** c) SEM-BSEI showing calcite grains with non-preferential absorption morphologies.

Fig. 5.37 (cont.): The blue triangle picks out a 'bi-valved' *Phacodus lenticularis* calcite larva whilst pink triangle picks out *C. radiosa* frustule (in d) SEM topographic and e) SEM-BSEI of summer micrite calcite-diatom lamina.





d)



e)

**Fig. 5.37 (cont.):** The blue triangle picks out a 'bi-valved' *Phacotus lenticularis* calcite lorica whilst pink triangle picks out *C. radiosa* frustule in d) SEM topographic and e) SEM-BSEI of summer micrite calcite-diatom lamina.

The remaining calcite laminae are associated with varying numbers of the green algae *P. lenticularis* (e.g., rare to minor in interval *A*, and minor through abundant in interval *B* through *D*) and rare to minor numbers of *C. ocellata* and *C. radiosa*. *Phacotus* spp. is the most dominant phytoplankton component in the uppermost calcite laminae of the 'triple-structure' in, for example, varves 505 and 314, and a significant component of the middle (micrite) laminae in for example, varve 281. *C. rossii* is preserved in significant numbers in the coarser micrite calcite laminae in interval *D* (e.g., varve 282). Phytoplankton succession finishes in intervals *B* through *D* in a calcite lamina composed of a mixed assemblage flora/fauna of large pennate and centric diatoms, chrysophytes and sponge spicules.

The BSEI varved phytoplankton succession is similar to that reported from modern phycology studies of northern hemisphere temperate lakes (Section 4.3.1). It demonstrates the varved nature of Diss Mere's laminae. Below 16 m, diatom productivity is suppressed. Annual succession is therefore recognised by increased preservation of the summer production of green-alga *Phacotus* spp. in inorganically precipitated calcite laminae. This is followed by the preservation of chrysophyte cysts in the base of the overlying biogenic organic matter lamina deposited during the peak of Chrysophyceae crop at the start of autumn. Above 16 m, the vegetative period commonly begins with preservation of cold-water spring-blooming diatoms *Synedra acus/nana* and *S. parvus*, or *C. ocellata*. The close association of the onset of calcite precipitation either shortly after the first diatom bloom, or with a change in diatom flora, indicates that biological productivity played a significant role in inorganic calcite precipitation. Diatom numbers decline throughout the calcite lamina and increased preservation of the green alga *P. lenticularis* concentrated in either the middle or uppermost calcite lamina of the 'triple-structure' indicates inorganic precipitation continued to occur during mid to late summer. Where preserved, a mixed assemblage of centric and pennate diatoms, Chrysophytes and sponge spicules indicates that the top of the varve cycle was deposited during the autumn period of lake overturn. The sharp onset of the next spring diatom bloom suggests the sedimentation was markedly reduced in the lake during winter.

Changes in spring diatom succession are probably related to the timing and strength of spring circulation that controls the supply rates of principal nutrients, *e.g.*, silicon and phosphorus and the preferred light regime for photosynthesis. Spring blooms of *Stephanodiscus* spp. and *Synedra* spp. prosper when supply ratios of Si:P are very low and illumination restricted. Their preservation is therefore consistent with periods of more vigorous spring circulation. *Cyclotella* spp., due to their superior ability to compete for phosphorus in low concentrations, probably bloomed in spring when supply ratios of phosphorus diminished and light levels increased during periods of less vigorous overturn. Summer diatom blooms are likely to be smaller than spring blooms because of the onset of thermal stratification, nutrient limitation and increased herbivore grazing. The predominance of *Phacotus* spp. in summer laminae may provide further evidence that they can survive ingestion by summer grazers because of their calcite lorica. The dominance of green algae and, presumably, cyanobacteria during summer stratification, reflects their ability to utilize nutrients at depth just above the thermocline. Preservation of small numbers of *Cyclotella* spp. frustules in calcite laminae probably reflects their ability to sink to a deeper zone during summer stratification and compete for hypolimnetic nutrients as well. Diatom productivity during autumn appears suppressed relative to spring. This may indicate less vigorous autumnal lake overturn, or more likely, that nutrient supply had been exhausted by spring and summer productivity.

#### **5.3.4. Changes over time in lake chemistry**

The 'triplet-structure' evident in the calcite-laminae demonstrates that calcite precipitation occurred most years over three periods from spring to summer. Whilst calcite precipitation is clearly linked to seasonal warming of lake waters the tri-association of calcite laminae appears to be linked to the seasonal order of phytoplankton events; the first, commonly coarser-grained calcite laminae occurs with the first diatom bloom, or with a change in diatom flora in spring and the finer-grained second and third laminae are coincident with the preserved remains of the clear-water phase and therefore the timing of blue-green/green algae primary productivity. According to Folk (1974) and Koschel (1997), the coarser grain-size and more

rhombohedral morphology of calcite crystals preserved below 16 m is indicative of slow growth of calcite in a meso-oligotrophic lake. The published diatom and fossil pigment stratigraphies for Diss Mere's varves (Fritz, 1989) also reveal that mesotrophic conditions persisted through much of this period. Mesotrophic conditions are explained by the moderate to high fossil pigment concentrations of the carotenoids oscillaxanthin and myxoxanthophyll. They indicate that a mixed assemblage flora of blue-green cyanobacteria dominated the phytoplankton community at this time restricting growth of diatom populations to low nutrient specialists, *e.g.*, *Cyclotella* spp. The latter is confirmed by the absence below 16 m of any diatom blooms in the BSEI phytoplankton succession. Sediment trap studies in analogous varved hardwater lakes show that most of the OM that is preserved in sediments comes from populations of diatoms that settle rapidly and escape oxidation in the epilimnion (Dean, 1999). Cyanobacteria are less important than diatoms in contributing to the ultimate accumulation of OM in profundal sediment, but are important for carbonate production (see Section 2.4 and Mullins *et al.*, 1998; Megard *et al.*, 1993). The prevalence of cyanobacteria and absence of diatom blooms would therefore account for the high concentrations of calcite and low amounts of OM and opal buried below 16 m. This scenario suggests that Diss Mere's waters experienced restricted water-column overturn during this period, with protracted or even perennial stratification, *i.e.*, meromixis. These conditions would be enhanced by warmer summers and/or colder winters (increased seasonality). Evidence of increased summer temperature is also indicated by relative prevalence amongst the restricted diatom population of the warm climate indicator, *Cyclotella radiosa* (see Fig. 4. 1 and Stoermer & Ladewski, 1976). Colder winters are indicated by the absence of significant diatom blooms, low numbers of diatoms cysts and a relatively low burial rate of OM (see section 4.3 and Fig 4.1). The dominance of blue-green algae would enhance bacterial reduction of sulphate and accounts for higher Fe-burial below 16 m. Permanent stratification would also result in anerobic decomposition of OM at the sediment water interface and in the sediment itself (Müller *et al.*, 2003). The resultant increase in pH does not cause calcite dissolution, as might be expected following aerobic decomposition, but results in calcite precipitation and an overall increase in observed grain-size.

Above 16 m, the reduction in calcite grain-size and increase in polymorphic and dendritic grain-morphologies is indicative of higher supersaturation due to lake eutrophication (Folk, 1974; Koschel, 1997). A marked reduction in fossilised carotenoid concentrations suggests that cyanobacteria became less important as primary producers. The preservation of multiple diatom blooms, especially of *Stephanodiscus* spp. and *Synedra* spp., but also *C. ocellata* as well as a significant increase in lorica of *P. lenticularis* confirms an increase in lake trophic status. A shift from cyanobacteria to diatom-dominated productivity can be explained by increased and more intense period of water-column overturn during spring (due to an earlier timing of ice break-up in spring or an absence of ice during winter) and more restricted summer stratification. These conditions might be enhanced by decreased summer temperature and milder winters (decreased seasonality). Increased spring overturn would have made available bottom-waters rich in nutrients, *e.g.*, phosphorous and silicon, promoting blooms of spring diatoms. Above 16 m, bioturbation, which disrupts the varved fabric at 15.44–15.50 m and 15.81–15.92 m depth (see Section 5.3), provides further evidence for both increased and cyclical variation in the degree of lake overturn. Increased presence of dissolved phosphorous in surface waters would have greatly inhibited the precipitation of calcite during spring and summer, and partly explains the rapid decrease in calcite burial above 16 m as well as the smaller grain-size. The concomitant increase in OM and opal burial is explained by increased diatom productivity (Megard, 1968; Dean, 1999). Seasonal regeneration of oxygen to Diss Mere's bottom waters would have promoted aerobic OM decomposition in the water column and sediments as well. The resultant decrease in pH would have promoted dissolution of calcite grains and may also have contributed to the rapid decrease in calcite burial, as well as the observed reduction in grain-size. The relative shallowness of Diss Mere, *i.e.*, only 6–8 m, means that dissolution in the water column was probably not that significant. Settling velocities for calcite crystals would have been in the order of hours and not days (Kelts & Hsü, 1978; table 9, page 317). It is clear that dissolution would have only played a significant role in sediment pore-waters, post-deposition.

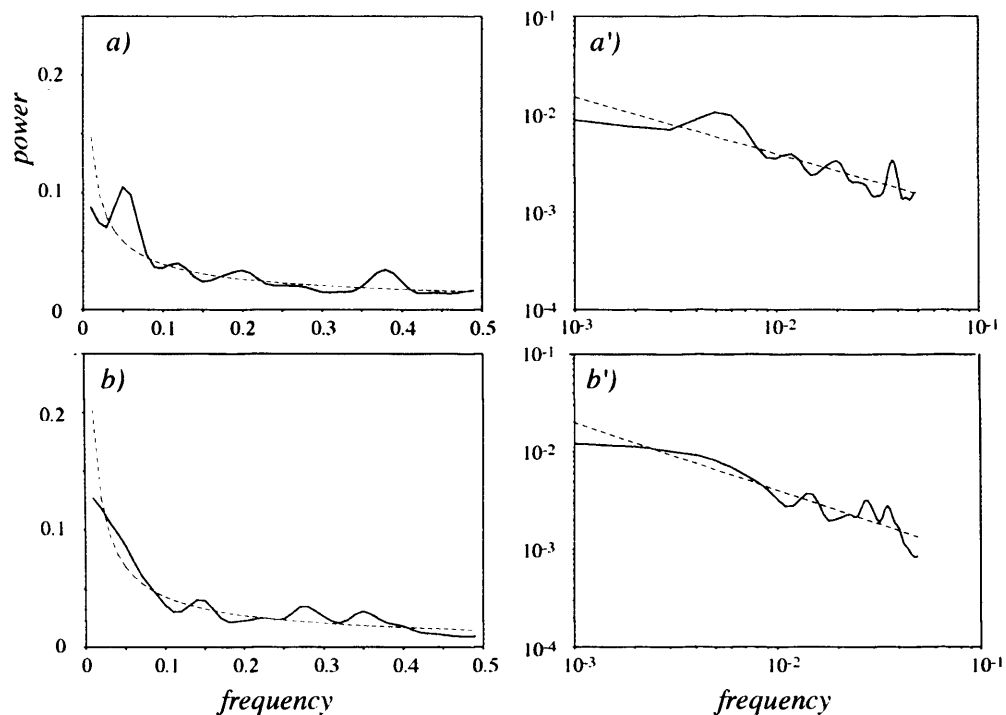


#### 5.4. Time-series and spectral analysis

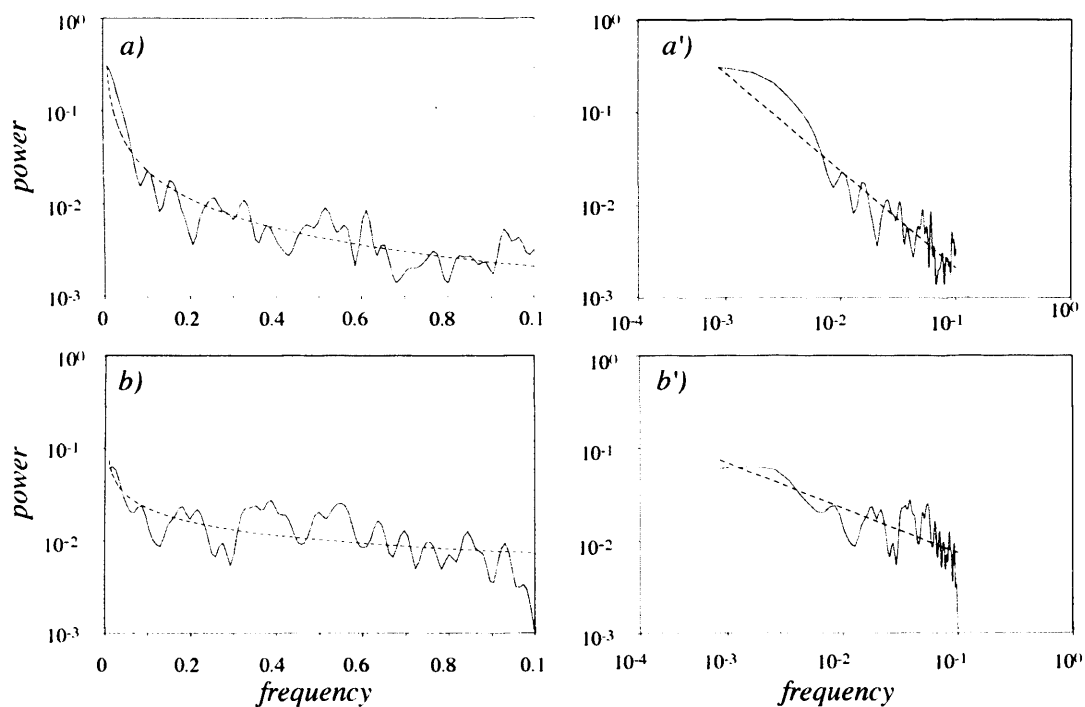
Results of spectral analysis of varve thickness and elemental Ca and Fe time-series are shown in Figs. 5.40 through 5.42. Power law fit to log-log plots of power spectra and the resulting red noise background spectrum for each periodogram are shown in Figs. 5.36 through 5.39. Despite the low correlation between light and dark layers preliminary spectral analysis (results not shown here) indicated that no new information would be discerned by calculating power spectra for seasonal components. Consequently, only total varve thickness was considered for Discrete Fourier Transform (DFT) investigation. For varve thickness, each power spectrum corresponds to one of eleven overlapping 100 yr data segments denoted next to the time-series. DFT spectra for XRF data, represent power spectra calculated from three periods: 2480-3640, 3760-4510 and 4510-4880 Cal. BP.

For varve thickness data, peaks significant at the 95% confidence level were centred on, *i)* 20, *ii)* 8 to 7, *iii)* 5, *iv)* 3.6 and *v)* 2 to 3 yrs. Power at periods less than 10 years were most pronounced between ~3900-4300 Cal. BP (segments *H* to *P*). Overlapping power spectra demonstrate that this period contains temporally passive (*e.g.*, segments *G*, *I*, *P*) and active phases (*e.g.*, segments *H*, *J* through *O*) of cyclicity characterised by a degree of non-stationarity, *i.e.* a change in dominant wavelength with time. The persistent presence of cycles with a period of 20 yrs in segments *A* to *E* implies that the varve thickness data since ~3600 Cal. BP is stationary.

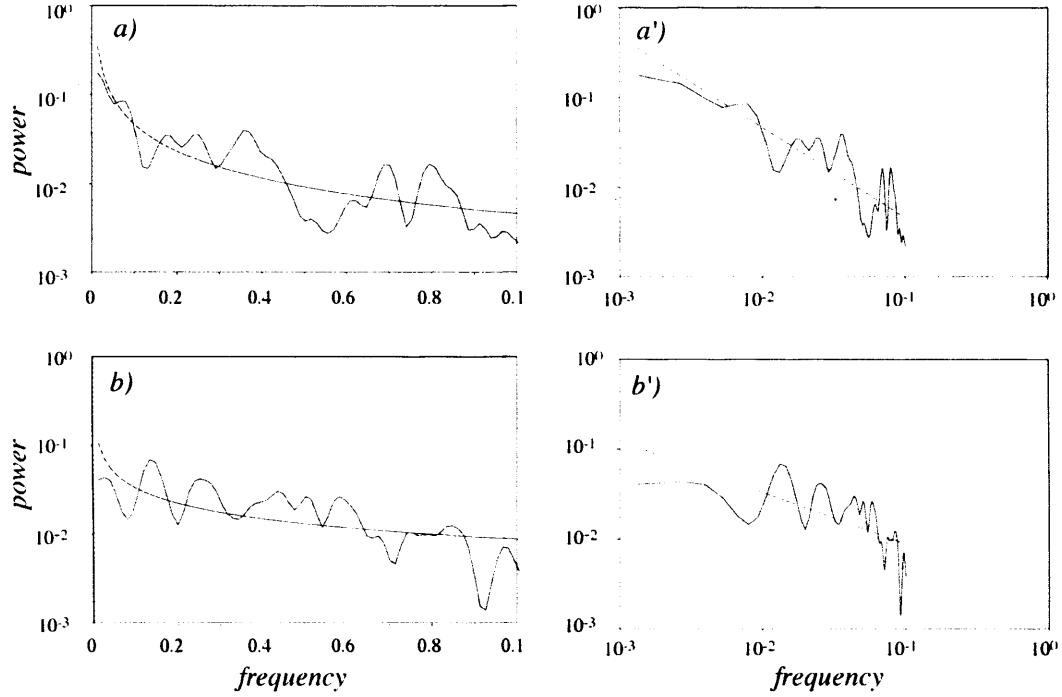
Aspects of the same regular cyclicity found in varve thickness data is seen in elemental Ca and Fe time-series. Elemental Fe data are characterised by cycles corresponding to periods of ~20 and 23-22 yrs. In addition, a number of multidecadal cycles were found with periods of, *i)* 84-75, *ii)* 44-37, *iii)* 30-25, and *iv)* 17.5 yrs. Only the period corresponding to 20 yrs is evident in all three segments investigated. Elemental Ca data is also characterised by cycles with periods of ~20 yrs (segments *A* & *C*), as well as



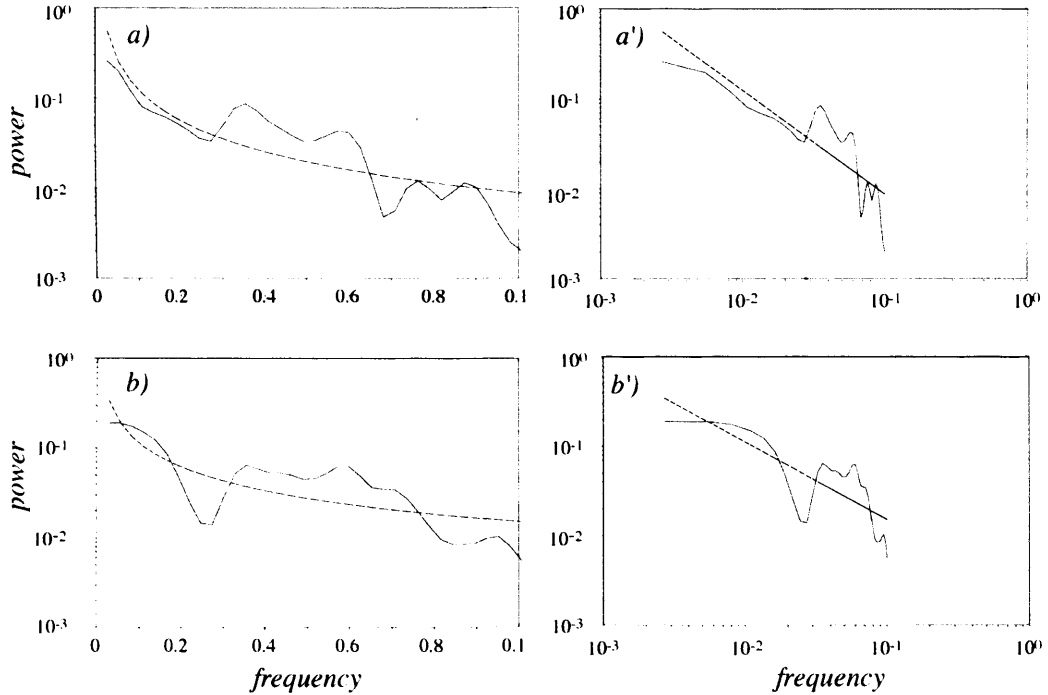
**Fig. 5.38:** Estimation of red noise background spectrum (red line) for power spectrum of varve thickness time-series from a) varves 1-322 & b) varves 350-864. Derived from fit of least square straight (blue) line to log-log plots (a' & b') of same power spectra.



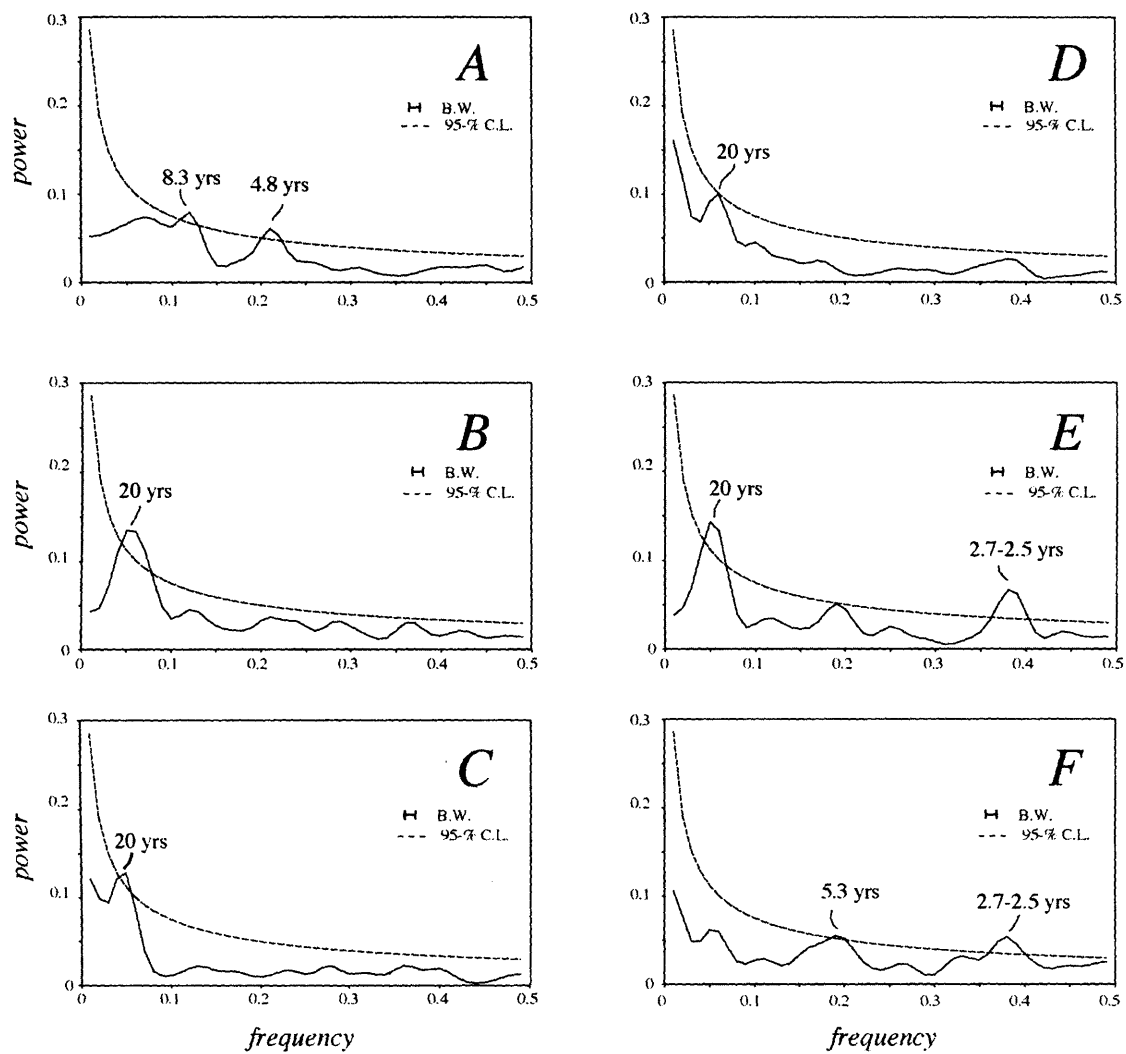
**Fig. 5.39:** Estimation of red noise background spectrum (red line) for power spectrum of a) Elemental Ca & b) Elemental Fe time-series data from 2500-3660 Cal BP using fit of least square straight (blue) lines to log-log plots (a' & b') of the same power spectra.



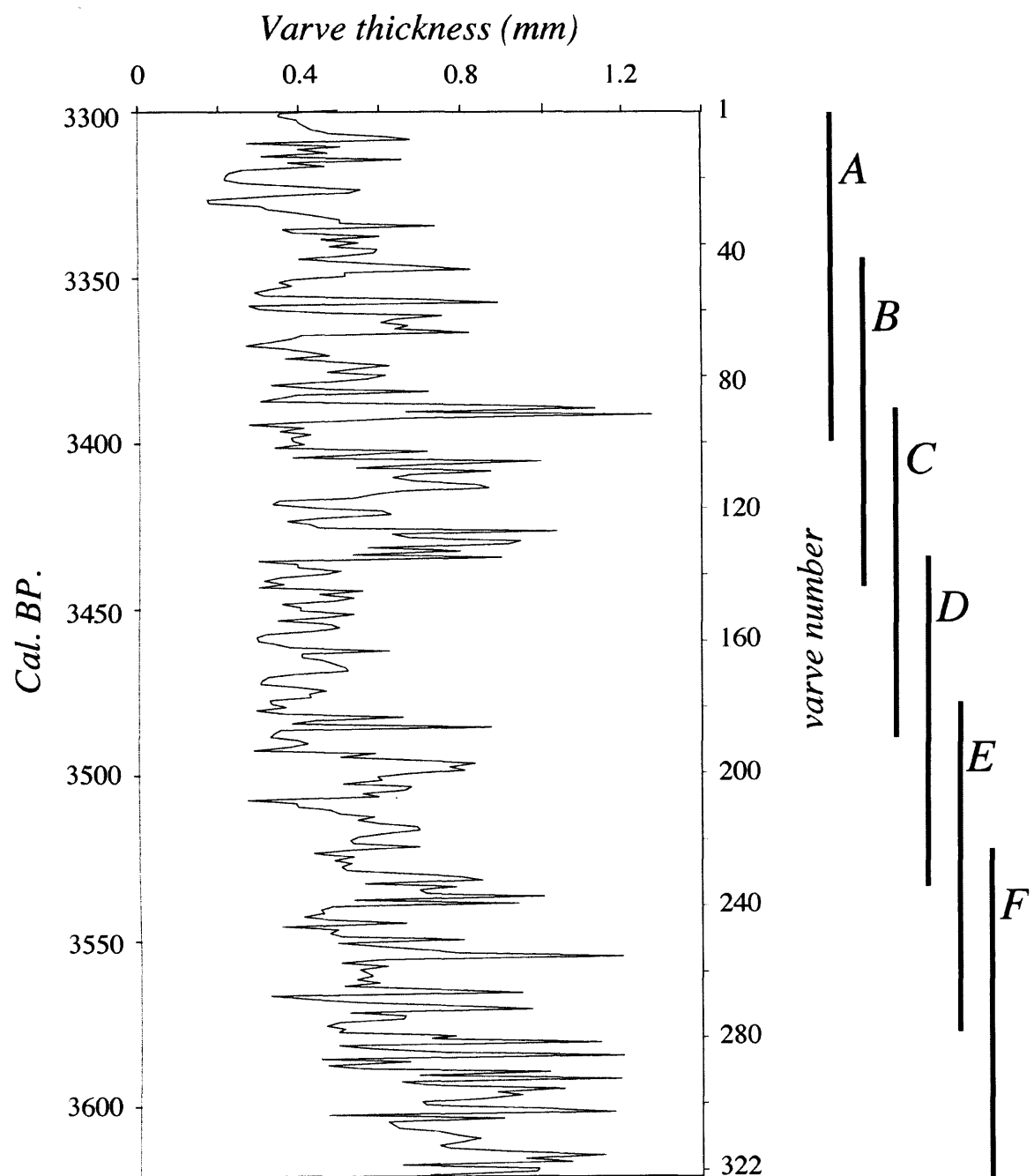
**Fig. 5.40:** Estimation of red noise background spectrum (red line) for power spectrum of a) Elemental Ca & b) Elemental Fe time-series data from 3770-4530 Cal. BP using fit of least square straight (blue) lines to log-log plots (a' & b') of the same power spectra.



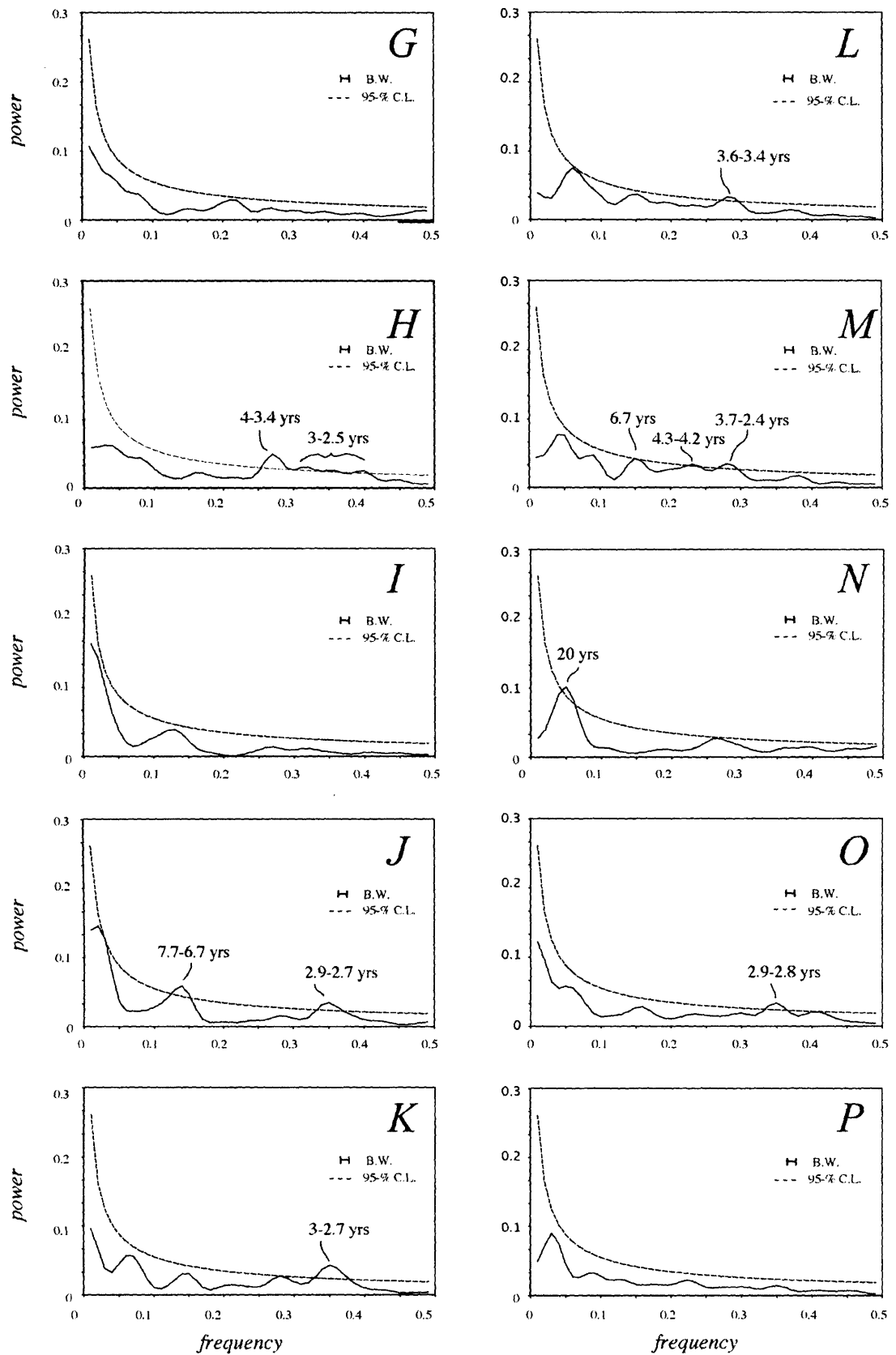
**Fig. 5.41:** Estimation of red noise background spectrum (red line) for power spectrum of a) Elemental Ca & b) Elemental Fe time-series data from 4530-4900 Cal. BP using fit of least square straight (blue) lines to log-log plots (a' & b') of the same power spectra.



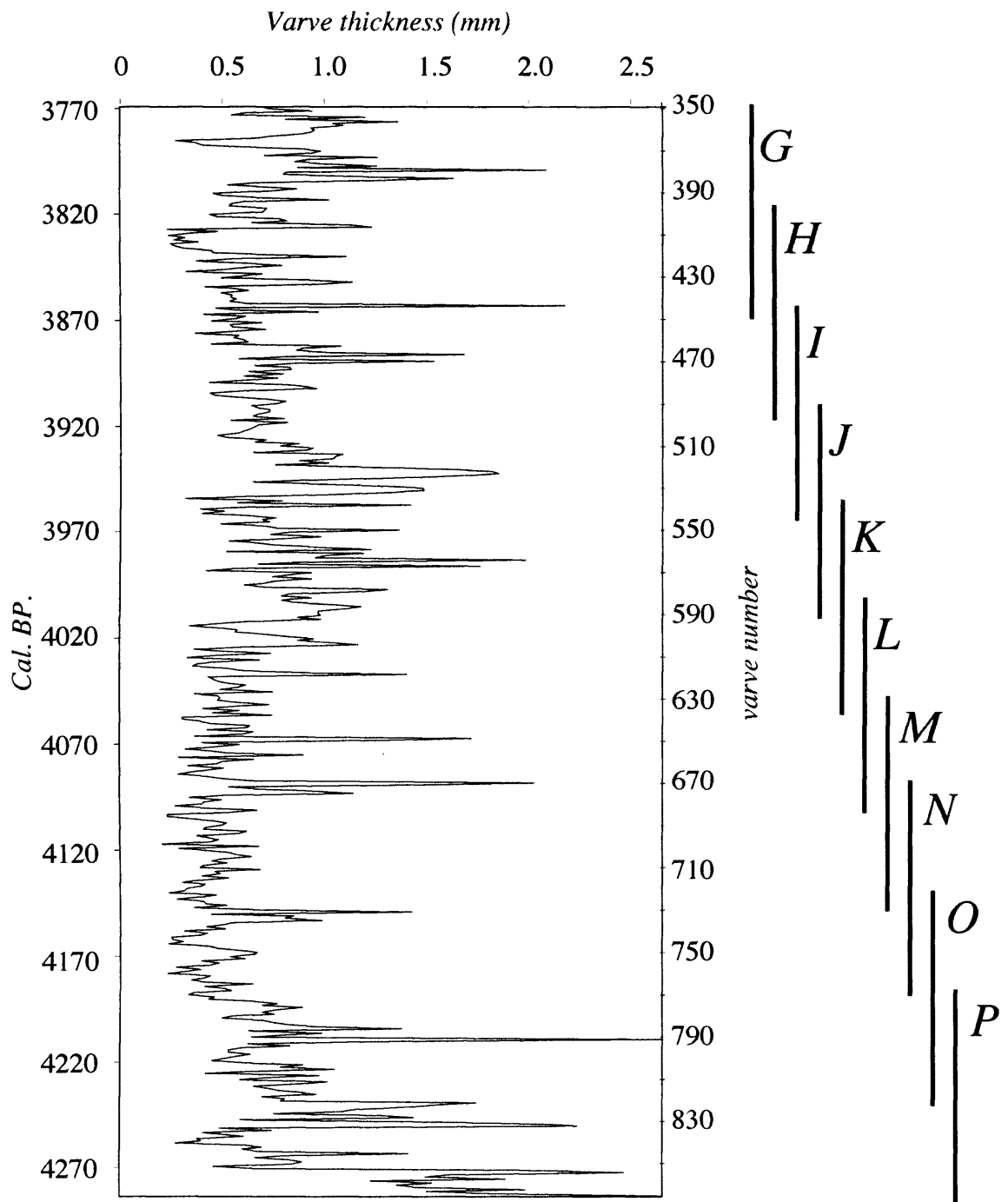
**Fig. 5.42:** Power spectra for varve thickness time series (varves 1 to 322).



**Fig. 5.42 (cont.):** Varve thickness time-series (varves 1 to 322). Corresponds to 15.62-15.80 m (composite) depth

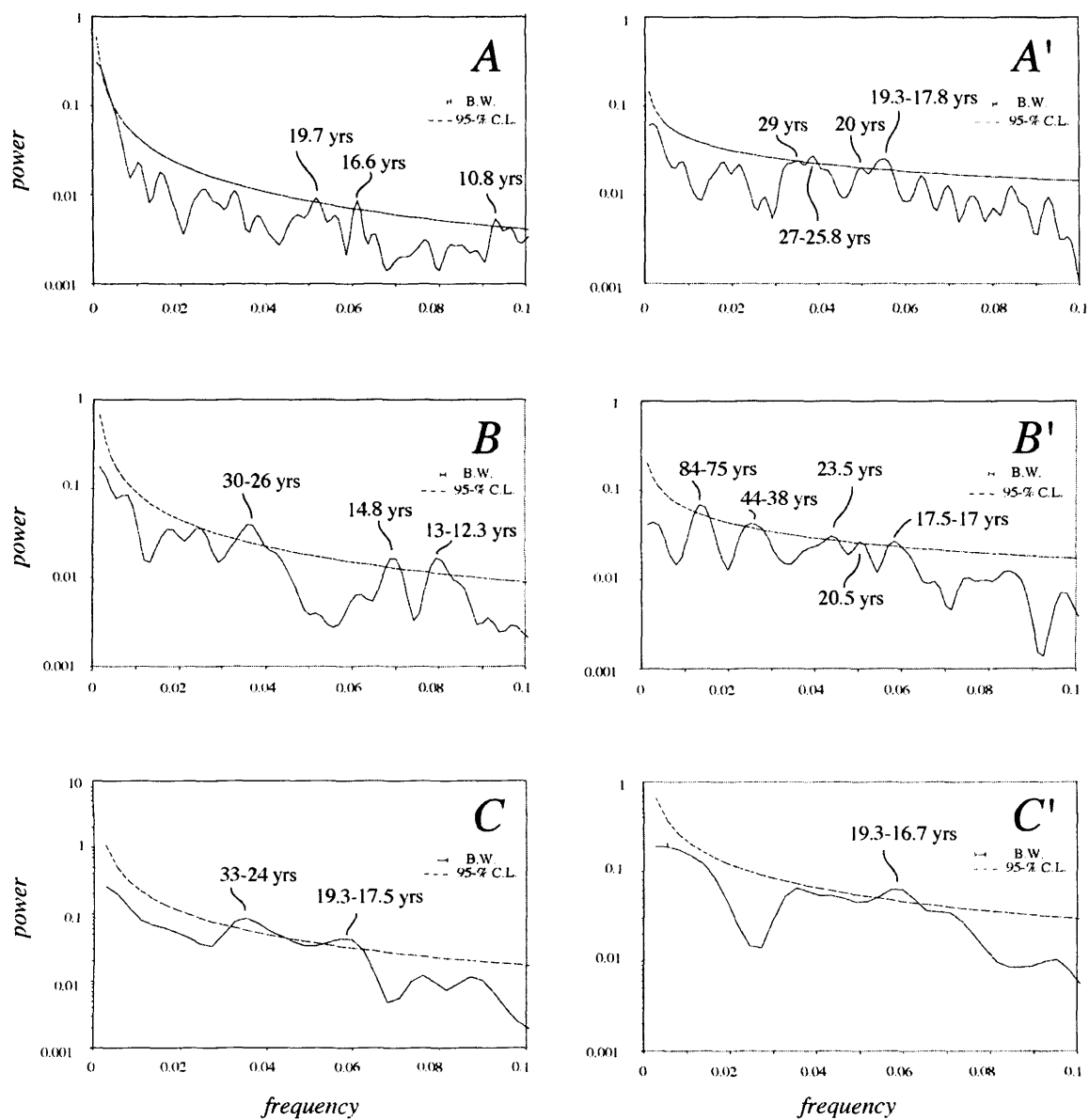


**Fig. 5.43:** Power spectra for varve thickness time series (varves 350 to 864).

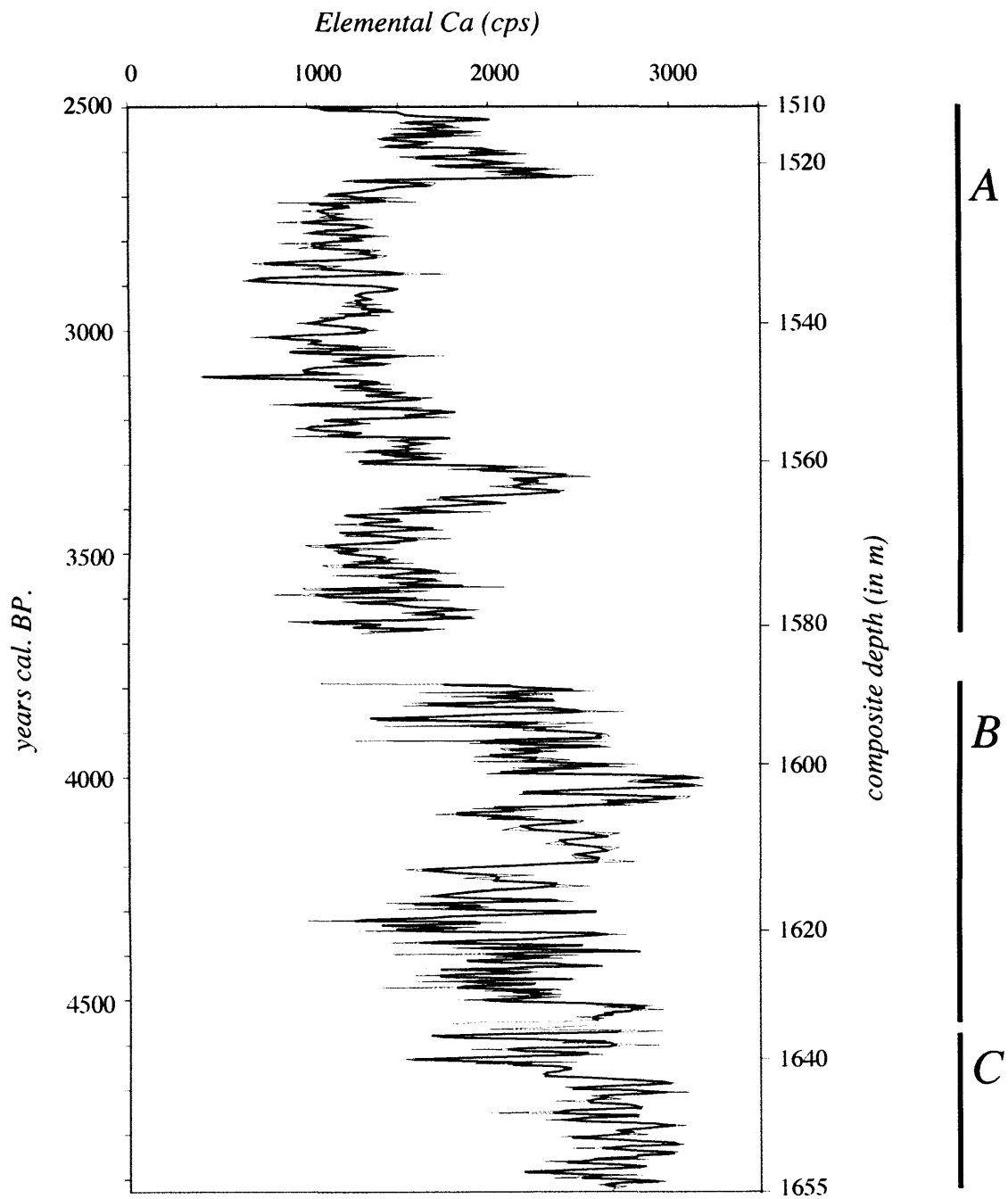


**Fig. 5.43 (cont.):** Varve thickness time-series (varves 350 to 864). Corresponds to 15.89-16.16 m (composite) depth.

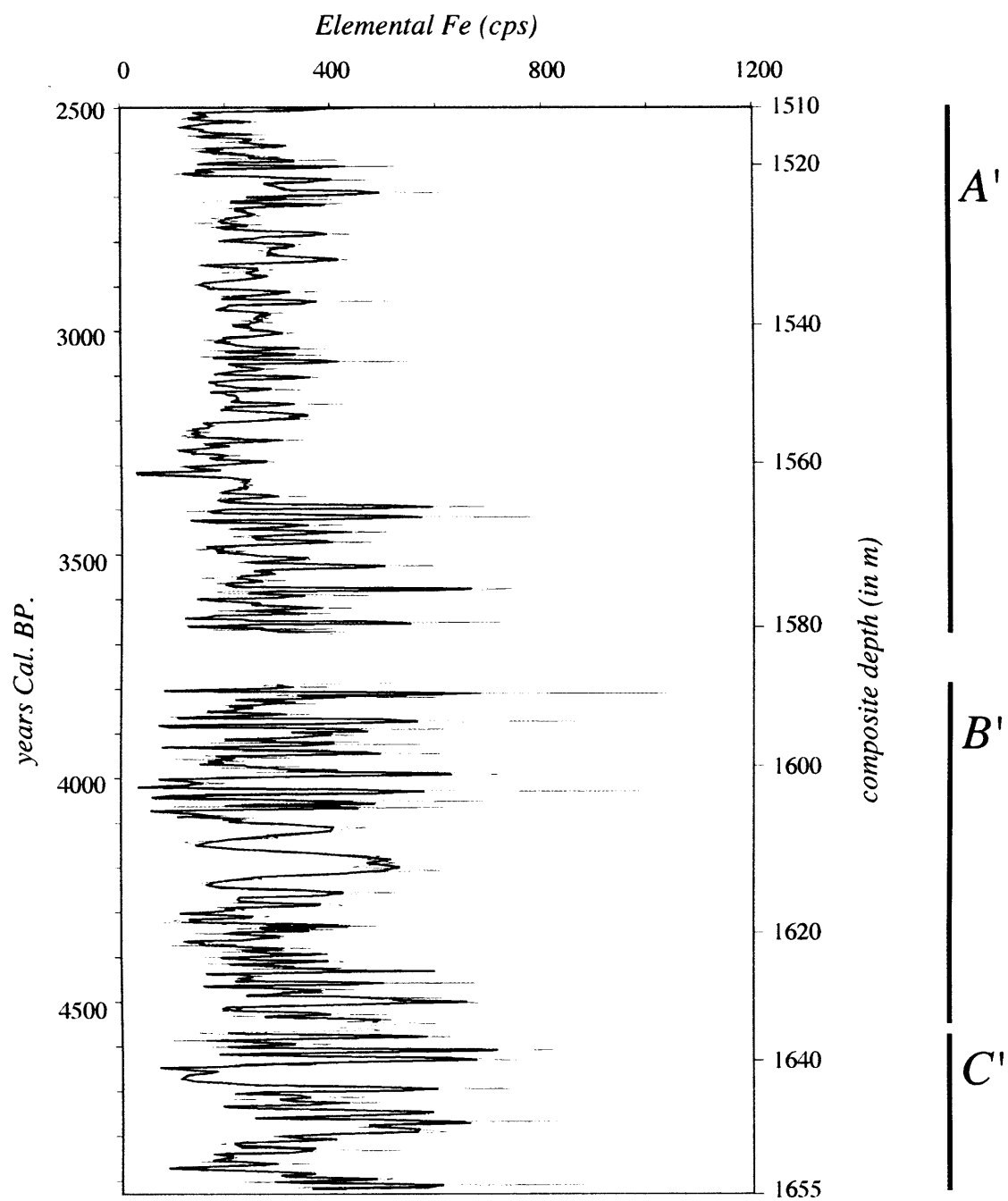




**Fig. 5.44:** Power spectra of XRF 2 mm Ca- (A through C) and Fe- (A' through C') elemental abundance from ~2500-4900 Cal. BP.



**Fig. 5.44 (cont.):** XRF 2 mm Ca-elemental abundance (blue line) from ~2500-4900 Cal. BP. Black line is 50 point moving average.



**Fig. 5.44 (cont.):** XRF 2 mm Fe-elemental abundance (red line) from ~2500-4900 Cal. BP. Black line is 50 point moving average

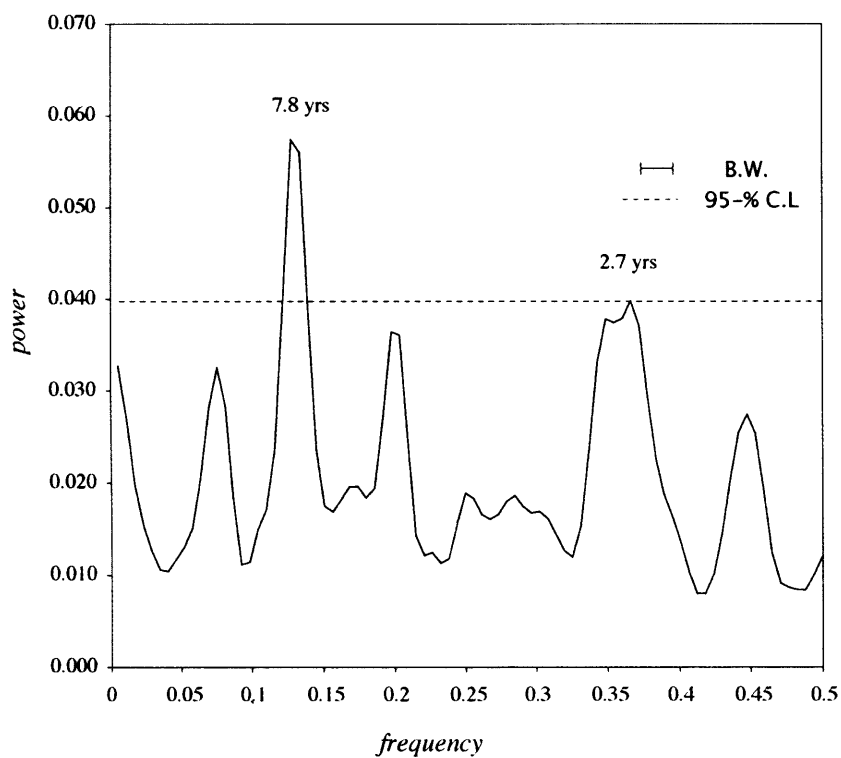
significant power at frequencies corresponding to 30-25 yrs (segments *B* & *C*). In addition, periods of 16.6, 15 to 14.5, 13-12 yrs, and 10.7, are also detected in the spectra.

The periodicities found at *i*) 20 yrs, *ii*) 7-8 yrs, *iii*) 5, *iv*) 3-4, and *v*) 2-3 yrs are similar to those reported from the power spectra of a number of proxy and instrumental winter NAO reconstructions, and Greatbatch (2000) and Wanner *et al.* (2001) review many of these efforts. Significant power at 25-20 yrs and 7-8 yrs is reported by Rogers (1984), Cook *et al.* (1998), and Mann (2002). Cook & D'Arrigo (2002) report find significant power at 7.7 yrs, 4 yrs, and 2-3 yrs; Schneider & Schönwiese (1989) also report significant spectral power at a 'quasi-biennial' timescale (2-3 yrs) in monthly NAO data. Spectral analysis of an NAO record constructed from modern Red Sea corals reveals strong interannual variability at 5-6 yrs (Felis *et al.*, 2000). The NAO index of Jones *et al.* (1997), analysed using the same techniques outlined in section 3.3.4, also reveals significant power at 7-8 and 2-3 yrs (Fig. 5.43).

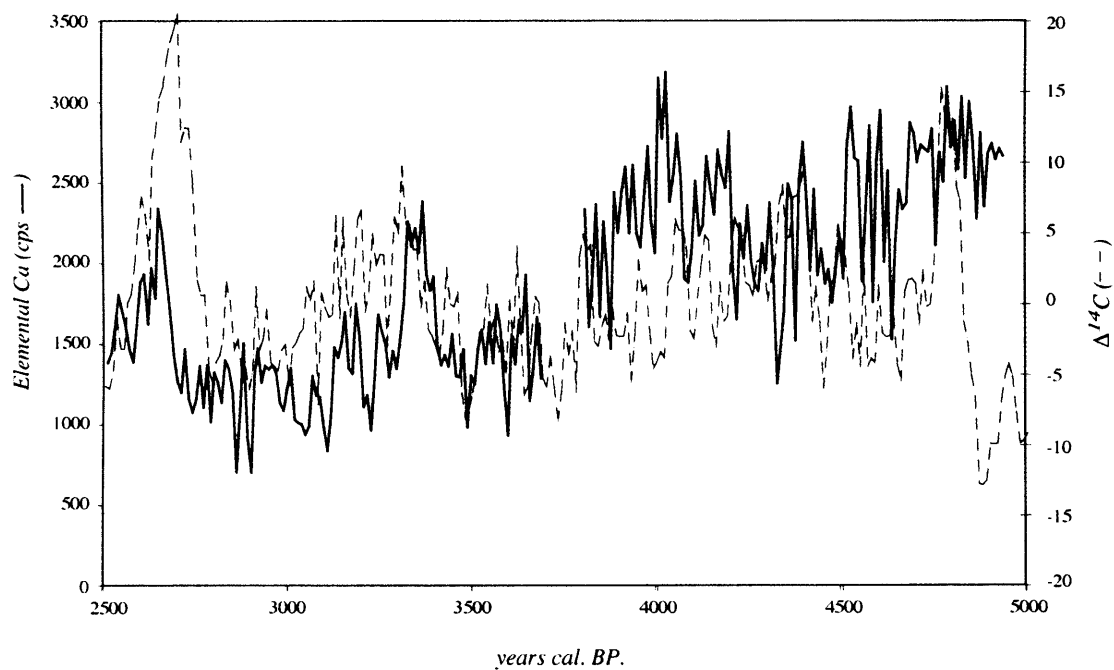
Existence of periodicities at 44, 25 to 30 and 23-22, 10.7 yrs in XRF elemental time-series may provide further evidence of some solar-climate link. These peaks are close to periodicities attributed to solar activity in climate relevant time series, *e.g.* 40-50 yrs and 20-25 yrs in  $^{10}\text{Be}$  concentrations in Greenland ice core (Beer *et al.*, 1994) and in tree-ring data on radiocarbon production (Stuiver, 1983; Stuiver & Braziunas, 1993). A global 'solar forcing' of sedimentation at such timescales is borne out in a number of varved sedimentary lake records from a range of geological periods. Notably, amongst others, these are the Holocene sediments of Lake Soppensee, Switzerland (Livingstone & Hadas 2001), Elk Lake, Minnesota, (Anderson, 1992, 1993; Bradbury *et al.*, 2002, Dean *et al.*, 2002), and Lake Holzmaar, Germany (Zolitschka, 1992, Vos *et al.*, 1997). Figure 5.44 shows the correlation of the elemental Ca time-series with the low-pass filtered INTCAL 98 atmospheric  $\Delta^{14}\text{C}$  radiocarbon age calibration of Stuiver *et al.* (1998), a proxy for solar variability. To maximize cross-correlation, the elemental Ca curve was moved 35 yrs relative to the  $\Delta^{14}\text{C}$  curve, a shift well within the dating error associated with the calendrical chronology generated for the Diss Mere record. This technique is justified as although the tree ring chronology is probably accurate to within a few

decades (Stuiver *et al.*, 1986) the tentative nature of the correlation of pollen zones from Diss Mere to Hockham Mere means that the varve chronology although internally consistent, may only be placed accurately in time to within a few centuries (see section 5.1.2). Although there are differences between the two time-series, elemental Ca variation bears a strong resemblance to atmospheric  $\Delta^{14}\text{C}$  variation after ~4000 Cal. yrs. BP, especially on centennial- to multi-centennial-timescales ( $r = 0.36$ ,  $n = 118$ ; significant at 99.99% confidence level). Minima in  $^{14}\text{C}$  production rate (enhanced solar activity) correspond to periods of reduced carbonate burial and, commonly enhanced organic matter burial (cooler summers/milder winters, decreased seasonality).

Because of the ubiquitousness of high-frequency noise in geophysical time series, one should be careful in interpreting peaks in annual time series at periods of <10 yrs. However, the repeated occurrence of strong periodicities (well above the 95% confidence limit) at 2-3 yrs and 4-6 yrs in the varve series, as well as the common occurrence of increased power in these cycles in a variety of modern and palaeoclimate time series, point towards some real underlying environmental control. Given that, at the 95% confidence level, there is a one-in-twenty chance that a peak in a power spectrum will be statistically significant by chance. For example, in the varve thickness data, of the 50 frequencies investigated, statistically speaking, '2.5 peaks' could appear significant at the 95% confidence level, but could potentially be due to random sedimentation processes. This is a serious limitation for the interpretation of these results. However, it is the subjective opinion of the author that, if a peak is consistently present throughout the power spectra investigated, then it is likely to represent some real periodic phenomenon. Consequently, the existence of periodicities at 44, 25-30 and 23-22, 10.7 yrs (the latter of which is close to the resolution of the XRF power spectra and is probably a function of aliasing of higher frequencies) are considered with caution.



**Fig. 5.45:** TSA of NAO index of Jones et al., (1997).



**Fig. 5.46:** Correlation between  $\Delta^{14}\text{C}$  of Stuiver (a low-pass filter was applied to the data to remove trends >1500 yr.) and time-series of XRF Ca-cps.

### **5.5. Environmental vs. cultural influences on Diss Mere sedimentation**

A strong climate-sedimentation link at Diss Mere is indicated by the recognition of, and distinct evolution in, interannual to interdecadal climate relevant periodicities across the significant change in seasonality *ca.* 4000 Cal. yrs. BP, as well as apparent linear-response of seasonality cycles following this event at Diss to solar forcing on centennial-timescales. Given Diss Mere's lack of river input/output, its long residence time and small catchment area, it is unlikely that on such timescales, unless there is complete vegetation clearance (as seen at ~2500 Cal. yrs. BP, cf. Fig. 3.1, 15.28 m depth), catchment processes would have any significant or dominating control on nutrient cycling and lake sedimentation. It is internal limnological forcing driven by environmental variability that dominates change at Diss Mere on annual to centennial timescales, that is, the degree of lake stratification/overtake.

Diss Mere's catchment, though, has a long record of human settlement and the change in lake system state at *ca.* 4000 Cal. BP underlines the difficulty of separating the effects of climate change and human-induced land-use conversion on lake sedimentation at Diss Mere over longer timescales. The problem is that lake eutrophication, whether driven by environmental change or changes in human catchment practices, tends to leave an identical record in lake sediment geochemistry and only through the application of multi-proxy studies can the relative influences begin to be determined. Indeed, whilst the influence of climate on Diss Mere's record at ~4000 Cal. BP is clear, and confirmed by cross-reference with other circum-Atlantic palaeoclimate records (see section 6.2), the pollen, fossil pigment, and diatom stratigraphies indicate, however, that the carbon burial dynamics that record this change were also likely influenced by human activity. For comparison, Table 5.6 provides a summary of the major changes in sedimentology, palynology and phytoplankton dynamics over the time period concerned. It is clear that diatom and pollen evidence (Fritz, 1989 and Peglar *et al.*, 1989, respectively) demonstrate around this time that a large increase in the relative abundance of littoral diatoms and in sedimentary pigment concentration appear to correlate with a spike of barley pollen and the beginning of continuous curves of pollen taxa characteristic of open habitats. Fritz (1989) argues that small-scale deforestation resulted in changes in

**Table 5.6:** Summary table showing the timing of vegetation, phytoplankton and climate inferred events recorded in the mid- to late-Holocene varved interval at Diss Mere. Correlation of the Peglar et al. (1989) & Fritz (1989) stratigraphy to the record used here is based on inflections between CaCO<sub>3</sub> and OM records from both stratigraphies and the recognition of a sharp change in sediment colour at 16.03 m (16.24 m in the Peglar et al. (1989) & Fritz (1989) record.

	DMP-zones & Pollen-inferred catchment disturbance	DMD-Zones and phytoplankton inferred lake ecology	Sedimentology/ Varve character	Inferred Climate regime	
1500 composite depth (in m)	7a Major catchment land clearance	3a <b>Eutrophic</b> - <i>Stephanodiscus</i> spp. dominate	<b>Homogeneous</b> - organic calcite mud with diatoms. inc. clastic content.		2500 Cal. BP
	6	2c	<b>Varved</b> - lower CaCO <sub>3</sub> burial lower FeS burial higher organic matter burial higher biogenic opal burial < 1-2 % clastics  Inc. prevalence of diatom ooze lamina with multiple blooms of <i>Synedra</i> spp. <i>C. ocellata</i> , <i>S. parvus</i> & <i>P. lenticularis</i>  Reduction in calcite grain-size and inc. in polymorphic and dendritic grain morphologies indicative of fast growth of calcite during lake <b>eutrophication</b>  Sharp change in sediment colour & rapid dec. (inc.) in CaCO <sub>3</sub> (organic matter) burial.	Seasonality cycles show significant coherence with $\Delta^{14}\text{C}$ proxy for solar activity.  Bidecadal NAO-type cycle  Low seasonality cooler summers/ milder winters.	3000
1550	Inc. in % of <i>Taxus</i> , <i>Corylus</i> & <i>Betula</i> tree pollen indicates forest regeneration from ~15.9 m. ←	<b>Meso-eutrophic</b> - Reduced Blue-green algae primary productivity  Inc. diatom primary productivity Major inc. in number of diatom frustules. inc. % <i>C. ocellata</i> dec. % <i>Synedra</i> spp & <i>C. radiosa</i>			3500
1600	← <i>Hordeum</i> (barley) spike	2b ← <i>Synedra</i> species dominant diatom			4000
	<b>Mixed-deciduous forest</b> Inc in <i>Gramineae</i> and other taxa characteristic of open habitats from the base  ← <i>Tilia</i> & <i>Corylus</i> decline	<b>Mesotrophic</b> - mod. to high blue-green algae primary productivity  low numbers of diatoms of which <i>C. radiosa</i> dominates.  Inc. <i>Synedra</i> % most dominant diatom species at 16.02 m	<b>Varved</b> - high CaCO <sub>3</sub> burial high FeS burial low organic matter burial low biogenic opal burial  < 1-2 & clastics  No diatom ooze lamina. low diatom numbers  silt-sized calcite grains with rhombohedral morphologies indicative of slow growth of calcite in a <b>meso-oligotrophic</b> lake.	Interannual NAO-type cycles with no preferred mode  High seasonality - warmer summers/ cooler winters	4500
1650	5 <b>Mixed deciduous forest</b> presence of ruderals indicates human presence  (Peglar et al., 1989)	(Fritz, 1989)			5000



catchment nutrient cycling, which resulted in enhanced inputs of nutrients to the lake and hence elevated algal production. She reports an isolated 15% spike in barley pollen at 16.23 m. The stratigraphy used by Fritz (1989), Peglar *et al.* (1989) and Peglar (1993b) is based on coring depths and correlations of  $\text{CaCO}_3$  between this record and the composite stratigraphy generated here are only as accurate as the resolution of the former (*i.e.* 8-4 cm). Despite this limitation sediment descriptions by Peglar (1993b) indicate that the spike in barley pollen is 1 cm above the sharp change in sediment colour recorded at 16.03 m in this study. Peglar (1993b) reports this evidence as a 16% spike in barley pollen 8 cm higher in their stratigraphy. Wherever this spike is preserved, it appears to occur after the initial sharp change in sediment colour and therefore change in central tendency in carbon burial rate. The expansion of open habitat and minor arable cultivation appears to have contributed to an initially natural eutrophication of Diss Mere's waters may therefore reflect increased human migration to the region in a response to decreased seasonality. The sampling resolution of the pollen and diatom studies of Diss Mere's varves, however, is low (every 8-cm) and more detailed studies across this transition are required to determine the relative phasing of events.

## 5.6. Summary

In summary, this chapter presents evidence for the annual nature of Diss Mere's varves. During the mid- to late-Holocene their deposition is characterized by statistically significant cycles that are similar to periodicities attributed to modern day indices and proxy records of the NAO. A distinct evolution in NAO-type variability from interannual to multidecadal cycles occurs in tandem with a rapid reduction in seasonality from 4000 Cal. BP. A change in seasonality at Diss is manifested in lake eutrophication and recorded by a shift in carbon burial dynamics, a pronounced switch from cyanobacteria-dominated to diatom-dominated productivity and a change in the varve character. Following this event, seasonality cycles show a strong correlation with  $\Delta^{14}\text{C}$  record from European tree rings. Enhanced solar radiation is correlated with reduced seasonality in East Anglia.

## **6. Discussion**

In this chapter the significance of the NAO-type periodicities recorded in mid-Holocene annual accumulation rates from Diss Mere is investigated further and their evolution across the rapid transition in seasonality at 4000 Cal. BP is discussed. This Rapid Climate Change (RCC) is then compared to change during the Holocene in a number of other circum-Atlantic palaeoclimate records and inferences are drawn. Finally, the potential for solar forcing of the NAO is discussed.

### **6.1. NAO-type climate variability**

The recognition of periods of 20 yrs, 7-8 yrs, 4-5 yrs, and 2-3 yrs in Diss Mere's varved record during the mid-Holocene implies that these oscillations, which are also recorded in instrumental and tree-ring proxy records of the NAO from the last millennium, are likely to have been consistent, long term features of the North Atlantic climate system. Here, NAO-type climate variability is recorded in sediment that is largely deposited during spring through summer. Given that the NAO is most pronounced in winter in the northern hemisphere, these findings may imply a significant memory effect of the winter NAO on primary productivity in terrestrial ecosystems during spring through summer. The physical mechanisms by which this may occur are not certain. However, they may, in part, be connected to the important influence that winter temperatures play on the timing, duration and strength of spring water-column overturn/summer stratification (see also section 4.3).

The evolution of the NAO during the mid-Holocene bears a striking resemblance to modern day features of the NAO on the following fronts:

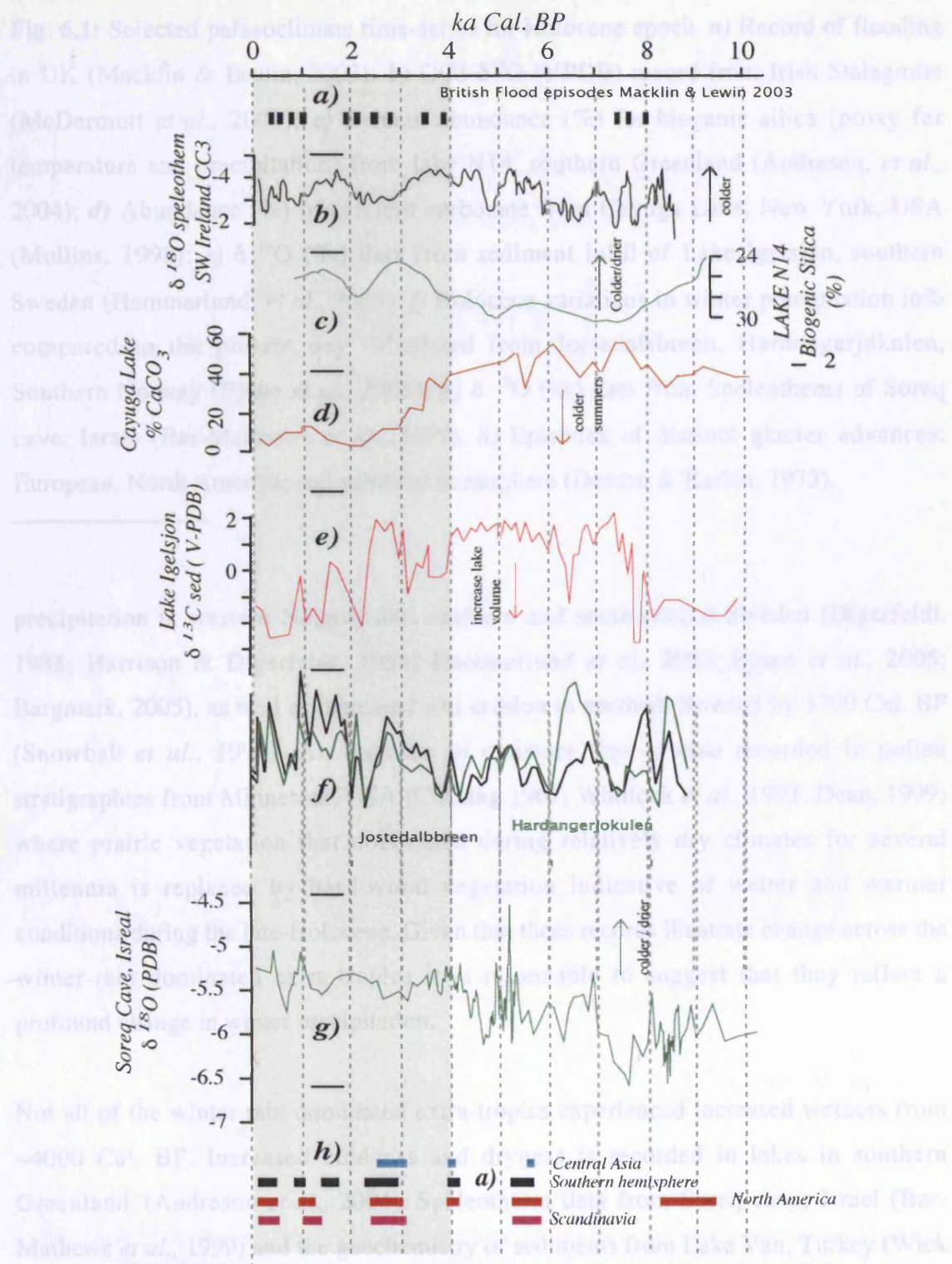
- a) Interannual NAO variability shows no preferred mode with a tendency to switch between dominant periodicities over time. This is consistent with the notion that highest frequency variability in the NAO is a product of processes intrinsic to the atmosphere.

- b) The shift from interannual to multidecadal variability following the change in system state at 4000 Cal. BP is comparable to the evolution of the NAO over the 19<sup>th</sup> to 20<sup>th</sup> centuries. A switch from 'quasi-bennial' variance enhanced in the late 19<sup>th</sup> and early 20<sup>th</sup> centuries to 8-10 yr. variance over the latter half of the 20<sup>th</sup> century is coincident with bias towards a positive, high index state of the NAO (Hurrell & van Loon, 1997).

A positive NAO is associated with milder winters in the UK and consequently a reduction in seasonality over the annual cycle. To explore whether the RCC recorded at Diss at 4000 Cal. BP is a local manifestation of a much larger event that reflects such change a number of other circum-Atlantic Holocene palaeoclimate records were compared to the local signal from Diss. The proxy records used were selected because of their peer-reviewed association with a climate variable (such as temperature or rainfall), because they are reconstructions from regions known to be sensitive to NAO forcing and because they are radiocarbon dated (resulting in an error range much less than 500 yr). Because the NAO is predominantly a winter phenomenon, a deliberate bias was placed on the selection of records that reflect either winter or annual variability.

## **6.2. Comparison of circum-Atlantic palaeoclimate records**

The results of this survey are shown in Figures 6.1 and 6.2. Although there is currently a lack of high-resolution seasonal records from both the Greenland and Mediterranean regions, the evidence presented suggests that from 4000 Cal. BP and likely until the present, milder and wetter winters across northern Europe and North America may form regional anomalies of opposite sign to increased aridity in Greenland and the Mediterranean. Increased flood frequency, for example, is recorded in British river deposits from 4000 Cal. BP (Macklin and Lewin, 2003) and abundant ancillary evidence exists for increased wetness over Britain during the late-Holocene from peat humification profiles (Hughes *et al.*, 2000; Barber *et al.*, 2003). Further a field, glacier advance is more common after 4000 Cal. BP. in western Norway (Nesje *et al.*, 2001) which is consistent with a tendency towards higher lake levels and increased winter



**Fig. 6.1: (full description overleaf):** Palaeoclimate time series for Holocene Epoch from Europe and North America and globally distributed glacier advance records

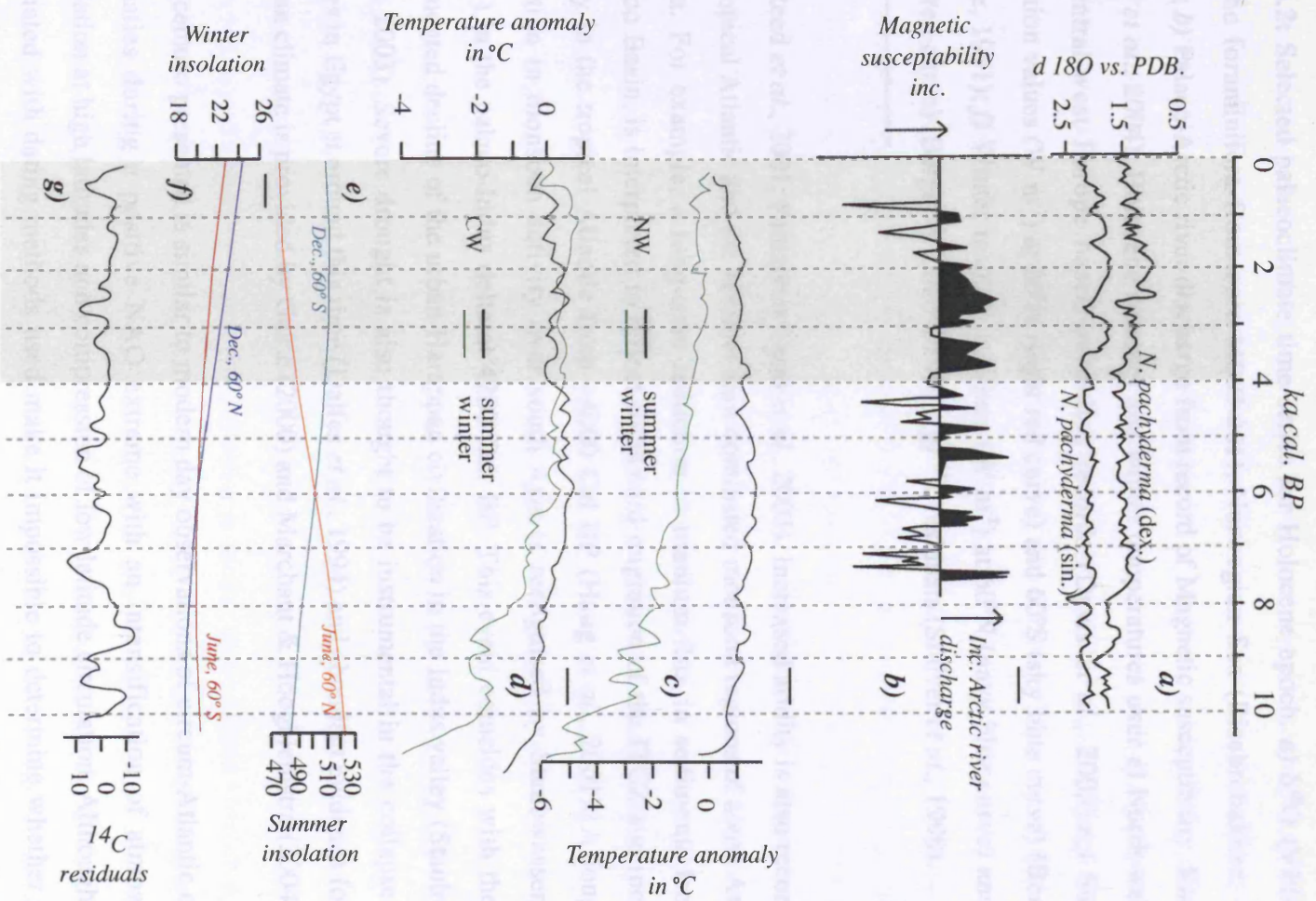
**Fig. 6.1:** Selected palaeoclimate time-series for Holocene epoch. *a)* Record of flooding in UK (Macklin & Lewin, 2003); *b)* CC3  $\delta^{18}\text{O}$  (VPDB) record from Irish Stalagmite (McDermott *et al.*, 2001); *c)* Percent abundance (%) for biogenic silica (proxy for temperature and precipitation) from lake N14, southern Greenland (Andresen, *et al.*, 2004); *d)* Abundance (%) of calcium carbonate from Cayuga Lake, New York, USA (Mullins, 1998); *e)*  $\delta^{18}\text{O}$  (‰) data from sediment infill of Lake Igelsjön, southern Sweden (Hammarlund, *et al.*, 2003); *f)* Holocene variations in winter precipitation in% compared to the present day calculated from Jostedalsbreen, Hardangerjøkulen, Southern Norway (Bjune *et al.*, 2005); *g)*  $\delta^{18}\text{O}$  (‰) data from Speleothems of Soreq cave, Israel (Bar-Matthews *et al.*, 1999). *h)* Episodes of distinct glacier advances: European, North America, and southern hemisphere (Denton & Karlén, 1973).

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precipitation in western Norway and southern and south central Sweden (Digerfeldt, 1988; Harrison & Digerfeldt, 1993; Hammarlund *et al.*, 2003; Bjune *et al.*, 2005; Bargmark, 2005), as well as increased soil erosion in northern Sweden by 3700 Cal. BP (Snowball *et al.*, 1999). An increase in moisture flux is also recorded in pollen stratigraphies from Minnesota, USA (Cushing 1967; Whitlock *et al.*, 1993; Dean, 1999) where prairie vegetation that dominated during relatively dry climates for several millennia is replaced by hard-wood vegetation indicative of wetter and warmer conditions during the late-Holocene. Given that these records illustrate change across the winter-rain dominated extra-tropics it is reasonable to suggest that they reflect a profound change in winter precipitation.

Not all of the winter rain dominated extra-tropics experienced increased wetness from ~4000 Cal. BP. Increased coldness and dryness is recorded in lakes in southern Greenland (Andresen *et al.*, 2004). Speleotherm data from Soreq cave, Israel (Bar-Matthews *et al.*, 1999) and the geochemistry of sediments from Lake Van, Turkey (Wick *et al.*, 2003) suggest that from ~4000 Cal. BP the eastern Mediterranean is characterised by increased aridity. Further west, the palynology and palaeolimnology of a number of lakes in southern Spain, record this shift, although less precisely, from 4500-3500 Cal.





**Fig. 6.2: (full description overleaf):** Palaeoclimate time series for Holocene Epoch from Europe and the North Atlantic as well as climate forcing series.

**Fig. 6.2:** Selected palaeoclimate time-series for Holocene epoch. *a*)  $\delta^{18}\text{O}$  (VPDB) in planktic foraminifera from core MD95-2011, Norwegian Sea (Risebrobakken, *et al.*, 2002); *b*) Palaeo-Arctic river discharge from record of Magnetic susceptibility, Kara Sea (Stein *et al.*, 2004); Holocene summer and winter temperatures over *c*) North-west and *d*) Central-west Europe based on pollen records (Davis *et al.*, 2003). *e*;) Summer insolation values ( $\text{W m}^{-2}$ ) at  $60^\circ\text{N}$  (light red curve) and  $60^\circ\text{S}$  (sky blue curve) (Berger & Loutre, 1991); *f*) Winter insolation values ( $\text{W m}^{-2}$ ) at  $60^\circ\text{N}$  (navy blue curve) and  $60^\circ\text{S}$  (dark red curve) (Berger & Loutre, 1991); *g*)  $^{14}\text{C}$  residuals (Stuiver *et al.*, 1998).

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BP (Reed *et al.*, 2001; Pantaléon-Cano *et al.*, 2003). Increased aridity is also recorded in the tropical Atlantic and the summer-rain dominated monsoon regions of south Asia and Africa. For example, a long-term reduction in titanium flux in sediments from the Cariaco Basin, is interpreted to reflect southward migration of the ITCZ and increased aridity in the tropical Atlantic from ~4000 Cal BP (Haug *et al.*, 2001). A long-term reduction in monsoon activity over south Asia is recognised by Staubwasser *et al.* (2003) in the palaeo-Indus delta at 4200 Cal. BP. This event coincides with the well-documented decline of the urban Harappan civilization in the Indus valley (Staubwasser *et al.*, 2003). Severe drought is also thought to be instrumental in the collapse urban centres in Egypt at around this time (Dalfes *et al.*, 1994) and abundant evidence for a dry African climate is provided by Gasse (2000) and Marchant & Hooghiemstra (2004).

The scenario presented is similar to modern day observations of circum-Atlantic climate anomalies during a positive NAO extreme with an intensification of atmospheric circulation at high latitudes and compression of low latitude circulation. Although errors associated with dating methods used make it impossible to determine whether all the changes documented are synchronous, it is important to note they all show evidence for a long-term reorganisation of climate that persists throughout the late-Holocene. The uncertainty, though, that is found in the exact phase relationships that exist between records, is problematic and until a larger network of annually resolved climate records is established, *e.g.* through lacustrine varve studies and dendrochronology, the



interpretations made here will remain hypothetical and open to testing. Certainly, at ~4000 Cal. BP, it can be hypothesised that climate records from circum-Atlantic landmasses reflect an antiphase relationship in humidity between Greenland (Mediterranean) and northwest Europe (North America). However, most palaeoclimate reconstructions are biased towards inferences of mean summer temperature. Given the scope of proxy records available, it is difficult, if not currently possible, to determine whether this relationship holds up for winter heat distribution. Where annual mean temperature records exist - for instance, the record CC3 from southwest Ireland, which infers annual temperature change from  $\delta^{18}\text{O}$  (‰) from speleothem data (McDermott *et al.*, 2001) - an antiphase relation exists between increased warmth in Ireland and increased coldness and aridity in Greenland from ~4000-2500 Cal. BP (for instance the lake N14 record; Andresen *et al.*, 2004). Whilst the south Greenland lake N14 record shows a downturn in annual temperature at ~4000 Cal. BP, the Holocene winter precipitation curves for Josteldalsbreen, Hardangerjøkulen and northern Folgefonna in Norway, indicate increased milder (warmer) and wetter winters from this time (Nesje *et al.*, 2001; Bjune *et al.*, 2005). Highest winter temperatures are observed in the late- to mid-Holocene in western Europe, based on pollen data (Davis *et al.*, 2003) and off northwest Africa, from subtropical SST anomalies (deMenocal *et al.*, 2000). Globally, glacier readvance is more frequent after ~4000 Cal. BP (Denton and Karlen, 1973) which is consistent with increased winter precipitation during milder winter months. In the marine realm increased magnetic susceptibility values from Kara Shelf Sea sediments record enhanced Arctic river discharge during more humid conditions from 4000-2500 Cal. BP (Stein *et al.*, 2004). Temperature reconstructions from subsurface dwelling microfossils (Risebrobakken *et al.*, 2003) and IRD data (Moros *et al.*, 2004) from the Norwegian Sea confirm this region was warmer and its climate more unstable after ~4000 Cal. BP. Moros *et al.* (2004) interpret decreased ice-rafting in marine core MD95-2011 from the Norwegian Sea with a poleward advance of the relatively warm North Atlantic Current. Increased ice-rafting recorded in sediments recovered from the East Greenland Shelf by Jennings *et al.*, (2002) after 4000 Cal. BP reflect a stronger East Greenland Current (ECG). In the scenario presented here, a stronger ECG would have

been driven by prevailing northerlies that deliver relatively cold and dry weather to the Greenland region during more positive phases of the NAO.

What is responsible for a late-Holocene reorganization in climate recorded in so many circum-Atlantic climate proxy records at ~4000 Cal. BP? Moros *et al.* (2004) note, that a reduction in seasonality may force mean annual temperatures to rise in the northern North Atlantic region leading to strong meridional atmospheric circulation, a northward shift in the Atlantic jet stream and increased moisture transport over northern Europe and north America. Southward migration of ITCZ would be consistent with such a scenario and may explain the extreme aridity recorded at ~4000 Cal. BP through reduction of monsoon conditions across Africa and south Asia (Hodell *et al.*, 2001). A variety of climate records highlight a centennial-scale anomaly at 4200 Cal. BP characterised by high-latitude cooling/wetness and low latitude aridity (Bond *et al.*, 2001; Mayewski *et al.*, 2004). Some authors envisage this event to be one of a number of cold spells recurring on millennial timescales (Bond *et al.*, 1997; Bond *et al.*, 2001). This event is commonly linked with increased IRD (Bond *et al.*, 1997) and reduced North Atlantic Deep Water (Bianchi and McCave, 1999), said to be forced by changes in solar variability (reduced solar radiation), as documented by increased cosmogenic isotopes in tree-ring and ice-core data (Bond *et al.*, 2001). Superficially, Diss Mere's record of summer temperature across ~4000 Cal. BP, within the dating error, can be fitted into a pattern of high-latitude cooling at 4200 Cal. BP. A number of other terrestrial records from Europe and the USA record this change and it appears that when summer temperature declines at ~4000 Cal. BP it remains relatively low until modern industrial times (*e.g.*, Mullins *et al.*, 1999; Heiri *et al.*, 2003; Wurth *et al.*, 2004; Bjune *et al.*, 2005). It is hypothesized, therefore, that the shift recorded in Diss Mere at this time is not connected to millennial-scale variability in solar radiation, but is related to the Holocene decay in orbital summer insolation. A late-Holocene decline in summer temperature is only part of the story, and with the recognition of a late-Holocene shift in seasonality also due to milder winters, it would be erroneous to reconcile all anomalies in terrestrial climate proxy records around this time to a centennial-scale 4200 Cal. BP event proposed to be driven by changes in solar output.

Instead, we postulate in accordance with Morros *et al.* (2004), that variability on orbital timescales may be responsible for a reduction in seasonality and predominance of positive phases of the NAO since ~4000 Cal. BP. Felis *et al.* (2004) highlight that the NAO may play an important role in modulating patterns of seasonality in the Northern Hemisphere on orbital timescales. Using short seasonally resolved proxy records from corals in the Red Sea and simulations with a coupled atmosphere-ocean circulation model they show that climate variability at 3000 Cal. BP displays a tendency towards a positive phase of the NAO. Increased winter temperatures and decreased seasonality in the North Atlantic region after ~4000 Cal. BP may therefore indicate that a climate threshold was crossed in response to increasing winter insolation and decreasing summer insolation. A gradual change in insolation, however, does not fully explain the rapidity of climate change recorded at Diss Mere and other sites across the globe, or the marked persistence in multidecadal cycles following this event. Although, beyond the scope of this thesis, complex, non-linear interactions in the ocean-atmosphere system need to be invoked to explain this change.

An increased influence of northern winter insolation during late Holocene increases the potential of a strong impact of Southern Ocean changes on the northern North Atlantic climate (Mayewski *et al.*, 1997). Consequently, the impact of climate change at ~4000 Cal. BP may have been magnified by oceanic feedbacks associated with changes in tropical SSTs and ENSO strength. Ocean-Atmosphere models reveal long-term changes in moisture balance and ENSO strength. These appear to be related to orbitally driven changes in the seasonal cycle of solar radiation with an increase in ENSO activity from the mid-Holocene (Clement *et al.*, 2000). An association of tropical-wide warm SSTs with the recent positive NAO phase (Hoerling *et al.*, 2001) highlights the potential for tropical Atlantic forcing of lower frequency NAO variability. Variations in tropical SSTs can be large and occur on interannual to decadal time scales. A remote tropical Atlantic forcing of extratropical atmospheric circulation over the North Atlantic may therefore have driven change in extratropical SSTs that, in turn, fed back into the atmosphere to cause bidecadal oscillations in temperature and precipitation that are

reflected in NAO-type cycles observed in Diss Mere following 4000 Cal. BP.

### 6.3. Solar forcing of the NAO?

The good visual agreement and relatively high coefficient for cross correlation obtained between the interannual elemental Ca record at Diss Mere and atmospheric  $\Delta^{14}\text{C}$  variation, a proxy for solar activity during the Holocene (Stuvier *et al.*, 1998) for the interval 2500 to 3700 Cal BP (Fig. 5.46, section 5.4), may reveal important insights into the relationship between solar variability and the NAO. It appears that a high index state of the NAO, which we associated here with decreased seasonality (cooler summers and warmer winters), coincides with enhanced solar flux ( $^{14}\text{C}$  minima) and a low index state of the NAO is coincident with decreased solar activity ( $^{14}\text{C}$  maxima). Our results support the findings of Shindell *et al.* (2001) who use GCM experiments to demonstrate that a decrease in solar irradiance correlates with regional temperature anomalies that resemble a more negative phase of the of the NAO. The fact that summer temperature appears to show increased coherence with  $^{14}\text{C}$  variability on centennial- and multi-centennial-scales may indicate an increased importance of solar forcing on North Atlantic climate on longer timescales. Conversely, the lack of visual coherence at interannual- to interdecadal-timescales implies that highest frequency variability in the NAO is a product of the internal non-linear dynamics of the atmosphere.

Despite the poor spatial and temporal coverage of Holocene climate records from circum-Atlantic landmasses, a significant amount of additional data appear to indicate that reduced solar forcing is associated with regional anomalies indicative of a low index state of the NAO. For example, dry periods interpreted from lacustrine records of Mg/Ca ratios in ostracode shells in the Great Plains of North America (Yu and Ito 2002) and a record  $\delta^{18}\text{O}$  in stalagmites from northern Europe (Niggemann *et al.*, 2003) appear to correlate with solar minima. Ocean sediments show a distinct temperature dipole anomaly during the Maunder Minimum between cooling surface waters in the Sargasso Sea and warming Atlantic temperatures north of  $44^\circ\text{C}$  (Keigwin and Pickart, 1999), consistent with a low index NAO and in contrast to the uniform basin-wide cooling

argued by others (*e.g.*, Bond *et al.*, 2001). Instrumental data indicates that Middle East climate becomes wetter during a low index state of the NAO (Cullen *et al.*, 2002) and Holocene records of south Asian monsoon climate show that increased wetness is associated with solar minima as well (Staubwaser *et al.*, 2004). Verschuren *et al.* (2000) and Stager *et al.* (2005) report a strong correlation between solar variability over the past 1000 years and drought at Lake Naivasha and Lake Victoria, in Kenya, respectively. Here, periods of low solar output appear to correlate with periods of increased East African rainfall too. Negative phases of the NAO are associated with weakened meridional circulation. This is consistent with a northward migration of ITCZ and may explain increased wetness in these records.

The lack of similarity between the two records prior to ~4000 Cal. BP may be due to the existence then of a more complex carbonate – summer temperature relationship or a non-linear solar – summer temperature relationship. It is unlikely that a sampling or chronological artifact is responsible, as the varved stratigraphy between 16-16.65 m depth appears complete and devoid of any obvious breaks in sedimentation. Several other records show increased coherence with  $\Delta^{14}\text{C}$  following ~4000 Cal. BP. For example, a record of south Asia monsoon climate from  $\delta^{18}\text{O}$  in the palaeo-Indus delta (Staubwaser *et al.*, 2004) and  $\delta^{18}\text{O}$  of stalagmites from the B7 cave in Iserlohn–Letmathe (Northern Rhenish Massif, NW Germany; Niggemann *et al.*, 2003) show significant correlations with the  $\Delta^{14}\text{C}$  record from European tree rings only during the late-Holocene. It is not immediately obvious as to why this would be the case, however, this feature may indicate a more significant role of solar forcing in late-Holocene climate and may explain, in part, the widely recognised observation that climate variability became more regional and complex as the Holocene progressed (*e.g.* as first suggested by O'Brien *et al.*, 1995).

## 7. Conclusions and future work.

### 7.1 Conclusions

A high resolution study of the physical properties of, and depositional controls on, the Diss Mere varve series heralds a number of important conclusions, namely that,

- a) the annual nature of biochemical varves can be demonstrated by SEM-BSE imaging of seasonal sediment fluxes and phytoplankton succession.
- b) during the mid- to late-Holocene their deposition is characterised by statistically significant cycles acting on a variety of timescales, indicating that lake sedimentation at Diss is influenced by some cyclic external forcing mechanism(s).
- c) periodicities of 20 yrs, 7-8 yrs, 4-5 yrs, and 2-3 yrs correspond to cycles found in modern instrumental and other proxy records of the NAO from the last millennia. Their recognition indicates that these cycles may have been persistent features of the North Atlantic climate system for at least since ~4500 Cal. BP.
- d) a forced shift from interannual cycles with no preferred mode to persistent multi-decadal cycles after 4000 Cal. BP is coincident with a rapid transition towards decreased seasonality during the late-Holocene, as reflected in a change in sediment carbon burial and phytoplankton dynamics as well as a distinct change in varve character. This appears comparable, if not analogous, to the evolution of the NAO over the 19<sup>th</sup> to 20<sup>th</sup> centuries where a switch from interannual to decadal variability over the last half of the 20<sup>th</sup> century is coincident with a tendency towards a high index state of the NAO. Whereas the recent NAO positive phase is thought to be related to an increase in anthropogenic greenhouse gas concentrations, change at 4000 Cal BP is hypothesised to reflect a non-linear reaction of the climate system to a gradual convergence in orbitally controlled summer and winter insolation budgets.
- e) following this event, seasonality cycles on centennial to multi-centennial timescales at Diss show a close correspondence to variations in solar variability, with a high (low) index state of the NAO, associated here with decreased (increased) seasonality, coinciding with enhanced (decreased) solar flux, corroborating the findings of a number of previous studies (for instance, Keigwin and Pickart, 1999;



Shindell *et al.*, 2001). Increased coherence of a number of climate records with solar activity following 4000 Cal. BP may indicate a more significant role for solar forcing in regional climate change during the late-Holocene, *i.e.*, as manifested in NAO-type dipole anomalies.

- f) whilst the tendency for interannual variability to switch between dominant periodicities over time further highlights that highest frequency variability in the NAO is likely a consequence of unpredictable internal atmospheric processes, the above findings indicate that a degree of longer-term predictability in the mean state of the NAO may be possible due to its forcing by solar activity and changes in the Earth's orbital parameters.

Also of note are the important issues that varve counting has raised concerning the previously accepted duration of the period under study. The recognition that the interval 15.09-16.74 m represents deposition during 2480-5190 Cal. BP has implications for original interpretations of established fossil pollen and diatom stratigraphies for Diss Mere (Peglar *et al.*, 1989; Fritz *et al.*, 1989), *e.g.* the timing of *Tilia* decline (at ~4500 Cal. BP) in central East Anglia and of cultural influences on lake sedimentation at Diss. The analytical competence found in the XRF Corescanner as a means of generating high-resolution palaeoenvironmental time-series has also demonstrated the value of its application in lake sediment palaeoclimate studies. The XRF Corescanner is a non-destructive, fast and relatively inexpensive determinate of detailed core composition that negates many of the time-constraints and costs involved in analysing sediment core. The early stage acquisition of detailed sediment composition was important, not only to understand the full range of sedimentary components available for multi-proxy palaeoclimate/palaeolimnological reconstruction, but also to develop a clear understanding of sediment facies to guide further sampling strategies. For example, the protection that the XRF core scanning method affords to the sediment fabric allows for detailed in-situ laminae scale investigation via SEM-BSEI, as well as by a number of other sediment property determinations. An ultra-high resolution SEM study of seasonal sediment fluxes and phytoplankton seasonal succession has not only highlighted the power of SEM studies for recognising the annual nature of lacustrine varved sediment,

but also the significant contribution that such studies can make in the understanding of palaeo-seasonal depositional processes and ultimately how laminae attributes from successive years may be used as palaeoclimate/palaeoproductivity proxies. This latter point has particular relevance to lakes where, owing to the significant influence of human catchment-based activities on sedimentation, no modern-day comparison can be made between, *e.g.*, geochemical time-series and meteorological records.

## **7.2. Future work**

This study demonstrates that whilst twentieth century NAO behavior may be considered unusual it is not necessarily unique within the timeframe of the Holocene. There is a need, therefore, to better constrain the evolution of multidecadal variability in the NAO beyond the chronological limits of its modern indices. To this end, a study of highest frequency NAO-type change should be extended to regular time-windows throughout the remainder of Diss Mere's varved sequence and investigated in other annually laminated lacustrine sequences from regions sensitive to NAO forcing. For example, establishing the stratigraphic continuity and a reliable age-model for the entire varved section at Diss, especially that below 16.7-m, would help define the nature and evolution of the NAO over an unprecedented time-period during the early to late Holocene (from 2500 Cal. BP, potentially, as far back as ~7000 Cal. BP). Basic sediment descriptions from other East Anglian lakes, *e.g.* Quidenham Mere, Lopham Fen and Hockham Mere, highlight these sites as promising localities for the preservation of varved lake sediment during the Holocene. These records could be used to verify whether the local signal from Diss is indeed a manifestation of regional-scale anomalies that describe highest-frequency NAO behaviour; their integration may, therefore, serve to help establish the relative phasing of highest-frequency NAO variability further back in time.

In addition to multidecadal change, this study and an increasing number of other palaeorecords highlight that significant and periodic low-frequency components may exist in the evolution of the NAO (*e.g.*, Felis, *et al.* 2001; Moros *et al.*, 2004; Shindell *et al.* 2001; Noren *et al.*, 2003). In order to assess such claims the lack of spatial and temporal coverage of palaeorecords in many key regions should be addressed. Although

such attempts exist, *e.g.* N-S transects being established under the ASCRIBE (Atlantic Seaboard Climatic Reconstruction Including Bounding Errors) project, more coordinations are required amongst scientific communities if we are to understand how the NAO effects terrestrial environments on a variety of timescales. An emphasis should be placed on high-precision correlation between terrestrial records and marine counterparts from areas of high-sedimentation, as well as with the known pacing of potential forcing agents, *e.g.* records of solar variability. Given the inherent stratigraphic uncertainties that always exists with correlations of radiocarbon-dated sequences, multiple independent chronologies should be used to reduce uncertainty, *e.g.* by integrating radiocarbon dating, varve counting and tephra stratigraphies. The best opportunities are offered by palaeoclimate time-series constructed from tree rings and organic varved records. Not only do they provide an internally consistent annual chronometer with which to assess rates of environmental change, in theory, they also contain sufficient organic material to generate past records of atmospheric  $^{14}\text{C}$  production, a proxy for solar variability. If these records are of sufficient resolution they can be correlated to master  $^{14}\text{C}$  chronologies of known calendar age, and because the  $^{14}\text{C}$  can be measured from the same record used to generate palaeoclimate time-series, actual relationships and potential phase lags that exist between solar forcing and climate change can be established. Finally, tree-ring and varved sediments perhaps offer the best opportunity to resolve highest resolution change in winter variability. An understanding of change in cold seasons is paramount if we are to fully understand the regional nature of climate change.

## Appendix I. Composite depths (cdblw) vs. Coring depth (mblw)

cdblw	mblw	cdblw	mblw	cdblw	mblw
1000	1000	1046	1046	1092	1092
1001	1001	1047	1047	1093	1093
1002	1002	1048	1048	1094	1094
1003	1003	1049	1049	1095	1095
1004	1004	1050	1050	1096	1096
1005	1005	1051	1051	1097	1097
1006	1006	1052	1052	1098	1098
1007	1007	1053	1053	1099	1099
1008	1008	1054	1054	1100	1100
1009	1009	1055	1055	1101	1101
1010	1010	1056	1056	1102	1102
1011	1011	1057	1057	1103	1103
1012	1012	1058	1058	1104	1104
1013	1013	1059	1059	1105	1105
1014	1014	1060	1060	1106	1106
1015	1015	1061	1061	1107	1107
1016	1016	1062	1062	1108	1108
1017	1017	1063	1063	1109	1109
1018	1018	1064	1064	1110	1110
1019	1019	1065	1065	1111	1111
1020	1020	1066	1066	1112	1112
1021	1021	1067	1067	1113	1113
1022	1022	1068	1068	1114	1114
1023	1023	1069	1069	1115	1115
1024	1024	1070	1070	1116	1116
1025	1025	1071	1071	1117	1117
1026	1026	1072	1072	1118	1118
1027	1027	1073	1073	1119	1119
1028	1028	1074	1074	1120	1120
1029	1029	1075	1075	1121	1121
1030	1030	1076	1076	1122	1122
1031	1031	1077	1077	1123	1123
1032	1032	1078	1078	1124	1124
1033	1033	1079	1079	1125	1125
1034	1034	1080	1080	1126	1126
1035	1035	1081	1081	1127	1127
1036	1036	1082	1082	1128	1128
1037	1037	1083	1083	1129	1129
1038	1038	1084	1084	1130	1130
1039	1039	1085	1085	1131	1131
1040	1040	1086	1086	1132	1132
1041	1041	1087	1087	1133	1133
1042	1042	1088	1088	1134	1134
1043	1043	1089	1089	1135	1135
1044	1044	1090	1090	1136	1136
1045	1045	1091	1091	1137	1137

cdbl	mb	cdbl	mb	cdbl	mb
1138	1138	1186	1186	1234	1234
1139	1139	1187	1187	1235	1235
1140	1140	1188	1188	1236	1236
1141	1141	1189	1189	1237	1237
1142	1142	1190	1190	1238	1242
1143	1143	1191	1191	1239	1243
1144	1144	1192	1192	1240	1244
1145	1145	1193	1193	1241	1245
1146	1146	1194	1194	1242	1246
1147	1147	1195	1195	1243	1247
1148	1148	1196	1196	1244	1248
1149	1149	1197	1197	1245	1249
1150	1150	1198	1198	1246	1250
1151	1151	1199	1199	1247	1251
1152	1152	1200	1200	1248	1252
1153	1153	1201	1201	1249	1253
1154	1154	1202	1202	1250	1254
1155	1155	1203	1203	1251	1255
1156	1156	1204	1204	1252	1256
1157	1157	1205	1205	1253	1257
1158	1158	1206	1206	1254	1258
1159	1159	1207	1207	1255	1259
1160	1160	1208	1208	1256	1260
1161	1161	1209	1209	1257	1261
1162	1162	1210	1210	1258	1262
1163	1163	1211	1211	1259	1263
1164	1164	1212	1212	1260	1264
1165	1165	1213	1213	1261	1265
1166	1166	1214	1214	1262	1266
1167	1167	1215	1215	1263	1267
1168	1168	1216	1216	1264	1268
1169	1169	1217	1217	1265	1269
1170	1170	1218	1218	1266	1270
1171	1171	1219	1219	1267	1271
1172	1172	1220	1220	1268	1272
1173	1173	1221	1221	1269	1273
1174	1174	1222	1222	1270	1274
1175	1175	1223	1223	1271	1275
1176	1176	1224	1224	1272	1276
1177	1177	1225	1225	1273	1277
1178	1178	1226	1226	1274	1278
1179	1179	1227	1227	1275	1279
1180	1180	1228	1228	1276	1280
1181	1181	1229	1229	1277	1281
1182	1182	1230	1230	1278	1282
1183	1183	1231	1231	1279	1283
1184	1184	1232	1232	1280	1284
1185	1185	1233	1233	1281	1285

cdbl	mb	cdbl	mb	cdbl	mb
1282	1286	1330	1330	1378	1377
1283	1287	1331	1331	1379	1378
1284	1288	1332	1332	1380	1379
1285	1289	1333	1333	1381	1380
1286	1290	1334	1334	1382	1381
1287	1291	1335	1335	1383	1382
1288	1292	1336	1336	1384	1383
1289	1293	1337	1337	1385	1384
1290	1294	1338	1338	1386	1385
1291		1339	1339	1387	1386
1292		1340	1340	1388	1387
1293		1341	1341	1389	1388
1294		1342	1342	1390	1389
1295		1343	1343	1391	1390
1296		1344	1344	1392	1391
1297		1345	1345	1393	1392
1298		1346	1346	1394	1393
1299		1347	1347	1395	1394
1300		1348	1348	1396	1395
1301	1301	1349	1349	1397	1396
1302	1302	1350	1350	1398	1397
1303	1303	1351	1351	1399	1398
1304	1304	1352	1352	1400	1399
1305	1305	1353	1353	1401	1410.5
1306	1306	1354	1354	1402	1411.5
1307	1307	1355	1355	1403	1412.5
1308	1308	1356	1356	1404	1413.5
1309	1309	1357	1357	1405	1414.5
1310	1310	1358	1358	1406	1415.5
1311	1311	1359	1359	1407	1416.5
1312	1312	1360	1360	1408	1417.5
1313	1313	1361	1361	1409	1418.5
1314	1314	1362	1362	1410	1419.5
1315	1315	1363	1363	1411	1420.5
1316	1316	1364	1364	1412	1421.5
1317	1317	1365	1365	1413	1422.5
1318	1318	1366	1365	1414	1423.5
1319	1319	1367	1366	1415	1424.5
1320	1320	1368	1367	1416	1425.5
1321	1321	1369	1368	1417	1426.5
1322	1322	1370	1369	1418	1427.5
1323	1323	1371	1370	1419	1428.5
1324	1324	1372	1371	1420	1429.5
1325	1325	1373	1372	1421	1430.5
1326	1326	1374	1373	1422	1431.5
1327	1327	1375	1374	1423	1432.5
1328	1328	1376	1375	1424	1433.5
1329	1329	1377	1376	1425	1434.5



cdbl	mb	cdbl	mb	cdbl	mb
1426	1435.5	1474	1476	1522	1524
1427	1436.5	1475	1477	1523	1533.5
1428	1437.5	1476	1478	1524	1534.5
1429	1438.5	1477	1479	1525	1535.5
1430	1439.5	1478	1480	1526	1536.5
1431	1440.5	1479	1481	1527	1537.5
1432	1441.5	1480	1482	1528	1538.5
1433	1442.5	1481	1483	1529	1539.5
1434	1443.5	1482	1484	1530	1540.5
1435	1444.5	1483	1485	1531	1541.5
1436	1445.5	1484	1486	1532	1542.5
1437	1446.5	1485	1487	1533	1543.5
1438	1447.5	1486	1488	1534	1544.5
1439	1448.5	1487	1489	1535	1545.5
1440	1449.5	1488	1490	1536	1546.5
1441	1450.5	1489	1491	1537	1547.5
1442	1451.5	1490	1492	1538	1548.5
1443	1452.5	1491	1493	1539	1549.5
1444	1453.5	1492	1494	1540	1550.5
1445	1454.5	1493	1495	1541	1551.5
1446	1455.5	1494	1496	1542	1552.5
1447	1456.5	1495	1497	1543	1553.5
1448	1457.5	1496	1498	1544	1554.5
1449	1458.5	1497	1499	1545	1555.5
1450	1459.5	1498	1500	1546	1556.5
1451	1460.5	1499	1501	1547	1557.5
1452	1461.5	1500	1502	1548	1558.5
1453	1462.5	1501	1503	1549	1559.5
1454	1463.5	1502	1504	1550	1560.5
1455	1464.5	1503	1505	1551	1561.5
1456	1465.5	1504	1506	1552	1562.5
1457	1466.5	1505	1507	1553	1563.5
1458	1467.5	1506	1508	1554	1564.5
1459	1468.5	1507	1509	1555	1565.5
1460	1469.5	1508	1510	1556	1566.5
1461	1470.5	1509	1511	1557	1567.5
1462	1471.5	1510	1512	1558	1568.5
1463	1472.5	1511	1513	1559	1569.5
1464	1473.5	1512	1514	1560	1570.5
1465	1474.5	1513	1515	1561	1571.5
1466	1475.5	1514	1516	1562	1572.5
1467	1476.5	1515	1517	1563	1573.5
1468	1470	1516	1518	1564	1574.5
1469	1471	1517	1519	1565	1575.5
1470	1472	1518	1520	1566	1576.5
1471	1473	1519	1521	1567	1577.5
1472	1474	1520	1522	1568	1578.5
1473	1475	1521	1523	1569	1579.5

cdbl	mb	cdbl	mb	cdbl	mb
1570	1580.5	1618	1639	1666	1693
1571	1581.5	1619	1640	1667	1694
1572	1582.5	1620	1641	1668	1695
1573	1583.5	1621	1642	1669	1696
1574	1584.5	1622	1643	1670	1697
1575	1585.5	1623	1644	1671	1698
1576	1586.5	1624	1645	1672	1699
1577	1587.5	1625	1646	1673	1700
1578	1588.5	1626	1647	1674	1701
1579	1589.5	1627	1648	1675	1702
1580	1590.5	1628	1649	1676	1703
1581	1591.5	1629	1650	1677	1704
1582		1630	1651	1678	1705
1583		1631	1652	1679	1706
1584		1632	1653	1680	1707
1585		1633	1654	1681	1708
1586		1634	1655	1682	1709
1587		1635	1656	1683	1710
1588		1636	1657	1684	1711
1589	1610	1637	1658	1685	1712
1590	1611	1638	1659	1686	1713
1591	1612	1639	1660	1687	1714
1592	1613	1640	1661	1688	1715
1593	1614	1641	1662	1689	1716
1594	1615	1642	1663	1690	1717
1595	1616	1643	1664	1691	1718
1596	1617	1644	1665	1692	1719
1597	1618	1645	1666	1693	1720
1598	1619	1646	1667	1694	1721
1599	1620	1647	1668	1695	1722
1600	1621	1648	1669	1696	1723
1601	1622	1649	1670	1697	1724
1602	1623	1650	1671	1698	1725
1603	1624	1651	1672	1699	1726
1604	1625	1652	1673	1700	1727
1605	1626	1653	1674	1701	1728
1606	1627	1654	1675	1702	1729
1607	1628	1655	1676	1703	1730
1608	1629	1656	1677	1704	1731
1609	1630	1657	1678	1705	1738.5
1610	1631	1658	1679	1706	1739.5
1611	1632	1659	1680	1707	1740.5
1612	1633	1660	1681	1708	1741.5
1613	1634	1661	1682	1709	1742.5
1614	1635	1662	1683	1710	1743.5
1615	1636	1663	1690	1711	1744.5
1616	1637	1664	1691	1712	1761
1617	1638	1665	1692	1713	1762

cdbl	mb	cdbl	mb	cdbl	mb
1714	1763	1762	1804	1808	1893
1715	1764	1763	1805	1809	1894
1716	1765	1764	1806	1810	1895
1717	1766	1765	1807	1811	1896
1718	1767	1766	1808	1812	1897
1719	1768	1767	1809	1813	1898
1720	1769	1768	1810	1814	1899
1721	1763	1769	1811	1815	1900
1722	1764	1770	1812	1816	1901
1723	1765	1771	1813	1817	1902
1724	1766	1772	1814	1818	1903
1725	1767	1773	1815	1819	1904
1726	1768	1774	1816	1820	1905
1727	1769	1775	1817	1821	1906
1728	1770	1776	1818	1822	1907
1729	1771	1777	1862	1823	1908
1730	1772	1778	1863	1824	1909
1731	1773	1779	1864	1825	1910
1732	1774	1780	1865	1826	1911
1733	1775	1781	1866	1827	1912
1734	1776	1782	1867	1828	1913
1735	1777	1783	1868	1829	1914
1736	1778	1784	1869	1830	1915
1737	1779	1785	1870	1831	1916
1738	1780	1786	1871	1832	1917
1739	1781	1787	1872	1833	1918
1740	1782	1788	1873	1834	1919
1741	1783	1789	1874	1835	1920
1742	1784	1790	1875	1836	1921
1743	1785	1791	1876	1837	1922
1744	1786	1792	1877	1838	1923
1745	1787	1793	1878	1839	1924
1746	1788	1794	1879	1840	1925
1747	1789	1795	1880	1841	1926
1748	1790	1796	1881	1842	1927
1749	1791	1797	1882	1843	1928
1750	1792	1798	1883	1844	1929
1751	1793	1799	1884	1845	1930
1752	1794	1800	1885	1846	1931
1753	1795	1801	1886	1847	1932
1754	1796	1802	1887	1848	1933
1755	1797	1803	1888	1849	1934
1756	1798	1804	1889	1850	1935
1757	1799	1805	1890	1851	1936
1758	1800	1806	1891	1852	1937
1759	1801	1807	1892		
1760	1802				
1761	1803				

cdbl	mb	cdbl	mb	cdbl	mb
1853	1938	1898	2021	1943	2046
1854	1939	1899	2022	1944	2047
1855	1940	1900	2023	1945	2048
1856	1941	1901	2024	1946	2049
1857	1942	1902	2025	1947	2050
1858	1943	1903	2026	1948	2051
1859		1904	2027	1949	2052
1860		1905	2008	1950	2053
1861		1906	2009	1951	2054
1862		1907	2010	1952	2055
1863		1908	2011	1953	2056
1864		1909	2012	1954	2057
1865		1910	2013	1955	2058
1866	1989	1911	2014	1956	2059
1867	1990	1912	2015	1957	2060
1868	1991	1913	2016	1958	2061
1869	1992	1914	2017	1959	2062
1870	1993	1915	2018	1960	2063
1871	1994	1916	2019	1961	2064
1872	1995	1917	2020	1962	2065
1873	1996	1918	2021	1963	2066
1874	1997	1919	2022	1964	2067
1875	1998	1920	2023	1965	2068
1876	1999	1921	2024	1966	2069
1877	2000	1922	2025	1967	2070
1878	2001	1923	2026	1968	2071
1879	2002	1924	2027	1969	2070
1880	2003	1925	2028	1970	2071
1881	2004	1926	2029	1971	2072
1882	2005	1927	2030	1972	2073
1883	2006	1928	2031	1973	2074
1884	2007	1929	2032	1974	2075
1885	2008	1930	2033	1975	2076
1886	2009	1931	2034	1976	2077
1887	2010	1932	2035	1977	2078
1888	2011	1933	2036	1978	2079
1889	2012	1934	2037	1979	2080
1890	2013	1935	2038	1980	2081
1891	2014	1936	2039	1981	2082
1892	2015	1937	2040	1982	2083
1893	2016	1938	2041	1983	2084
1894	2017	1939	2042	1984	2085
1895	2018	1940	2043	1985	
1896	2019	1941	2044	1986	
1897	2020	1942	2045	1987	

cdbl	mb	cdbl	mb	cdbl	mb
1988		2033	2131	2078	2176
1989		2034	2132	2079	2177
1990		2035	2133	2080	2178
1991		2036	2134	2081	2179
1992		2037	2135	2082	2180
1993		2038	2136	2083	
1994		2039	2137	2084	
1995		2040	2138	2085	
1996		2041	2139	2086	
1997		2042	2140	2087	
1998		2043	2141	2088	
1999		2044	2142	2089	
2000		2045	2143	2090	
2001		2046	2144	2091	
2002		2047	2145	2092	
2003		2048	2146	2093	
2004		2049	2147	2094	
2005	2106	2050	2148	2095	
2006	2107	2051	2149	2096	
2007	2108	2052	2150	2097	
2008	2109	2053	2151	2098	
2009	2110	2054	2152	2099	
2010	2111	2055	2153	2100	
2011	2112	2056	2154	2101	
2012	2110	2057	2155	2102	
2013	2111	2058	2156	2103	
2014	2112	2059	2157	2104	
2015	2113	2060	2158	2105	
2016	2114	2061	2159	2106	
2017	2115	2062	2160	2107	
2018	2116	2063	2161	2108	
2019	2117	2064	2162	2109	
2020	2118	2065	2163	2110	
2021	2119	2066	2164	2111	2208
2022	2120	2067	2165	2112	2209
2023	2121	2068	2166	2113	2210
2024	2122	2069	2167	2114	2211
2025	2123	2070	2168	2115	2212
2026	2124	2071	2169	2116	2213
2027	2125	2072	2170	2117	2214
2028	2126	2073	2171	2118	2215
2029	2127	2074	2172	2119	2216
2030	2128	2075	2173	2120	2217
2031	2129	2076	2174	2121	2218
2032	2130	2077	2175	2122	2219

cdbl	w	mb	w
2123		2220	
2124		2221	
2125		2222	
2126		2223	
2127		2224	
2128		2225	
2129		2226	
2130		2227	
2131		2228	
2132		2229	
2133		2230	
2134		2231	
2135		2232	
2136		2233	
2137		2234	
2138		2235	
2139		2236	
2140		2237	
2141		2238	
2142		2239	
2143		2240	
2144		2241	
2145		2242	
2146		2243	
2147		2244	
2148		2245	
2149		2246	
2150		2247	

**Appendix II.** Fluid displacive, low viscosity resin embedding procedure for wet, unconsolidated sediment.

Resin is prepared using several chemicals in the following ratio:

vinylcyclohexene dioxide (VCD)	10.0 g;
diglycidol ether of polypropyleneglycol (DER 736)	6.0 g;
nonenyl succinic anhydride (NSA)	26.6 g;
dimethylaminoethanol (DMAE)	0.2 g.

Samples of wet sediment are placed into close-fitting, well-perforated aluminum foil containers and immersed in high-purity acetone within a glass desiccator containing silica gel. Acetone is replaced three times daily for five days. The chemical dries the sediment by replacing the aqueous pore fluids with the solvent. Samples must not be allowed to desiccate at any stage.

After the final soaking in acetone, this is removed and an acetone/resin mixture added. The first three additions are a mixture in the proportion 50:50, the second three in 25:75 and the third three in 10:90. The remaining six consisted of resin only. Each replacement is undertaken every 12 hours to prevent viscosity increase. Samples are left to soak for up to four week in the desiccator after the last addition of resin, ensuring that all pore spaces are filled.



**Appendix III.** Thin sections and sampling coring depths.

Coring depth	PTS
16.5-31.5 cm	
16.5-21 cm	63
20-24.5 cm	64
23.5-28 cm	65
27-31 cm	66
29.5-44.5 cm	
29.5-34 cm	67
33-37.5 cm	68
36.5-41 cm	69
40-44 cm	70
44.8-59.8 cm	
44.8-49 cm	71
48-52 cm	72
51-55 cm	73
54-58 cm	74
57-59.2 cm	74
57.5-72.5 cm	
57.5-62 cm	76
61-65.5 cm	77
64.5-69 cm	78
68-71.6 cm	79
71-78.5 cm	
71-75.5 cm	80
74.5-78 cm	81
77-79.8 cm	82
74-87 cm	
74-78 cm	83
77-81 cm	84
80-84 cm	85
83-87 cm	86

#### **APPENDIX IV** Detailed core description

On CD.

#### **APPENDIX V** Core images

On CD.

#### **APPENDIX VI** Coring depths of marker codes

On CD.

## Appendix VII

XRF elemental intensities (1-cm) against composite depth below lake water (cdblw)

cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps
1000	1401	2049	69	1042	1891	3156	101	1084	1387	2965	109
1001	1898	2698	99	1043	2102	3277	98	1085	1356	2821	131
1002	2004	2959	86	1044	2631	3526	123	1086	1184	2550	100
1003	849	1445	44	1045	2159	3596	99	1087	1227	2785	108
1004	873	1254	48	1046	2417	3806	131	1088	1017	2459	107
1005	2298	2854	94	1047	1430	2991	84	1089	1222	2574	113
1006	2417	2994	104	1048	1687	3224	110	1090	1041	2562	90
1007	2057	2461	107	1049	1410	3280	95	1091			
1008	2028	2744	90	1050	1587	3473	113	1092			
1009	1658	2429	80	1051	1111	2927	81	1093			
1010	1420	2190	83	1052	1100	2706	75	1094			
1011	1874	2965	93	1053	1384	2466	107	1095			
1012	1901	2586	94	1054	1163	3037	86	1096			
1013	1672	2815	83	1055	1190	3634	79	1097			
1014	1296	2262	77	1056	1095	2989	103	1098			
1015	1233	2492	58	1057	1120	2878	92	1099			
1016	1071	1602	61	1058	1393	3214	101	1100			
1017	1786	2384	96	1059	2039	3036	127	1101	996	2400	89
1018	1612	2594	87	1060	1355	2982	88	1102	1282	3261	77
1019	1398	2095	83	1061	1225	3748	86	1103	1383	3004	95
1020	1354	2440	65	1062	1132	3231	75	1104	1258	2625	119
1021	2065	3109	86	1063	948	2953	86	1105	1294	2504	102
1022	1832	3085	82	1064	1048	3300	86	1106	1695	2269	134
1023	2151	3303	80	1065	955	2986	71	1107	1307	2784	108
1024	2181	3383	88	1066	1404	3503	92	1108	1219	2468	98
1025	1746	3361	75	1067	1285	3148	96	1109	1322	2425	112
1026	1279	2686	64	1068	955	2999	86	1110	1537	2745	136
1027	2080	3188	119	1069	1003	3235	81	1111	1505	2751	123
1028	1505	3344	80	1070	1155	2838	102	1112	1478	2688	139
1029	1581	2843	78	1071	1211	3166	107	1113	1589	2429	150
1030	1649	3275	80	1072	1027	2897	85	1114	1635	2636	136
1031	2274	3497	87	1073	1060	3053	98	1115	1376	2908	118
1032	1235	2740	60	1074	1061	3664	106	1116	1422	2924	109
1033	1511	3319	69	1075	851	2843	81	1117	1502	2630	118
1034	1586	2703	65	1076	1065	2344	102	1118	1633	2441	134
1035	1791	3644	82	1077	1330	2332	99	1119	1624	2253	152
1036	1841	3321	99	1078	1293	2679	142	1120	2051	2043	178
1037	1415	2839	83	1079	1164	2785	113	1121	1644	2016	139
1038	1500	2970	84	1080	1144	3005	96	1122	1715	2014	156
1039	1660	3325	94	1081	1105	3168	82	1123	1608	1640	167
1040	1762	3324	78	1082	1049	3059	86	1124	1767	1885	164
1041	2300	3339	127	1083	1178	2975	96	1125	1359	1953	147

cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps
1126	1363	1917	129	1171	1997	1213	139	1216	3267	735	176
1127	1422	1712	147	1172	1965	1143	168	1217	3277	1087	191
1128	1759	1878	172	1173	3214	922	176	1218	2695	1209	144
1129	2137	1666	200	1174	2880	939	162	1219	3064	929	170
1130	1985	1588	203	1175	2334	1055	165	1220	2526	1050	147
1131	1670	1791	173	1176	3269	910	190	1221	2696	1097	147
1132	1886	1660	182	1177	2832	1029	182	1222	2363	896	141
1133	1824	1455	171	1178	3116	828	194	1223	3197	827	177
1134	1850	1412	196	1179	3277	1021	178	1224	4297	951	206
1135	1678	1460	183	1180	4658	657	216	1225	3892	1032	190
1136	1856	1808	165	1181	3814	1014	171	1226	3564	1022	173
1137	1192	1264	109	1182	3171	911	165	1227	3956	1014	194
1138	1580	1681	164	1183	3613	893	153	1228	3961	966	198
1139	1458	1573	140	1184	3774	921	195	1229	4049	936	199
1140	1782	1326	187	1185	2324	968	113	1230	3900	745	180
1141	1462	1662	148	1186	2875	936	139	1231	4252	645	187
1142	1495	1530	129	1187	2387	1187	125	1232	3729	643	167
1143	2220	1118	195	1188	3090	1173	167	1233	3412	637	161
1144	2170	1477	180	1189	1745	1338	125	1234	2712	696	142
1145	1638	1581	153	1190	2135	1185	166	1235	1948	681	147
1146	1493	1837	146	1191	3192	1175	198	1236	2127	615	125
1147	1640	2318	142	1192	2775	1259	167	1237	1697	696	117
1148	1638	2319	130	1193	1781	1464	128	1238	2238	555	150
1149	1820	2135	131	1194	2123	1471	142	1239	3384	822	175
1150	2035	2134	156	1195	1651	1646	97	1240	2685	883	146
1151	2077	2095	156	1196	1376	1857	97	1241	2874	1090	156
1152	1672	1823	150	1197	2014	1724	135	1242	2881	1190	174
1153	2094	1833	166	1198	2877	1415	161	1243	2663	1073	148
1154	2216	1493	193	1199	2928	1643	143	1244	2890	1166	154
1155	1801	1426	139	1200	2605	1702	153	1245	2768	1161	153
1156	2652	1086	204	1201	2505	1795	160	1246	2603	1181	144
1157	2041	1366	130	1202	2439	1621	155	1247	2921	1003	183
1158	1745	1740	137	1203	2268	1671	118	1248	2958	1103	175
1159	1469	1884	116	1204	1812	1719	125	1249	2624	1115	181
1160	1574	1508	120	1205	1957	1614	140	1250	2675	1095	184
1161	1355	1563	113	1206	1966	1648	128	1251	2517	1023	178
1162	2168	1365	162	1207	1598	1540	112	1252	2950	1221	187
1163	2207	1339	155	1208	2010	1335	136	1253	2580	1046	158
1164	2602	1200	179	1209	2879	1197	178	1254	3178	1227	182
1165	2820	1304	213	1210	3034	1216	183	1255	2825	1266	157
1166	2587	1282	182	1211	3159	1055	176	1256	2709	1237	176
1167	2647	1143	192	1212	2401	1023	162	1257	2666	1235	163
1168	2313	1083	187	1213	2843	1018	166	1258	2420	1166	136
1169	2731	1170	158	1214	3214	938	182	1259	2646	1088	143
1170	2172	1252	125	1215	3110	824	180	1260	2673	1099	156

cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps
1261	3051	1020	168	1306	2897	1102	170	1351	3112	856	126
1262	2788	1091	142	1307	2929	1122	165	1352	3259	782	149
1263	2393	1044	155	1308	3423	1004	211	1353	3194	736	143
1264	2468	968	156	1309	3246	849	220	1354	2900	780	127
1265	2823	1030	169	1310	2595	601	160	1355	3092	742	153
1266	2727	1043	174	1311	2854	635	188	1356	3198	670	135
1267	2661	1045	159	1312	3160	709	205	1357	3239	701	136
1268	2985	1054	181	1313	2796	572	167	1358	3209	752	136
1269	2746	986	171	1314	2412	483	166	1359	2928	784	138
1270	2144	849	143	1315	2865	526	169	1360	2973	774	126
1271	2113	839	155	1316	2786	619	170	1361	3474	725	128
1272	2234	763	174	1317	2986	687	173	1362	3474	689	132
1273	2867	755	189	1318	2749	632	137	1363	3336	702	140
1274	2922	848	178	1319	2720	659	143	1364	3555	663	120
1275	2941	874	161	1320	2887	639	146	1365	3709	732	153
1276	3038	779	177	1321	2406	628	131	1366	3188	794	139
1277	3794	731	199	1322	2249	549	117	1367	2990	817	155
1278	3685	723	177	1323	2106	635	137	1368	2972	874	160
1279	3317	757	188	1324	2137	637	120	1369	2949	864	141
1280	3375	746	188	1325	2403	777	109	1370	2961	871	163
1281	4337	663	212	1326	2419	727	129	1371	3098	734	164
1282	4493	675	215	1327	2233	894	107	1372	3082	744	159
1283	4237	765	214	1328	2285	840	121	1373	3118	793	158
1284	4001	683	230	1329	2361	715	112	1374	3290	790	184
1285	4140	636	238	1330	2251	761	107	1375	3649	884	189
1286	4325	618	245	1331	2621	790	127	1376	3472	809	172
1287	4037	627	234	1332	2361	848	124	1377	3208	799	164
1288	4111	684	217	1333	2376	781	123	1378	3392	888	157
1289	3577	805	219	1334	2664	681	128	1379	3203	897	177
1290	4313	860	238	1335	2405	701	134	1380	3317	893	176
1291				1336	2497	667	155	1381	3391	917	174
1292				1337	2657	646	148	1382	3207	895	170
1293				1338	2498	717	141	1383	3561	999	161
1294				1339	2633	719	128	1384	3076	937	141
1295				1340	2526	749	127	1385	3435	899	155
1296				1341	2777	739	119	1386	3418	1030	155
1297				1342	2853	810	136	1387	3655	897	153
1298				1343	2925	823	151	1388	3440	1001	170
1299				1344	2773	760	157	1389	3264	1138	154
1300				1345	2880	829	142	1390	3531	1153	162
1301	3199	805	192	1346	3162	902	128	1391	2168	766	137
1302	3585	850	205	1347	3016	933	121	1392	3042	1029	133
1303	3602	757	217	1348	2760	795	108	1393	3299	1137	139
1304	3305	745	196	1349	3327	1069	137	1394	3510	1072	156
1305	2939	926	184	1350	3415	966	135	1395	3428	1097	157

cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps
1396	3419	1083	158	1441	3300	957	134	1486	3741	1193	153
1397	3443	1092	154	1442	3077	932	154	1487	3872	1092	136
1398	3212	1097	131	1443	3227	970	144	1488	4009	1081	121
1399	3138	1031	143	1444	3406	967	156	1489	3627	1093	124
1400	3395	1056	172	1445	3342	838	143	1490	3024	935	138
1401	3271	1057	170	1446	3797	858	153	1491	2879	949	123
1402	3356	1027	145	1447	3850	847	151	1492	2941	846	154
1403	3465	936	154	1448	3812	842	148	1493	2763	839	148
1404	3591	971	182	1449	4129	870	151	1494	2798	880	136
1405	3267	889	175	1450	3881	931	154	1495	2947	826	126
1406	3485	965	166	1451	3848	895	156	1496	2682	838	166
1407	3885	974	151	1452	3713	955	151	1497	2702	809	168
1408	3518	944	162	1453	4019	972	138	1498	2733	761	143
1409	3424	957	174	1454	4354	916	160	1499	2642	641	116
1410	3067	882	140	1455	3717	915	132	1500	3249	620	153
1411	3115	919	151	1456	3605	947	153	1501	3719	849	150
1412	3069	888	148	1457	3449	899	155	1502	3675	649	122
1413	3171	937	138	1458	3482	900	154	1503	3924	698	159
1414	3135	884	152	1459	3363	824	149	1504	3668	648	141
1415	3136	850	152	1460	3905	914	162	1505	3864	671	137
1416	3415	824	161	1461	4302	950	127	1506	3718	554	140
1417	3492	842	152	1462	4423	910	133	1507	3638	496	133
1418	3657	870	160	1463	4318	999	143	1508	4191	585	124
1419	3752	857	158	1464	4019	1133	167	1509	4552	442	130
1420	3783	870	140	1465	3792	1123	160	1510	3976	921	110
1421	3601	856	152	1466	3485	1121	141	1511	4307	502	116
1422	3546	817	161	1467	3135	1055	155	1512	5683	529	138
1423	3601	887	165	1468	3980	1028	148	1513	5095	427	142
1424	3366	769	151	1469	4258	1018	151	1514	5967	492	139
1425	3538	821	166	1470	4155	1023	150	1515	5157	624	121
1426	3502	856	164	1471	4095	991	166	1516	5025	691	125
1427	3396	822	172	1472	4155	1038	141	1517	5098	694	136
1428	3485	854	154	1473	3938	1114	145	1518	5715	579	131
1429	3476	867	153	1474	3827	1161	143	1519	6107	710	121
1430	3464	886	154	1475	3812	1259	153	1520	6135	677	116
1431	3649	962	165	1476	3839	1228	133	1521	6415	704	109
1432	3091	947	188	1477	4029	1285	153	1522	6398	447	136
1433	3074	915	177	1478	3868	1273	133	1523	4576	1046	117
1434	3245	1042	166	1479	3710	1358	133	1524	3976	990	95
1435	3289	989	185	1480	3609	1550	126	1525	3908	1051	95
1436	3066	973	154	1481	3437	1404	137	1526	3763	804	111
1437	3161	984	149	1482	3596	1155	144	1527	3058	669	95
1438	3090	878	155	1483	3856	1086	151	1528	3884	629	128
1439	3273	998	137	1484	4206	1100	146	1529	3829	1118	93
1440	3326	1018	138	1485	4115	1180	128	1530	3842	806	102

cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps
1531	3479	847	94	1576	4037	977	126	1621	7834	618	260
1532	3957	1199	95	1577	4812	895	120	1622	7917	848	219
1533	2999	662	98	1578	4749	703	135	1623	7452	721	228
1534	3428	1013	110	1579	4016	903	149	1624	6357	1044	210
1535	3715	559	96	1580	4677	711	133	1625	7634	1306	198
1536	4067	846	109	1581	3430	1400	167	1626	6304	782	218
1537	3993	889	117	1582				1627	5790	849	203
1538	3834	880	114	1583				1628	6383	1064	178
1539	3549	691	104	1584				1629	6877	1009	200
1540	3938	976	109	1585				1630	7199	1211	199
1541	2706	627	92	1586				1631	7645	1276	201
1542	4121	900	117	1587				1632	8906	1073	238
1543	4010	744	129	1588				1633	8388	1474	205
1544	4025	1038	103	1589	3581	1071	172	1634	6309	1942	176
1545	3772	746	100	1590	6486	691	221	1635	5345	2005	146
1546	3289	681	93	1591	6071	1456	185	1636	7450	1516	182
1547	2781	895	102	1592	6002	1073	156	1637	7500	1225	195
1548	4166	631	125	1593	6126	679	168	1638	8887	873	227
1549	4600	666	130	1594	6453	690	183	1639	7778	1412	215
1550	5185	736	116	1595	5588	894	176	1640	6306	1468	173
1551	3573	847	100	1596	7374	864	145	1641	8208	497	225
1552	4755	1085	103	1597	6680	948	135	1642	7992	515	256
1553	4585	1129	97	1598	6858	812	200	1643	9451	980	243
1554	3498	483	113	1599	6677	1210	183	1644	9161	1134	246
1555	3368	452	128	1600	6838	619	214	1645	8336	1327	243
1556	5084	722	129	1601	7665	830	199	1646	8234	1550	228
1557	4666	469	122	1602	6660	1422	185	1647	8465	1761	218
1558	4362	631	106	1603	9076	738	304	1648	8980	1591	199
1559	4660	627	125	1604	7995	1588	254	1649	9072	1026	204
1560	5568	440	152	1605	9261	876	233	1650	9206	895	211
1561	5312	609	129	1606	7736	1162	203	1651	8509	961	205
1562	6431	836	133	1607	7225	531	194	1652	9032	632	242
1563	6252	874	158	1608	7510	860	215	1653	8141	1303	193
1564	5889	746	146	1609	8295	1174	217	1654	8956	1517	190
1565	5387	818	141	1610	8966	1133	230	1655	8408	1029	200
1566	4084	1068	129	1611	7835	1494	204	1656			
1567	4481	748	137	1612	6881	715	185	1657			
1568	4692	1006	138	1613	5875	791	188	1658			
1569	4002	900	103	1614	6805	1185	163	1659			
1570	4491	773	126	1615	7321	683	228	1660			
1571	4243	1393	102	1616	6032	666	238	1661			
1572	5341	928	136	1617	5789	839	210	1662	6548	1152	212
1573	5206	796	140	1618	5685	1004	238	1663	7727	881	222
1574	4753	1227	102	1619	6728	916	243	1664	7324	1164	190
1575	4115	682	117	1620	7493	978	230	1665	6911	1188	176



cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps	cdblw	Ca-cps	Fe-cps	Sr-cps
1666	6744	1332	174	1711	6600	528	228	1756	4228	1295	176
1667	7189	1072	185	1712	7901	685	206	1757	5446	1349	193
1668	7534	1200	217	1713	6425	1065	198	1758	4120	1727	203
1669	7543	1369	210	1714	6663	975	204	1759	4706	1253	182
1670	7197	866	228	1715	6134	1072	197	1760	7052	973	234
1671	6713	950	207	1716	6766	701	208	1761	7688	956	234
1672	5760	1604	182	1717	6856	700	174	1762	5696	1191	195
1673	6800	1264	177	1718	6669	561	183	1763	6263	2027	183
1674	4125	1036	161	1719	5990	418	168	1764	5842	1508	181
1675	3846	1255	187	1720	5639	500	182	1765	5377	991	174
1676	2148	827	120	1721	7882	623	204	1766	8258	590	266
1677	3628	932	181	1722	6935	1036	169	1767	8943	666	269
1678	4503	1014	157	1723	4528	621	192	1768	8294	776	235
1679	6246	1097	184	1724	3864	1397	170	1769	8085	587	281
1680	5702	1489	153	1725	2897	729	140	1770	6831	1062	194
1681	5074	1199	197	1726	6171	288	228	1771	8684	554	236
1682	5038	1166	179	1727	7855	826	188	1772	7717	457	238
1683	6186	1159	176	1728	6901	563	209	1773	8361	439	257
1684	6413	1189	189	1729	6083	873	167	1774	8031	1175	218
1685	7439	1058	188	1730	7799	506	235	1775	6873	1052	223
1686	6411	749	199	1731	8936	699	224	1776	5470	1847	176
1687	6488	707	181	1732	7953	982	193	1777	3416	3567	84
1688	5886	868	187	1733	8096	522	248	1778	2658	2764	111
1689	5951	677	162	1734	8309	870	209	1779	3997	2039	195
1690	6517	682	198	1735	6285	1092	172	1780	3088	1946	181
1691	5522	593	202	1736	5092	730	138	1781	1838	1151	78
1692	5784	508	220	1737	7622	1096	197				
1693	6490	818	203	1738	6053	889	193				
1694	6317	917	195	1739	5765	2346	125				
1695	6419	825	213	1740	3276	2238	125				
1696	7118	643	237	1741	2952	2454	133				
1697	6912	821	197	1742	2770	2286	107				
1698	6585	693	195	1743	3807	1325	114				
1699	7787	873	193	1744	5287	729	137				
1700	8155	833	214	1745	5215	1117	158				
1701	7232	1117	195	1746	5303	1630	162				
1702	7227	1556	166	1747	4980	1608	147				
1703	5721	830	213	1748	5556	1156	155				
1704	5723	1831	145	1749	7320	1591	145				
1705	3883	1924	156	1750	6432	2217	204				
1706	5073	1302	158	1751	2808	1815	137				
1707	5151	1501	140	1752	1737	1237	99				
1708	6449	621	196	1753	1895	1277	122				
1709	6233	880	204	1754	1644	1616	106				
1710	3825	794	158	1755	2060	1347	137				

**Appendix VIII.** LECO carbon analyser determined CaCO<sub>3</sub>, OM, and biogenic opal (wt. %).

cmblw	CaCO <sub>3</sub>	OM	Opal	cmblw	CaCO <sub>3</sub>	OM	Opal
1500.0	48.7	31.1	20.2	1633.0	87.5	5.3	7.1
1503.0	50	24.7	25.3	1635.0	71.1	13.3	15.5
1506.0	47.3	26.6	26.1	1639.0	79.6	7.1	13.3
1509.0	53.3	22.6	24.1	1642.0	81.1	8.9	10.0
1513.0	62.6	15.0	22.4	1645.0	81.2	4.6	14.2
1516.0	60.2	17.8	22.0	1648.0	83.6	5.0	11.3
1520.0	63	12.1	24.9	1651.0	84.0	6.4	9.5
1524.5	55.2	23.6	21.2	1654.0	81.4	6.2	12.4
1527.5	54.6	21.0	24.5	1664	76.6	6.8	16.6
1530.5	56.6	23.0	20.4	1667	75.6	7.7	16.7
1533.5	50.0	22.2	27.9	1670	75.3	9.1	15.6
1537.5	59.3	17.4	23.3	1673	75.8	7.9	16.3
1539.5	52.1	18.9	29.1	1676	62.5	27.3	10.3
1542.5	61.6	30.7	7.7	1681	61.7	16.0	22.3
1545.5	41.7	24.1	34.3	1684	67.4	11.1	21.5
1548.5	46.1	16.8	37.2	1688.0	77.7	8.2	14.0
1551.5	54.8	16.2	29.0	1692	77.7	7.0	15.3
1554.5	50.0	31.7	18.3	1696.0	75.0	11.1	14.0
1557.5	45.3	18.9	35.8	1700	75.3	7.2	17.5
1560.5	61.6	12.1	26.2	1704.5	45.7	15.1	39.1
1563.5	63.5	13.4	23.1	1707.5	83.8	9.2	7.0
1566.5	58.5	16.1	25.4	1710.5	83.2	6.8	9.9
1569.5	48.3	24.3	27.4	1714.0	64.1	7.7	28.3
1572.5	64.1	15.5	20.3	1717.0	77.7	9.5	12.8
1575.5	62.3	19.4	18.3	1720.0	84.0	7.3	8.7
1578.5	57.6	12.7	29.6	1723.0	75.6	13.3	11.2
1581.5	52.8	17.0	30.2	1726.0	79.8	6.2	14.0
1585.0	55.3	16.7	28.0	1729.0	85.2	6.1	8.7
1588.0	48.4	20.9	30.6	1732.0	81.6	5.8	12.7
1591.0	68.0	14.0	18.0	1735.0	80.6	7.9	11.4
1594.0	65.6	21.2	13.3	1738.0	20.2	8.2	71.6
1597.0	72.4	10.7	16.9	1741.0	60.1	10.8	29.0
1600.0	75.9	16.0	8.2	1744.0	85.2	9.5	5.3
1603.0	84.5	7.6	8.0	1747.0	74.3	11.5	14.2
1606.0	81.2	9.9	8.9	1750.0	56.6	29.6	13.7
1609.0	83.0	11.4	5.7	1753.0	20.0	45.4	34.6
1612.0	75.6	11.8	12.6	1756.0	80.6	7.3	12.1
1615.0	75.4	9.7	14.9	1759.0	88.8	6.3	4.9
1618.0	68.4	9.1	22.5	1762.0	85.9	12.1	2.0
1621.0	73.6	9.1	17.4	1768.0	89.3	7.6	3.1
1624.0	78.1	8.8	13.2	1771.0	89.0	4.7	6.2
1627.0	67.5	11.7	20.8	1774.0	47.4	5.2	47.4
1630.0	86.5	5.6	8.0	1777.0	43.1	13.0	43.8

## Appendix IX 2-mm sedimentation rate against cdblw

cdblw	mm/yr	cdblw	mm/yr	cdblw	mm/yr
1510.2	1.00	1518.8	0.67	1528.2	0.67
1510.4	0.67	1519	0.50	1528.4	0.67
1510.6	0.67	1519.2	0.67	1528.6	0.67
1510.8	0.67	1519.4	0.67	1528.8	0.67
1511	0.33	1519.6	1.00	1529	0.67
1511.2	0.67	1519.8	1.00	1529.2	0.67
1511.4	1.00	1520	1.00	1529.4	0.67
1511.6	0.67	1520.2	0.67	1529.6	0.50
1511.8	1.00	1520.4	0.67	1529.8	0.67
1512	1.00	1520.6	1.00	1530	1.00
1512.2	1.00	1520.8	0.67	1530.2	0.50
1512.4	2.00	1521	1.00	1530.4	0.67
1512.6	1.00	1521.2	0.67	1530.6	0.67
1512.8	1.00	1521.4	0.67	1530.8	0.67
1513	2.00	1521.6	1.00	1531	0.50
1513.2	0.67	1521.8	0.67	1531.2	0.50
1513.4	0.67	1522	1.00	1531.4	0.67
1513.6	1.00	1522.2	1.00	1531.6	0.50
1513.8	0.67	1522.4	1.00	1531.8	0.67
1514	0.67	1523.4	0.50	1532	0.40
1514.2	0.50	1523.6	0.33	1532.2	0.67
1514.4	1.00	1523.8	0.67	1532.4	0.40
1514.6	1.00	1524	0.40	1532.6	0.50
1514.8	2.00	1524.2	0.67	1532.8	0.40
1515	1.00	1524.4	0.50	1533	0.50
1515.2	1.00	1524.6	0.40	1533.2	0.50
1515.4	1.00	1524.8	0.50	1533.4	0.67
1515.6	1.00	1525	0.50	1533.6	0.67
1515.8	1.00	1525.2	1.00	1533.8	0.50
1516	0.67	1525.4	0.50	1534	0.50
1516.2	0.50	1525.6	0.67	1534.2	0.33
1516.4	0.50	1525.8	1.00	1534.4	0.50
1516.6	0.67	1526	0.67	1534.6	0.40
1516.8	0.67	1526.2	0.50	1534.8	0.40
1517	1.00	1526.4	0.50	1535	0.40
1517.2	2.00	1526.6	0.50	1535.2	0.50
1517.4	1.00	1526.8	0.50	1535.4	0.50
1517.6	0.67	1527	0.40	1535.6	0.50
1517.8	1.00	1527.2	0.50	1535.8	0.67
1518	2.00	1527.4	0.40	1536	0.50
1518.2	0.67	1527.6	0.67	1536.2	0.50
1518.4	2.00	1527.8	0.50	1536.4	0.50
1518.6	1.00	1528	0.50	1536.6	0.33

cdbl	w	mm/yr	cdbl	w	mm/yr	cdbl	w	mm/yr
1536.8		0.33	1553.8		0.50	1562.8		0.50
1537		0.67	1554		0.50	1563		0.33
1537.2		0.67	1554.2		0.67	1563.2		0.50
1537.4		0.40	1554.4		0.67	1563.4		0.50
1537.6		0.67	1554.6		0.50	1563.6		0.50
1537.8		0.50	1554.8		0.50	1563.8		0.50
1538		0.33	1555		0.67	1564		0.67
1538.2		0.50	1555.2		0.67	1564.2		0.40
1538.4		0.67	1555.4		0.50	1564.4		0.50
1538.6		0.50	1555.6		0.40	1564.6		0.50
1538.8		0.50	1555.8		0.67	1564.8		0.67
1539		0.40	1556		2.00	1565		0.50
1539.2		0.40	1556.2		1.00	1565.2		0.67
1539.4		0.50	1556.4		0.67	1565.4		1.00
1539.6		0.50	1556.6		0.67	1565.6		0.50
1539.8		0.67	1556.8		0.50	1565.8		0.50
1540		0.40	1557		0.67	1566		1.00
1540.2		0.50	1557.2		0.67	1566.2		0.40
1540.4		0.67	1557.4		0.67	1566.4		0.67
1540.6		0.50	1557.6		0.40	1566.6		0.50
1540.8		0.50	1557.8		0.67	1566.8		0.67
1541		0.50	1558		1.00	1567		0.50
1541.2		0.50	1558.2		1.00	1567.2		0.67
1541.4		0.50	1558.4		1.00	1567.4		0.67
1541.6		0.50	1558.6		1.00	1567.6		0.40
1541.8		0.67	1558.8		0.67	1567.8		0.50
1542		0.40	1559		0.67	1568		0.50
1542.2		0.50	1559.2		1.00	1568.2		0.67
1542.4		1.00	1559.4		0.67	1568.4		0.67
1542.6		0.67	1559.6		1.00	1568.6		0.29
1550.8		0.50	1559.8		1.00	1568.8		0.33
1551		0.67	1560		0.67	1569		0.50
1551.2		0.50	1560.2		0.33	1569.2		0.67
1551.4		1.00	1560.4		0.67	1569.4		0.50
1551.6		0.67	1560.6		0.50	1569.6		0.50
1551.8		0.67	1560.8		0.50	1569.8		0.50
1552		0.67	1561		0.67	1570		0.50
1552.2		0.50	1561.2		0.67	1570.2		0.50
1552.4		1.00	1561.4		0.67	1570.4		0.40
1552.6		0.50	1561.6		0.50	1570.6		0.40
1552.8		0.50	1561.8		0.50	1570.8		0.40
1553		1.00	1562		0.67	1571		0.50
1553.2		0.67	1562.2		0.50	1571.2		0.40
1553.4		0.67	1562.4		0.50	1571.4		0.50
1553.6		0.67	1562.6		0.33	1571.6		0.50

cdbl	w	mm/yr	cdbl	w	mm/yr	cdbl	w	mm/yr
1571.8		0.50	1580.8		1.00	1600.8		0.67
1572		0.50	1581		1.00	1601		0.67
1572.2		0.50	1581.2		1.00	1601.2		0.67
1572.4		0.67	1581.4		0.67	1601.4		1.00
1572.6		0.50	1592.6		0.67	1602.4		0.67
1572.8		0.50	1592.8		0.67	1602.6		0.50
1573		0.40	1593		0.67	1602.8		0.33
1573.2		0.40	1593.2		0.67	1616.6		1.00
1573.4		0.67	1593.4		1.00	1616.8		2.00
1573.6		0.67	1593.6		0.67	1617		1.00
1573.8		0.50	1593.8		0.67	1617.2		1.00
1574		0.50	1594		0.67	1617.4		2.00
1574.2		0.67	1594.2		0.67	1617.6		1.00
1574.4		1.00	1594.4		0.67	1617.8		2.00
1574.6		0.67	1594.6		0.67	1618		1.00
1574.8		0.67	1594.8		0.40	1618.2		1.00
1575		0.50	1595		0.40	1618.4		1.00
1575.2		0.40	1595.2		0.50	1618.6		1.00
1575.4		0.40	1595.4		0.67	1618.8		0.67
1575.6		0.67	1595.6		1.00	1619		0.67
1575.8		0.50	1595.8		0.67	1619.2		0.67
1576		0.67	1596		0.40	1619.4		0.67
1576.2		0.67	1596.2		1.00	1619.6		0.67
1576.4		0.67	1596.4		0.67	1619.8		0.67
1576.6		0.50	1596.6		0.50	1620		1.00
1576.8		0.67	1596.8		0.40	1620.2		0.67
1577		0.67	1597		0.50	1620.4		1.00
1577.2		0.67	1597.2		0.67	1620.6		1.00
1577.4		0.67	1597.4		1.00	1620.8		0.67
1577.6		0.67	1597.6		0.67	1621		0.67
1577.8		1.00	1597.8		0.67	1621.2		0.67
1578		0.67	1598		0.67	1621.4		0.67
1578.2		0.50	1598.2		0.67	1621.6		0.67
1578.4		1.00	1598.4		0.67	1621.8		1.00
1578.6		0.67	1598.6		0.67	1622		0.67
1578.8		1.00	1598.8		0.67	1622.2		0.67
1579		1.00	1599		0.67	1622.4		0.67
1579.2		1.00	1599.2		0.67	1622.6		1.00
1579.4		0.67	1599.4		0.67	1622.8		0.50
1579.6		2.00	1599.6		0.67	1623		1.00
1579.8		0.67	1599.8		0.67	1623.2		1.00
1580		0.67	1600		0.67	1623.4		0.67
1580.2		0.67	1600.2		0.50	1623.6		1.00
1580.4		1.00	1600.4		0.50	1623.8		1.00
1580.6		1.00	1600.6		0.67	1624		0.67

cdbl	w	mm/yr	cdbl	w	mm/yr	cdbl	w	mm/yr
1624.2		0.67	1633.2		0.67	1644.2		0.50
1624.4		1.00	1633.4		0.50	1644.4		0.67
1624.6		1.00	1633.6		0.67	1644.6		0.40
1624.8		0.67	1633.8		1.00	1644.8		0.50
1625		0.67	1634		0.67	1645		0.50
1625.2		1.00	1636.2		0.50	1645.2		0.50
1625.4		0.67	1636.4		0.50	1645.4		0.50
1625.6		1.00	1636.6		0.50	1645.6		0.50
1625.8		1.00	1636.8		0.50	1645.8		0.50
1626		1.00	1637		0.67	1646		0.50
1626.2		1.00	1637.2		0.67	1646.2		0.40
1626.4		0.67	1637.4		0.50	1646.4		0.40
1626.6		1.00	1637.6		0.50	1646.6		0.50
1626.8		1.00	1637.8		0.50	1646.8		0.50
1627		0.67	1638		0.50	1647		0.50
1627.2		0.67	1638.2		0.40	1647.2		0.50
1627.4		2.00	1638.4		0.40	1647.4		0.50
1627.6		1.00	1638.6		0.50	1647.6		0.50
1627.8		1.00	1638.8		1.00	1647.8		0.40
1628		0.67	1639		0.67	1648		0.40
1628.2		0.67	1639.2		0.50	1648.2		0.33
1628.4		1.00	1639.4		0.50	1648.4		0.50
1628.6		1.00	1639.6		0.50	1648.6		0.40
1628.8		0.67	1639.8		0.50	1648.8		0.50
1629		0.50	1640		0.40	1649		0.67
1629.2		0.67	1640.2		0.50	1649.2		0.50
1629.4		1.00	1640.4		0.50	1649.4		0.67
1629.6		0.67	1640.6		0.67	1649.6		0.50
1629.8		1.00	1640.8		0.67	1649.8		0.50
1630		0.50	1641		0.67	1650		0.50
1630.2		1.00	1641.2		0.67	1650.2		0.40
1630.4		0.67	1641.4		0.67	1650.4		0.50
1630.6		1.00	1641.6		1.00	1650.6		0.50
1630.8		0.67	1641.8		0.67	1650.8		0.67
1631		0.67	1642		0.67	1651		0.50
1631.2		0.67	1642.2		0.50	1651.2		0.29
1631.4		0.40	1642.4		0.50	1651.4		0.67
1631.6		0.40	1642.6		0.67	1651.6		0.50
1631.8		0.67	1642.8		0.40	1651.8		0.67
1632		0.40	1643		0.50	1652		0.50
1632.2		0.50	1643.2		0.50	1652.2		0.50
1632.4		0.50	1643.4		0.50	1652.4		0.50
1632.6		0.67	1643.6		0.40	1652.6		0.50
1632.8		0.67	1643.8		0.50	1652.8		0.50
1633		0.67	1644		0.67	1653		0.50

cdbl	w	mm/yr
1653.2		0.50
1653.4		0.67
1653.6		0.67
1653.8		0.50
1654		0.50
1654.2		0.67
1654.4		0.40
1654.6		0.50
1654.8		0.40
1655		0.50



## Appendix X XRF elemental intensities (2-mm) against calendar yrs BP

cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps
2480	1385	240	2584	2231	175	2722	1112	272
2482	1007	445	2587	2023	260	2727	1066	171
2485	1084	355	2591	1493	310	2730	1367	204
2488	1387	167	2594	1629	177	2734	1069	226
2491	1477	153	2597	1899	438	2738	825	140
2497	1568	160	2599	2029	286	2741	1253	279
2500	1610	174	2601	1919	217	2744	1202	242
2502	1827	129	2603	2038	181	2747	1338	170
2505	1938	117	2606	2223	154	2750	1372	196
2507	1996	190	2609	1891	232	2753	1098	259
2509	1958	202	2611	1681	552	2756	1229	288
2511	1655	262	2614	1803	317	2759	1034	349
2512	1712	243	2616	2099	161	2763	971	453
2514	1513	162	2619	2401	150	2766	1264	302
2516	1525	149	2622	2225	177	2768	1471	286
2517	1767	168	2624	1982	185	2772	1177	262
2520	1699	134	2627	2147	116	2775	1186	218
2523	1774	105	2629	2301	100	2778	1321	188
2525	1850	140	2631	2074	206	2781	1240	225
2528	1457	163	2633	2605	218	2785	840	348
2531	1676	154	2636	2237	354	2789	1201	339
2535	1972	159	2639	2243	335	2792	1018	278
2537	1855	224	2642	1269	472	2796	953	322
2539	1483	215	2645	1191	297	2799	1417	262
2540	1463	279	2649	1712	297	2804	1345	289
2542	1736	127	2655	1696	286	2807	1201	302
2544	1978	137	2658	1435	313	2812	1449	276
2546	1462	227	2663	1416	322	2816	1409	411
2548	1550	181	2666	1375	385	2821	1156	437
2550	1389	281	2670	1269	620	2825	1114	309
2553	1412	257	2675	1158	323	2829	696	229
2557	1709	190	2679	1091	275	2832	728	144
2561	1614	295	2683	1530	256	2835	1200	166
2564	1576	317	2685	1151	407	2839	1126	268
2567	1480	289	2689	1406	163	2843	966	300
2569	1397	247	2692	1610	159	2849	1418	188
2570	1884	118	2694	835	430	2853	1777	280
2572	1988	191	2697	1195	379	2858	967	286
2575	1902	201	2701	1150	264	2863	846	228
2577	2112	143	2705	1246	202	2868	644	200
2578	2010	147	2709	1114	242	2872	767	161
2581	1893	219	2713	963	228	2876	1190	141
2582	1939	247	2718	1210	250	2880	1312	180

cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps
2883	1462	182	3050	1186	267	3181	1106	214
2887	1474	189	3053	1468	216	3185	1285	157
2891	1475	385	3056	1428	231	3188	1351	165
2895	1299	302	3059	1232	225	3191	1103	183
2901	1258	192	3061	1113	230	3195	1102	160
2907	1332	252	3064	1044	306	3199	926	150
2910	1368	227	3067	1005	246	3202	1054	120
2913	1284	514	3070	987	212	3205	1173	173
2918	1204	256	3072	982	212	3209	1298	140
2921	1419	233	3075	1073	185	3214	1258	113
2925	1179	201	3078	1314	199	3217	909	232
2931	1413	194	3081	605	364	3218	1754	121
2935	1355	201	3083	398	380	3220	1687	192
2938	1491	320	3086	617	264	3223	1652	356
2942	1154	268	3089	934	261	3226	1436	276
2946	1404	258	3092	1321	167	3230	1581	157
2951	1070	286	3094	1391	192	3233	1687	161
2956	1160	230	3097	1284	172	3236	1568	211
2960	1092	297	3100	1484	190	3239	1462	208
2964	929	212	3103	1150	204	3244	1627	105
2967	1134	238	3105	1150	238	3247	1536	113
2972	1296	229	3108	1326	243	3249	1401	146
2976	1244	284	3111	1467	352	3251	1199	128
2979	1399	244	3114	1181	176	3253	1596	142
2983	1215	333	3116	1427	208	3255	1793	164
2987	1282	308	3119	1553	180	3258	1406	236
2991	950	203	3122	1449	217	3261	1488	172
2995	676	245	3125	1342	215	3263	1682	169
2999	991	157	3127	1336	226	3266	1674	196
3003	1079	213	3130	1702	227	3268	1706	203
3006	1041	188	3134	1602	216	3270	1350	283
3011	997	219	3137	1420	241	3273	1439	299
3015	1229	276	3141	1330	230	3279	1293	166
3017	1477	296	3143	1188	439	3282	2042	110
3020	942	398	3146	784	229	3286	2322	154
3023	1495	161	3149	1164	212	3290	1769	178
3026	907	262	3152	1634	216	3293	2021	177
3028	995	237	3156	1245	195	3296	2211	180
3031	993	319	3158	1743	205	3299	2226	192
3034	1177	386	3162	1765	317	3303	2369	178
3037	1763	149	3166	1736	362	3307	2571	160
3039	1367	188	3168	1536	334	3310	2110	252
3042	1184	270	3171	1542	359	3314	2249	240
3045	1349	269	3174	1793	284	3318	2166	227
3048	1134	562	3177	1133	370	3324	2330	254

cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps
3328	2005	223	3508	1117	458	3650	1670	299
3334	2203	243	3512	1646	267	3652	1337	430
3338	2418	193	3516	1660	277	3654	1456	291
3342	2358	187	3519	1567	276	3657	1296	407
3346	2244	262	3523	1843	298	3767	1079	564
3350	1935	367	3527	1134	266	3770	1072	280
3353	1789	190	3532	1553	149	3773	2122	272
3358	1654	183	3537	1636	320	3776	1864	408
3362	2021	250	3540	1748	269	3778	2259	226
3366	2026	236	3543	1443	180	3781	2378	186
3369	2023	494	3547	1655	214	3784	2245	151
3373	1620	696	3551	1586	249	3787	2580	187
3376	1656	369	3554	2112	304	3790	1611	1137
3378	1389	248	3556	973	748	3793	2346	307
3382	1583	123	3559	986	686	3796	2355	297
3386	2012	220	3562	1680	177	3799	1746	603
3388	1488	253	3566	1462	206	3802	2233	227
3393	1200	394	3571	805	477	3804	2091	228
3396	1219	819	3576	1251	226	3807	2358	313
3400	1435	221	3579	1487	157	3810	2369	271
3403	1457	171	3583	1792	169	3813	1565	376
3407	1527	195	3586	1187	265	3816	2029	197
3410	1364	250	3589	1306	255	3819	1516	228
3413	1144	428	3592	1520	264	3822	1984	246
3418	1560	283	3596	1530	286	3825	2387	251
3422	1573	198	3599	1595	462	3828	2455	174
3426	1750	288	3602	1760	295	3830	2262	220
3429	1314	519	3605	1963	184	3833	2750	158
3432	1282	356	3608	1702	308	3836	2287	369
3439	1199	209	3611	1519	412	3839	1976	318
3445	1806	299	3613	1753	236	3842	1975	92
3449	1501	335	3616	1574	187	3845	1512	146
3452	1413	485	3620	1930	165	3848	1538	325
3456	1511	269	3622	1697	148	3853	1376	888
3460	984	161	3625	1952	141	3858	2579	133
3464	1018	219	3627	1410	424	3862	2310	141
3468	1475	138	3629	1416	238	3865	1421	140
3472	1139	240	3631	885	743	3867	2425	127
3477	1201	183	3634	1036	420	3870	2195	645
3482	1290	277	3635	1356	360	3875	2187	358
3487	1386	356	3638	1374	117	3877	2505	344
3491	1504	364	3641	1349	191	3880	2447	382
3496	1236	221	3644	1249	185	3884	2650	446
3500	1591	260	3646	1314	405	3889	2672	277
3504	1079	614	3648	1759	167	3893	2384	237

cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps
3896	2568	197	4050	1907	93	4278	2167	148
3898	1259	454	4053	2297	100	4282	2589	137
3901	2658	165	4057	2067	85	4285	2589	122
3904	1892	608	4060	1885	137	4289	1991	287
3907	2228	248	4063	1677	206	4292	1897	266
3910	2612	93	4064	2067	135	4296	1586	108
3913	2680	105	4066	1852	132	4299	1518	100
3916	2062	399	4067	1990	122	4301	998	245
3919	2087	217	4069	2256	288	4302	1595	79
3922	2390	446	4070	2103	151	4304	1815	181
3925	2230	659	4072	2111	240	4306	2116	430
3928	2107	157	4074	1988	212	4307	1720	326
3931	2099	172	4078	2525	229	4309	1952	270
3934	1913	324	4082	2499	249	4310	1494	507
3937	2285	100	4090	2176	471	4312	1497	427
3941	2449	239	4098	2071	392	4314	1473	262
3945	1912	173	4106	2731	278	4316	1938	211
3948	2511	160	4114	2602	301	4318	1625	414
3951	2835	192	4122	2420	118	4321	1751	329
3954	2330	343	4130	2305	155	4324	1271	252
3957	2771	176	4138	2725	232	4327	2162	135
3959	2130	387	4146	2651	297	4330	2496	289
3962	2514	349	4154	2455	494	4333	2766	313
3964	2131	426	4162	2479	469	4336	2465	261
3967	2363	250	4170	2822	522	4338	2430	315
3969	2108	695	4178	2086	438	4341	2394	209
3972	1985	724	4186	1532	608	4343	2051	164
3976	3074	201	4194	1783	354	4345	2265	117
3982	3192	105	4200	2249	252	4348	1695	130
3987	2811	101	4206	1853	271	4351	1439	222
3991	2763	204	4212	2125	155	4354	2174	89
3996	3120	109	4218	2261	155	4357	2435	260
4000	3188	74	4224	2561	232	4360	2514	373
4005	2786	186	4230	2024	245	4362	1788	216
4009	2400	995	4236	2000	529	4365	1954	313
4014	2325	161	4242	1811	350	4368	2725	187
4018	2165	231	4247	1608	215	4371	2770	299
4023	3114	70	4251	1907	210	4373	2475	400
4027	3089	66	4256	2324	282	4377	1466	360
4032	2615	707	4259	2484	212	4379	2506	151
4036	2953	231	4262	1414	412	4381	2281	241
4041	2434	417	4265	1739	424	4384	2037	210
4043	2798	95	4268	1884	173	4386	2412	226
4046	2294	620	4271	2002	223	4388	2084	417
4048	2121	460	4275	1495	238	4391	1897	427

cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps	cal yr BP	Ca-cps	Fe-cps
4394	1886	165	4520	2637	519	4685	3132	217
4396	2274	243	4524	2569	419	4688	2852	295
4398	2207	272	4527	2409	562	4693	2560	474
4401	2589	273	4529	1943	608	4697	2642	213
4404	2475	421	4532	1787	465	4701	2734	310
4406	2519	238	4536	2591	398	4705	2352	504
4409	1645	526	4540	2322	480	4709	2699	342
4411	2217	493	4544	1999	494	4713	2685	190
4413	1720	611	4548	2961	143	4717	2849	199
4415	2089	157	4551	2800	162	4721	2832	457
4417	2270	242	4554	1910	556	4726	2581	580
4420	2093	200	4558	1798	633	4731	1997	585
4422	1919	274	4562	1723	301	4735	2841	333
4424	1585	247	4566	2282	96	4739	2714	315
4427	1876	219	4570	2646	302	4743	2616	321
4430	1878	240	4575	2397	409	4747	2299	841
4431	2327	268	4580	2948	167	4751	2576	539
4433	2480	237	4584	2531	234	4755	2897	524
4435	2189	264	4586	2298	830	4760	3096	450
4438	1584	677	4589	1884	779	4765	2847	570
4441	2157	335	4593	2396	246	4771	2696	622
4443	2212	189	4597	2398	236	4775	2733	371
4445	2195	211	4601	2636	322	4780	2884	286
4448	2107	171	4605	2163	638	4784	2392	360
4452	1410	446	4610	1532	754	4787	2545	408
4455	2374	351	4614	1590	403	4791	2603	379
4457	2397	308	4618	2508	217	4794	2853	206
4460	1973	387	4621	1922	382	4798	2989	185
4462	2280	239	4624	2246	109	4802	3081	313
4466	2215	272	4627	2354	100	4806	2854	227
4468	2417	329	4630	2457	98	4811	2452	539
4471	2047	620	4633	2411	138	4815	2864	198
4473	2394	471	4635	2447	191	4819	3043	222
4476	2284	512	4638	2363	176	4822	2932	191
4479	1826	641	4641	2329	127	4826	2964	221
4482	2076	683	4645	2288	131	4833	2574	200
4487	2467	282	4649	2365	122	4836	2880	145
4492	2909	209	4652	2390	110	4840	2281	365
4495	2637	231	4657	2853	139	4843	2504	281
4500	2970	188	4661	2880	199	4847	2693	103
4504	2684	351	4665	3023	292	4851	2851	123
4508	2672	510	4669	2907	343	4855	2831	150
4511	2644	201	4674	2415	757	4859	2379	368
4514	2691	262	4678	2539	476	4863	2281	366
4517	2476	489	4681	2676	267	4867	2200	304

cal yr BP	Ca-cps	Fe-cps
4871	2847	315
4874	2582	520
4877	2352	497
4881	2875	231
4885	2983	380
4888	2685	884
4893	2594	337
4897	2756	512
4902	2685	294
4906	2677	281

## Appendix XI Average varve thickness measurements against calendar yrs BP.

Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)
3300	1	0.50	0.31	0.18	3341	42	0.47	0.18	0.29	3382	83	0.47	0.30	0.17
3301	2	0.35	0.26	0.09	3342	43	0.59	0.24	0.35	3383	84	0.33	0.24	0.09
3302	3	0.35	0.16	0.19	3343	44	0.58	0.15	0.43	3384	85	0.44	0.18	0.27
3303	4	0.39	0.20	0.19	3344	45	0.49	0.12	0.37	3385	86	0.72	0.14	0.58
3304	5	0.40	0.23	0.17	3345	46	0.40	0.15	0.24	3386	87	0.39	0.16	0.23
3305	6	0.41	0.23	0.18	3346	47	0.55	0.30	0.25	3387	88	0.35	0.17	0.18
3306	7	0.43	0.22	0.21	3347	48	0.69	0.34	0.35	3388	89	0.30	0.16	0.14
3307	8	0.47	0.24	0.23	3348	49	0.82	0.44	0.39	3389	90	0.85	0.42	0.43
3308	9	0.62	0.40	0.22	3349	50	0.51	0.20	0.32	3390	91	1.13	0.24	0.90
3309	10	0.67	0.13	0.54	3350	51	0.51	0.11	0.40	3391	92	0.66	0.34	0.32
3310	11	0.27	0.11	0.15	3351	52	0.38	0.07	0.32	3392	93	1.27	0.33	0.94
3311	12	0.50	0.33	0.18	3352	53	0.35	0.05	0.30	3393	94	0.65	0.27	0.38
3312	13	0.40	0.20	0.20	3353	54	0.38	0.07	0.31	3394	95	0.45	0.09	0.36
3313	14	0.47	0.22	0.25	3354	55	0.33	0.06	0.27	3395	96	0.27	0.10	0.17
3314	15	0.30	0.12	0.18	3355	56	0.29	0.09	0.19	3396	97	0.41	0.08	0.33
3315	16	0.65	0.45	0.20	3356	57	0.31	0.11	0.20	3397	98	0.35	0.12	0.23
3316	17	0.37	0.15	0.22	3357	58	0.70	0.14	0.56	3398	99	0.43	0.14	0.29
3317	18	0.46	0.10	0.36	3358	59	0.89	0.15	0.74	3399	100	0.38	0.16	0.21
3318	19	0.26	0.09	0.17	3359	60	0.27	0.07	0.20	3400	101	0.38	0.18	0.20
3319	20	0.23	0.05	0.17	3360	61	0.30	0.07	0.23	3401	102	0.41	0.17	0.24
3320	21	0.22	0.09	0.13	3361	62	0.44	0.16	0.29	3402	103	0.33	0.10	0.23
3321	22	0.21	0.20	0.01	3362	63	0.75	0.17	0.58	3403	104	0.72	0.33	0.39
3322	23	0.26	0.23	0.02	3363	64	0.64	0.28	0.36	3404	105	0.54	0.15	0.39
3323	24	0.39	0.24	0.15	3364	65	0.60	0.31	0.29	3405	106	0.38	0.15	0.23
3324	25	0.55	0.30	0.25	3365	66	0.67	0.32	0.35	3406	107	1.00	0.22	0.78
3325	26	0.52	0.31	0.21	3366	67	0.63	0.35	0.28	3407	108	0.71	0.12	0.59
3326	27	0.33	0.09	0.24	3367	68	0.82	0.19	0.63	3408	109	0.54	0.27	0.27
3327	28	0.17	0.06	0.11	3368	69	0.41	0.18	0.23	3409	110	0.87	0.46	0.41
3328	29	0.17	0.06	0.12	3369	70	0.38	0.16	0.22	3410	111	0.67	0.21	0.46
3329	30	0.30	0.08	0.22	3370	71	0.33	0.16	0.17	3411	112	0.63	0.17	0.45
3330	31	0.32	0.18	0.14	3371	72	0.27	0.08	0.19	3412	113	0.68	0.29	0.39
3331	32	0.39	0.23	0.16	3372	73	0.36	0.14	0.22	3413	114	0.83	0.37	0.46
3332	33	0.44	0.29	0.16	3373	74	0.42	0.14	0.28	3414	115	0.87	0.48	0.39
3333	34	0.50	0.30	0.20	3374	75	0.47	0.17	0.31	3415	116	0.65	0.43	0.22
3334	35	0.50	0.32	0.18	3375	76	0.36	0.15	0.21	3416	117	0.58	0.36	0.22
3335	36	0.74	0.38	0.35	3376	77	0.50	0.11	0.39	3417	118	0.53	0.37	0.16
3336	37	0.36	0.11	0.24	3377	78	0.62	0.32	0.30	3418	119	0.35	0.13	0.21
3337	38	0.38	0.15	0.23	3378	79	0.55	0.20	0.34	3419	120	0.33	0.11	0.22
3338	39	0.60	0.23	0.37	3379	80	0.47	0.29	0.17	3420	121	0.43	0.18	0.26
3339	40	0.45	0.23	0.23	3380	81	0.61	0.45	0.16	3421	122	0.60	0.27	0.33
3340	41	0.55	0.23	0.32	3381	82	0.57	0.40	0.17	3422	123	0.62	0.31	0.32



Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)
3423	124	0.47	0.17	0.29	3466	167	0.46	0.15	0.31	3509	210	0.39	0.13	0.25
3424	125	0.37	0.14	0.23	3467	168	0.49	0.26	0.22	3510	211	0.39	0.12	0.27
3425	126	0.42	0.16	0.26	3468	169	0.51	0.29	0.22	3511	212	0.47	0.26	0.21
3426	127	0.44	0.24	0.21	3469	170	0.52	0.21	0.31	3512	213	0.49	0.24	0.26
3427	128	1.04	0.10	0.94	3470	171	0.39	0.25	0.14	3513	214	0.58	0.21	0.37
3428	129	0.63	0.24	0.39	3471	172	0.32	0.17	0.15	3514	215	0.54	0.28	0.26
3429	130	0.67	0.36	0.31	3472	173	0.30	0.14	0.16	3515	216	0.60	0.27	0.34
3430	131	0.95	0.57	0.38	3473	174	0.30	0.12	0.18	3516	217	0.69	0.33	0.36
3431	132	0.91	0.39	0.52	3474	175	0.39	0.19	0.20	3517	218	0.69	0.47	0.22
3432	133	0.57	0.27	0.30	3475	176	0.46	0.18	0.28	3518	219	0.61	0.30	0.31
3433	134	0.80	0.22	0.57	3476	177	0.42	0.21	0.21	3519	220	0.54	0.28	0.26
3434	135	0.53	0.15	0.38	3477	178	0.42	0.17	0.25	3520	221	0.52	0.21	0.31
3435	136	0.90	0.07	0.83	3478	179	0.32	0.13	0.19	3521	222	0.53	0.25	0.28
3436	137	0.29	0.09	0.20	3479	180	0.33	0.11	0.22	3522	223	0.69	0.21	0.49
3437	138	0.39	0.17	0.23	3480	181	0.36	0.11	0.25	3523	224	0.51	0.21	0.30
3438	139	0.39	0.17	0.22	3481	182	0.29	0.11	0.17	3524	225	0.43	0.14	0.29
3439	140	0.50	0.19	0.31	3482	183	0.36	0.16	0.20	3525	226	0.53	0.20	0.33
3440	141	0.45	0.23	0.23	3483	184	0.65	0.16	0.49	3526	227	0.48	0.17	0.31
3441	142	0.35	0.16	0.19	3484	185	0.44	0.26	0.18	3527	228	0.53	0.20	0.33
3442	143	0.31	0.12	0.19	3485	186	0.38	0.23	0.15	3528	229	0.50	0.20	0.30
3443	144	0.36	0.10	0.25	3486	187	0.87	0.42	0.46	3529	230	0.51	0.22	0.29
3444	145	0.29	0.09	0.21	3487	188	0.35	0.13	0.22	3530	231	0.64	0.23	0.41
3445	146	0.55	0.19	0.37	3488	189	0.33	0.11	0.22	3531	232	0.79	0.44	0.36
3446	147	0.44	0.19	0.26	3489	190	0.32	0.15	0.17	3532	233	0.85	0.35	0.50
3447	148	0.53	0.17	0.36	3490	191	0.39	0.15	0.25	3533	234	0.56	0.35	0.20
3448	149	0.48	0.15	0.33	3491	192	0.42	0.10	0.31	3534	235	0.78	0.47	0.31
3449	150	0.35	0.13	0.23	3492	193	0.37	0.06	0.31	3535	236	0.69	0.30	0.39
3450	151	0.40	0.17	0.23	3493	194	0.28	0.09	0.20	3536	237	0.71	0.39	0.32
3451	152	0.40	0.21	0.18	3494	195	0.58	0.12	0.46	3537	238	1.00	0.30	0.70
3452	153	0.53	0.21	0.33	3495	196	0.50	0.19	0.31	3538	239	0.53	0.18	0.35
3453	154	0.45	0.21	0.24	3496	197	0.69	0.44	0.25	3539	240	0.94	0.22	0.72
3454	155	0.34	0.14	0.20	3497	198	0.83	0.36	0.47	3540	241	0.48	0.13	0.35
3455	156	0.47	0.22	0.26	3498	199	0.77	0.36	0.41	3541	242	0.45	0.20	0.25
3456	157	0.50	0.18	0.31	3499	200	0.81	0.17	0.64	3542	243	0.46	0.11	0.35
3457	158	0.44	0.12	0.31	3500	201	0.66	0.28	0.38	3543	244	0.41	0.13	0.27
3458	159	0.31	0.13	0.19	3501	202	0.59	0.33	0.26	3544	245	0.47	0.19	0.28
3459	160	0.29	0.10	0.19	3502	203	0.60	0.30	0.30	3545	246	0.66	0.35	0.31
3460	161	0.29	0.09	0.21	3503	204	0.50	0.19	0.32	3546	247	0.35	0.09	0.26
3461	162	0.33	0.13	0.21	3504	205	0.67	0.22	0.45	3547	248	0.49	0.16	0.33
3462	163	0.37	0.16	0.22	3505	206	0.66	0.37	0.29	3548	249	0.47	0.17	0.30
3463	164	0.62	0.22	0.40	3506	207	0.55	0.32	0.24	3549	250	0.50	0.23	0.27
3464	165	0.40	0.20	0.20	3507	208	0.59	0.33	0.26	3550	251	0.80	0.46	0.34
3465	166	0.40	0.11	0.29	3508	209	0.27	0.14	0.12	3551	252	0.49	0.22	0.27

Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)
3552	253	0.59	0.24	0.35	3595	296	1.05	0.47	0.58	3786	366	0.26	0.07	0.18
3553	254	0.71	0.33	0.38	3596	297	0.88	0.63	0.26	3787	367	0.35	0.13	0.21
3554	255	0.79	0.35	0.44	3597	298	0.95	0.46	0.49	3788	368	0.37	0.16	0.22
3555	256	1.20	0.19	1.01	3598	299	0.85	0.28	0.58	3789	369	0.54	0.35	0.19
3556	257	0.60	0.22	0.37	3599	300	0.70	0.28	0.42	3790	370	0.83	0.42	0.41
3557	258	0.50	0.24	0.26	3600	301	0.71	0.38	0.33	3791	371	0.93	0.59	0.33
3558	259	0.61	0.26	0.36	3601	302	0.99	0.64	0.35	3792	372	0.88	0.45	0.43
3559	260	0.54	0.23	0.31	3602	303	1.18	0.44	0.74	3793	373	0.66	0.33	0.33
3560	261	0.56	0.28	0.28	3603	304	0.47	0.14	0.33	3794	374	1.19	0.69	0.49
3561	262	0.58	0.26	0.32	3604	305	0.90	0.27	0.63	3795	375	0.88	0.61	0.26
3562	263	0.54	0.19	0.35	3605	306	0.61	0.18	0.44	3796	376	0.81	0.58	0.23
3563	264	0.59	0.27	0.32	3606	307	0.63	0.15	0.47	3797	377	0.94	0.67	0.27
3564	265	0.51	0.28	0.23	3607	308	0.64	0.39	0.25	3798	378	1.18	0.67	0.51
3565	266	0.73	0.43	0.30	3608	309	0.74	0.39	0.35	3799	379	0.82	0.67	0.15
3566	267	0.95	0.32	0.63	3609	310	0.79	0.47	0.31	3800	380	1.96	0.53	1.43
3567	268	0.32	0.12	0.20	3610	311	0.84	0.26	0.58	3801	381	0.77	0.45	0.31
3568	269	0.42	0.13	0.29	3611	312	0.80	0.24	0.55	3802	382	0.75	0.45	0.30
3569	270	0.56	0.33	0.23	3612	313	0.74	0.32	0.42	3803	383	1.08	0.85	0.23
3570	271	0.78	0.35	0.43	3613	314	0.77	0.31	0.46	3804	384	1.53	0.54	1.00
3571	272	0.97	0.27	0.70	3614	315	0.92	0.43	0.50	3805	385	1.16	0.75	0.41
3572	273	0.52	0.23	0.29	3615	316	1.15	0.41	0.74	3806	386	0.64	0.38	0.26
3573	274	0.66	0.29	0.37	3616	317	0.95	0.62	0.33	3807	387	0.49	0.23	0.27
3574	275	0.65	0.29	0.29	3617	318	1.07	0.64	0.43	3808	388	0.68	0.39	0.29
3575	276	0.49	0.25	0.24	3618	319	0.65	0.36	0.29	3809	389	0.82	0.50	0.32
3576	277	0.46	0.25	0.21	3619	320	0.99	0.65	0.34	3810	390	0.69	0.49	0.20
3577	278	0.51	0.28	0.23	3620	321	0.98	0.55	0.43	3811	391	0.43	0.21	0.21
3578	279	0.49	0.28	0.21	3621	322	0.72	0.41	0.31	3812	392	0.47	0.32	0.15
3579	280	0.78	0.45	0.33	3770	350	0.65	0.43	0.22	3813	393	0.63	0.34	0.30
3580	281	0.72	0.45	0.27	3771	351	0.69	0.27	0.42	3814	394	0.97	0.16	0.81
3581	282	1.14	0.81	0.33	3772	352	0.89	0.26	0.63	3815	395	0.57	0.40	0.18
3582	283	0.49	0.24	0.25	3773	353	0.58	0.20	0.38	3816	396	0.51	0.33	0.19
3583	284	0.57	0.32	0.26	3774	354	0.51	0.23	0.29	3817	397	0.50	0.15	0.36
3584	285	0.74	0.42	0.31	3775	355	1.13	0.26	0.87	3818	398	0.68	0.46	0.22
3585	286	1.20	0.44	0.76	3776	356	0.76	0.31	0.45	3819	399	0.67	0.32	0.35
3586	287	0.45	0.30	0.15	3777	357	1.28	0.73	0.55	3820	400	0.66	0.30	0.36
3587	288	0.67	0.23	0.44	3778	358	0.98	0.56	0.42	3821	401	0.41	0.24	0.17
3588	289	0.46	0.20	0.26	3779	359	1.03	0.52	0.51	3822	402	0.44	0.24	0.20
3589	290	0.56	0.25	0.30	3780	360	0.88	0.60	0.28	3823	403	0.73	0.45	0.29
3590	291	1.02	0.45	0.56	3781	361	0.90	0.51	0.39	3824	404	0.77	0.56	0.20
3591	292	0.69	0.47	0.21	3782	362	0.88	0.44	0.44	3825	405	0.61	0.25	0.35
3592	293	1.19	0.59	0.61	3783	363	0.84	0.57	0.27	3826	406	1.06	0.71	0.35
3593	294	0.65	0.37	0.28	3784	364	0.69	0.53	0.17	3827	407	1.16	0.32	0.84
3594	295	0.71	0.47	0.24	3785	365	0.62	0.31	0.31	3828	408	0.21	0.15	0.07

Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)
3829	409	0.45	0.15	0.30	3872	452	0.65	0.25	0.40	3915	495	0.63	0.38	0.25
3830	410	0.32	0.21	0.11	3873	453	0.51	0.38	0.13	3916	496	0.61	0.30	0.32
3831	411	0.22	0.06	0.16	3874	454	0.52	0.34	0.17	3917	497	0.76	0.43	0.32
3832	412	0.30	0.08	0.22	3875	455	0.67	0.53	0.14	3918	498	0.51	0.33	0.18
3833	413	0.24	0.06	0.18	3876	456	0.52	0.34	0.18	3919	499	0.77	0.42	0.35
3834	414	0.36	0.11	0.25	3877	457	0.34	0.25	0.09	3920	500	0.64	0.40	0.23
3835	415	0.23	0.08	0.15	3878	458	0.55	0.32	0.23	3921	501	0.62	0.38	0.23
3836	416	0.25	0.07	0.18	3879	459	0.52	0.29	0.23	3922	502	0.60	0.34	0.26
3837	417	0.30	0.12	0.18	3880	460	0.57	0.26	0.31	3923	503	0.56	0.32	0.25
3838	418	0.42	0.16	0.26	3881	461	0.59	0.10	0.49	3924	504	0.54	0.33	0.22
3839	419	0.43	0.23	0.20	3882	462	0.42	0.13	0.29	3925	505	0.45	0.23	0.22
3840	420	0.69	0.48	0.21	3883	463	1.02	0.49	0.53	3926	506	0.49	0.34	0.16
3841	421	1.04	0.67	0.37	3884	464	0.84	0.56	0.28	3927	507	0.67	0.39	0.28
3842	422	0.52	0.27	0.25	3885	465	0.81	0.22	0.60	3928	508	0.62	0.45	0.17
3843	423	0.35	0.20	0.15	3886	466	0.98	0.57	0.41	3929	509	0.83	0.45	0.37
3844	424	0.57	0.43	0.15	3887	467	1.58	0.62	0.97	3930	510	0.74	0.47	0.26
3845	425	0.75	0.58	0.16	3888	468	0.76	0.52	0.23	3931	511	0.89	0.63	0.26
3846	426	0.60	0.47	0.13	3889	469	0.55	0.29	0.26	3932	512	0.86	0.50	0.36
3847	427	0.48	0.39	0.10	3890	470	1.45	0.37	1.08	3933	513	0.61	0.42	0.19
3848	428	0.30	0.23	0.07	3891	471	0.82	0.55	0.26	3934	514	1.03	0.51	0.52
3849	429	0.65	0.54	0.12	3892	472	0.62	0.34	0.29	3935	515	0.99	0.63	0.36
3850	430	0.56	0.43	0.13	3893	473	0.78	0.55	0.23	3936	516	0.98	0.53	0.45
3851	431	0.47	0.35	0.11	3894	474	0.79	0.54	0.25	3937	517	0.83	0.63	0.20
3852	432	0.87	0.52	0.35	3895	475	0.59	0.47	0.12	3938	518	0.96	0.71	0.25
3853	433	1.07	0.72	0.35	3896	476	0.75	0.55	0.20	3939	519	0.72	0.44	0.27
3854	434	0.91	0.79	0.12	3897	477	0.57	0.48	0.09	3940	520	1.09	0.71	0.38
3855	435	0.39	0.21	0.18	3898	478	0.73	0.30	0.43	3941	521	1.50	1.02	0.48
3856	436	0.52	0.38	0.14	3899	479	0.59	0.38	0.22	3942	522	1.71	1.19	0.53
3857	437	0.60	0.46	0.14	3900	480	0.41	0.16	0.25	3943	523	1.74	1.22	0.52
3858	438	0.47	0.38	0.09	3901	481	0.76	0.37	0.40	3944	524	1.61	1.14	0.47
3859	439	0.52	0.38	0.14	3902	482	0.86	0.57	0.29	3945	525	1.34	0.96	0.38
3860	440	0.51	0.41	0.10	3903	483	0.91	0.65	0.26	3946	526	0.94	0.68	0.26
3861	441	0.54	0.42	0.11	3904	484	0.58	0.40	0.18	3947	527	0.61	0.45	0.16
3862	442	0.51	0.30	0.21	3905	485	0.41	0.19	0.22	3948	528	0.91	0.63	0.28
3863	443	0.58	0.23	0.35	3906	486	0.43	0.12	0.32	3949	529	1.23	0.75	0.48
3864	444	2.05	0.44	1.61	3907	487	0.55	0.16	0.39	3950	530	1.39	0.71	0.68
3865	445	0.44	0.31	0.13	3908	488	0.68	0.24	0.44	3951	531	1.40	0.59	0.80
3866	446	0.53	0.39	0.14	3909	489	0.76	0.32	0.44	3952	532	1.26	0.47	0.79
3867	447	0.92	0.35	0.57	3910	490	0.73	0.34	0.39	3953	533	0.97	0.40	0.57
3868	448	0.38	0.22	0.16	3911	491	0.61	0.30	0.31	3954	534	0.55	0.36	0.19
3869	449	0.58	0.42	0.16	3912	492	0.64	0.38	0.26	3955	535	0.30	0.19	0.11
3870	450	0.54	0.38	0.15	3913	493	0.69	0.45	0.24	3956	536	0.75	0.43	0.31
3871	451	0.42	0.25	0.16	3914	494	0.69	0.47	0.22	3957	537	0.54	0.20	0.34

Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)
3958	538	1.34	1.11	0.23
3959	539	0.57	0.35	0.22
3960	540	0.37	0.25	0.12
3961	541	0.48	0.35	0.14
3962	542	0.38	0.22	0.16
3963	543	0.59	0.23	0.35
3964	544	0.72	0.43	0.29
3965	545	0.65	0.49	0.16
3966	546	0.69	0.43	0.26
3967	547	0.46	0.25	0.22
3968	548	0.67	0.36	0.31
3969	549	0.73	0.49	0.24
3970	550	1.28	0.88	0.40
3971	551	0.78	0.61	0.17
3972	552	0.69	0.49	0.20
3973	553	0.93	0.74	0.19
3974	554	0.74	0.51	0.24
3975	555	0.50	0.40	0.10
3976	556	0.63	0.34	0.29
3977	557	0.72	0.44	0.28
3978	558	0.92	0.57	0.35
3979	559	1.16	0.86	0.30
3980	560	0.49	0.32	0.17
3981	561	1.12	0.79	0.33
3982	562	0.94	0.66	0.28
3983	563	0.90	0.58	0.31
3984	564	1.87	0.95	0.92
3985	565	0.85	0.69	0.17
3986	566	0.64	0.40	0.23
3987	567	1.66	0.88	0.78
3988	568	0.55	0.27	0.28
3989	569	0.40	0.21	0.19
3990	570	0.89	0.36	0.52
3991	571	0.80	0.47	0.33
3992	572	0.70	0.39	0.31
3993	573	0.88	0.30	0.58
3994	574	0.71	0.39	0.32
3995	575	0.66	0.52	0.14
3996	576	0.57	0.39	0.18
3997	577	0.68	0.48	0.20
3998	578	1.23	0.82	0.42
3999	579	1.12	0.79	0.33
4000	580	0.78	0.61	0.17

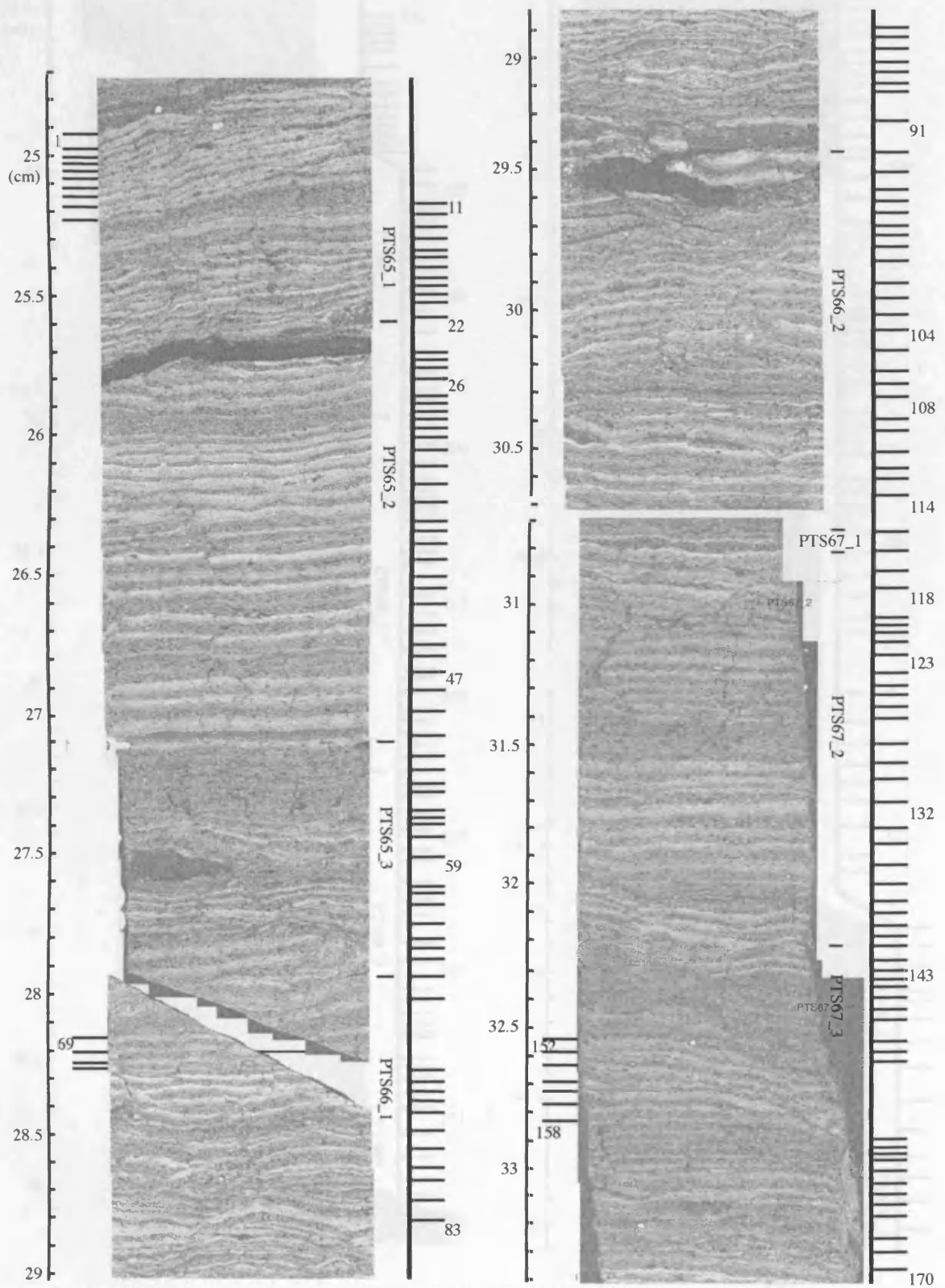
Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)
4001	581	0.74	0.60	0.15
4002	582	0.89	0.75	0.13
4003	583	0.74	0.61	0.13
4004	584	0.80	0.64	0.16
4005	585	0.98	0.70	0.28
4006	586	1.11	0.83	0.28
4007	587	1.05	0.87	0.18
4008	588	0.91	0.80	0.11
4009	589	0.91	0.74	0.17
4010	590	0.92	0.80	0.12
4011	591	0.82	0.60	0.22
4012	592	0.93	0.44	0.49
4013	593	0.60	0.53	0.07
4014	594	0.44	0.33	0.11
4015	595	0.32	0.24	0.08
4016	596	0.47	0.26	0.21
4017	597	0.54	0.46	0.08
4018	598	0.53	0.41	0.12
4019	599	0.68	0.54	0.14
4020	600	0.77	0.67	0.09
4021	601	0.89	0.42	0.47
4022	602	0.82	0.63	0.19
4023	603	0.98	0.74	0.24
4024	604	1.10	0.66	0.43
4025	605	0.56	0.30	0.27
4026	606	0.34	0.18	0.16
4027	607	0.50	0.36	0.14
4028	608	0.70	0.51	0.19
4029	609	0.43	0.12	0.31
4030	610	0.31	0.05	0.26
4031	611	0.64	0.40	0.25
4032	612	0.42	0.32	0.10
4033	613	0.36	0.08	0.28
4034	614	0.34	0.22	0.11
4035	615	0.49	0.40	0.10
4036	616	0.56	0.38	0.18
4037	617	0.85	0.66	0.19
4038	618	1.32	0.75	0.57
4039	619	0.41	0.30	0.11
4040	620	0.43	0.35	0.08
4041	621	0.45	0.37	0.09
4042	622	0.50	0.20	0.30
4043	623	0.58	0.11	0.47

Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)
4044	624	0.55	0.18	0.36
4045	625	0.46	0.18	0.28
4046	626	0.71	0.50	0.20
4047	627	0.34	0.13	0.21
4048	628	0.45	0.31	0.14
4049	629	0.46	0.36	0.10
4050	630	0.45	0.35	0.10
4051	631	0.53	0.16	0.36
4052	632	0.69	0.40	0.28
4053	633	0.54	0.37	0.18
4054	634	0.38	0.30	0.08
4055	635	0.55	0.48	0.07
4056	636	0.43	0.34	0.09
4057	637	0.70	0.51	0.19
4058	638	0.29	0.14	0.14
4059	639	0.29	0.13	0.15
4060	640	0.37	0.24	0.13
4061	641	0.42	0.10	0.32
4062	642	0.60	0.41	0.19
4063	643	0.58	0.46	0.12
4064	644	0.40	0.27	0.13
4065	645	0.61	0.53	0.08
4066	646	0.57	0.51	0.06
4067	647	0.34	0.19	0.15
4068	648	1.62	0.47	1.15
4069	649	1.28	0.34	0.94
4070	650	0.38	0.16	0.21
4071	651	0.55	0.43	0.12
4072	652	0.43	0.31	0.13
4073	653	0.30	0.10	0.20
4074	654	0.42	0.29	0.13
4075	655	0.50	0.34	0.16
4076	656	0.85	0.27	0.58
4077	657	0.27	0.12	0.15
4078	658	0.62	0.49	0.13
4079	659	0.47	0.35	0.13
4080	660	0.45	0.34	0.11
4081	661	0.31	0.13	0.18
4082	662	0.48	0.37	0.11
4083	663	0.40	0.28	0.12
4084	664	0.32	0.18	0.14
4085	665	0.27	0.18	0.08
4086	666	0.40	0.24	0.16

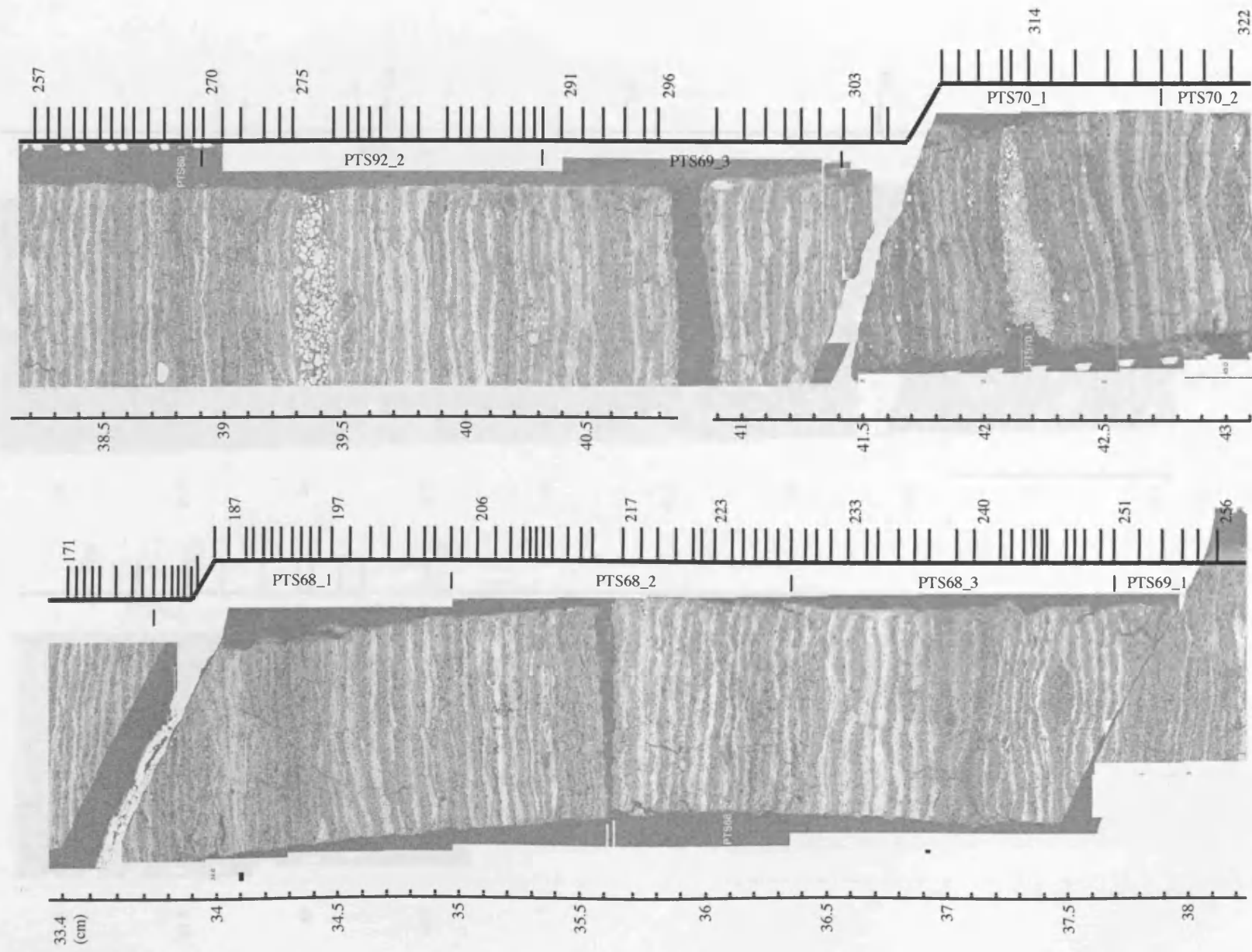
Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)
4087	667	0.47	0.30	0.17	4130	710	0.65	0.40	0.24	4173	753	0.37	0.20	0.17
4088	668	0.60	0.20	0.40	4131	711	0.44	0.28	0.16	4174	754	0.45	0.28	0.17
4089	669	1.91	0.83	1.08	4132	712	0.46	0.38	0.09	4175	755	0.41	0.30	0.11
4090	670	1.50	0.67	0.82	4133	713	0.38	0.29	0.09	4176	756	0.26	0.12	0.14
4091	671	0.50	0.32	0.18	4134	714	0.50	0.32	0.18	4177	757	0.37	0.20	0.17
4092	672	0.63	0.42	0.21	4135	715	0.37	0.26	0.11	4178	758	0.31	0.13	0.18
4093	673	0.91	0.10	0.82	4136	716	0.29	0.21	0.07	4179	759	0.21	0.11	0.11
4094	674	1.08	0.67	0.40	4137	717	0.39	0.17	0.22	4180	760	0.41	0.27	0.15
4095	675	0.48	0.28	0.20	4138	718	0.37	0.30	0.07	4181	761	0.39	0.23	0.16
4096	676	0.32	0.22	0.10	4139	719	0.30	0.22	0.08	4182	762	0.33	0.15	0.17
4097	677	0.47	0.34	0.13	4140	720	0.29	0.20	0.09	4183	763	0.39	0.28	0.11
4098	678	0.39	0.27	0.12	4141	721	0.22	0.13	0.09	4184	764	0.61	0.42	0.20
4099	679	0.38	0.27	0.11	4142	722	0.45	0.30	0.15	4185	765	0.39	0.26	0.13
4100	680	0.25	0.09	0.17	4143	723	0.38	0.24	0.13	4186	766	0.48	0.28	0.21
4101	681	0.39	0.14	0.25	4144	724	0.26	0.13	0.13	4187	767	0.51	0.34	0.18
4102	682	0.63	0.46	0.17	4145	725	0.38	0.24	0.14	4188	768	0.34	0.12	0.21
4103	683	0.50	0.34	0.17	4146	726	0.40	0.26	0.13	4189	769	0.31	0.17	0.14
4104	684	0.22	0.10	0.12	4147	727	0.49	0.13	0.36	4190	770	0.43	0.24	0.19
4105	685	0.22	0.05	0.17	4148	728	0.34	0.12	0.22	4191	771	0.41	0.28	0.12
4106	686	0.31	0.14	0.17	4149	729	0.63	0.35	0.28	4192	772	0.62	0.41	0.21
4107	687	0.43	0.06	0.37	4150	730	1.35	0.11	1.24	4193	773	0.73	0.33	0.40
4108	688	0.49	0.08	0.41	4151	731	0.42	0.26	0.16	4194	774	0.66	0.14	0.51
4109	689	0.47	0.17	0.29	4152	732	0.80	0.65	0.16	4195	775	0.84	0.37	0.47
4110	690	0.40	0.21	0.18	4153	733	0.76	0.40	0.36	4196	776	0.72	0.24	0.48
4111	691	0.39	0.25	0.13	4154	734	0.93	0.81	0.13	4197	777	0.66	0.35	0.31
4112	692	0.58	0.19	0.39	4155	735	0.52	0.35	0.18	4198	778	0.71	0.16	0.55
4113	693	0.55	0.13	0.42	4156	736	0.47	0.31	0.16	4199	779	0.52	0.11	0.41
4114	694	0.35	0.12	0.24	4157	737	0.40	0.28	0.12	4200	780	0.47	0.16	0.31
4115	695	0.41	0.23	0.18	4158	738	0.48	0.38	0.11	4201	781	0.66	0.38	0.28
4116	696	0.45	0.22	0.23	4159	739	0.29	0.13	0.16	4202	782	0.71	0.30	0.41
4117	697	0.41	0.19	0.22	4160	740	0.40	0.28	0.12	4203	783	0.78	0.45	0.33
4118	698	0.19	0.07	0.13	4161	741	0.36	0.27	0.09	4204	784	0.91	0.13	0.77
4119	699	0.64	0.46	0.18	4162	742	0.24	0.10	0.14	4205	785	1.30	1.00	0.30
4120	700	0.27	0.14	0.13	4163	743	0.24	0.12	0.13	4206	786	0.59	0.37	0.22
4121	701	0.39	0.13	0.26	4164	744	0.29	0.19	0.09	4207	787	0.93	0.36	0.58
4122	702	0.50	0.23	0.27	4165	745	0.22	0.13	0.10	4208	788	0.73	0.38	0.34
4123	703	0.54	0.40	0.14	4166	746	0.41	0.24	0.17	4209	789	0.60	0.37	0.23
4124	704	0.61	0.22	0.39	4167	747	0.45	0.33	0.12	4210	790	2.66	0.67	1.99
4125	705	0.46	0.28	0.19	4168	748	0.53	0.21	0.32	4211	791	1.17	0.63	0.54
4126	706	0.42	0.17	0.25	4169	749	0.63	0.35	0.28	4212	792	0.59	0.33	0.26
4127	707	0.49	0.29	0.20	4170	750	0.62	0.46	0.15	4213	793	0.79	0.66	0.13
4128	708	0.39	0.23	0.16	4171	751	0.51	0.21	0.30	4214	794	0.56	0.28	0.29
4129	709	0.37	0.22	0.15	4172	752	0.58	0.05	0.52	4215	795	0.50	0.31	0.19

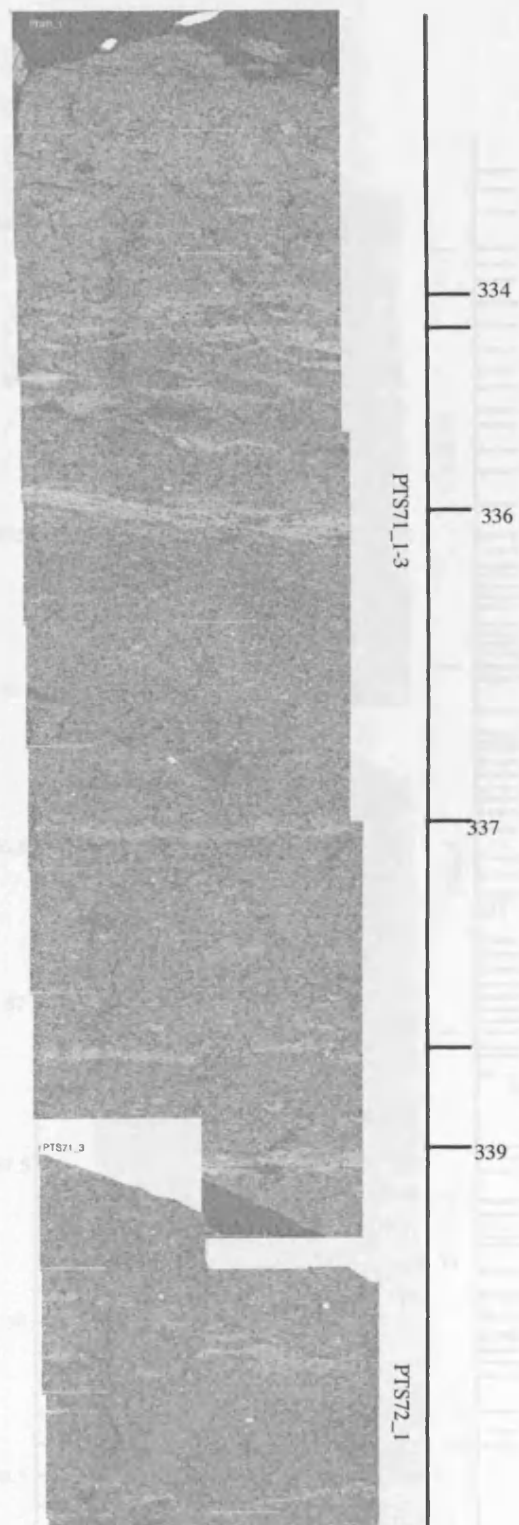
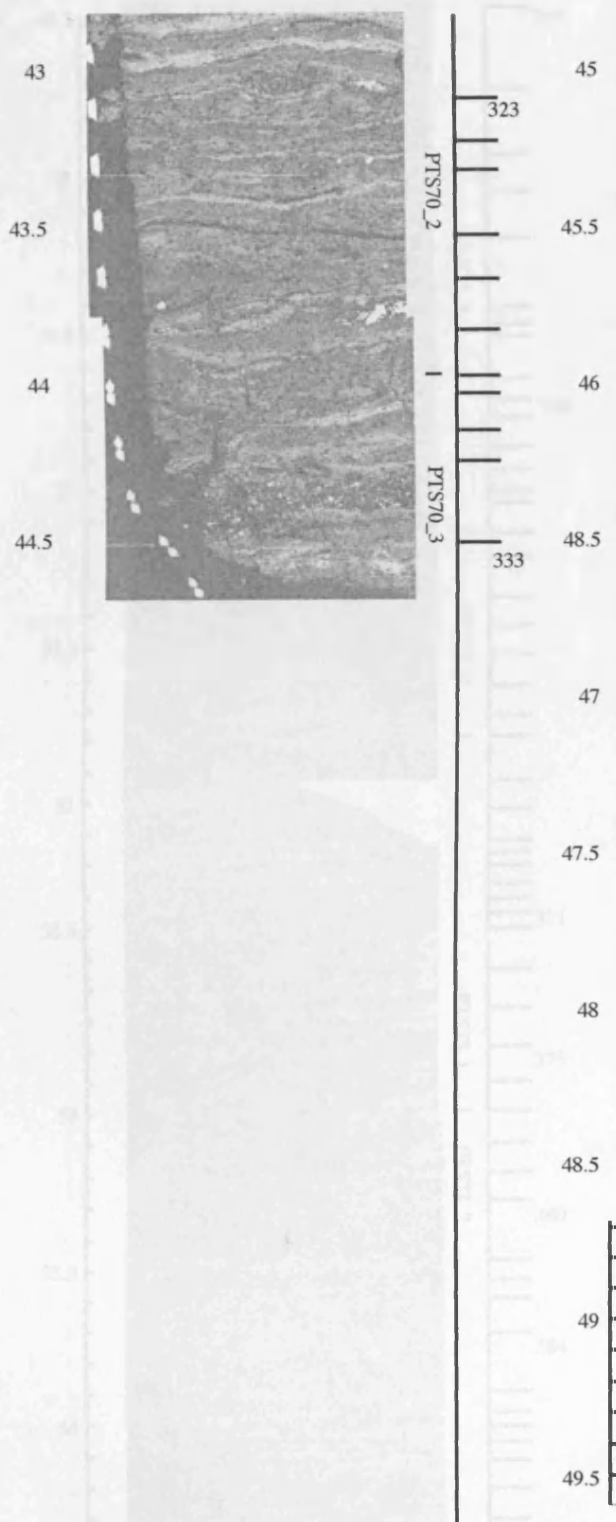
Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)	Cal. yr BP	Varve count	V tx (mm)	L tx (mm)	D tx (mm)
4216	796	0.50	0.29	0.21	4259	839	0.25	0.16	0.10
4217	797	0.60	0.38	0.22	4260	840	0.58	0.39	0.19
4218	798	0.53	0.35	0.19	4261	841	0.65	0.44	0.21
4219	799	0.47	0.18	0.29	4262	842	0.56	0.30	0.27
4220	800	0.42	0.13	0.29	4263	843	0.64	0.41	0.23
4221	801	0.55	0.33	0.22	4264	844	1.33	1.16	0.17
4222	802	0.84	0.42	0.43	4265	845	0.75	0.48	0.27
4223	803	0.74	0.38	0.36	4266	846	0.62	0.40	0.23
4224	804	0.99	0.13	0.86	4267	847	0.78	0.47	0.31
4225	805	0.66	0.43	0.22	4268	848	0.84	0.49	0.35
4226	806	0.39	0.11	0.28	4269	849	0.80	0.49	0.31
4227	807	0.92	0.24	0.68	4270	850	0.43	0.28	0.15
4228	808	0.67	0.49	0.18	4271	851	0.60	0.19	0.40
4229	809	0.55	0.23	0.32	4272	852	1.93	1.09	0.84
4230	810	0.96	0.59	0.37	4273	853	2.32	0.69	1.64
4231	811	0.84	0.58	0.26	4274	854	1.52	0.80	0.73
4232	812	0.62	0.40	0.22	4275	855	1.41	0.69	0.72
4233	813	0.68	0.44	0.24	4276	856	1.78	0.79	0.99
4234	814	0.73	0.49	0.24	4277	857	1.16	0.59	0.56
4235	815	0.83	0.51	0.32	4278	858	1.44	0.65	0.79
4236	816	0.91	0.44	0.46	4279	859	1.27	0.47	0.81
4237	817	0.65	0.30	0.36	4280	860	1.37	0.88	0.49
4238	818	0.76	0.52	0.24	4281	861	1.87	1.22	0.65
4239	819	0.74	0.42	0.33	4282	862	1.41	0.90	0.52
4240	820	1.64	0.40	1.24	4283	863	1.71	1.23	0.48
4241	821	1.46	1.04	0.42	4284	864	2.81	1.12	1.68
4242	822	1.33	0.50	0.83					
4243	823	1.09	0.65	0.45					
4244	824	1.03	0.40	0.63					
4245	825	0.71	0.31	0.40					
4246	826	1.21	0.46	0.75					
4247	827	1.35	0.59	0.76					
4248	828	0.55	0.23	0.32					
4249	829	1.46	0.71	0.75					
4250	830	1.99	0.91	1.08					
4251	831	2.11	1.65	0.45					
4252	832	0.45	0.32	0.13					
4253	833	0.70	0.43	0.27					
4254	834	0.38	0.28	0.10					
4255	835	0.49	0.27	0.22					
4256	836	0.57	0.29	0.28					
4257	837	0.35	0.19	0.16					
4258	838	0.37	0.25	0.12					

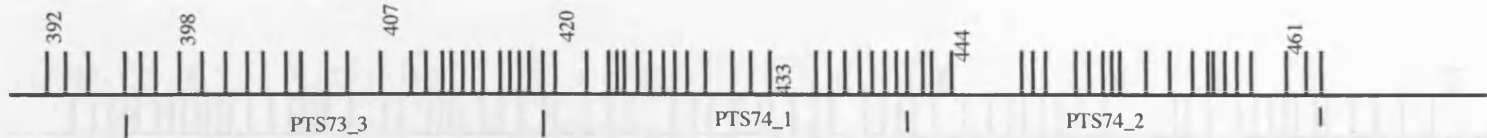
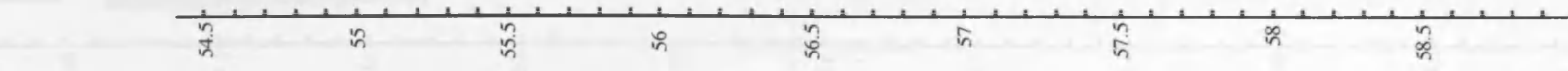
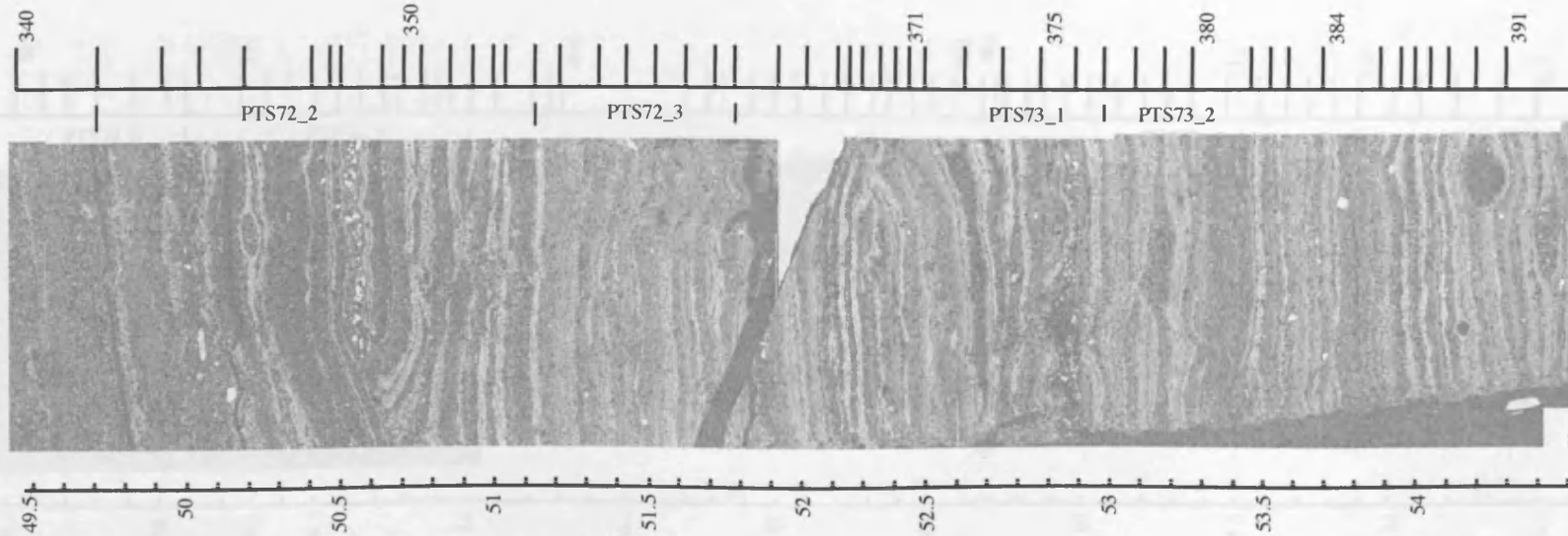
## APPENDIX XII Low resolution BSEI photomosaics

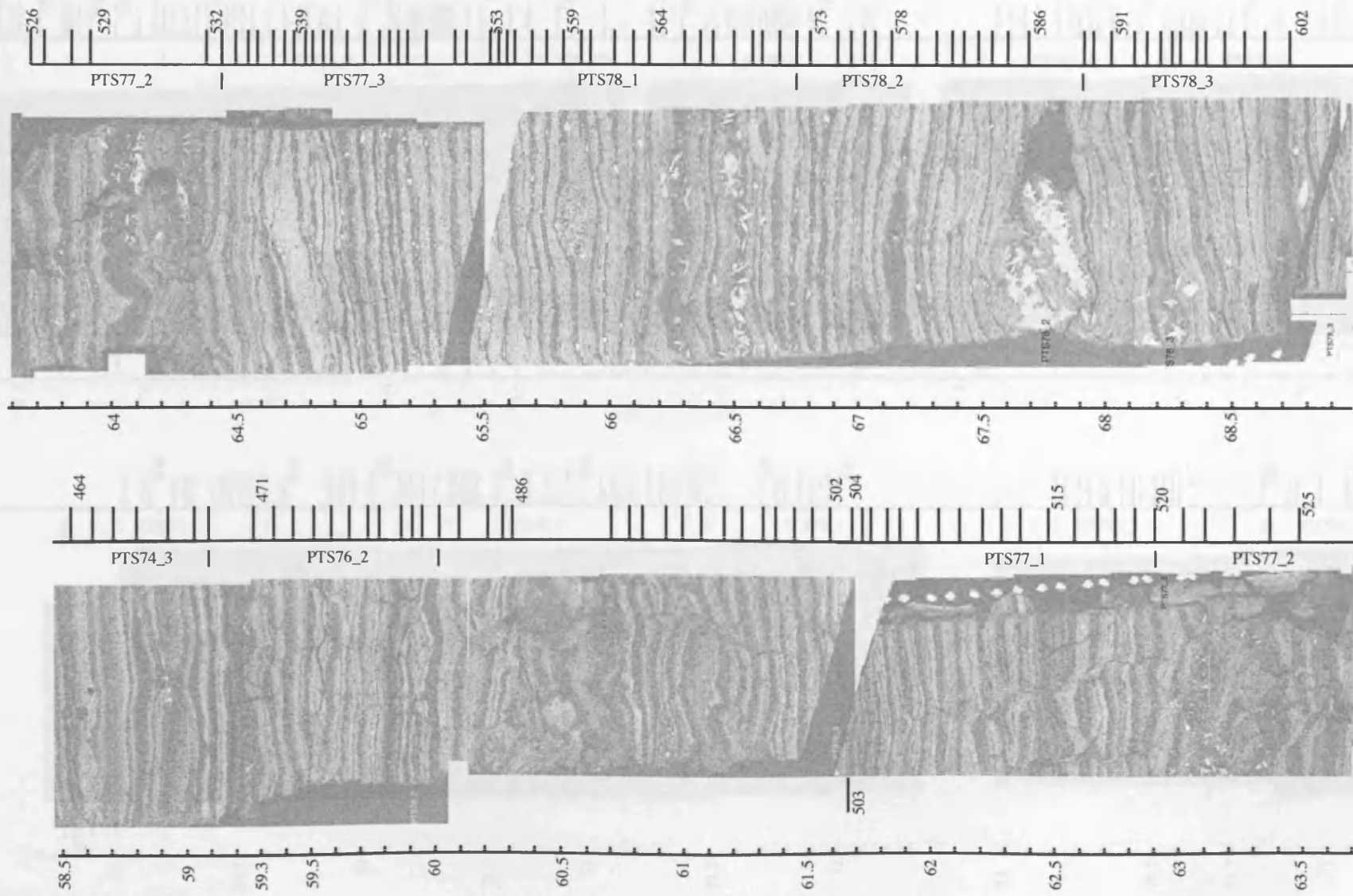


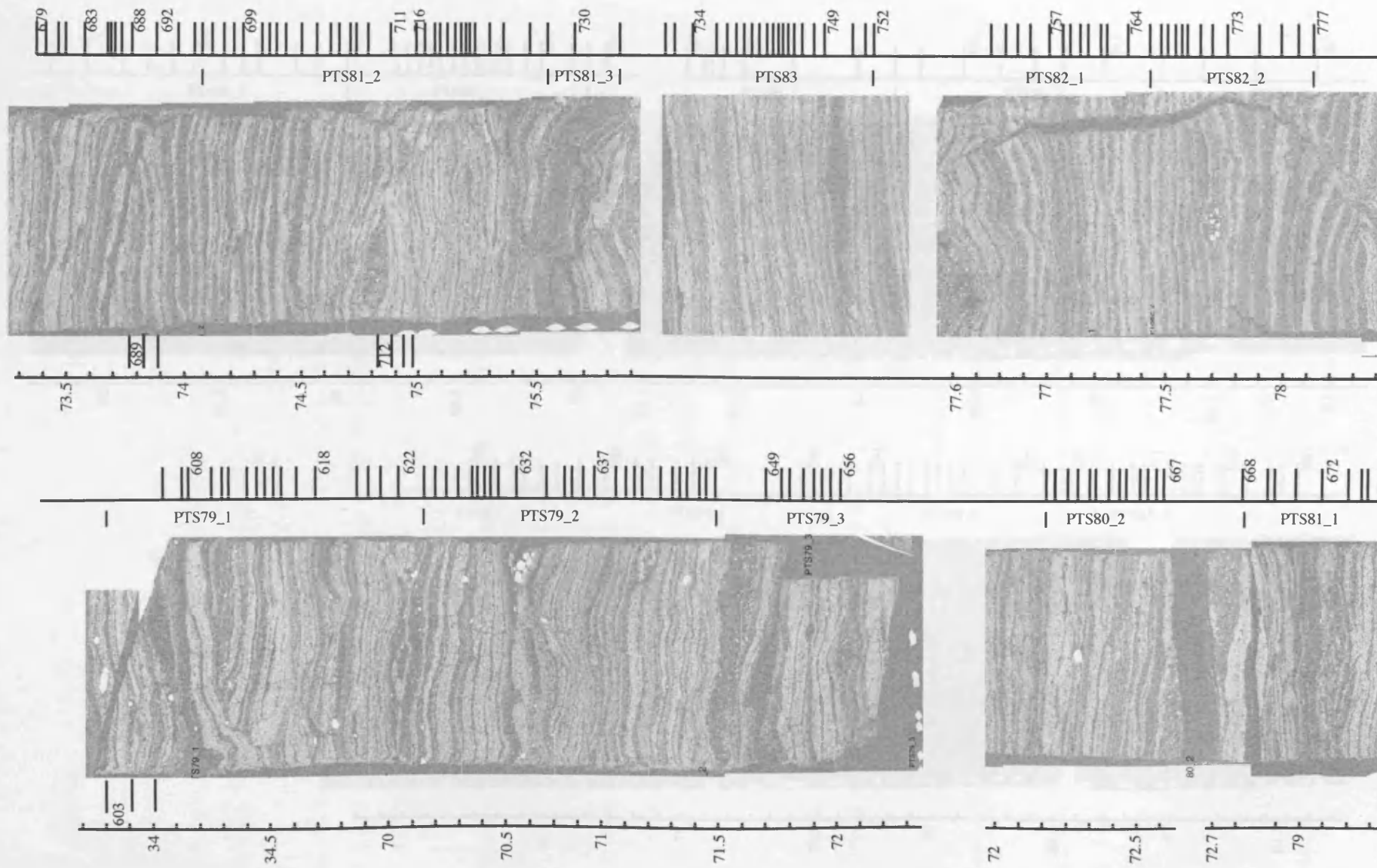




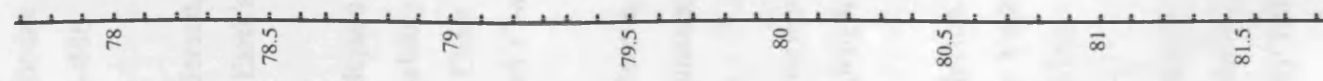
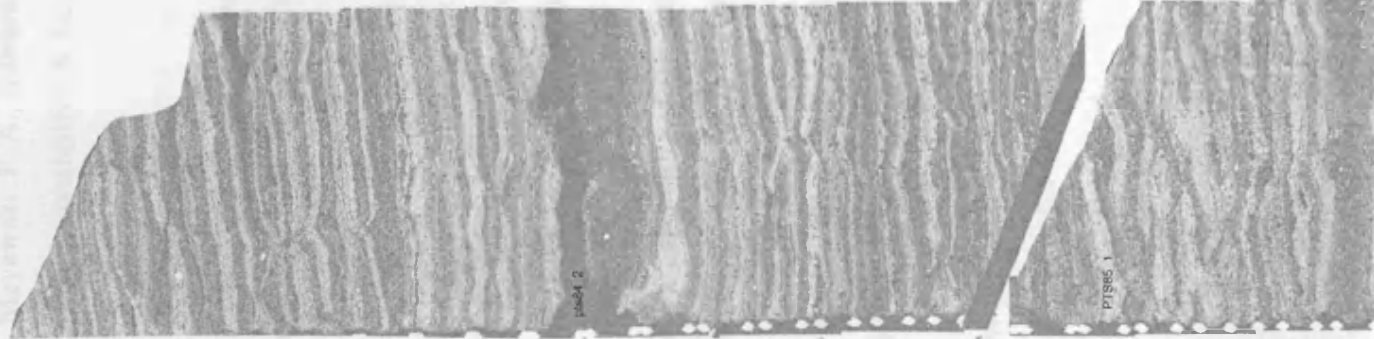
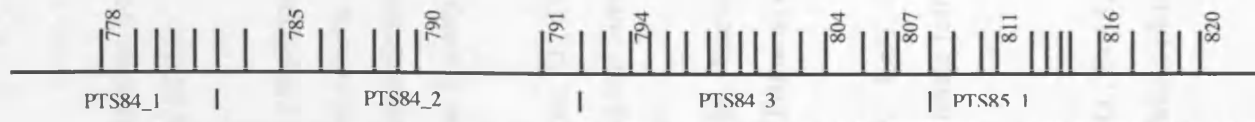
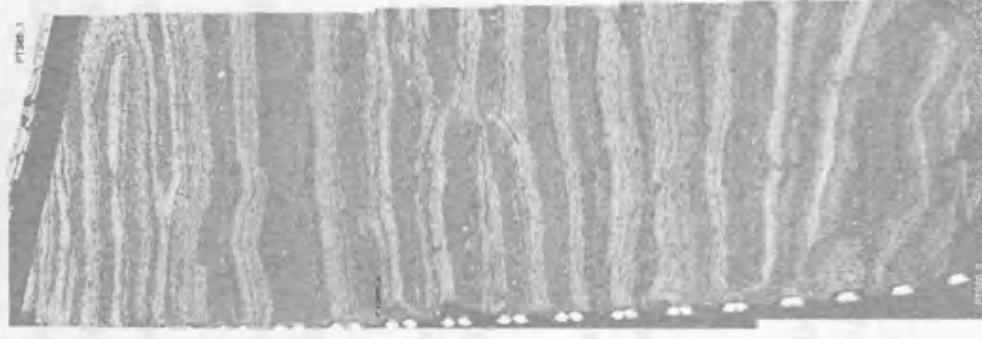
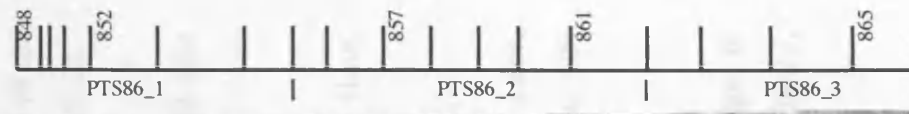
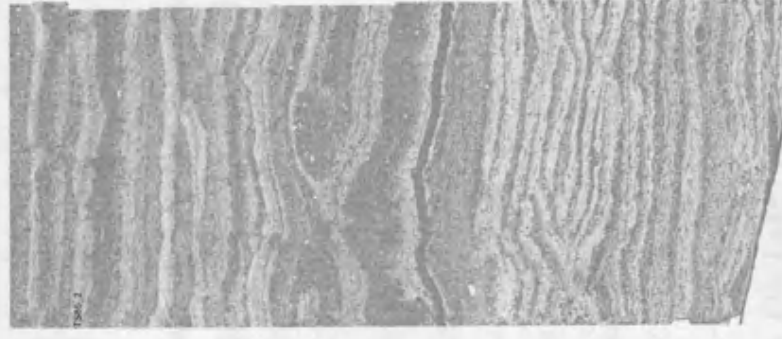
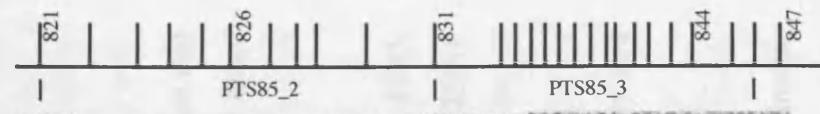












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